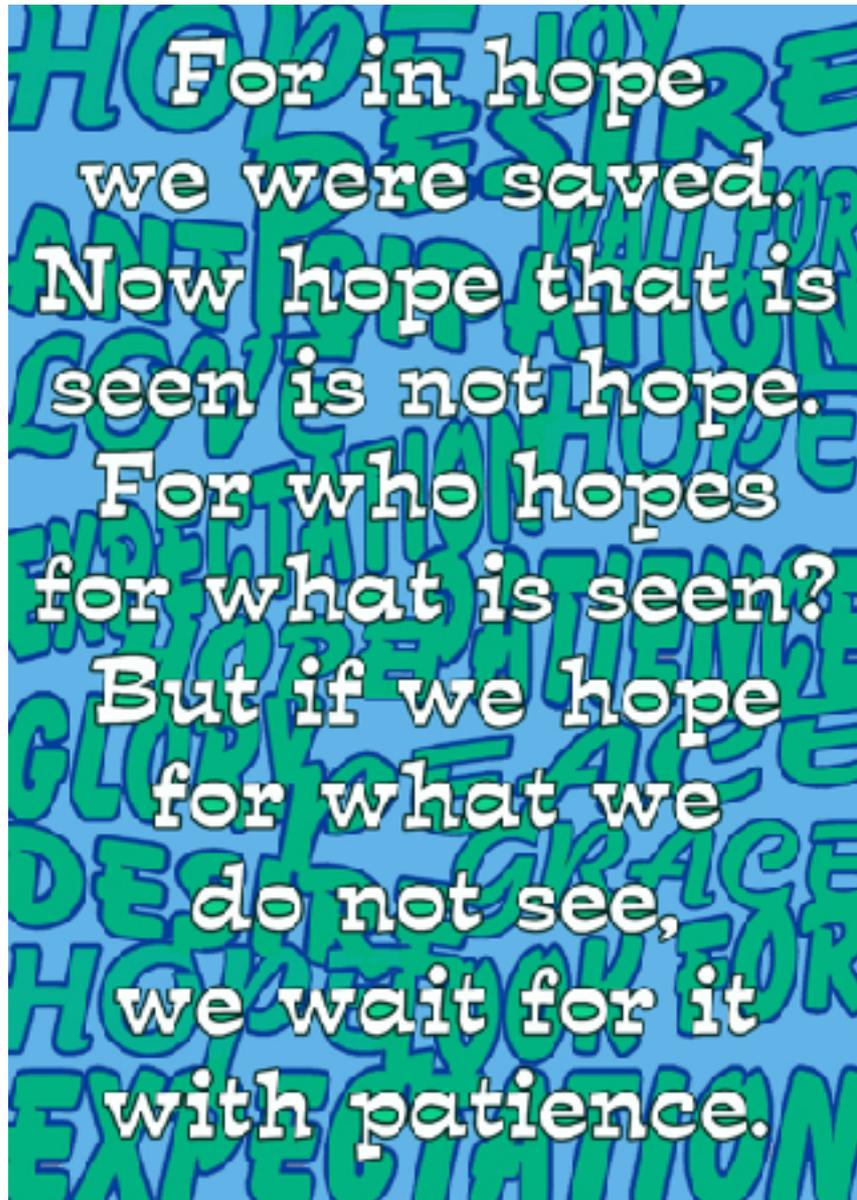


# KEYNOTES



For in hope  
we were saved.  
Now hope that is  
seen is not hope.  
For who hopes  
for what is seen?  
But if we hope  
for what we  
do not see,  
we wait for it  
with patience.

**September 2023**

**£1.00**

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Email: rector.westblatchington@gmail.com

*Thursday is ordinarily the Rector's rest day; however please do not hesitate to contact him in the event of a pastoral emergency. Please refer all other urgent matters to the Churchwardens.*

**CURATE**             **Jan Butter**             **Tel: 07889 400889**  
Email: westblatchingtoncurate@outlook.com

**CHURCHWARDENS** **Jonathan Cooke**     **Tel: 563178**  
  **David Keeling**       **Tel: 501504**

**HON. TREASURER**   **Mandy Gander**             **Tel: 271982**

**CENTRE BOOKINGS**     **Maria Williams**           **Tel: 721918**

**PASTORAL CARE**

**Sick Visiting**             **Carol Gander**             **Tel: 555414**

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*Church website : [www.stpeterswestblatchington.org.uk](http://www.stpeterswestblatchington.org.uk)*

## PARISH EVENTS DIARY

The following events taking place in September and October as notified are:

**Saturday 16th September - Cricket match and picnic at Hove Park - 2pm**

**Saturday 16th September - Free lunchtime concert - 1.10pm  
Simon Madge, baritone and Katy Friese-Green, piano**

**Sunday 24th September - Sponsored bike ride around Hove Park - 2pm**

**Sunday 1st October - Harvest Festival bring and share lunch in the Community Centre - 11.30am**

**Friday 13th October - Free lunchtime concert - 1.10pm  
Belladonna**

**Saturday 14th October - Quiz night - Church fundraiser in the Community Centre - 7.30pm**

**Please continue to keep us informed of events that you have planned or know about by sending a message to our email address which is [stpetersadmin@zoho.com](mailto:stpetersadmin@zoho.com)**

**The deadline for the October 2023 issue is  
7th September**



## EDITORIAL

Welcome to the September issue of Keynotes. We hope everyone had a restful summer and managed to enjoy some time away. The damp weather must have posed a real challenge for parents with children to entertain.

As we move into a new school term and busier times, there's also more happening at St Peter's. We have our regular activities:

- The 10am parish Eucharist - every Sunday
- St Peter's @4 children's activities - the first Sunday of the month
- Prayer together services - the first Wednesday of every month at 7.45pm
- Bible study groups - every other Wednesday at 11am and 7.45pm
- Coffee/tea drop-in sessions - the first Friday of every month at 10.30am – catch up with old friends and new.

Plus some new events for this month including: our lunchtime concerts running again on Saturday 16 September with a recital by Simon Madge, baritone, and Katy Friese-Greene, piano (note this is a Saturday and it's the usual start time of 1.10pm). Also on the same day is our cricket match and picnic at Hove park, all welcome from 2pm.

On Sunday 24 September at 2pm, there's a sponsored bike ride around Hove park. This is a great way to raise funds for the church and the children are always keen to receive the sweet treats that are handed out as they complete their laps. Adults are equally welcome to take part too! Look out for sponsorship forms in church.

The following week, Sunday 1 October, we have our harvest festival 'bring and share' lunch, which starts at 11.30pm after the service.

If you're not able to get to the weekly Sunday Eucharist, our services are now streamed live, so to find out more visit [www.stpeterswestblatchington.org.uk](http://www.stpeterswestblatchington.org.uk) where you'll also be able to access service sheets and information on what's going on every month.

We're also looking for a new member to join the Keynotes editorial committee. Please speak with Mandy or Michael Evans if it's something you might be interested in.

## **Generosity**

You may notice that one of the underlying themes of this update is generosity; people are generous with their time, as with the lunchtime concert performers or those involved with the coffee mornings and sponsored bike rides. Others are generous with money, such as those sponsoring the cyclists and regularly contributing to church funds, and many offer a combination of the two.

Our church life revolves around generosity and this month we ask you to have this as a key focus – by responding to God's generosity and being generous ourselves.

God bless.

Editorial Committee



*Mrs Todger became a Living Artwork -  
"Woman who saw a snake"*

## WOMEN'S SOCIAL

Members enjoyed a visit to The One Garden in Stanmer Park on 13<sup>th</sup> July. Starting with coffee and a chat, a stroll round the delightful gardens was followed by a delicious lunch.

The coffee morning on 27<sup>th</sup> July was held in church and much enjoyed by all who attended.

At the time of writing, we are looking forward to a visit to The Prairie Garden on 10<sup>th</sup> August and coffee at Moz's (not Carol's as previously listed) on 24<sup>th</sup> August.



M e m b e r s  
c e l e b r a t i n g  
b i r t h d a y s  
i n  
S e p t e m b e r  
a r e  
J a n e  
G o u g h  
( 4<sup>th</sup> ),  
C h r i s t i n e  
( 5<sup>th</sup> ).  
M a g g i e  
( 21<sup>st</sup> )  
a n d  
M o z  
( 24<sup>th</sup> ).

Congratulations to all.

Maggie Keeling

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**In common**

I was the supply teacher for a class that was learning about groups. In one exercise, pupils were asked to label a group of items according to their common characteristics. Pictured were onion rings, doughnuts, and party biscuits. The correct answer would have been that all the items have holes in the centre.

But one health-conscious boy pointed out: "All of those things contain far too much cholesterol."



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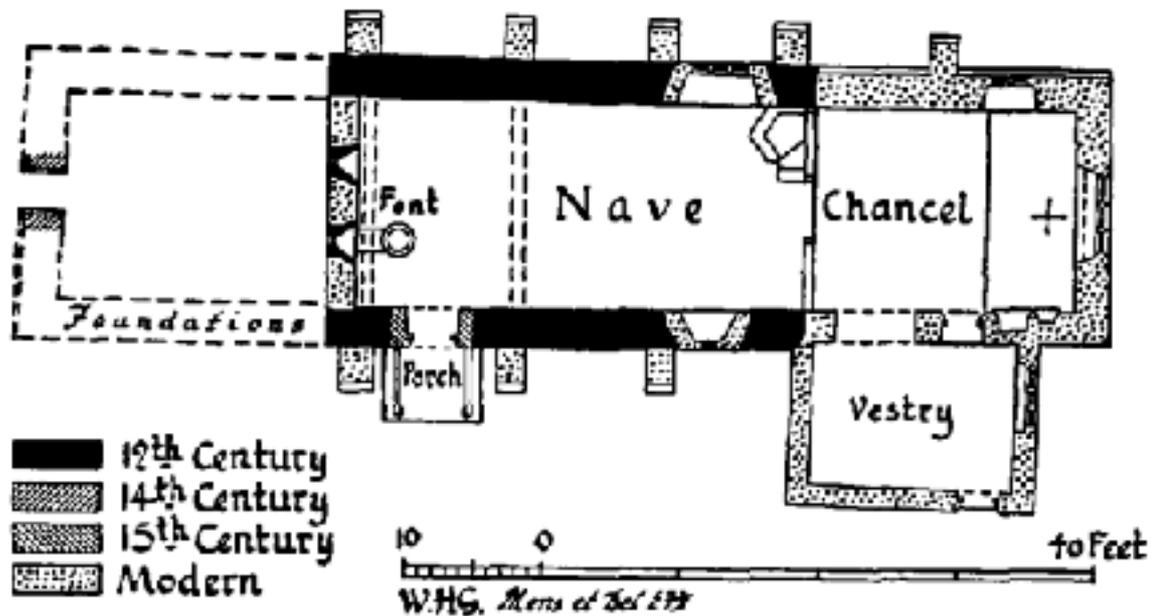
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## Memories of Times Past

The plan below dates from soon after the old church was restored in 1888. The area marked chancel is where the choir stalls were with the entrance being the smaller gap. The area with the cross marked is the sanctuary with the line across the old altar rail. The larger gap opened to where the organ was situated with the organist sitting with their back to the opening. It was accessed from the vestry. This sets the scene.



This month I would like to record some facts and names from a conversation that I had with Hugh Philips, a fellow choirboy from in the 1940s.

As choirboys we received 1penny for attending choir practice, 2 pence for each service and 2 shillings and six pence, (half a crown) for weddings. Bear in mind there were at least two services a Sunday, Mattins and Evensong in those days.

Two further choirboys' names came to memory, Peter Hodgson and Clive Botting. Mrs Cooper was one of the lady members of the choir whose voice was distinctive with the tremolo of her soprano. Mr Denny was the stalwart tenor of the choir and Mr McClary, the sacristan and chief server and sacristan. Note how all adults are Mr, Mrs or Miss!

Next time I will relate something about the service for the laying of the foundation stone for the church hall now named the Community Centre.

If you too have any memories send them in to Mandy Gander.

William Holden



"Er... vicar – does the church have a position on the donation of GM vegetables for the Harvest Festival?"

**Thank you from the Bloomers**

I would like to thank Pam Evans for her kind donation for flowers in memory of David, Stuart and Ruth.

## Keynotes Around the World

These two photos were sent to us by Christine James.

One is outside the Duomo, cathedral which is spectacular from the outside. Inside is vast with large statues but quite plain except for the interior of the dome where the frescoes are amazing looking almost 3D with people climbing over the rails.

The other is the Ponte Vecchio, the oldest bridge in Florence, quite narrow and lined on both sides with tiny gold and jewellery shops and always absolutely packed with people.





## **Our Charity for September**

### **The Martlets**

Martlets is a charity that cares for people living through a terminal illness in and around Brighton & Hove

The hospice plays a vital role in helping people to live life as fully as they can, right up until the end. Through expert clinical care provided by highly skilled and experienced doctors and nurses, they ensure that wherever possible peace, respect and dignity is retained – it is a very simple and very human ethos.

Martlets opened in 1997. The staff and services were formed from the merger of three separate charities: Coppercliff Hospice, Turner and MacMillan Day Hospice. Across the hospice services, more than 25,000 local people have been supported and cared for since 1997.

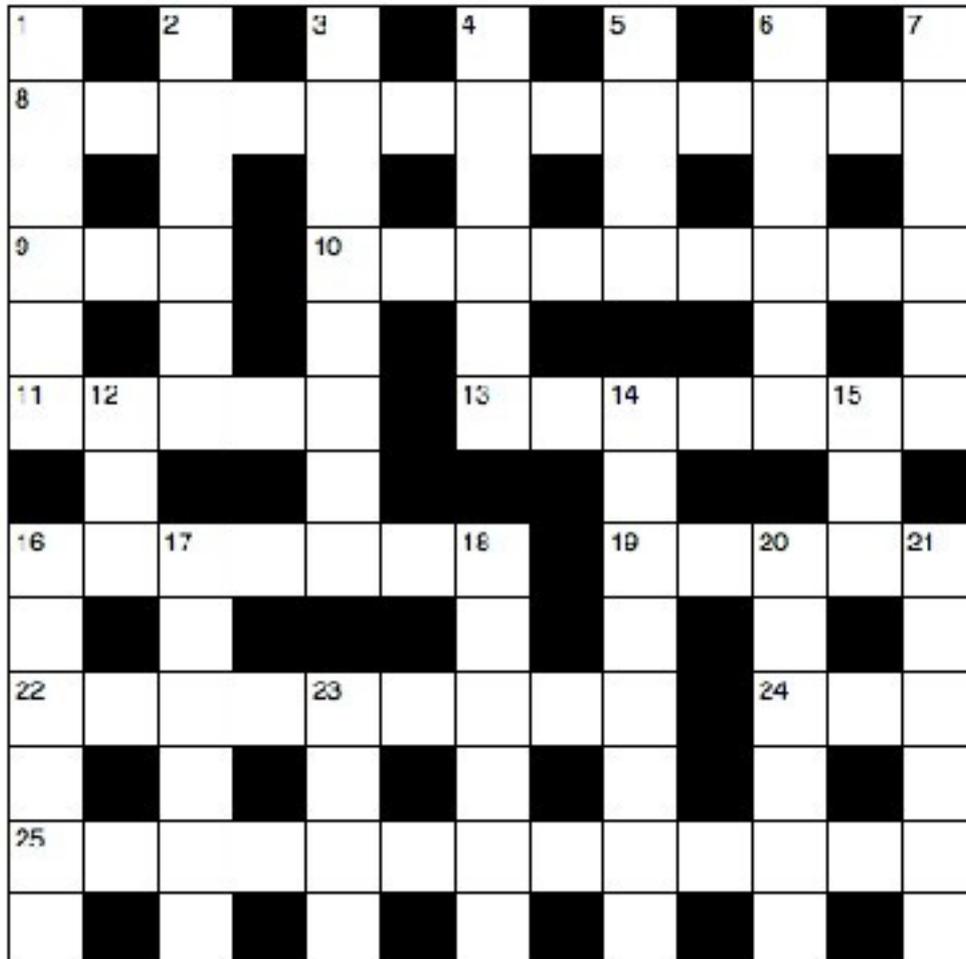
Most people receive care from us in their own homes. Outpatients also visit our hospice for pain relief, physiotherapy, counselling, welfare advice and social activities. Others choose to spend their final days here, or to join us as inpatients for respite care or symptom management. The Martlets Hospice cares for people affected by life limiting illness living in and around Brighton & Hove.

Please support them if you can.

## Crossword Clues

### Across

- 8 Where the Ark of the Covenant was kept for 20 years (1 Samuel 7:1) (7,6)
- 9 One of the parts of the body on which blood and oil were put in the ritual cleansing from infectious skin diseases (Leviticus 14:14–17) (3)
- 10 Uncomfortable (3,2,4) 11 ‘Yet I have loved Jacob, but Esau I have —’ (Malachi 1:3) (5)
- 13 Where Paul said farewell to the elders of the church in Ephesus (Acts 20:17) (7)
- 16 ‘Jesus bent down and — to write on the ground with his finger’ (John 8:6) (7)
- 19 Prophet from Moresheth (Jeremiah 26:18) (5)
- 22 Comes between Exodus and Numbers (9)
- 24 and 2 Down ‘Then Elkanah went home to Ramah, but the boy ministered before the Lord under — the —’ (1 Samuel 2:11) (3,6)
- 25 There was no room for them in the inn (Luke 2:7) (4,3,6)



## Down

- 1 Rough drawing (2 Kings 16:10) (6)
- 2 See 24 Across
- 3 Underground literature (including Christian books) circulated in the Soviet Union (8)
- 4 Lo, mash (anag.) (6)
- 5 The Bible's shortest verse: 'Jesus — ' (John 11:35) (4)
- 6 'Can a mother forget the baby at her — and have no compassion on the child she has borne?' (Isaiah 49:15) (6)
- 7 Can be seen in a dying fire (Psalm 102:3) (6)
- 12 'Send me, therefore, a man... experienced in the — of engraving, to work in Judah and Jerusalem' (2 Chronicles 2:7) (3)
- 14 Second city of Cyprus (8)
- 15 United Nations Association (1,1,1)
- 16 One of the women who first heard that Jesus had risen from the dead (Mark 16:1) (6)
- 17 Braved (anag.) (6)
- 18 — of Evangelism, outreach initiative in the 1990s (6)
- 20 'Woe to those who are wise in their own eyes and — in their own sight' (Isaiah 5:21) (6)
- 21 'Neither — nor depth... will be able to separate us from the love of God' (Romans 8:39) (6)
- 23 What Jesus shed in 5 Down (4)



## Off to school

Mother to young daughter after first day at school: "Well, dear, what did they teach you today?"

Daughter: "Not much. I've got to go back again tomorrow."

## Tim's Hymns and Pimms

Saturday 8th July and another "Tim's hymns and Pimms" extravaganza! It was an event that I had been looking forward to since last year's wonderful evening of music and conviviality. This year was just as enjoyable, although the weather proved a bit of a challenge towards the end.



Thank you to Tim and family for hosting, Ben for helping with the raffle, Sammy for handing out song-sheets and James for providing entertainment. Many thanks also to Gill for accompanying us all on the keyboard and attempting to keep us all in tune.

The refreshments were wonderful - the table was groaning with jugs of Pimms and bowls of nibbles - all hastily covered up when the rain started. It was an amazing and very generous spread, put together by Charlie and

her helpers. It was all very much appreciated - thank you for your hard work. The raffle provided moments of tension and excitement. Thank you Beryl.

But the most enjoyable part of the evening was the singing - lots of familiar and well loved hymns ( and one that was lovely, but hardly anyone knew! )



We were grateful that the vicarage garden has trees with branches that gave shelter when the rain came - also that Tim's quick actions got the electrical equipment covered in time!

Thank you for your generous donations which raised a total of £161.00 towards Church funds.

It was a truly memorable evening - I am now looking forward to the next one!

Joan Woodruff

## **Prayer List Requests**

Each Sunday we pray for people in any kind of need.

These may be the names of people on the prayer list which is printed in the Pew Sheet each week. The names are not read out individually during Sunday Intercessions, but are prayed for individually at the monthly Wednesday Prayer Together Service.

This is a lovely, peaceful, prayerful time in The Old Church. Please join us.

The Prayer Together Services are always on the first Wednesday of each month at 7.45pm.



### **St Peter's Pastoral Care Group**

**Our Pastoral Care Group exists to offer entirely confidential help and support on any pastoral matter.**

**Perhaps you would like a friendly visitor for a good chat now and then, help with transport, a name included in our prayer list at Church, some professional advice which we can help find, or an offer of Communion at home?**

**Please contact, in the first instance, Carol Gander on 01273 555414.**

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## **Water Shrew** by Michael Blencowe for Sussex Wildlife Trust

I love Jaws, the 1975 movie which sent three men out into the Atlantic on a fishing boat in search of a marauding Great White Shark. There's another aquatic monster hunting in the ponds and shallow streams of Sussex. But to find a Water Shrew...you're gonna need a smaller boat.

Water Shrews weigh 15g and measure just 16cm. Unlike other shrews they have an amazing ability to swim and hunt underwater. They're covered in dense fur – vital insulation against the cold and wet. This sleek wetsuit also traps air bubbles, transforming the shrew into a furry Aero helping it stay buoyant. Powerful, extra hairy hind feet propel this tiny torpedo through the water.

Water Shrews and Great White Sharks have a common feature that sets them apart from their close relatives. They both have a striking demarcation between their dark upperparts and their white underparts. Looking from above, their black backs blend with the pond bottom or seabed. From below, their pale bellies make them invisible in the sunlit water. It's a submarine survival strategy that helps conceal both hunters and hunted. And the Water Shrew is both.

With sharp, red-tipped fangs, a Water Shrew's jaws are as fearsome as any shark's. But the Water Shrew has a trick up its teeth. It's Britain's only venomous mammal. When it bites it injects a stupefying saliva which subdues its victims. In Jaws, the grizzled skipper Quint (Robert Shaw) relates the chilling true tale of the torpedoed WWII cruiser Indianapolis, which sank leaving hundreds of sailors adrift in shark-infested waters. Well, my mate Barry was once bitten by a Water Shrew in Newhaven and his finger went all tingly for about two hours. OK, it doesn't exactly compare, but the fact that a tiny shrew can make such an impact on a human is pretty impressive.

Slice open a dead shrew's stomach and rummage inside and you'll find bits of beetle legs, snail shells, and fishbones. They are relentless, frenetic hunters. If the shrew goes without a meal for more than an hour it will die. What we are dealing with here is a perfect engine, an eating machine. All this machine does is swim and eat and make little shrews. Between April and September, the mating of the shrew can produce 2-3 litters of 3-15 young. They live a fast, brief life. Few of them will survive for more than a year.

The best way to see a Water Shrew is to sit by a Sussex stream as the sun sets. Bring a couple of friends and some Apricot Brandy, share some tall tales, and wait for a shrew to strike.



**Romans 12:2**

**“Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”**

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## People and Places of the Bible

### **The Recabite Family**

#### **The Faithful Example of the Recabites: Lessons in Obedience and Tradition**

In the Book of Jeremiah the prophet introduces an interesting and different story—the tale of the Recabites. This devout family, guided by their forefather Jonadab, emerges as a poignant example of unwavering obedience and devoted to the preservation of tradition. Their story, found in Jeremiah chapter 35, offers a great example of faith and devotion.

In the tumultuous times of the 9th century BCE, amidst the reign of King Jehu in Israel, Jonadab—also known as Jehonadab—established a distinctive way of life for his descendants, the Recabites. Rooted in a nomadic existence, they refrained from the comforts of settled living. They lived in tents rather than houses, abstained from cultivating vineyards, and most notably, adhered to a strict prohibition against consuming wine. These practices were a testament to their commitment to a simple, austere lifestyle, and a deliberate choice to remain separate from the prevailing customs of their day.

The Recabite story unfolds against the backdrop of Jeremiah's prophetic ministry. Instructed by God, Jeremiah invites the Recabites to the Temple and presents them with a test—a test of faithfulness and obedience. In the presence of the prophet and within the sacred walls of God's house, wine is offered to the Recabites, a symbolic test of their commitment to their ancestral teachings. Astonishingly, they steadfastly decline, invoking the commands of Jonadab to refrain from partaking in wine. Their unwavering obedience in the face of pressure to conform to society's lifestyle and within the walls of the temple serves as a powerful lesson, contrasting with the disobedience and waywardness of the people of Judah.

The narrative of the Recabites holds a twofold significance. On one hand, it serves as a lesson in fidelity—a stark reminder of the consequences of deviating from the divine commands. Their steadfast adherence to their forefather's teachings emphasizes the

importance of maintaining obedience to ancestral wisdom and to God's commands, regardless of pressures to conform. On the other hand, their example stands as a poignant critique of the people of Judah, echoing the theme of unfaithfulness that runs throughout the book of Jeremiah. In their rebellion against God's guidance, the people of Judah contrast starkly with the Recabites' unwavering loyalty.

## **Jerusalem in the Bible**

There is so much that could be written about Jerusalem in Biblical times and summarising it would be difficult, so I have found a timeline which summarises its varied fortunes up to the time of the Romans and just after the life of Christ.

### **History of Jerusalem**

Chalcolithic Period (4500-3200 BCE)

- 3500 BCE - First Settlement of Jerusalem

Early Bronze Age (3200-2220 BCE)

- 2500 BCE - First Houses Built in Area

Middle Bronze Age (2220-1550 BCE)

- 1800 BCE - Construction of First City Wall

Late Bronze Age (1550-1200 BCE)

- 1400 BCE - First Mention of Jerusalem in Cuneiform Amarna Letters

Iron Age I (1200-1000 BCE)

- 1200 BCE - Jerusalem is conquered by Canaanites (Jebusites)

Iron Age II (1000-529 BCE)

- 1000 BCE - King David Conquers Jerusalem; Declares City Capital of Jewish Kingdom
- 960 BCE - David's Son, King Solomon, Builds First Jewish Temple
- 721 BCE - Assyrians Conquer Samaria; Refugees Flee to Jerusalem and City Expands onto Western Hill
- 701 BCE - Assyrian Ruler Sennacherib Lays Siege to Jerusalem
- 586 BCE - Babylonian Forces Destroy Jerusalem and Demolish First Temple

#### Persian Period (539-322 BCE)

- 539 BCE - Persian Ruler Cyrus the Great Conquers Babylonian Empire, Including Jerusalem
- 516 BCE - Cyrus Permits Jews in Babylonian Exile to Return to Jerusalem; Second Temple Built
- 445-425 BCE - Nehemiah the Prophet Rebuilds the Walls of Jerusalem; City Confined to Eastern Hill

#### Hellenistic Period (332-141 BCE)

- 332 BCE - Greek Leader - Alexander the Great Conquers Judea and Jerusalem
- 332-141 BCE - Ptolemaic and Seleucid Rule in Jerusalem

#### Hasmonean Period (141-37 BCE)

- 141 BCE - Hasmonean Dynasty Begins; Jerusalem Again Expands Limits to Western Hill
- 63 BCE - Roman General Pompey captures Jerusalem

#### Herodian Period (37 BCE - 70 CE)

- 37 BCE - King Herod Restructures Second Temple, Adds Retaining Walls
- 30 CE - Jesus Crucified by Romans in Jerusalem

#### Roman Period (70 - 324 CE)

- 70 CE - Roman Forces Destroy Jerusalem and Demolish Second Temple
- 135 CE - Jerusalem Rebuilt as a Roman City
- 

Compiled from various sources by William Holden

### **Colossians 3:23-24**

**“Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.”**

## Small Donations Scheme

We have reintroduced the above scheme, or SDS, which ran very successfully up to several years ago. The idea is to give people the opportunity to make a donation towards the cost of items which are one-off purchases or materials which we use. These donations are not regular but are on an “as and when able” basis which may be something in which they are interested.

The next edition of Keynotes will then contain a “thank you” notice for the gift which can be anonymous or include the sponsor’s name.

Mandy has produced a list of items which may appeal to the congregation and any discussion can be held in confidence with her. This list includes the following;

Coffee	£	5.50
Envelopes	£	2.65
Stamps	£	24.00
Monthly wifi in Church	£	28.50
Wifi Booster for Church	£	29.99
Monthly website fee	£	19.34
Altar Breads for communion	£	10.94
Paper for Keynotes and pew sheets	£	49.90

### Thank you for your sponsorship

Our grateful thanks go to the various people who wishing to remain anonymous, very kindly donated tea bags and coffee for after Church refreshments.

If you would like to make a donation to help with the funding of some of the items of expenditure in and around our Church then please contact Mandy Gander, our Treasurer.

## REGULAR WEEKLY SERVICES

10.00 am Sunday Parish Eucharist with Sunday School in term time (except for the first and third Sunday of the month)

10.00 am All-Age Worship on the third Sunday of the month

1<sup>st</sup> Sunday of the month at 4.00 pm - St Peter's @ 4 family service

1st Wednesday of the month at 7.45 pm - Prayer Together

10.00 am Online service via Youtube  
or via your telephone by dialling 01273 071150



The Rector is always available for spiritual counsel and healing prayer

**FRIDAYS AT ST PETER'S  
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**The First Friday of each month  
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**We are open between 10.30am and 12 noon for you to  
'drop-in' for a coffee, piece of cake and a chat.  
A very warm welcome awaits you, so please do 'drop-in'  
we'd love to see you.**

**Easyfundraising**

A huge thank you to all those that have signed up to Easyfundraising. We now have 48 supporters and have raised a massive £833.89 for Church funds.

Please can I encourage you all to sign up to it and also why not ask your family and friends too. I sent the link to my WhatsApp group friends and a further 6 people signed up. It is free to users but every time you order goods online, we receive a donation. It couldn't be easier and sounds too good to be true, but it really does work.

You just need to download the app on your telephone by scanning the code on the next page or type in easyfundraising on your computer. Please choose St Peters West Blatchington. Then all purchases that qualify will donate a small sum of money to us. Every little helps! Your support is much appreciated.

Mandy Gander



## **WHAT'S HAPPENING IN YOUR GARDEN?**

- 1) Divide your herbaceous perennials. This will keep your plants healthy and vigorous year after year and multiply your stock.
- 2) Continue to feed and deadhead hanging baskets and containers.
- 3) Keep deadheading annuals and perennials to extend their performance.
- 4) Deadhead your Penstemons, Dahlias and Roses to keep flowers coming.
- 5) Prune any late flowering shrubs.
- 6) Prune climbing and rambling Roses once they have finished flowering (unless they are repeat flowering varieties in which case leave them to later in the year).
- 7) Keep Camellias and Rhododendrons well watered at this time of year.
- 8) Plant spring flowering bulbs now such as Daffodils, Crocus and Hyacinth.
- 9) Raise pots off the ground for the winter by using bricks or pot feet to prevent waterlogging.
- 10) Create a new lawn from seed - autumn weather is favourable for good lawn establishment.
- 11) Raise the height of your lawnmower blades as grass growth slows.
- 12) Feed your lawn with an autumn fertiliser which is rich in potassium and low in nitrogen.

Greenfingers



## COME INTO MY KITCHEN.....

As autumn approaches, here are some recipes using seasonal ingredients.

### **BAKED BRIE WITH PICKLED BLACKBERRIES AND THYME ROASTED NUTS**

SERVES 4 AS A STARTER

200g wheel of Brie  
1 small garlic clove, sliced  
few sprigs thyme  
1tbsp olive oil  
salad leaves to serve  
sourdough, toasted, to serve

#### Pickled blackberries

50g caster sugar  
150ml white wine vinegar  
2 bay leaves  
150g blackberries

#### Thyme Roasted Nuts

100g mixed nuts  
½tsp sea salt  
1tbsp thyme leaves  
½tbsp. soft light brown sugar  
2tsp vegetable oil

Make the pickled blackberries the day before. Heat the sugar, vinegar, bay and 50ml of water with a pinch of salt in a small pan over a medium heat for 2-3mins, swirling the pan occasionally, until the sugar has dissolved. Remove from the heat and leave to cool. Pour over the blackberries, cover and leave to pickle at room temperature overnight or for at least 6 hours.

Heat the oven to 180C/160C fan/gas 4. Mix together the nuts ingredients in a bowl until evenly coated, then tip onto a tray lined with baking paper and spread out. Score the top of the Brie and put whole into a separate baking dish. Nestle in some of the garlic slices, scatter with the thyme sprigs and drizzle with the oil. Roast the cheese and nuts for 15 mins, removing the nuts once they are toasted. Continue to roast the cheese for a further 5 mins until molten and bubbling. Roughly chop the nuts.

Top the Brie with the pickled blackberries and toasted nuts.

Serve with the salad leaves dressed with some of the blackberry pickling vinegar and with the toasted sourdough.

### **ROAST CHICKEN WITH CHORIZO, GARLIC AND ROSEMARY**

#### **SERVES 4**

1.5kg free-range chicken  
50g unsalted butter, softened  
sea salt flakes  
6 rashers unsmoked streaky bacon  
2 lemons, halved  
8 rosemary sprigs  
12 garlic cloves, left whole and unpeeled  
2tbsp olive oil  
300g chorizo, thickly sliced  
500g small new potatoes, left whole  
greens or green salad to serve

Heat the oven to 200/180C fan/gas 6. Put the chicken in an oven-to-table roasting dish. Rub the breasts and legs with the butter, season with sea salt flakes and freshly ground black pepper, then put the bacon over the breasts of the chicken.

Put the lemon halves and most of the rosemary in the chicken cavity. Arrange the garlic cloves around the chicken then drizzle the chicken with olive oil. Roast in the oven for 15-20mins or until the bacon is crispy.

Remove the dish from the oven and take off the bacon, setting it aside. Baste the chicken with the buttery and lemony juices and arrange the chorizo slices and potatoes around the chicken with the remaining rosemary sprigs.

Return to the oven to roast for 45mins – 1 hour or until the chicken is golden brown and the juices run clear. (Test by inserting a skewer into the leg).

Remove from the oven and allow to rest for 10mins. Carve and serve with the juices, potatoes and chorizo (and bacon if you haven't already eaten it!), accompanied by greens or salad.

And, finally, a favourite Scottish summer pudding –

### **CRANACHAN**

#### **SERVES 6**

75g jumbo oats  
500ml double cream  
3tbsp icing sugar  
5tbsp whisky  
400g raspberries  
2tbsp runny honey

Toast the oats in a dry frying pan over a medium heat for 5mins, tossing regularly, until golden. Leave to cool.

Pour the cream into a bowl with the sugar and whip with electric beaters until it holds soft peaks. Add the whisky and beat briefly to combine, then fold in three-quarters of the raspberries and three-quarters of the oats.

Divide between 6 glasses or dishes, then top with the remaining raspberries and oats before drizzling over the honey.

Maggie



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## September Festivals and Seasons

### 29<sup>th</sup> St Michael & All Angels

On the Feast of Michael and all Angels, popularly called Michaelmas, we give thanks for the many ways in which God's loving care watches over us, both directly and indirectly, and we are reminded that the richness and variety of God's creation far exceeds our knowledge of it.

The Holy Scriptures often speak of created intelligences other than humans who worship God in heaven and act as His messengers and agents on earth. We are not told much about them, and it is not clear how much of what we are told is figurative. Jesus speaks of them as rejoicing over penitent sinners (Lk 15:10). Elsewhere, in a statement that has been variously understood (Mt 18:10), He warns against misleading a child, because their angels behold the face of God. (Acts 12:15 may refer to a related idea.)

In the Hebrew Scriptures, it is occasionally reported that someone saw a man who spoke to him with authority, and who he then realized was no mere man, but a messenger of God. Thus we have a belief in super-human rational created beings, either resembling men in appearance or taking human appearance when they are to communicate with us. They are referred to as "messengers of God," or simply as "messengers." The word for a messenger in Hebrew is Malach, in Greek, Angelos, from which we get our word "angel" [Digression: Angelion means "message, news" and Euangelion means "good news = goodspell = gospel," from which we get our word "evangelist" used to mean a preacher of the Good News of salvation, and, more narrowly, one of the four Gospel-writers: [Matthew](#), Mark, Luke, and John.]

By the time of Christ, Jewish popular belief included many specifics about angels, with names for many of them. There were thought to be four archangels, named Michael, Gabriel, Raphael, and Uriel. An alternative tradition has seven archangels (see Tobit 12:15 and 1 Enoch 20). Sometimes each archangel is associated with one of the seven planets of the Ptolemaic system (the moon, Mercury, Venus, the Sun, Mars, Jupiter, Saturn). Michael is associated with Saturn and Uriel with the Sun. The other pairings I forget, but I believe that you will find a list in the long narrative poem called "The Golden Legend," by Henry Wadsworth Longfellow. (I believe that a pairing is also offered in the opening chapters of the *Proof of the Apostolic Preaching*, by [Irenaeus](#) of Lyons, but I have not the work at hand.)

Michael (the name means "Who is like God?") is said to be the captain of the heavenly armies. He is mentioned in the Scriptures in Daniel 10:13,31; 12:1 (where he is said to be the prince of the people of Israel); in Jude 9 (where he is said to have disputed with the devil about the body of Moses); and in Revelation 12:7 (where he is said to have led the heavenly armies against those of the great dragon). He is generally pictured in full armor, carrying a lance, and with his foot on the neck of a dragon. (Pictures of the Martyr George are often similar, but only Michael has wings.)

Gabriel (the name means "God is my champion") is thought of as the special bearer of messages from God to men. He appears in Daniel 8:16; 9:21 as an explainer of some of Daniel's visions. According to the first chapter of Luke, he announced the forthcoming births of [John the Baptist](#) and of our Lord to Zachariah and the Virgin Mary respectively.

Raphael (the name means "God heals") is mentioned in the Apocrypha, in the book of Tobit, where, disguised as a man, he accompanies the young man Tobias on a quest, enables him to accomplish it, and gives him a remedy for the blindness of his aged father.

Uriel (the name means "God is my light" -- compare with "Uriah", which means "the Lord is my light") is mentioned in 4 Esdras.

It is thought by many scholars that the seven lamps of Revelation 4:5 are an image suggested by (among many other things) the idea of seven archangels.

What is the value to us of remembering the Holy Angels? Well, since they appear to excel us in both knowledge and power, they remind us that, even among created things, we humans are not the top of the heap. Since it is the common belief that demons are angels who have chosen to disobey God and to be His enemies rather than His willing servants, they remind us that the higher we are the lower we can fall. The greater our natural gifts and talents, the greater the damage if we turn them to bad ends. The more we have been given, the more will be expected of us. And, in the picture of God sending His angels to help and defend us, we are reminded that apparently God, instead of doing good things directly, often prefers to do them through His willing servants, enabling those who have accepted His love to show their love for one another.

William Holden

Drawn from various sources.

## **Rose-ringed Parakeet** by Michael Blencowe for Sussex Wildlife Trust

One of my favourite quotes from The Simpsons comes from Springfield's vet: "I love animals. I spend my life saving them and they can't thank me. Well, the parrots can." No animals are more famed for their ability to talk than parrots. Sure, their 'talking' is more mimicry than witty after-dinner conversation – a feathered echo chamber – but whether they're chanting 'pieces of eight' on a pirate's shoulder or swearing in front of Auntie Ethel, we humans have been entertained by their backchat for centuries.

There are around 400 species of parrot on our planet. Their native range encompasses pretty much everywhere south of the Tropic of Cancer. For us Brits their beautiful plumage embodies the exotic; the mystery and excitement of faraway lands. So imagine my surprise when I first saw a big green parrot flying around in Sussex.

The Rose-ringed (or Ring-necked) Parakeet looks ridiculously out of place amongst our comparatively drab Starlings, Wood Pigeons and Crows. With its garish green plumage and red beak, it stands out like a clown who has gate-crashed a funeral. And with that squawk – that incessant, demented squawk – there's no ignoring it.

South-east England's Parakeets are among the world's most northerly parrot populations but how did they get here? Some believe they made their great escape from an East London film studio in 1951, after starring alongside Bogart and Hepburn in 'The African Queen'. Others claim that the Parakeets were set 'Stone Free' by Jimi Hendrix, who liberated them from their plastic cage in his girlfriend's London flat. I rather like the idea of American sixties icons being responsible for the spread of non-native species across the UK. Perhaps Sonny and Cher smuggled Grey Squirrels in through customs under their furry waistcoats, or a tousle-haired Bob Dylan secretly released some American Mink out of the stage door of the Albert Hall in '66.

The truth is, with tens of thousands of Parakeets being imported into the UK it was no surprise that a few slipped their chains and flew the coop. Since the end of the sixties these free spirits have been recreating the Summer of Love across the capital. Forming feral

colonies, the Parakeets have filled the air with their joyous, intolerable screeching and squawking; sounds that would make Hendrix and Dylan proud. And as for free love, their blatant fornicating in London's parks has led to a Parakeet population explosion. They were once established in the (sub)urban jungle of Brighton and lived in the trees of Hollingbury from 1977 until the mid-nineties. Surely it's only a matter of time before the Rose-ringed Parakeet moves into suburban Sussex.



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## MONEY MATTERS - Figures for June 2023

### Receipts

Planned Giving	£	3049
Income tax recovered	£	609
Community Centre Income	£	927
Collections/other giving	£	160
Pay Donation Station/Sundry Donations	£	563
Summer Fair (part one)	£	1546
PCC Fees	£	397
<b>TOTAL RECEIPTS</b>	<b>£</b>	<b>7251</b>

### Payments

Parish Contribution	£	6304
Salaries	£	788
Utilities and Insurance	£	412
New Video Live Steaming system	£	31936
Rectory	£	826
Community Centre running costs	£	74
Church running costs	£	1114
Sum Up/Bank Charges	£	20
Printing costs	£	683
<b>TOTAL PAYMENTS</b>	<b>£</b>	<b>42157</b>

### 1 Chronicles 29:14 NIV

**“But who am I, and who are my people, that we should be able to give as generously as this? Everything comes from you, and we have given you only what comes from your hand.**

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## MONEY MATTERS - Figures for July 2023

### Receipts

Planned Giving	£	3039
Income tax recovered	£	616
Community Centre Income	£	1522
Collections/other giving	£	109
Pay Donation Station/Sundry Donations	£	295
Summer Fair (part two)	£	1405
Fundraising	£	161
Legacy	£	1000
<b>TOTAL RECEIPTS</b>	<b>£</b>	<b>8147</b>

### Payments

Parish Contribution	£	6304
Salaries	£	788
Utilities and Insurance	£	355
Rectory	£	326
Community Centre running costs	£	278
Church running costs	£	98
Sum Up/Bank Charges	£	8
Printing costs	£	161
PCC reimbursement of expenses	£	1388
Charity donation	£	80
<b>TOTAL PAYMENTS</b>	<b>£</b>	<b>9486</b>

**Year to date deficit £47,141**



## **The Early Church Fathers – Clement of Rome**

St. Clement of Rome, also known as Pope Clement I, was an early Christian leader who is traditionally considered to be the third bishop of Rome and one of the Apostolic Fathers. He is believed to have lived in the late 1st century AD, although exact dates of his birth and death are not well-documented. His feast day is celebrated on November 23<sup>rd</sup>.

Clement is best known for his letter, "1 Clement," which is one of the earliest non-canonical Christian writings. This letter was addressed to the Christian community in Corinth and is often referred to as one of the "Apostolic Fathers" writings. In the letter, Clement addresses issues of order, leadership, and unity within the Christian community. He emphasizes the importance of harmony, humility, and obedience to authority.

Though not included in the New Testament canon, "1 Clement" provides valuable insights into the early Christian understanding of church governance, ecclesiology, and theological matters. The letter reflects a concern for maintaining the traditions passed down from the apostles and emphasizes the importance of love, humility, and submission to the will of God. This is, perhaps the most important 1st-century Christian document other than the New Testament,

Clement's writings, along with other Apostolic Fathers' works, played a significant role in shaping early Christian theology and practices. He is also mentioned in the writings of other early Christian authors, which further attests to his influence in the early church. According to the early Christian writer Tertullian, he was consecrated by St. Peter, and St. Irenaeus lists him as a contemporary of the Apostles and witness of their preaching. Eusebius of Caesarea dates his pontificate from 92 to 101,

It's important to note that some historical details about Clement's life and his role as the third bishop of Rome are not definitively confirmed due to the limited historical records from that era. However, his impact on early Christianity and his contributions to the development of Christian thought are widely acknowledged. Tradition holds that Clement of Rome is the same Clement who Paul mentions in Philippians 4:3, and that after being imprisoned, he was martyred by being thrown into the sea with an anchor chained around his neck.



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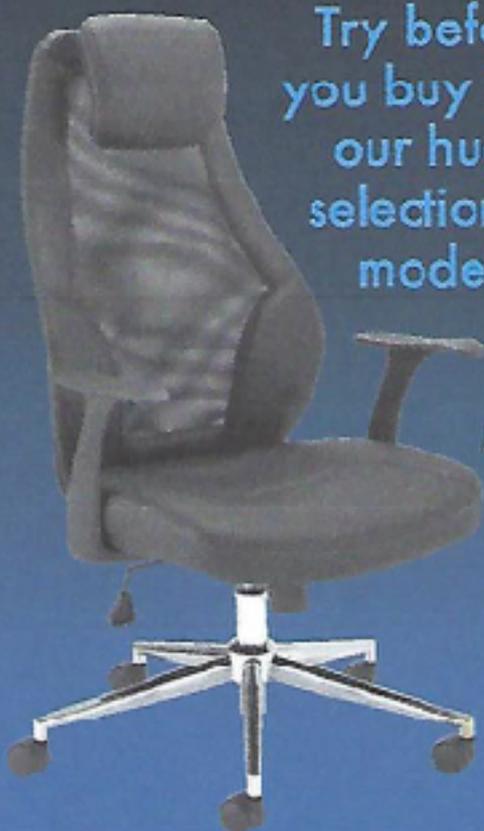
<b>Date</b>	<b>Reading, Commemorations &amp; Intentions</b> Calendar for September (Year A)
<b>FRI</b> <b>1<sup>ST</sup></b>	More people to be called to vocations in the Church
<b>SAT</b> <b>2<sup>ND</sup></b>	All families returning from holiday
<b>SUN</b> <b>3<sup>RD</sup></b>	<b>13th Sunday after Trinity Exodus 3. 1-15</b> <b>Romans 12. 9-end Matthew 16. 21-end</b>
<b>MON</b> <b>4<sup>TH</sup></b>	All children returning or starting School
<b>TUES</b> <b>5<sup>TH</sup></b>	Our understanding of our faith
<b>WEDS</b> <b>6<sup>TH</sup></b>	All fathers
<b>THURS</b> <b>7<sup>TH</sup></b>	Rev Tim and family
<b>FRI</b> <b>8<sup>TH</sup></b>	All mothers
<b>SAT</b> <b>9<sup>TH</sup></b>	The city council
<b>SUN</b> <b>10<sup>TH</sup></b>	<b>14th Sunday after Trinity Exodus 12. 1-14</b> <b>Romans 13. 8-end Matthew 18. 15-20</b>
<b>MON</b> <b>11<sup>TH</sup></b>	Our cathedrals and their witness
<b>TUES</b> <b>12<sup>TH</sup></b>	Rev Jan and family
<b>WEDS</b> <b>13<sup>TH</sup></b>	Our Churchwardens and PCC
<b>THURS</b> <b>14<sup>TH</sup></b>	Our Lord's suffering
<b>FRI</b> <b>15<sup>TH</sup></b>	Our worship at St Peter's

<b>SAT 16<sup>TH</sup></b>	Our Archdeacons
<b>SUN 17<sup>TH</sup></b>	<b>15th Sunday after Trinity Exodus 14. 19-end Romans 14. 1-12 Matthew 18. 21-35</b>
<b>MON 18<sup>TH</sup></b>	Our worship in church
<b>TUES 19<sup>TH</sup></b>	All church musicians
<b>WEDS 20<sup>TH</sup></b>	Bishop Martin
<b>THURS 21<sup>ST</sup></b>	Our Bible reading
<b>FRI 22<sup>ND</sup></b>	Bible study groups
<b>SAT 23<sup>RD</sup></b>	All Deanery Synod Members
<b>SUN 24<sup>TH</sup></b>	<b>16th Sunday after Trinity Exodus 16. 2-15 Philippians 1. 21-end Matthew 20.1-16</b>
<b>MON 25<sup>TH</sup></b>	All Diocesan Synod members
<b>TUES 26<sup>TH</sup></b>	Our understanding of our faith
<b>WEDS 27<sup>TH</sup></b>	Food Banks
<b>THURS 28<sup>TH</sup></b>	Our lay ministers of communion
<b>FRI 29<sup>TH</sup></b>	Doctor, Nurses and Health Workers
<b>SAT 30<sup>TH</sup></b>	Hospital Chaplains

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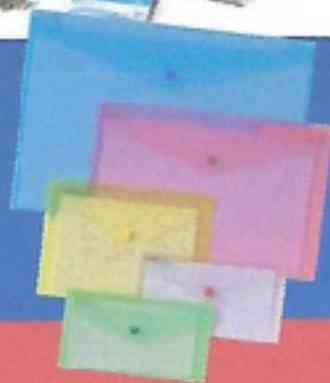


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### **Prayer for September 2023**

Dear Father in heaven,

September is a time of change, a change of season, changes in many areas of our lives as a new term begins and new opportunities present themselves. It can be a time of challenge and uncertainty for many of us as well as excitement. Thank you Lord, that You never change, Your promises never change, Your Holy-Spirit inspired Word never changes. You are constant and rock-solid, always.

Help us to remember that You make all things new when we put our trust in Jesus, You give us new life and new ways of understanding, but help us also to remember that You never contradict Your revealed self. Help us always to check out our thinking with what You say in Your Word. Help us to be faithful to You as we take each step forward, each new day.

In Jesus name, Amen

By Daphne Kitching













