

SAFEGUARDING NEWSLETTER

December 2021

Please let Karen Setchfield know if your role has changed.
Karen.Setchfield@peterborough-diocese.org.uk



Welcome to the December edition of our safeguarding newsletter. The word Christmas starts with Christ. On December 25th we celebrate the birth of Christ: That is indeed cause for celebrations, but it's not the whole cause. Christmas Day is not the whole story, it's just the opening chapter. Our celebrations can only be complete if they embrace what baby Jesus went on to do in his life, why he did it and what it means for us.

Safeguarding starts with Safe – making sure our churches are safe spaces and welcoming for all. Promoting an understanding of safeguarding as a positive and integral part of our Christian beliefs and is at the heart of our faith. Recognising that safeguarding is therefore at the heart of theology, rather than a secular, tick-box add-on is important in the effort to win hearts and minds and change our safeguarding culture.

You are winning the hearts and minds of those within our churches and our wider communities. During the pandemic our churches responded in many different ways, and there continues to be a level of uncertainty with different variants of COVID causing more concern. Every day throughout our churches, much valued work with children, young people and vulnerable groups continues to be carried out by people, often on a voluntary basis. The different ways that you have managed this during the pandemic, and as we have then began to establish a new 'norm', has been magnificent.

Safeguarding within our Diocese continues to be a priority – it is everyone's responsibility. We would like to take the opportunity to say thank you for all that you are doing to ensure our churches, and places where we work / volunteer, are safe places for all. This newsletter will now cover: Safeguarding Leadership Pathway Training; DSA virtual Drop-In Sessions; E-MANUAL; Crime Prevention Advice for Young People and Well-Being.

SAFEGUARDING TRAINING



The NST are looking for safeguarding training to be something that: *‘flows from within the soul of the Church and at the centre of our faith. In our Practice, in our worship, in our praying and in our believing – to become integral to the very DNA of the Church rather than an appendage.’*

In our November Safeguarding newsletter, we outlined the National Safeguarding Team (NST) safeguarding training modules for 2022 – 2024. It also set out the changes to the ‘Leadership Pathway’ training module. Here is more detail of how the training for Leadership Pathway’ will be delivered from 2022, this will be delivered by the Diocesan Learning and Development Officer, Christine Lamb alongside experienced clergy:

Here is what the Leadership Pathway module entails and the timelines

Timings	Facilitator	Work Required by Participants
Pre-Course Work	The workbook is usually sent out when your place on a course is confirmed. The workbook contains the Zoom link for your course.	<ul style="list-style-type: none"> • 4 x questions to reflect on before the course in order to participate. A date is given for each course. • Some pre-course reading is recommended in the workbook.
1 week before session 1	Workbook submitted with pre-course work complete	<ul style="list-style-type: none"> • Workbooks are read in advance to help shape the session and identify themes to pick up.
	Zoom Session 1: 90 minutes Discussion around the 4 questions	Follow up <ul style="list-style-type: none"> • Read Psalm 91 and write a short reflection on how this informs your safeguarding leadership beliefs, values and behaviours. • Read Promoting a Safer Church. • Read and prepare for the case study, reading relevant and identified sections of

		safeguarding policy documents.
2 week gap	<p>Zoom Session 2: 90 minutes</p> <p>Discussion around Psalm 91 facilitated by a member of the clergy from a safeguarding leadership aspect.</p> <p>Working through the case study.</p>	<p>Follow up</p> <ul style="list-style-type: none"> • Identify 3 main lessons you have learned from this training. • Identify 3 changes you want to make because of this training. • Watch BBC Exposed: The Church's Darkest Secret within 4 weeks via the Safeguarding Training Portal. (2 x 60 minutes) • 4-6 weeks after Zoom 2 complete a reflection on your learning from the course.
4-6 week's after zoom session 2	Completed workbooks submitted to facilitator.	<p>Follow up by facilitator</p> <ul style="list-style-type: none"> • Facilitator reads submitted workbooks and signs the course off as complete. • Some participants are selected for follow up conversations.
Estimated date given for each course	Issue certificates and update training record.	The timescales to issue certificates will vary depending on a range of factors, including the numbers on a course, the number of courses in progress and workload. Where possible a course sign off will happen together for all participants.

As leaders, if you haven't completed Church of England / Diocesan safeguarding training in the last three years (2017 -2019) you will have to complete Basic Awareness (C0) and Foundation training (C1) first

The DSA team will be following the 'fidelity of the model' and what the NST has asked to be delivered. In April 2022, the DSA team will review the training to ascertain what is working well and areas for possible improvement to then be discussed with the NST leads.

- Sign up to the training by looking at the training dates: <https://www.peterborough-diocese.org.uk/training/new-leadership-pathway-safeguarding-training>

- To book your Leadership Pathway training sessions please contact Sharon Welbourne via email: Sharon.welbourne@peterborough-diocese.org.uk

Please be patient as we are all adapting to this new training programme and cultural change takes time. We are also ensuring that the theological side to the training is co-delivered by experienced clergy.

If you feel anxious or troubled about the leadership training, then please let Christine Lamb know so that she can speak with you about your concerns.

Christine.lamb@peterborough-diocese.org.uk

01733 887041

DSA DROP-IN-SESSIONS



Don't forget that the Diocesan Safeguarding Team are looking at new ways that we can reach out to everyone across the Diocese to offer safeguarding help and advice.

From November 2021, we started a 'virtual drop-in safeguarding session' on the first Monday of every month between 11am – 1pm. We had a couple of people come along, so thank you for that. This isn't everyone's cup of tea, but no one size fits all.

At these drop-in sessions you can discuss any safeguarding concerns, training enquiries, policy and procedure clarification, sign-posting, well-being support or just a natter and a virtual cup of tea. The next one is Monday 03 January 2022 (we know it's a bank holiday) and one of the DSA team will be there should anyone want to 'drop in'.

We can still be contacted in the normal way i.e. via phone calls or email. The drop-in sessions are just an alternative option. We will be trailing this for 6 months and will then review what has worked well and what can be improved.

Please circulate the flyer to your teams.

No need to book: [Click here to join the meeting](#)

E-MANUAL



The NST have created a safeguarding e-manual that constitutes the House of Bishops Safeguarding guidance. Each specific piece of guidance comprises a 'Chapter' of the e-manual.

[Safeguarding e-manual | The Church of England](#)

As of June 2021, the e-manual contains the Chapters that are shown below. The remaining guidance can be found on the NST safeguarding website and will transfer to the e-manual in due course:

- Safeguarding in Religious Communities
- Safeguarding Learning and Development Framework
- Responding Well to Victims and Survivors of Abuse
- Declaration of Conflict of Interest Policy

The purpose of the e-manual is to create easier access to the many safeguarding policies. You can find specific content across all 'Chapters' and 'sections' using the search tool within the e-manual, or you can browse each 'Chapter' separately using the list at the bottom of the page.

'Chapters' are designed to be read online, but there is the option to download a PDF of specific sections or the entire guidance where it says 'print this page'. Any questions about the e-manual then please contact Deborah McGovern from the NST:

deborah.mcgovern@churchofengland.org

CRIME PREVENTION ADVICE FOR YOUNG PEOPLE



Fearless – the youth brand of the independent charity Crimestoppers, wants to help reduce street robberies involving school aged-children by raising awareness of 'Fearless'. The service is aimed for young people aged 11-16 year to help our future generations navigate a safe path to adulthood. To educate and empower young people, our young people of today are the leaders and role models of tomorrow.

Fearless enables young people to give information about crime 100% anonymously. Whilst the Metropolitan Police Service have devised this campaign, the messages are relevant throughout the country. Here is the link to the website: [Home - Fearless](#)

Mobile phone use, including use of earphones on the go, can unfortunately make young people more at risk of street robbery. The campaign aims to raise awareness of the risk of street robbery and increase understanding by equipping young people with crime prevention advice.

Fearless provides young people access to non-judgemental information and advice about crime and criminality. They also provide a safe place to give information about crime 100% anonymously.

The toolkit contains leaflets, slides and posters to raise awareness amongst young people, our churches, schools and their families. Download the toolkit here:

<https://6282.s3.eu-west-1.amazonaws.com/School-aged+Robbery+Partner+Toolkit.pdf>

NOTIFICATION FOR SAFEGUARDING CONCERNS



Regardless of circumstances, if you see or hear something which makes you think that a child, young person or vulnerable adult may be being neglected or abused in any way, you should not hesitate to report your concerns. In an emergency call 999. Please continue to contact the DSA team via email or phone. If you do phone leave a message on our answer machines as we do pick the messages up remotely.

Any safeguarding concerns, referrals that have been made to our statutory partners and any allegations of crimes that have been committed **must** be brought to the attention of the DSA Team.

Who do I contact?

Safeguarding concerns:

Beverly Huff, Diocesan Safeguarding Adviser: 01733 887040 or e-mail at: bev.huff@peterborough-diocese.org.uk

Christine Lamb, Diocesan Learning and Development Officer: 01733 887041 or e-mail at: christine.lamb@peterborough-diocese.org.uk

DBS Checks:

If you have any questions about safer recruitment or DBS checks then please contact

Thirtyone:eight DBS enquiries: 0303 003 1111

Safeguarding Training Modules

See our training link on Peterborough Diocese website under safeguarding:
<https://www.peterborough-diocese.org.uk/training/training>

Or contact

Christine Lamb, Diocesan Learning and Development Officer: 01733 887041 or e-mail at: christine.lamb@peterborough-diocese.org.uk

Sharon Welbourne: 01733 887027 or e- mail at: sharon.welbourne@peterborough-diocese.org.uk



REMINDERS

1. If someone discloses to you something which amounts to an offence you must inform the DSA team and in an emergency call 999 / 101
2. If you make a referral about a young person or vulnerable adult during your role within a church, then the DSA team must be informed and any referral forms copied to them
3. Please let Karen Setchfield know if you are new to your role or your role has changed: karen.setchfield@peterborough-diocese.org.uk
4. If, as a church officer, someone disclosed something to you which you did not report, or raise the concern at the time or subsequently then please speak with the DSA team for advice / support
5. Your Local Authority will have free safeguarding training available – please look on their website for sessions that might be of interest
6. More information about how Global Day went in the next safeguarding newsletter – but don't forget that: someone, somewhere, right now will be a victim of domestic abuse
7. More information about our new Diocesan Safeguarding Website in the next newsletter

THANK YOU



The team couldn't end this final safeguarding newsletter of 2021 without a massive thank you to everyone who has been involved with safeguarding over the past year and all its challenges.

Please don't hesitate to be in touch with us with any questions you have at any time, or to report any concerns or seek advice and guidance.

TAKING CARE OF YOURS AND OTHERS MENTAL WELLBEING

If you, or someone you know, are dealing with a safeguarding situation over the Christmas and New Year period which impacts on you then please let your incumbent, Rural Dean, Archdeacon or the DSA team know and we will ensure that appropriate support is put in place for you and your families.

It can sometimes be hard to know what to do or say when supporting someone who finds Christmas and the New Year an emotionally difficult time, especially during the pandemic the uncertainty and changes to restrictions.

If you are living with a mental health problem, or supporting someone who is, then having access to the right information - about a condition, treatment options, or practical issues - is extremely useful. The charity 'MIND' mind has such information aimed at helping friends, family, carers and others to give support and take care of yourselves too.

Their website can be found here: <https://www.mind.org.uk/>

As well as those statutory and volunteer agencies within your area there are also some National organisations who provide support to people who have been abused or need support:

Here is a list of some of those organisations:

- 111 (Option 2 when prompted for the mental health service): 24-hour access to mental health care, advice and support. If you are experiencing something that makes you feel unsafe, distressed or worried about your mental health
- Action on Elder Abuse Helpline: 080 8808 8141 (free phone Monday to Friday 9-5pm 8
- Child-line: 0800 1111 (lines free and open 24 hours). Phone if you are a child or young person and are worried about anything
- Cruse: 0800 808 1677 bereavement helpline
- MACSAS: Minister and Clergy Sexual Abuse Survivors. 0808 801 0340 support for those abused by ministers, clergy or others under the guise of the church
- NSPCC Child Protection Helpline: 0808 800 5000 (lines free and open 24 hours). Phone if you are worried about a child.
- National Domestic Violence Helpline: 0808 2000 247 (lines free and open 24 hours). Phone if you are experiencing domestic abuse.
- NAPAC: National Association for People Abused in Childhood. 0808 801 0331. Support for adults abused as children
- Safer Spaces: A free and independent support service providing a confidential, personal and safe space for anyone who has been abused through their relationship with the Church of England, Catholic Church of England and Wales or the church in Wales. 0300 303 1056 or email: safespaces@victimsupport.org.uk.
- Samaritans Helpline: 116 123 (open 24 hours). Phone if you feel you are struggling to cope and need someone to talk to.
- Stop It Now: 0808 1000 900 preventing child sexual abuse

- Survivors Trust: 01788 550554. Support for men who have experienced sexual assault or rape
- The National Sleep Helpline 03303 530 541. Helps anyone with sleep issues including adults, parents and young people. Available 7pm – 9pm Sunday to Thursday
 - It will be really useful to share information about the National Sleep Helpline with parents and carers. To help you do this, the helpline have created a set of leaflets and posters which you can download here: <https://6282.s3.eu-west-1.amazonaws.com/The+National+Sleep+Helpline+Posters+and+Leaflets+Nov+2021.zip>

Thank you for your continued support and for embedding safeguarding practices to make our churches safe.

From the team, we wish you all a very safe, happy and peaceful Christmas and look forward to working with you all in 2022.

You can get information about many of your safeguarding queries on line at www.peterborough-diocese.org.uk/safeguarding