

# Here are some of the things you could ask your MP to do ahead of COP26:

- Use more renewable energy
- Recycle more materials
- End the use of plastic bags in shops
- Improve buses and trains
- Build more cycle paths
- Plant more trees
- Grow more food in the UK
- Use solar panels on all new houses

## BE VOCAL



## Speak up for the planet

My name is

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**BE THE CHANGE**

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Draw a picture of yourself and your MP:



Write a letter to your MP telling them what you are doing to help the planet and what you think they should do.

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