







None of us can tell the future. We never really know what will happen next, or where our next step will take us but God does, and He is ready to catch us, immediately, when we fall. **If you find it particularly hard to trust, can you trace that struggle to an event or an experience that hurt you? What would healing look like in your life?**

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**BIBLE EXPLORATION**

Read Isaiah 7:14, Isaiah 9:6, and Matthew 1:23. **What does God with us mean to you personally? How would you explain to someone who has recently put their faith in Jesus, what it means that He is Emmanuel?**

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God is not just *with* you. The Bible is full of prepositions telling you the truth that God is also *for* you (Romans 8:31), He goes *ahead* of you (Deuteronomy 31:8), He hems you in *behind* and *before* and He lays His hand *upon* you (Psalm 139:5). Also, God is *in* you (2 Corinthians 4:7, Colossians 1:27), and *underneath* you are the everlasting arms (Deuteronomy 33:27). You are completely surrounded. **If time allows, read through all these verses, and discuss which prepositional truth resonates most deeply with you.**

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In Matthew 6:33, Jesus says, 'Seek the Kingdom of God above all else, and live righteously, and He will give you everything you need.' **How does this verse comfort, convict, or challenge you to muster your water-walking faith and put all your trust in Jesus? Practically, how would obeying Jesus' instruction in Matthew 6:33 play out in your life?**

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**LAST WORD**

Before heading into the final session of this series, ask yourself honestly: *Do I really trust Jesus? Am I trying to walk on water by my own strength?* May you rest in the truth that you can't save yourself, but you have a Saviour. You can't heal yourself, but you have a Healer. With Jesus, all things are possible, and you can trust Him as you step into all He's called you to be and do. He loves you faithfully and unconditionally. He is always nearer than you think, ready to catch you when you fall.

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## **DEEPER WALK**

*Select at least one activity below to complete before watching the next session.*

**Read:** Meditate on Psalm 56:3–4. When the psalmist was afraid, he put his trust in God and the result was confidence, assurance, and hope. What are you afraid of? What's your next step?

**Write:** If you are struggling to trust God and others, write a letter to God and have it out with Him. Scrawl out the reasons – all your disappointment and all the ways you've been hurt or betrayed. Then write out a prayer of surrender, asking God to help you to trust.

**Pray:** Pray every day this week for a tangible sense of God's presence, wherever your feet take you. Ask God to help you recognise His immediacy. Ask Him to help you know how close He is, every moment.