

Here are some of the glitter free items you could switch to this Christmas:

- Recyclable wrapping paper (or reuse fabric scarves)
- Recyclable Christmas cards
- Coloured sands instead of craft glitter
- Paper chains instead of tinsel
- Paper, cardboard or natural tree decorations
- Bird food instead of glittery reindeer food

BE GLITTER FREE



Five things we can do

My name is

BE THE CHANGE

BE THE CHANGE

Think of five glitter free alternatives you could switch to at school and home. There are some ideas on the next page to get you started.

1

You can tick here when you complete your task



2



3



4



5

