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# Parkside

## RESIDENTIAL HOME



## Parkside News

Autumn 2023

Welcome to our latest edition of the Parkside newsletter.

2023 has been an eventful year as we are sure that you've seen on our Facebook page. From our new kitchen that was installed at the beginning, to the use of the new mini-bus across this year for all the trips that we've been able to take our residents on.

We've been able to hold several barbecues in our back garden this year and it was such a pleasure to be able to welcome you back and to share the time and food with you all.

No doubt you will have heard that Diana and Amy have both welcomed new members of their families into the world following the safe arrival of all their daughters this year. Our congratulations to them.

We have also welcomed Rebecca who started with us in late September as our interim Care Manager and Sarah who has stepped-up as our interim Deputy Manager while Diana and Amy are on maternity leave. Zen is also our new interim Care Co-Ordinator dealing with all things relating to medication while Sarah is our interim Deputy Manager.

If you do have any questions regarding the care that your resident is receiving, please do contact them as we are sure that they will be only too pleased to be able to help and answer any questions that you may have.

Our thoughts have now started to turn towards Christmas and there are plenty of wonderful activities that are planned for all our residents. May we take this opportunity to wish you all a very happy Christmas and New Year.

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*The news went round that Jesus was at home (Mark 2:1)*

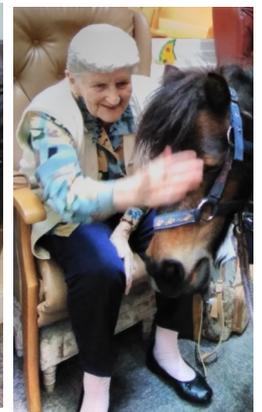
## Activities

Many varied activities continue to be held with our residents from soap making to gingerbread man decorating. We also celebrated the King's Coronation in grand style!



## Animal visits

The residents have received regular visits from our friends, some with 4 paws or hooves with some having none at all!



There are many more photographs of what is taking place on our Facebook site. Keep up to date with all the news by visiting our page. [Parkside-Residential-Home](#)

## Adventures further afield

The residents have continued to go out on their regular trips and have visited Southend and also the local theatres which they have thoroughly enjoyed!



## Barbecues and celebrating the summer

It has been wonderful to be able to hold our barbecues again this summer and we hope that you've had wonderful time sharing the days with us.



## Building update

The refurbishment of the main parts of the building have continued over the summer of 2022 and into 2023.

The main flat roofs were completed in that very hot summer of 2022 (remember that?!) and then there was the major refurbishment of the kitchen in the early part of 2023 as well. A selection of pictures are shown below where the kitchen was taken apart and put back together again. The team coped admirably well in their temporary kitchen while their new "home" was on the drive.

## Resident update

Over the last few months, it's been really great to see new residents settling into Parkside well.

We're really pleased to be able to welcome Jean, Maureen, Alan, Patricia, Rene, June, Joyce, Iris and Margaret

## Remembering our residents

We remember with fondness those residents that have passed to glory over the last few months:

Doris, Peter, Frances, Maureen, Eileen, Muriel and Joan.

## Visiting

We love welcoming you all to the home to visit your loved ones.

All visiting can take place in residents' rooms and in the Piano Lounge.

Once the warmer returns next year, visits will be able to take place in the garden too.

Thanks for your continued support!



We've also had our new driveway gates installed to help improve the security down the side of the building and also had work on our internal doors completed to maintain and ensure our residents' safety.

Thank you for bearing with us whilst these improvements have been taking place as we know there was lots of noise and more than a little dust while the contractors were on site.



## Meet the staff— Our recent employees of the year and month



Zen



Rita



Joyce



Alison



Jenny



Donella

Thank you for all your hard work that you undertake on behalf of the family and team here Parkside!

### Staffing changes

We said a fond farewell to Brian who was on our Maintenance team for over 5 years. We wish him all the best for his future.

Over the last few months, we have welcomed some new members of staff to the Parkside team: Rebecca (Care Manager), Joyce and Roger (Care), Jenny (Care Leader) and Gary (Maintenance).



Joyce



Roger



Rebecca



Jenny



Gary

### Our staff in the spotlight

We managed to catch-up with Rebecca to ask her some questions.

#### Why do you work in care?

I have enjoyed being a nurse for over 25 years where I have had the privilege of providing high standards of holistic nursing care to my patients and in return have been enriched in many ways.

I have a wealth of experience as a registered general nurse within various specialties of nursing including surgical, emergency nursing, medical and hospice nursing. This experience has been mainly in the NHS at Barts and the London NHS Trust, and in the community.

#### What do you like about working at Parkside?

I started at Parkside 2 months ago and I am enjoying the experience of caring for the older generation outside of the hospital environment.

I feel privileged to have been given the opportunity to work in a well-led Christian care home.

#### When not at work what do you enjoy doing?

I love to swim, go walking, listening to music and socialising.

#### What is your biggest life's dream?

To be able to travel to as many places in the world that I can afford.

## Chaplaincy



As you will be aware, Parkside is owned by Romford Baptist Church.

Vikki is the minister for the older generation at Romford Baptist Church. She continues to be a regular visitor to Parkside both regularly taking the Monday morning service and is usually around for a period of time on a Wednesday. She is also always happy to be asked to visit outside of these times.

Many residents, whether of faith or not, are happy for a prayer to be offered or know that they are being upheld in prayer by her. They enjoy chatting to Vikki about a broad range of subjects, including world events, past holidays or simply about whatever is on their minds at the time.

She's easy to recognise as she's usually wearing a pink clerical shirt and hat when she is at Parkside. The work she does as a chaplain is also available to the families of the residents and staff.

Please do say hello if you see her around the home.

If you would like to talk with her at any time, in confidence, please either email her at [vbunce@romfordbaptist.org.uk](mailto:vbunce@romfordbaptist.org.uk) or call her on 01708 743382 (option 3 followed by option 2).

## Celebrating our residents' faith

We regularly celebrate our residents' faith and we currently have one service a week at the home in the Piano Lounge on a Monday morning at 10.30am and it's been lovely to welcome different people in each week to lead these.

Residents are now attending the church services on a Sunday morning and Treasure Times and Holiday at Home at the church. If you'd like to attend, please do let a Carer know.

Residents can attend the Sunday morning services at the church and our new mini-bus is available each Sunday if residents would like to take this opportunity.

The service can also be watched in the Piano Lounge on a Sunday at 10.30am: [www.romfordbaptist.org.uk/live](http://www.romfordbaptist.org.uk/live).



## Meet the members of the Board

The day-to-day running and leadership of the home is undertaken by the senior management team and more details can be found overleaf.

The governance of the home is performed by members of the home's Board. They meet every quarter to ensure that the home is running well and working within the ethos of its foundation.

We are delighted to have welcomed Elizabeth Odetola, Carmen Thomas-Reid and David Majekodunmi to the Board.

Our ever grateful thanks to both Sue Sharp and Bernd Schulte for the many years of service that they have given to the Board.

The current Board members are:

John Stannard  
(Chair)



Elizabeth Odetola



David Majekodunmi



Samuel Tunde  
(Treasurer)



Margaret Griffiths



Ian Bunce  
(Team Leader)



Alex Savine



Carmen Thomas-Reid



## Our Values

Our Values are important to us as it underpins all that we do at the home and the care that is provided to our family of residents here at Parkside.

They are displayed across the home and also on our website, which can be found by selecting [this link](#).



## 5-stars

Congratulations to our Hospitality team!

Following a recent Environmental Health inspection, they have succeeded again in maintaining their fantastic 5-star rating.

## Residents' and Relatives' Meetings

About every 8-10 weeks we have a meeting which all of the residents are invited to come and attend and are held in the Garden Lounge.

The residents' meeting is also an opportunity to provide them with updates and to share ideas and decisions which affect them in the home.

The Relatives' Meetings have also been scheduled as it is always good to be able to share the updates from the home in this way. Our next meeting will be on 5 December at 7.30pm. This will be held on Zoom, with more details to be shared nearer the time.

## We would love to hear from you

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Please do continue to provide your feedback to us and if there's anything that you think we could improve upon, we will be more than happy to hear from you.

We know from time to time things don't always go as well as we would like. Please do let us know by contacting us (see our details below). Alternatively, please speak to the Care Leader on duty to ask one of the Senior Management team to come and visit you and we will ensure that we do so.

## Who we are

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**Team Leader: Revd. Ian Bunce**

Telephone number: 01708 743382 (option 3, option 1)

email: [ian@parksidehome.co.uk](mailto:ian@parksidehome.co.uk)

Ian is the leader of all of the team at Parkside and oversees all the different aspects of the home.



**Care Manager: Rebecca Waigwa**

Telephone number: 01708 743110 (ext 656)

email: [rebecca@parksidehome.co.uk](mailto:rebecca@parksidehome.co.uk)

Rebecca leads all aspects of care, housekeeping, hospitality and activities while Diana, our Registered Manager, is on maternity leave.



**Operations Manager: Steve Street**

Telephone number: 01708 743110 (ext 650)

email: [steve@parksidehome.co.uk](mailto:steve@parksidehome.co.uk)

Steve leads the home on all aspects relating to property, the business and HR.

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[www.parksidehome.co.uk](http://www.parksidehome.co.uk)



Facebook: **Parkside-Residential-Home**



Parkside is operated by

**Romford Baptist Church  
Housing Association Ltd.**