

Feeling called to a ministry of spiritual direction?

If you feel drawn to this ministry of spiritual direction or accompaniment, or if you are finding that people seek you out to talk about their faith and life,

- pray about it
- talk to your minister
- speak with the Spirituality Adviser

If you do not have a spiritual director, you would need to find one and experience receiving the ministry. Help in doing this is available.

If the desire to offer yourself for this ministry grows over a period of time, being in direction and keeping in touch with the adviser, there will be a discernment as to whether to formally train in this ministry.

Training programmes vary, both in content and length, and need to teach about aspects of spirituality and also the 'art of spiritual direction'. Usually a training programme will be between one and two years in length.

Any training course is only the starting point and you would be expected to commit yourself to on-going training and supervision.

For more information, please contact:

[The Reverend Canon Steve Benoy](#)

[Chaplain to the Bishop of Peterborough](#)

01733 562492

steve.benoy@peterborough-diocese.org.uk