

# KEYNOTES



**October 2023**

**£1.00**

**THE PARISH CHURCH OF  
ST PETER'S, WEST BLATCHINGTON**

**Rector**     **The Reverend Tim Gage**  
The Rectory  
23 Windmill Close  
Hove, BN3 7LJ  
Tel : 01273 270427  
Email: rector.westblatchington@gmail.com

*Thursday is ordinarily the Rector's rest day; however please do not hesitate to contact him in the event of a pastoral emergency. Please refer all other urgent matters to the Churchwardens.*

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## PARISH EVENTS DIARY

The following events taking place in October and November as notified are:

**Sunday 1st October - Harvest Festival bring and share lunch in the Community Centre - 11.30am**

**Friday 13th October - Free lunchtime concert - 1.10pm  
Belladonna**

**Saturday 14th October - Quiz night - Church fundraiser in the Community Centre - 7.30pm**

**Saturday 11th November - Blue Jeans Saturday (churchyard tidy)  
- from 10am**

**Friday 17th November - Free lunchtime concert - 1.10pm  
Amity Singers**

**Saturday 18th November - Film Night - 7pm**

**Thursday 30th November to Saturday 2nd December - Christmas Tree Festival - full details to follow in due course**

**Please continue to keep us informed of events that you have planned or know about by sending a message to our email address which is [stpetersadmin@zoho.com](mailto:stpetersadmin@zoho.com)**

**The deadline for the November 2023 issue is  
5th October**



## **EDITORIAL**

We now are moving into Autumn with the celebration of the Harvest Festival at the start of the month followed by a Bring and Share lunch. As usual we have Eucharist every Sunday at 10am. The coffee after the service in the Community Centre is a valuable way of getting to know one another better and to welcome new people into the Church family. The monthly Coffee Mornings, the first Friday of the month at 10.30am is another way of developing friendships in the church.

Everyone is welcome to join Bible study sessions on alternate Wednesdays at 11am or 7.45pm to develop our understanding of the scriptures through reading, analysis, reflection and discussion. These sessions also include prayer where personal concerns can be brought before God in the fellowship of others.

We are enjoying the new vision and sound system and welcome financial contributions to this to enable the service to be broadcast live.

We are looking forward to an evening of fun and games at Quiz night on 14<sup>th</sup> October. Please do come and join us at 7.30pm.

Blue Jeans Day is on 11 November so please make a note in your diary if you are able to help on that day.

Please support our Lunchtime Concerts and note that the next one is on Friday 13 October at the usual time of 1.10pm. It features Belladonna, a group with a soprano, clarinet and piano.

Next month we will be starting to collect subscriptions for the coming year and will be seeking new subscribers. We hope that you are enjoying Keynotes; if so please try and interest a friend. We will have more details about the renewal next month.

Editorial Committee

## **Rectors Ramblings**

Live & Kicking!

On May the 17<sup>th</sup> 2020 amidst lockdowns, masks and social distancing St. Peter's premiered it's very first online service. Our inability to meet together in person prompted churches across the world to imagine creative ways of worshiping together. At St. Peter's we decided that both a weekly online and telephone service made up of pre-recorded readings, prayers, hymns and sermons was the way to go. Looking back on those days it is clear that God used these experiences to knit us closer together as a church family, during some very challenging times.

Yet as the risk of Covid diminished, the demand for these online services continued. New people were joining us through these services. Friends and relatives of church members, new residents to the parish looking for a church, church members that were travelling for holiday and business and also those who were too ill or otherwise unable to attend in person.

However, due to the limits and time required for producing pre-recorded service each week, it was clear that we needed to look into an alternative solution. Fast forward to today and while we continue to have a weekly online service, it is no longer pre-recorded, but live!

Our live services allow people to have an even greater sense of joining in with our weekly act of worship.

This is also a great way for people to try out church if they feel uncomfortable with attending in person at first. And because the service remains available afterwards, it's great at allowing people to catch up if they've missed a service too.

If you have yet to join us online why not give it a try simply: visit [tinyurl.com/stpeteronline](https://tinyurl.com/stpeteronline) or search 'St. Peter's West Blatchington' on the YouTube app on your smart device.

We look forward to welcoming you soon.

Rev Tim Rector

## **WOMEN'S SOCIAL**

We didn't hold a meeting in September but enjoyed gathering at Moz's home on 24<sup>th</sup> August.

On 12<sup>th</sup> October we will be visiting one of our favourite National Trust properties – Nymans at Handcross. Our coffee meeting in October will be held at Alexandra Court on 26<sup>th</sup>, kindly hosted by Pam and Mary.

Gill Evans will celebrate her birthday on 22<sup>nd</sup> October and Jean Hawkey on 30<sup>th</sup>. Happy Birthday to you both.

Maggie Keeling

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Thanks to technology, replacing the worn-out hymn books didn't cost a penny

## **The Early Church Fathers – Irenaeus**

Irenaeus (AD 130–202) was the bishop of Lugdunum in Gaul (modern Lyons, France), a stalwart opponent of heresy, and an influential witness concerning the development of the biblical canon. The New Testament as we know it had not yet been formalised.

Little is known about the life of Irenaeus. We know that he was from Smyrna in Asia Minor and a student there of Polycarp (who was a disciple of the Apostle John). Irenaeus moved to Rome and studied under Justin Martyr, about whom I wrote last month.

Sometime prior to AD 177 Irenaeus moved to Lyons. In 177, Roman Emperor Marcus Aurelius ordered a violent persecution of Christians in France, but Irenaeus escaped it because at the time he was on a journey to Rome, apparently carrying a letter to the church at Rome. Irenaeus returned to France after the persecution had subsided, and he was made Bishop of Lyons in 178, replacing the previous bishop, who had died or been killed in the persecution.

The significance of Irenaeus is found in his writings. There are fragments of many works, but two major works survive intact: *Against Heresies* and *Proof of Apostolic Preaching*.

*Against Heresies* (or *The Detection and Refutation of What Is Falsely Called Knowledge*, also known as *Against All Heresies*) is a treatise against Marcionism and Gnosticism, and especially Valentinianism, a particular form of Gnosticism that was popular in Lyons. In this treatise, Irenaeus seeks to protect his flock from heresy and to convert those who hold the Gnostic error.

Irenaeus is often used to support the Roman Catholic idea of apostolic succession because he said that all the bishops can trace their succession back to the apostles. However, this statement needs to be understood in context. The Gnostics held that they were privy to secret information that had been passed down from Jesus. Irenaeus makes the case that all the orthodox bishops can trace their teaching back to the apostles, who got their teaching from Jesus. The bishops in the churches are the safeguards of the truth, which can be traced in an unbroken line back to the apostles. The line of teachers was not difficult to trace, since it had been little over 100 years since the death of the apostles. Irenaeus himself could easily trace his message to

the apostle John, whose student Polycarp was Irenaeus' teacher. The link between Irenaeus' contemporaries and the apostles is a far cry from the more modern idea of apostolic succession.

Irenaeus may be best known for his theory of recapitulation which emphasizes the true humanity of Christ, who undoes the work of Adam and fulfils all that God intended for mankind. Gnostics denied the true humanity of Christ and taught that the human body was evil.

*Against Heresies* also speaks against Marcion, who taught that the God of the Old Testament was different from the God of the New Testament and who rejected the Old Testament. Irenaeus' critique of Gnosticism was largely dependent upon the Old Testament, so he addressed the Marcion heresy as well. He, like Justin Martyr, attacked Marcion stating that there was a unity of God and the Old Testament as a book of Christ oriented prophecies. Irenaeus spoke of four covenants, that of Adam before the deluge, that of Noah, that of the Law under Moses and that of the Gospel.

In *Against Heresies*, Irenaeus also quotes from every New Testament book except 3 John, so it is an important document to show the ancient church's acceptance of New Testament Scripture. However, *Against Heresies* also refers to *The Shepherd of Hermas* as "Scripture" and treats the book of 1 Clement as authoritative. Still, in Irenaeus we can see that the canon was beginning to coalesce.

Irenaeus' *The Proof of Apostolic Preaching* (or *The Demonstration of the Apostolic Preaching*) is a summary of Christian preaching with an emphasis on the fact the Christ fulfils Old Testament prophecy.

Ireneaus was an influential thinker, and there is evidence that his writings were widespread in the churches around the Roman Empire during his lifetime or shortly after his death. Irenaeus died around 202. Some sources indicate that he was martyred, but we do not have enough evidence to determine the actual events surrounding his death.

Compiled from various sources by William Holden

**For nothing will be impossible with God – Luke 1:37**

## **EPIC - Lakeview Camp**

On Sunday 20th August, straight after church, my son Ben and I packed our suitcases into the car and headed off to our first ever Lakeview camp. Lakeview is a youth and children's holiday camp run by Ventures and hosted at the Royal Alexandra and Albert School in Reigate, a stunning site with gorgeous architecture, huge grounds, private lakes, swimming pools and dormitory accommodation. Ben and one other from St. Peter's were attending as members along with nearly 200 other 10-18 year olds. Whereas I had volunteered to attend as a leader. For me, this would involve running events, leading dorm-time discussions, speaking at one of the meetings and committing to pray and work as part of a team for the next eight days.

The theme of this year's camp was Pirates. This meant lots of dressing up and piratey puns.

The week was packed with all sorts of fun events such as: archery, paddle-boarding, dodgeball, woodland walks, football, Wii games, escape rooms, quick cricket, dance, craft and junk modeling, unihoc, touch rugby, water and inflatable games, improv drama, rounders, crazy golf, board games, swimming and lots more.

One particular highlight was traveling into Reigate town centre for 'hunt the leader'. As a dorm, we had to hunt down 10 leaders dressed in fancy dress (much to the bemused onlooking of the general public). When we had found a leader, we would then answer a riddle and if correct were given a token. Once we had all ten tokens, we could then find the final leader (dressed as a giant shark) and collect our prize. After this we celebrated by getting an ice cream.

But being a Christian camp, there were also spiritual elements to each day. We had a short morning and afternoon meeting where we sang some songs and heard about what the Bible says about how we can be part of God's family. Many of the children who attend Lakeview do not go to church, so this was especially important. But praise God, by the end of the week, nearly a dozen young people had decided to respond to the offer of forgiveness in Jesus and prayed to be part of God's new family - How exciting!

I came back from the camp fairly exhausted but having had a wonderful time. We will hear more about the Lakeview camp in the future and we hope to send people again next year. If you are interested, then please do speak to me.

Rev Tim



### **What would Jesus do?**

While waiting in line to check out at a Christian bookstore, a man in front of me asked the clerk about a display of hats with the letters WWJD on them. The clerk explained that WWJD stands for 'What would Jesus do?', and that the idea is to get people to consider this question when making decisions.

The man pondered a moment, then replied, "I don't think He'd pay £17.99 for that hat."



## **Our Charity for October**

### **The Martlets**

Martlets is a charity that cares for people living through a terminal illness in and around Brighton & Hove

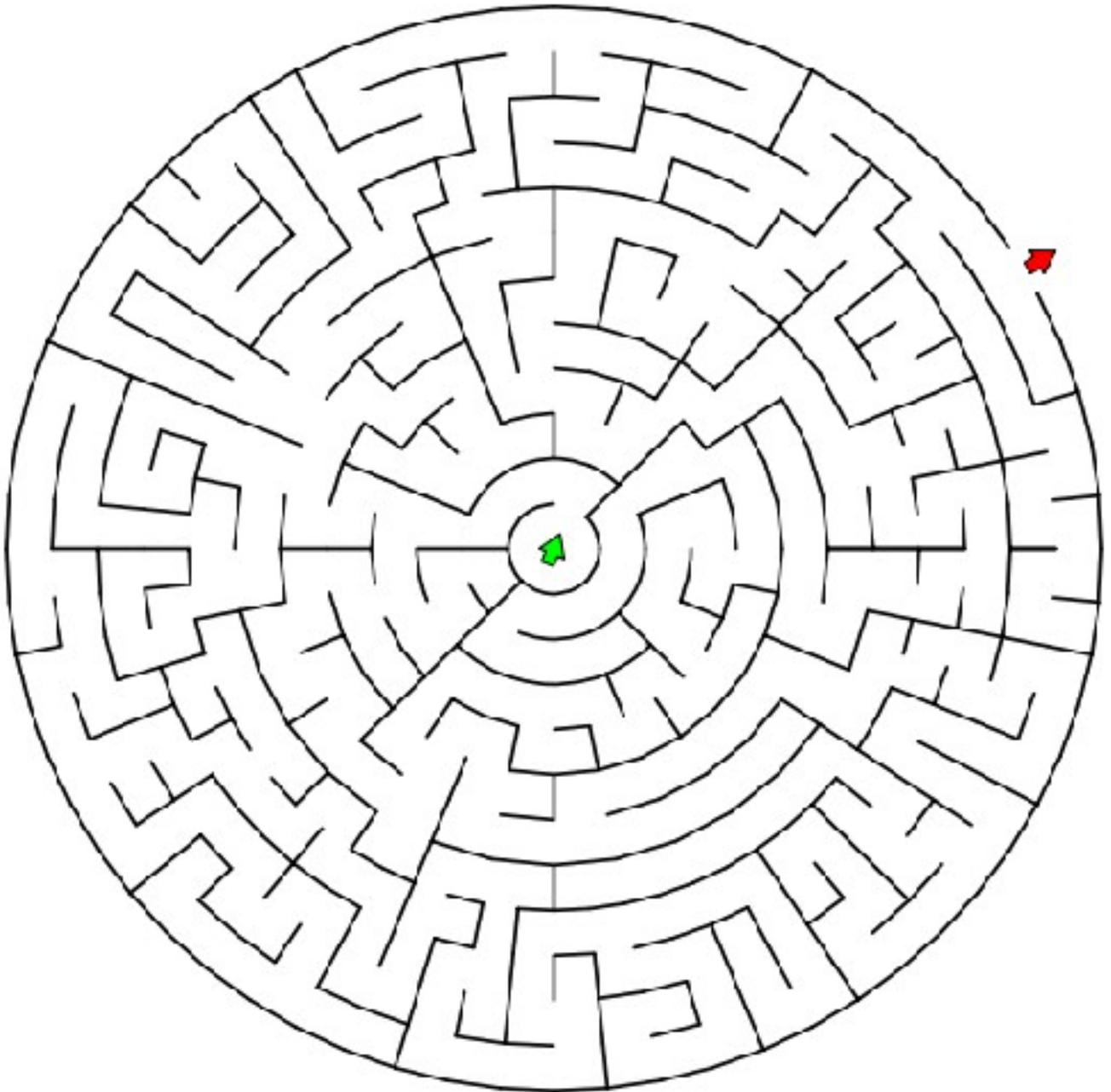
The hospice plays a vital role in helping people to live life as fully as they can, right up until the end. Through expert clinical care provided by highly skilled and experienced doctors and nurses, they ensure that wherever possible peace, respect and dignity is retained – it is a very simple and very human ethos.

Martlets opened in 1997. The staff and services were formed from the merger of three separate charities: Coppercliff Hospice, Turner and MacMillan Day Hospice. Across the hospice services, more than 25,000 local people have been supported and cared for since 1997.

Most people receive care from us in their own homes. Outpatients also visit our hospice for pain relief, physiotherapy, counselling, welfare advice and social activities. Others choose to spend their final days here, or to join us as inpatients for respite care or symptom management. The Martlets Hospice cares for people affected by life limiting illness living in and around Brighton & Hove.

Please support them if you can.

## Maze Puzzle



**“Again Jesus spoke to them, saying, “I am the Light of the world; he who follows Me will not walk in the darkness, but will have the Light of life.” – John 8:12**

## **Journey of Generosity**

**For all things come from you, and of your own have we given you 1 Chronicles 29:14**

We started our Journey of Generosity on Sunday 3rd September. We gave everyone a trifold brochure on the past, present and future of St Peter's and a promise card.

We were delighted that Rev Andrew Smith, the Diocesan Generous Giving Advisor, joined our service and gave a thought provoking sermon based on the passage from 2 Corinthians chapters 8 and 9. He encouraged us to pray about our giving and thank God for all that he gives us. Apparently it has been proven that giving gives us more of a high, than receiving.

As your Treasurer, it is really important for me to know how much your donations for the year are likely to be so I can budget accordingly. We are very lucky to have some savings from past legacies which we can turn to, to pay for one off large items, such as the Church refurbishment, new Video Live Streaming and the new sign board.

However, these funds will not last very long and so our aim is to become self funding over the next 3 to 5 years so we will no longer have to rely on our savings for the day to day running of the Church.

Thank you to all of those that have returned your promise cards. The response has been overwhelming. If you have not yet completed a promise card, I have put copies at the end of Keynotes which you can tear off and return to me. Even if your giving remains the same, please do complete a form.

Thank you for your support.

Mandy Gander  
Treasurer

## **Prayer List Requests**

Each Sunday we pray for people in any kind of need.

These may be the names of people on the prayer list which is printed in the Pew Sheet each week. The names are not read out individually during Sunday Intercessions, but are prayed for individually at the monthly Wednesday Prayer Together Service.

This is a lovely, peaceful, prayerful time in The Old Church. Please join us.

The Prayer Together Services are always on the first Wednesday of each month at 7.45pm.



### **St Peter's Pastoral Care Group**

**Our Pastoral Care Group exists to offer entirely confidential help and support on any pastoral matter.**

**Perhaps you would like a friendly visitor for a good chat now and then, help with transport, a name included in our prayer list at Church, some professional advice which we can help find, or an offer of Communion at home?**

**Please contact, in the first instance, Carol Gander on 01273 555414.**

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## **Leaving the generous gift of love – Legacy giving**

Since starting my role as the Diocesan Parish Advisor I have lost count of the number of parishes who mention in conversation, a legacy they received that came just at the right time. A wonderful blessing received, that now allows them to: fix the building, employ a youth worker, create a new missional outreach or simply to stay open and keep serving their faithful, and crucially to look to the future mission of their church. Whilst thrilled for the parishes concerned, it is important to recognise that this has only happened as someone, in their parish in the past, spoke about legacies or ran a legacy campaign.

Having a will is so important to ensure your wishes are enacted after you are gone:

- Choose what happens to your assets.
- Plan for your children's needs
- Protect your property
- Reflect modern family life
- Reduce your inheritance tax bill
- Leave a charitable gift
- Peace of mind

Our church communities are generous and loving, by leaving a legacy this offers your parish the chance to continue its mission into the future. It means future generations have the opportunity to worship and know God in the parish you so loved!

To help open the dialogue, the Diocese of Chichester has partnered with the national church and are offering a free will writing service via an online company called 'Farewill'. In the modern digital age with many people too busy to write a will, and with it being low down the list of priorities, this offers an online solution that will take about 20 minutes. Farewill will not require a legacy to be left to a church to qualify for the free will, but it will ask the donor twice if they might like to leave a legacy to their parish. That is twice more than most Anglicans have ever been asked! (*Anglican Giving Survey 2022*)

Talking about legacies is an ongoing process and it is hard to measure success, as it can often come by surprise to others many years later but is not immediately visible in the moment. This does not

mean that we shouldn't do it and it isn't worthwhile, in fact the opposite is true. So, let's start the conversation.

To make a free will please use code below and Farewill will apply the Chichester code for a free will automatically.

<https://farewill.com/cofe-chichester>

Further questions or information please speak to Sarah Rogers, if you have any questions about legacy giving.



## **Salt**

The Sunday School teacher was describing how when Lot's wife looked back at Sodom, she turned into a pillar of salt. Young James nodded with understanding. "My mum looked back once while she was driving," he observed, "and she turned into a telephone pole."

## People and Places of the Bible

### **Darius**

There are two people named Darius mentioned in the Bible in the Old Testament. Darius who succeeded Belshazzar and threw Daniel into the lions' den and is called Darius the Mede. However, no such historical person exists and scholars propose the name of Cyrus II the Persian Ruler who overthrew the last Babylonian ruler, Belshazzar.

The Darius I am writing about is Darius I, also known as Darius the Great.

To explain his significance we need to go back to the Edict of Cyrus II of Persia which in BC 538 authorised the rebuilding of the Temple in Jerusalem. Little had progressed beyond the foundations until in BC520 when the Governor of the province, Beyond the river, Tattenai reported to his master, Darius I, that work was taking place. Darius had an extensive search of the Royal archives undertaken which produced Cyrus Edict and Darius not only reissued it but also provided all the costs out of the royal revenues.

Darius name is mentioned in the Books of Haggai, Zechariah, and Ezra.

### **Jerusalem -Timeline of History relating to the Bible**

There is so much that could be written about Jerusalem in Biblical times and summarising it would be difficult, so I have found a timeline which summarises its varied fortunes up to the time of the Romans and just after the life of Christ.

#### **History of Jerusalem**

##### **Chalcolithic Period (4500-3200 BCE)**

- 3500 BCE - First Settlement of Jerusalem

##### **Early Bronze Age (3200-2220 BCE)**

- 2500 BCE - First Houses Built in Area

##### **Middle Bronze Age (2220-1550 BCE)**

- 1800 BCE - Construction of First City Wall

##### **Late Bronze Age (1550-1200 BCE)**

- 1400 BCE - First Mention of Jerusalem in Cuneiform Amarna Letters

### **Iron Age I (1200-1000 BCE)**

- 1200 BCE - Jerusalem is conquered by Canaanites (Jebusites)

### **Iron Age II (1000-529 BCE)**

- 1000 BCE - King David Conquers Jerusalem; Declares City Capital of Jewish Kingdom
- 960 BCE - David's Son, King Solomon, Builds First Jewish Temple
- 721 BCE - Assyrians Conquer Samaria; Refugees Flee to Jerusalem and City Expands onto Western Hill
- 701 BCE - Assyrian Ruler Sennacherib Lays Siege to Jerusalem
- 586 BCE - Babylonian Forces Destroy Jerusalem and Demolish First Temple

### **Persian Period (539-322 BCE)**

- 539 BCE - Persian Ruler Cyrus the Great Conquers Babylonian Empire, Including Jerusalem
- 516 BCE - Cyrus Permits Jews in Babylonian Exile to Return to Jerusalem; Second Temple Built
- 445-425 BCE - Nehemiah the Prophet Rebuilds the Walls of Jerusalem; City Confined to Eastern Hill

### **Hellenistic Period (332-141 BCE)**

- 332 BCE - Greek Leader Alexander the Great Conquers Judea and Jerusalem
- 332-141 BCE - Ptolemaic and Seleucid Rule in Jerusalem

### **Hasmonean Period (141-37 BCE)**

- 141 BCE - Hasmonean Dynasty Begins; Jerusalem Again Expands Limits to Western Hill
- 63 BCE - Roman General Pompey captures Jerusalem

### **Herodian Period (37 BCE - 70 CE)**

- 37 BCE - King Herod Restructures Second Temple, Adds Retaining Walls
- 30 CE - Jesus Crucified by Romans in Jerusalem

### **Roman Period (70 - 324 CE)**

- 70 CE - Roman Forces Destroy Jerusalem and Demolish Second Temple
- 135 CE - Jerusalem Rebuilt as a Roman City

Compiled from various sources by William Holden

Sincere apologies that there was a printing error in last month's Keynotes where the same page of dates was printed twice. Please find the correction above.

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### **Here's a tip**

Lean outside and ring your own doorbell on your way to bed at night. This will clear the dogs off the bed long enough for you to get in and be comfortable.

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## Small Donations Scheme

We have reintroduced the above scheme, or SDS, which ran very successfully up to several years ago. The idea is to give people the opportunity to make a donation towards the cost of items which are one-off purchases or materials which we use. These donations are not regular but are on an “as and when able” basis which may be something in which they are interested.

The next edition of Keynotes will then contain a “thank you” notice for the gift which can be anonymous or include the sponsor’s name.

Mandy has produced a list of items which may appeal to the congregation and any discussion can be held in confidence with her. This list includes the following;

Coffee	£	5.50
Journey of Generosity envelopes	£	4.45
Stamps	£	24.00
Livestreaming licence	£	109.00
Tea and Tots supplies	£	18.00
Monthly website fee	£	19.34
Altar Breads for communion	£	10.94
Hove Deanery Levy	£	20.00

### Thank you for your sponsorship

Our grateful thanks go to the various people who wishing to remain anonymous, very kindly donated the cost of the paper for Keynotes, the stamps and the monthly website fee.

If you would like to make a donation to help with the funding of some of the items of expenditure in and around our Church then please contact Mandy Gander, our Treasurer.

## Loyalty

In Edinburgh, the capital city of Scotland, stands Greyfriars Graveyard. In 1858 a faithful dog called Bobby followed the remains of his beloved master to this cemetery. Here the dog stayed on or near the graveside until his death, 14 years later.

This is a story about loyalty. More poignantly, many people have devoted themselves to others through all kinds of circumstances. It's amazing what some people have gone through in giving their lives to someone to ensure their comfort, safety, and well-being.

There are numerous examples of loyalty in the Bible. The widow Ruth refused to return home to Moab to be with her people. Instead, she committed herself to staying with her mother-in-law, Naomi, whatever happened.

The young David, many years before he became king, and Jonathan the son of King Saul promised to look out for each other no matter what ill befell them.

Moses was faithfully loyal to God. They spoke with each other as if they were friends! He served God endlessly despite the frustrations of leading a vast crowd of people through the desert for 40 years.

What about us? How loyal are we to God? A difficult question, when so much can sway our eyes, our minds, emotions and behaviour in a world that thinks it doesn't need a faithful and loving God to care for them! It's easy to be loyal when times are good, but a different thing when hardships surround us.

Do we ever feel uncomfortable singing hymns about courage, obedience and service? Some provoke a challenge. Do we really mean all the words we sing? Consider the popular hymn Jesus I have promised to serve Thee to the end. It is a stirring declaration of faith, with prayer requests that we be steadfast in all circumstances. While it is good to sing hymns about loyalty, we should also endeavour to work out what our commitment to God really entails.

Jesus made some testing statements about loyalty, and warned His hearers about weighing up the pros and cons before following Him.

Jesus said 'Take up your cross'. This challenging phrase is the ultimate test of our devotion and dedication to Him.

Loyalty in all relationships is a joy to behold, but no loyalty is greater than our loyalty to the Lord. Fortunately, God knows our weaknesses and will always pick us up when we stumble and will forgive us when we fail. After all, Jesus is 100% loyal to us and promised "I will never leave you and never forsake you." Amen to that!



### **Miscellaneous thoughts on daily life...**

One thing all nations have in common is the ability to see each other's faults. – Anon

Over the centuries, people seem to have improved everything – except people. – Anon

In giving until it hurts, some people are extremely sensitive to pain. – Anon

Monday morning: when we look back wistfully on the good old days – Saturday and Sunday. – Anon

Don't let the littleness in others bring out the littleness in you. – Anon

A clear conscience makes a soft pillow. – Anon

Some people are born great, some achieve greatness, and some just grate. – Anon

## REGULAR WEEKLY SERVICES

10.00 am Sunday Parish Eucharist with Sunday School in term time (except for the first and third Sunday of the month)

10.00 am All-Age Worship on the third Sunday of the month

1<sup>st</sup> Sunday of the month at 4.00 pm - St Peter's @ 4 family service

1st Wednesday of the month at 7.45 pm - Prayer Together

10.00 am Online service via Youtube



The Rector is always available for spiritual counsel and healing prayer

**FRIDAYS AT ST PETER'S  
St Peter's 'Open Church' drop-in**

**The First Friday of each month  
10.30am – 12noon**

**For coffee, conversation and companionship.**

**We are open between 10.30am and 12 noon for you to  
'drop-in' for a coffee, piece of cake and a chat.  
A very warm welcome awaits you, so please do 'drop-in'  
we'd love to see you.**

**Easyfundraising**

A huge thank you to all those that have signed up to Easyfundraising. We now have 49 supporters and have raised a massive £914.93 for Church funds.

Please can I encourage you all to sign up to it and also why not ask your family and friends too. I sent the link to my WhatsApp group friends and a further 8 people signed up. It is free to users but every time you order goods online, we receive a donation. It couldn't be easier and sounds too good to be true, but it really does work. I also won a £10 donation for our Church this month in the prize draw!

You just need to download the app on your telephone by scanning the code on the next page or type in easyfundraising on your computer. Please choose St Peters West Blatchington. Then all purchases that qualify will donate a small sum of money to us. Every little helps! Your support is much appreciated.

Mandy Gander



## **WHAT'S HAPPENING IN YOUR GARDEN?**

- 1) Plant spring flowering bulbs now such as Daffodils, Crocus and Hyacinths.
- 2) Protect half-hardy plants with fleece or bring them into a frost free greenhouse.
- 3) Lift and divide any over-crowded herbaceous perennials whilst the soil is still warm.
- 4) Lift Dahlia and Begonia tubers and Gladioli corms to store over the winter months.
- 5) Prune Rambling and Climbing Roses once they have finished flowering and tie in the stems before autumn winds cause damage.
- 6) Clear up fallen Rose leaves to prevent diseases such as black spot from overwintering. Do not compost the leaves.
- 7) Cut back perennial plants that have died down.
- 8) If you have not already done so, remove any greenhouse shading to allow as much light in as possible.
- 9) Clear up fallen leaves from the lawn to allow light to the grass.
- 10) A last mowing can be made this month before leaving your lawn for the winter.
- 11) Re-use spent compost from annual container displays as mulch on the garden.
- 12) Clean out water butts and let the autumn rains refill them.



## COME INTO MY KITCHEN.....

We are currently enjoying a late summer heatwave but the lovely autumnal fruit and vegetables we see in the shops bring to mind more seasonal recipes.

### **MUSTARDY SALMON WITH BEETROOT AND LENTILS**

#### SERVES 2

2tbsp olive oil  
1tbsp wholegrain mustard  
½tsp honey  
2 salmon fillets  
250g pouch ready-cooked puy lentils  
250g cooked beetroot, cut into wedges  
2tbsp crème fraiche  
1 small pack dill, roughly chopped  
1-2tbsp capers  
½ lemon, zested and cut into 2 wedges to serve  
2tbsp pumpkin seeds, toasted  
rocket, to serve (optional)

Heat the oven to 200C/180C fan/gas 6. Mix together 1tbsp oil, the mustard, honey and some seasoning. Put the salmon fillets on a baking tray and spread the honey and mustard mixture all over. Tip the lentils and beetroot into a casserole dish, toss with the remaining oil and season well. Put both in the oven for 10mins until the salmon is cooked through.

Stir the crème fraiche, dill, capers and lemon zest through the lentils and beetroot. Serve with the salmon with the pumpkin seeds scattered over and lemon wedges for squeezing, with a rocket salad on the side if you like.

This recipe uses just 3 ingredients!

### **THREE-INGREDIENT APPLE TARTS**

#### **SERVES 6**

320g sheet all butter puff pastry  
125g tin Carnation Caramel  
3 eating apples, quartered, cored and finely sliced

Preheat oven to 200C/180C fan/gas 6. Line a baking sheet with baking parchment. Unroll the pastry and cut out 6 11.5cm (4½ inch) rounds with a cutter. Transfer to prepared baking sheet, spacing apart.

Lightly score a circle 1cm (½ inch) from the edge of the pastry with a sharp knife or second smaller cutter (don't cut all the way through). Divide the caramel among the tarts and spread almost to the scored border. Neatly arrange the apple slices on top.

Bake for 25mins until the pastry is golden and risen and the apples are tender. Lightly dust with icing sugar if you like and serve with ice cream.

And finally, a healthy, low-calorie, gluten-free lunch or supper for 2.

### **MUSHROOM JACKET POTATOES**

2 large potatoes  
2tsp sunflower oil  
250g mushrooms  
100g sour cream and chive dip  
sprig of dill (to garnish)

Heat oven to 200C/180C fan/gas 6. Prick the potatoes all over with a fork and rub with half the sunflower oil. Bake the potatoes for 1hr 20mins.

Slice the mushrooms, fry in the remaining oil, then stir through the sour cream and chive dip (you might not use all the dip). Pile the mixture in the jacket potatoes and garnish with the dill.

Maggie



*The Parish Church of St. Peter  
West Blatchington*

## **FREE LUNCHTIME CONCERT SERIES**

**Our afternoon concert series continues with**

**Belladonna**

**1.10 p.m. on Friday 13th October**

**The Recital is for approximately 40 minutes**

**Refreshments provided.**

**There is no admission charge, but donations to fund  
future concerts will be gratefully accepted.**

**All welcome!**





**SATURDAY 14th OCTOBER  
ST PETER'S COMMUNITY CENTRE**

**7pm for 7.30pm start**

**TEAMS of 6-8  
(Maximum number of 10 Teams)**

**SIGN UP AT THE BACK OF CHURCH WITH  
YOUR TEAM DETAILS.**

**£5 PER PERSON - (PAY ON THE EVENING)**

**BRING YOUR OWN DRINKS, GLASSES &  
NIBBLES**

## OCTOBER – FESTIVALS AND SAINTS

### Harvest Festival

Harvest Festival used to be celebrated at the beginning of the Harvest season on 1 August and was called Lammas, meaning 'loaf Mass'. Farmers made loaves of bread from the new wheat crop and gave them to their local church. They were then used as the Communion bread during a special mass thanking God for the harvest. The custom ended when Henry VIII broke away from the Catholic Church, and nowadays we have harvest festivals at the end of the season.

At the start of the harvest, communities would appoint a strong and respected man of the village as their 'Lord of the Harvest'. He would be responsible for negotiating the harvest wages and organising the fieldworkers.

The end of the harvest was celebrated with a big meal called a Harvest Supper, eaten on Michaelmas Day. The 'Lord of the Harvest' sat at the head of the table. A goose stuffed with apples was eaten along with a variety of vegetables. Goose Fairs were and still are held in English towns at this time of year.

The tradition of celebrating Harvest Festival in churches as we know it today began in 1843, when the Reverend Robert Hawker invited parishioners to a special thanksgiving service for the harvest at his church at Morwenstow in Cornwall. Victorian hymns such as "We plough the fields and scatter", "Come ye thankful people, come" and "All things bright and beautiful" helped popularise his idea of harvest festival and spread the annual custom of decorating churches with home-grown produce for the Harvest Festival service.

Down the centuries from pre-Christian times harvest has been celebrated. In fact, the Jewish festival of Pentecost is also known as the Feast of Weeks or the Feast of Harvest, celebrating the first fruits. The Jewish people would give a tenth of the harvest to God. This was known as a tithe (Leviticus 27: 30). In this country, farmers used to give a tithe of everything that came from the ground. They would give their crops, wool, or milk, which totalled an agreed amount of their yearly profits. Tithes were often given to help support the local church and its clergy (i.e. church workers). Grain was stored in huge tithe barns, many of which can still be seen today. Although this law

no longer exists, many Christians still choose to give a tithe of the money they earn – 10% or more – to help with the work of the church.

### **17<sup>th</sup> October - Ignatius**

Saint Ignatius of Antioch (also known as Theophorus) (AD. 35-107) was the third Bishop or Patriarch of Antioch and a student of the Apostle John. Travelling to his martyrdom in Rome, Ignatius wrote a series of letters, including one to Polycarp, bishop of Smyrna, who had also known John. These letters are an example of the theology of the earliest Christians. Important topics addressed in these letters include ecclesiology, the sacraments, and the role of bishops.

Ignatius' feast day is observed on 17 October in Western Christianity and 20 December in Eastern Christianity.

Ignatius became Bishop of Antioch after Saint Peter and Evodius, who died around AD 67. Besides the Latin name, Ignatius, he also called himself Theophorus ("God Bearer"), and tradition says he was one of the children Jesus took in His arms and blessed. Ignatius was most likely a disciple of the Apostle John.

Ignatius is generally considered to be one of the Apostolic Fathers (the earliest authoritative group of the Church Fathers) and a saint by the Roman Catholic Church, Lutheran Church, Eastern Orthodox Church and Anglican/Episcopal Church who celebrate his feast day on October 17, and the Orthodox and Eastern Catholic churches, who celebrate his feast day on December 20. Ignatius based his authority on living his life in imitation of Christ.

Ignatius was arrested by the authorities and transported to Rome under trying conditions:

“ From Syria even to Rome I fight with wild beasts, by land and sea, by night and by day, being bound amidst ten leopards, even a company of soldiers, who only grow worse when they are kindly treated. —*Ignatius to the Romans*, 5. ”

He died as a martyr in the arena. This was during the reign of Trajan. The Roman authorities hoped to make an example of him and thus discourage Christianity from spreading. Instead, he met with and encouraged Christians who flocked to meet him all along his route, and he wrote seven letters to the churches in the region and one to a fellow bishop.

Compiled by William Holden from various sources.

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## MONEY MA££ERS - Figures for August 2023

### Receipts

Planned Giving	£	3101
Income tax recovered	£	616
Community Centre Income	£	657
Pay Donation Station/Sundry Donations	£	700
Fundraising	£	54
Keynotes	£	90
PCC fees	£	448
Investment income	£	1322
<b>TOTAL RECEIPTS</b>	<b>£</b>	<b>6988</b>

### Payments

Parish Contribution	£	6304
Salaries	£	788
Utilities and Insurance	£	231
Rectory	£	326
Community Centre running costs	£	379
Sum Up/Bank Charges	£	40
Upkeep of services	£	49
<b>TOTAL PAYMENTS</b>	<b>£</b>	<b>8117</b>

**Year to date deficit £49,227**



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<b>Date</b>	<b>Reading, Commemorations &amp; Intentions</b> Calendar for October (Year A)
<b>SUN</b> <b>1<sup>ST</sup></b>	<b>Harvest Festival Joel 2. 21-27</b> <b>Timothy 6. 6-10 Matthew 6. 25-33</b>
<b>MON</b> <b>2<sup>ND</sup></b>	All working for social justice
<b>TUES</b> <b>3<sup>RD</sup></b>	Police and Armed Forces Chaplains
<b>WEDS</b> <b>4<sup>TH</sup></b>	A fair distribution of the earth's resources
<b>THURS</b> <b>5<sup>TH</sup></b>	The environment
<b>FRI</b> <b>6<sup>TH</sup></b>	Those persecuted for their faith
<b>SAT</b> <b>7<sup>TH</sup></b>	Hospital and Sector Chaplains
<b>SUN</b> <b>8<sup>TH</sup></b>	<b>18th Sunday after Trinity Exodus 20. 1-4, 7-9, 12-20</b> <b>Philippians 3. 4b-14 Matthew 21. 33-end</b>
<b>MON</b> <b>9<sup>TH</sup></b>	All persons seeking their vocation
<b>TUES</b> <b>10<sup>TH</sup></b>	Our bible study groups
<b>WEDS</b> <b>11<sup>TH</sup></b>	Religious Orders
<b>THURS</b> <b>12<sup>TH</sup></b>	Tea and Tots
<b>FRI</b> <b>13<sup>TH</sup></b>	Sunday School
<b>SAT</b> <b>14<sup>TH</sup></b>	St Peter's @ 4
<b>SUN</b> <b>15<sup>TH</sup></b>	<b>19th Sunday after Trinity Exodus 32. 1-14</b> <b>Philippians 4. 1-9 Matthew 22. 1-14</b>

<b>MON 16<sup>TH</sup></b>	Our Pastoral Care Committee
<b>TUES 17<sup>TH</sup></b>	All refugees
<b>WEDS 18<sup>TH</sup></b>	All medical professionals
<b>THURS 19<sup>TH</sup></b>	All missionaries
<b>FRI 20<sup>TH</sup></b>	Our friends at St George's
<b>SAT 21<sup>ST</sup></b>	The Foodbank
<b>SUN 22<sup>ND</sup></b>	<b>20th Sunday after Trinity Exodus 33. 12-end 1 Thessalonians 1. 1-10 Matthew 22. 15-22</b>
<b>MON 23<sup>RD</sup></b>	Our Readers and Intercessors
<b>TUES 24<sup>TH</sup></b>	Our Sidespeople
<b>WEDS 25<sup>TH</sup></b>	Local businesses
<b>THURS 26<sup>TH</sup></b>	All leaders and people in positions of responsibility
<b>FRI 27<sup>TH</sup></b>	Our King and the Royal Family
<b>SAT 28<sup>TH</sup></b>	Those preparing for marriage and newly weds
<b>SUN 29<sup>TH</sup></b>	<b>Bible Sunday Nehemiah 8. 1-4a, 8-12 Colossians 3. 12-17 Matthew 24. 30-35</b>
<b>MON 30<sup>TH</sup></b>	The Gardening Team
<b>TUES 31<sup>ST</sup></b>	Our understanding of the Gospel

And finally.....

### **A Prayer for October**

Dear Lord and Creator of all things,

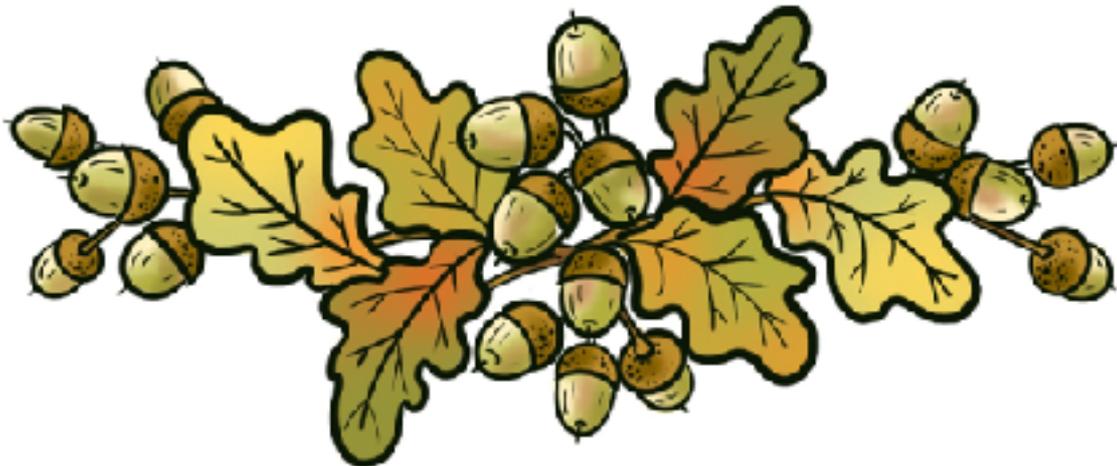
In this fast-moving and high-tech world, help us to slow down – just occasionally – to notice the rhythms of Your creation; the beauty of the colours of autumn; the annual ritual of falling leaves and darkening evenings. All part of Your cycle of the year that we often take for granted.

And yet Lord, there is evidence of changes in our climate – extremes of temperature, droughts, floods and wildfires. There is evidence that our behaviour might be responsible for damaging Your world.

Lord, we thank You for Your goodness and faithfulness and grace to us. We are sorry when we get things wrong. Thank you for sending Jesus to show us the way to be in a right relationship with You. Help us to put our trust in Him and as part of living Christian lives, to accept our responsibility for caring for the world You created.

In Jesus' name, Amen

By Daphne Kitching







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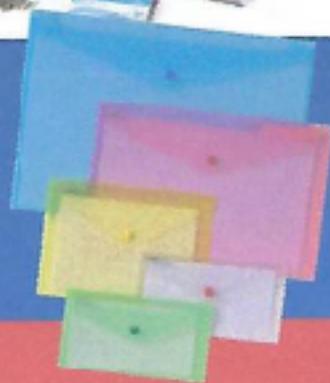


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