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Proud to be part of  The Edwin Group

THE SUNDAY TIMES
 **Best Places
to Work 2023**



llama.id

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Julie
Liddell

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‘If we do not ensure,
first and foremost,
that our teachers are
happy, healthy, well
qualified, highly
motivated, hard-
working, well-trained
experts, they cannot be
their best for their
students.’

John Tomsett

Author of Putting Staff First

Workshops to empower staff to look after their own wellbeing

The MIND
less FULL

Menopause
Awareness

Mindfulness
for
Menopause

The Power of
Rest



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Wellbeing Champion



A 2-day course with a focus on how to **embed staff wellbeing** into the **culture of the organisation** and **positively impact on the whole school**.

Assured for **DfE Senior Mental Health Lead funding** – currently available until **31st March 2024**

Next course: **29th Feb- 1st March, Acklam Hall, Middlesbrough**



Mindful eating



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Where to find us:

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