

## **YOUR TOWER NEEDS YOU - LEARN TO RING BELLS AT MEOPHAM**

The bells of St John the Baptist church Meopham have been rung for church services and special events, both local and national, in 'The English Style' using rope and wheel since the late 1600s. You may wish to learn more about, and sample this fascinating art which, as well as contributing to the work of the church and parish worship, is an absorbing hobby. Bell ringing is a team activity that stimulates the brain and helps keep you fit... it also makes a glorious sound! Many consider ringing to be their contribution to church life, others do it for the pure enjoyment.

New recruits, young and old are always welcome, and contrary to belief, ringing does not require a great deal of physical effort, it is much more about technique. The amount of mental effort depends on you. It can be as simple and undemanding as you wish or you can strive to ring complex methods and aspire to the dizzy heights of peal ringing and conducting. Please feel free to contact The Rev Alyson Davie, John Gander our Tower Captain, Sue Cameron our Vice Captain or any other ringer. There is no obligation if you don't like it but we do need recruits, we are not getting any younger and it would be a great pity if one day the bells fell silent.

There are a number of videos available on youtube which give an insight into many aspects of "English Style" bellringing. A link to one of these is:-



**Discovering  
BELLRINGING**

The Meopham ringers practice on Thursday evenings from 7.30 to 9.00 pm and ring for Sunday service from 9:00 to 9:45am. It may be possible to organise some extra sessions for learners in order to accelerate their progress.

Contacts:-

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