



PENTECOST – 28th May 2023

8.30am – Holy Communion at Heckfield

10am – Sung Eucharist & Junior Church at Hook

11am – Pentecost Holy Communion at Heckfield

6pm – Reflective Service at Hook

Readings: Acts 2.1-21; John 20.19-23

10am and 11am service: Num 11.24-30

Holy Spirit, sent by the Father, ignite in us your holy fire; strengthen your children with the gift of faith, revive your Church with the breath of love, and renew the face of the earth, through Jesus Christ our Lord.

News and Thanksgiving

Thank you to Bishop David who joined HMR PCC last week, and encouraged us to continue our work towards a new Associate priest post. Please do pray for all the different aspects to come together. Bishop David is coming to Whitewater on Sunday 23rd July at 11am in Heckfield, and Sunday 30th July 10am in Hook. Archdeacon Richard Brand is coming to Whitewater on 20th August, 8.30am at Mattingley and 6pm at Hook.

Prayers and joy for our wedding couples being married this summer: for Laina and Jarryd (Rotherwick last Saturday), Ed and Megan this Saturday (Rotherwick); and in weeks to come: Alexis and Arianna (Heckfield), Tony and Sally (Heckfield), Jake and Sarah (Heckfield), Bernie and Sam (Mattingley), George and Anna (Rotherwick), Richard and Ana (Mattingley), Tom and Amy (Heckfield), Jonathan and Lydia (Rotherwick), Will and Alice (Heckfield), Jonathan and Shannon (Rotherwick), Isaac and Meghan (Rotherwick). Also for Simon and Marion's son Michael, marrying Anne-Marie in August.

10am Weds Worship

31st May; Zoom in person at the Lady Chapel in Hook 7th June.

Worship code ID: 868 5911 6775 Passcode: 222222;

<https://us02web.zoom.us/j/86859116775?pwd=MENibnQwcDNZZ1lkZ3V3WHFxeGJFUT09>

The Garden Club at St John's – has been working in the gardens!

We are aiming for a variety: a community garden with herbs and salad, formal planting which can be used for floral displays, a sensory area by the west end of the Church and some wilder areas where we can let wild flowers such as cowslips grow; plus some areas with mown grass, as at the front of church; other areas as near some of the hedges with longer grass (will look out to see what plants grow and what pollinators/insects live there). We are now looking for some plants - if you have any if you are thinning out or have any cuttings we could grow, please consider donating them to us. We would love things suitable for our flower arrangers to use and for our sensory area. Suggested plants:

Echinops, Alstroemeria, Eryngium, Euphorbia, Aucuba Japonica, Viburnum, Choisya, Purple Sage. To know more, please talk to Anna or Amanda.

Sun 11th June, Gift Day at St John's

During May and June we are praying together for the funds for our projector and screen. On Pentecost Sunday we celebrate the generosity of the Lord, with so many gifts poured out on the church. Let us therefore also review our own giving and seek the Lord's guidance for the provision we need.

Sat 17th June, 9am – 11am, Christian Aig Big Brekkie

Join us at St John's for our annual Christian Aid Big Brekkie with delicious bacon baps, toast & jam, yoghurts, waffles, fruit, GF options, tea and coffee. Please message our Facebook page @StJohnHook to sign up in advance.

Mid week Groups

Mon eve – 5th June 7.30 for 8pm study, Matthew's gospel, Simon, Hook Rectory

Weds Ecumenical group – 31st May 11.15-12.15pm on Zoom; Jennie 07803 505265. Lent: Sally Welch's book 'Sharing the Easter story'; which has been converted to braille and large print versions by the charity Torchlight; repeated by Jennie at Maryfield Care Home, Hook.

Weds Coffee & Study Group – 7th June, 11-12.30pm in the Narthex, Denise White, one more study with the Archbishop of York's Lent book.

Weds Living Flame – 21st June, 8pm in the Narthex, Nikki Wild (1st & 3rd Weds)

Thurs Eve Fellowship Group – 25th May, from 7.30pm – 9pm Going forward we will continue the series 'Jesus the Game Changer', all welcome see Jonathan Bushman for more details: (Jonathan.d.bushman@gmail.com) (Not on 18th May due to Ascension Day Service).

Sunday Evening Fellowship Group – 4th June, 8pm at a location in central Hook. For more information contact Caroline Bushman 07734 667888.

Hart Food Bank Latest Requests for this Week

Tinned fish, dried rice, squash and instant mashed potato. Please deliver to designated wheelie bin outside the Life Church on Elms Road, thank you!

<http://www.hart.foodbank.org.uk/> leaders would be pleased for new helpers in the team.

Thurs 31st Aug – Fri 1st Sept, Children's Summer Holiday Club

We will be running a holiday club again this year on Thurs 31st Aug and Fri 1st Sept. We are looking for adult leaders who would come to help run this event. Please let Jonathan Bushman (jonathan.d.bushman@gmail.com) know if you are able to support us. There is a planning meeting at St John's at 11.30am after morning service on Sunday 14th May.

Sound Desk 10am Service at St John's – we need you!

Please contact Liz Wilson if you can help liz.s.wilson@btinternet.com 01256 760358.

Groups Meeting at St John's Hook

Knit & Knatter – Mon 5th June, 2 - 4pm, Gill Morley.

St John's Lunch Club – Tues 13th June, now £6 per person.

Bumps & Babes – Wed 7th June, 9am – 11am.

Friendship Cafe – Every Thursday 10am, (renew old friendships and make new ones)

Fri Eve St John's Church Choir – 7.15pm Juniors, 7.45pm Adults, Caroline Bushman, 07734 667888.

Daily & Community Prayer & join WhatsApp prayer group 24/7 prayers!

On Zoom - Mondays and Fridays at 8.30am not Bank Hols; website Calendar has the link.

Monday Prayers - 2nd, 3rd and 4th Mondays of the month at 10.30am in the Lady Chapel

May/June 2023, Hook and HMR Dates for Worship

27 th May	2.30pm	Wedding Rotherwick Ireland & Davies	
3 rd June	4pm	Wedding Pierard & Amouzegar at Heckfield	
4 th June	8.30am	Holy Communion at Hook	
Trinity	10am	All Age at St John's Hook	
	11am	Parish Communion at Heckfield	
	1pm	Baptism Jack Rice Hook	
	4.30pm	Hook Youth Group	
	6pm	Holy Communion at Hook	
11 th June	8.30am	Holy Communion at Rotherwick	
	<i>Sermon on Mount</i>	10am	Holy Communion & Junior Church at Hook
		11am	Family Praise at Rotherwick
		6pm	Holy Communion at Hook
	6.30pm	Evensong at Rotherwick	
18 th June	8.30am	Holy Communion at Mattingley	
	<i>Sermon on Mount</i>	10am	Morning Worship with Junior Church at Hook
		11am	Matins at Mattingley
		6pm	Holy Communion at Hook
25 th June	8.30am	Holy Communion at Heckfield	
	<i>Sermon on Mount</i>	10am	Sung Eucharist & Junior Church at Hook
		11am	Morning Worship at Heckfield
		6pm	Taizé Service at Hook

Bluebell Café @ Holdshott Farm, every Friday @ 2-4pm

Refreshments/activities provided for people with dementia and their carers and indeed anyone who feels lonely/needs support. Come for the whole time/drop in as you wish. Rosie's Tearoom, Heckfield RG27 0JZ, on the B3011. We would love to have volunteers and cake bakers on a rota. Rosie 0118 9326266/Ron 01252 843472/David 01256 211508.

Friendship Group @ The True living Centre, every Thurs @ 2-4pm

Weekly Friendship Group at the True Living Centre 2pm - 4pm with Rosie and Paula.
Contact : Paula 07388 329916 or Rosie 07969 897537.

Mental Health Awareness 2023

The Rev'd Sue Pitkin, a Trust Chaplain at University Hospital Southampton NHS Foundation Trust has highlighted the good supportive work of the Mental Health Foundation. This year they are focussing on anxiety, noting that six in ten people feel so anxious that it prevents them from doing some of the things they want to do. The Foundation reassures us that there are some things we can do to help prevent it becoming a problem. Check their website www.mentalhealth.org.uk/ for more information. Please do speak to one of the ministry or pastoral care teams if this is a living experience for you or someone you know.

Sermon on the Mount – Jesus’ definitive teaching!

We are studying ‘the Beatitudes’, which are core to Jesus’ way of life, starting on 11th June. See our website for our recommended books; small groups and sermons will be on these themes. “Blessed are the peacemakers, for they shall be called Children of God”

www.whitewaterchurches.co.uk/resources/teaching/the-beatitudes/

Prayers For Today And The Coming Weeks

During Thy Kingdom come: www.churchofengland.org/resources/thy-kingdom-come

Those in need of prayer: Charles Giles, John Clements, Nicky, Ivor & Kathy Williams, Lorna Nodder, Joyce Baldock, Margery George, Rosie Mandry, Trevor Owen, Ron & Gilly O’Keeffe, Jenny Winter, Geoff Allen (HMR).

Years’ Mind: Ted Hare (31st), Joan Mandry (3rd).

Those who recently died: Sharon Drake (Hook), John Bowden (Hook), Joan Chapman (Hook), Mandy Butler (Hook), James Couchman (Hook, Juliette’s father), Margaret Williams (HMR);

We will keep our prayers for the people who have recently died for 3 months after the date of death.

Contact Us

Rector	Marion de Quidt (01256) 763211 with answerphone or mariondequidt@whitewaterchurches.co.uk (not Tuesdays)
Benefice Office	Eliza Burridge, Benefice Administrator, Contact (01256) 760169 at St John’s, Hook. office@whitewaterchurches.co.uk Benefice Office hours 9.30 a.m. - 12.00 p.m. Mon – Thurs. (Marion will check phone on Fridays)
Pastoral Care Hook and HMR	Please contact: Reverend Marion de Quidt (01256) 763211
Hook PCC Secretary	Tom Maynes (email : tommaynes@btinternet.com)
Hook Stewardship	Nikki Wild (01256) 762865
Hook Gift Aid	Caroline Bushman 07734 667888
HMR PCC Secretary	Vacancy
HMR Stewardship	Vacancy
HMR Gift Aid	Carolyn Hazell (01252) 844198
Safeguarding Officers (new)	Caroline Frolander; Sophie Fulpesi (via office 01256 760169)
Church Wardens	Hook – Richard Morley (01256) 762948 Hook – Samantha Frolich (contact to come) Heckfield – James Trumpeter (07982) 717960 Rotherwick – Steve Burridge rotherwickcw2@btinternet.com Rotherwick – Ian Kenny (07785) 707114 Mattingley – Vacancy

Guest Wifi in St John’s Hook – for any church member or visitor

Network name and password for guest Wi-Fi is shown on the notice board in the Narthex.

Notice Sheet By Email

If you’d like to join our subscribers list that receive this news sheet each Friday, and help us save paper, please visit. <https://www.whitewaterchurches.co.uk/about-us/emailnotices/>

Find us on  @StJohnHook

The PCC of Hook Parish is a Registered Charity Number 1183688

The PCC of Heckfield with Mattingley and Rotherwick is a Registered Charity Number 1132735