



SEPTEMBER 2022

CONTACT

EAST HARLING - WEST HARLING - BRIDGHAM - ROUDHAM - BRETtenham - LARLING VILLAGE NEWS AND EVENTS

CHURCH SERVICES & NEWS PAGES 3 AND 5 BINGO PAGE 13
REVD SIMON'S NEWSLETTER SEE PAGE 6 CHARLIE & THE CHOCOLATE FACTORY PAGE 13
EVENTS SEE PAGES 9, 13 AND 20 HARLING 10K RUN - SEE PAGE 14
GARDENING NOTES - SEE PAGE 10 COMMUNITY SPEED WATCH - SEE PAGE 16
AFTERNOON TEA - SEE PAGE 10 DATES FOR THE DIARY
RAISE THE ROOF - SEE PAGE 19



www.harlingguiltcrossbenefice.org.uk

Also published on line on the following web pages

<https://www.facebook.com/ehssp20/>

<https://bridghamparishcouncil.norfolkparishes.gov.uk/2020/10/09/contact-magazine/> for
Bridgham

<https://roudhamandlarling-pc.norfolkparishes.gov.uk/2020/08/17/contact-magazine/> for
Roudham and Larling

<https://www.harlingpo.info/> under the News page.

MARKET STORES

BIRTHDAY CARDS & STATIONERY

D.I.Y. & HARDWARE

+ ELECTRICAL ACCESSORIES +

Open Tues/Thurs/Fri & Sat 9 to 5

Open Wednesday 9 to 1

Market Square, East Harling

Telephone: 01953 717303

East Harling Sports & Social Club

CHURCH ROAD, EAST HARLING

THE HOME OF LOCAL SPORT AND RECREATION

F: east harling sports & social club

T: 01953 718251

E: enquiries@ehssc.org.uk

www.ehssc.org.uk

K & J NEWS

Newspapers and Magazines

Home Delivery Service

7 days a week

or days to suit you.

Friendly, efficient, reliable service whatever the weather

Phone: 01953 718791

VILLAGE HALL FOR HIRE

- FULLY EQUIPPED CATERING KITCHEN WITH TABLE SETTINGS FOR 100
- STAGE, PIANO, DRESSING ROOM
- PA AND WIRELESS MIC
- CAR PARKING
- MODERN TOILETS (WITH DISABLED)
- **NEW FOR 2022- WIFI THROUGHOUT**

"EXCELLENT KITCHEN FACILITIES"
"GREAT SPACE FOR OUR WEDDING RECEPTION"

TO BOOK, PHONE MARY

01953 717768

07766 745674

www.harlingoldschoolvillagehall.co.uk

 Harling Old School Village Hall
Registered Charity No. 285674

newton press

Family Owned & Run • Over 25 Years Experience

COST EFFECTIVE DESIGN & PRINT SOLUTIONS

DESIGN • PRINT • FINISH

Established 1994

WHAT WE CAN DO FOR YOU

- LOGO DESIGN
 - BRANDING
 - BUSINESS STATIONERY
 - WEDDING STATIONERY
 - BROCHURES
 - VAN GRAPHICS
 - SIGNS
 - INVOICE PADS
 - ROLLER BANNERS
 - LABELS
 - CALENDARS
 - YEAR PLANNERS
 - CLOTHING
 - BANNERS
 - PROMOTIONAL ITEMS
- & SO MUCH MORE

Units 7-8 Clonsfield Industrial Estate, Lopham Road, East Harling, Norfolk NR10 2JT

www.newtonpress.co.uk 01953 711994 sales@newtonpress.co.uk

EAST HARLING POST OFFICE

Mon-Fri. 09:00 - 17:30

Sat. 09:00 - 12:30

Cash withdrawals – most banks

Cash deposits

Car Tax

Bill payments

Parcels accepted up to 30kg

Local collect available

Pay Station top-ups

Mobile Phone top-ups

Good range of gift items

Cards for all occasions
(constantly changing)

Pet supplies – competitive prices

Most brands of pet food available to order

Dry cleaning

Tel: 01953 714602

East Harling Pharmacy

Part of East Harling since 1896

Memorial Green, East Harling.

Tel: 01953 717207

Closed for lunch 1pm - 2pm

Open MON-FRI 9am to 6pm

SAT 9am to 1pm.

- Prescriptions Services.
- All NHS services.
- Influenza Vaccination.
- Dispensing for Nursing Homes.
- Weight Loss Advice (Lipotrim)
- Disposal of Unwanted Medicines.
- Delivery Services

EAST HARLING YOUTH CENTRE FOR HIRE

We offer a hall and kitchen for hire at very reasonable rates.

Ideal for children's parties. Ample parking.

To book please contact Graham Jubb at grahamjubb@yahoo.co.uk or telephone 01953 717128

East Harling Window Cleaning

Local, friendly and reliable

Traditional method

All types of windows

inside and out — Frames and sills

Conservatories

Gutters, fascias and soffits

One-off or regular visits

Competitive prices

Call today to arrange a free quote!

07919 345887/01953 714681

Or find us on Facebook



24hr Local Locksmith CCTV supplied and installed LHS Locks & Home Security Ltd

Free Security advice

All Locks Fitted to BS 3621 incl uPVC Door Multipoint Locks

All Types of Keys Cut for Doors and Windows

Alarm Systems - from Bells Only to Monitored Systems

Call Rick on 01953 681805 or 07841 714026



MUSIC LESSONS IN EAST HARLING

Piano, Sax, Flute, Clarinet, Singing, Music Theory

LIVE MUSIC FOR

YOUR EVENT

Sax and Piano Duo available for Weddings, Garden Parties, Birthdays etc

07851 098652/07538 578 788

www.roundmidnightmusic.co.uk

 RoundMidnightMusicNorfolk

HARLING AND GUILTCROSS BENEFICE

Priest in charge: Rev'd Simon Richardson, Tel: 01953 558763
The Rectory, Church Road, East Harling. NR16 2NB



~ Welcome to our Services in September 2022 ~

Midweek Communion every Wednesday at 11.30am in East Harling Church

Date	East Harling	Garbl'sham	Wretham	Bridgham	Larling
Sunday 4 th Sept Trinity 12	11.00am All Age 6.00pm Soul Café Old School Hall	9.30am Holy Communion	9.30am Service of the Word	11.00am Holy Communion	
Sunday 11 th Sept Trinity 13	9.30am Holy Communion	9.30am Holy Communion			11.00am Holy Com'union
Sunday 18 th Sept Trinity 14	9.30am Holy Communion 6.30pm Harling Praise	11.00am All Age	9.30am Holy Communion	11.00am Service of the Word	
Sunday 25 th Sept Trinity 15	9.30am Holy Communion	9.30am Holy Communion			11.00am Service of the Word

Date	Brettenham	Riddlesworth	Blo'Norton
Sunday 4 th Sept			
Sunday 11 th Sept Trinity 13			11.00am Holy Communion
Sunday 18 th Sept Trinity 14			
Sunday 25 th Sept Trinity 15	3.00pm Holy Communion Harvest Supper	6.00pm Holy Communion	



**ATTLEBOROUGH
SERVICE CENTRE**



**MOT IV & VII
CARS & VANS
UP TO 3.5 TONNES**

**VEHICLE SERVICING
AND REPAIRS**
Roudham Road, East Harling
01953 718224



Clarke Gosling
VEHICLE ENGINEER



- All makes servicing and repairs
- Diagnostics
- Punctures repaired
- Tyres fitted
- MOT tests (Class 4)
- Free local collection/delivery service
- Estimates/quotes provided

MOT test appointments available
Saturday mornings

Open: Monday-Friday 8am-5pm
(Lunch 12-1)

Call us on: 717137

Or text: 07704 337344



A local family-run business providing quality work at affordable prices

A&B TYRES (East Anglia) Ltd

FOR YOUR TYRES & BATTERIES

ROUDHAM PARK INDUSTRIAL ESTATE
EAST HARLING, NORWICH.NR16 2QN

On site service available in
East Harling - No extra cost.

Have your tyres & battery checked NOW!
TELEPHONE: East Harling 718437

DW Services

2 The Bungalow, Roudham Road, NR16 2QN



Vehicle mechanic with many years' experience.
Friendly, reliable & competitive rates.

We offer car & 4x4 fault reading/diagnosing, servicing, repairs,
tyres, recovery, welding & MOT repairs.

Contact Duane on 07920011059 Email : info@dwservices90.co.uk

HARLING TAXIS

- Friendly & reliable drivers
- Drivers in East Harling and surrounding areas.
- All occasions catered for.
- Airport transfers.
- Hospital appointments & visits.
- Minibus now available.

www.harling-taxis.co.uk
enquiries@harling-taxis.co.uk

Call 07950 189260 or 01953 714626

JUST PERFECT PROPERTY MAINTENANCE

JUST PERFECT
PROPERTY
MAINTENANCE



Kitchen and Bathroom Installation
Floor and Wall Tiling
Wood and Laminate Flooring
Loft and Garage Conversions
Loft Boarding and Insulation
Painting and Decorating
Fencing and Gates
Roofing, Roof Cleaning and Painting
Gutter, Fascia and Soffit Replacement!

CALL NOW FOR A FREE QUOTE

01953 542313 - 07756 776995

FULLY INSURED

info@jp-propertymaintenance.co.uk

www.jp-propertymaintenance.co.uk



TAPESTRY COTTAGE

44 White Hart Street, East Harling
Comfortably furnished studio,
sleeps 2, full central heating,
linen provided, ideal for
visiting family and friends.
Ring for brochure 01953 717642
English Tourist Board

Approved Rating
www.tapestrycottage.co.uk



The Dower House
TOURING PARK

*The award winning touring park in
the heart of the forest*

For more information or to book
call or visit online

T: 01953 717314

www.dowerhouse.co.uk

The Dower House, East Harling
Norwich, Norfolk, NR16 2SE

HOUGHTON HOME REPAIRS HANDYMAN



Painting & Decorating,
Plastering, Tiling, Carpentry,
Small brickwork projects,
Fencing, General Home
Maintenance & More.

Cliff Houghton
07594 179 744

www.houghtonhomerepairs.co.uk

~ Parish Records 2022 ~

~ Funerals ~

We offer our condolences to the family and friends of-

Debbie Barnes whose funeral was held in East Harling Church on 28th July 2022 followed by interment in the Churchyard;

June Aspinall whose funeral was held in East Harling Church on 5th August 2022 followed by cremation at Breckland Crematorium.

FLOODLIGHTING 2022

URGENT APPEAL Going forward we have no requests for floodlighting our beautiful church until December. We Need to Keep the Lights ON!!!

As part of your giving to support our Church and your community please do consider donating and Light Up your Whole Village!!

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to:

The Rev'd Varlie Sheldrake, 12 Kemp's Barns, East Harling. NR16 2TS.

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please).

MIDWEEK COMMUNION



This short communion service continues every Wednesday in St Peter and St Paul's Church at 11.30am.

Feel free to bring your lunch with you so that we can share some social time together. Tea and coffee will be provided.

FOOD BANK

Please Remember!



Items for delivery to Thetford Food Bank can be left in the hamper at the rear of the pews in East Harling Parish Church.

Tinned and non-perishable dry goods (eg sugar, cereals) and toiletries welcome.

No fresh fruit or vegs please.

All items must be 'in date'.

Your gifts will be collected regularly.

Thank You!

METHODIST CHAPEL WHITE HART STREET
Methodist Services in September

4th September 10.30am Mr Pat Mottram
6pm Soul Cafe at OSH

11th September HARVEST FESTIVAL Mr Nev Hodson

18th September 10.30am Rev David Ely
6.30pm HARLING PRAISE at

Methodist Church

25th September 6.30pm Mr Pat Mottram

Quidenham Carmelite Monastery Chapel
(Roman Catholic) Public Worship

Daily Mass 8.00am

Sunday Mass 10.30am

Holy Days 8.00am

For further information contact:

David & Gerda Bailey (01953) 717639



Youth·Café

Open to all young people in year 6 and above

Every Tuesday in term
time 7-8.30pm

In the Methodist Church Hall

Run by East Harling Churches



N.B. Next meeting on the 13th
September

for more info contact Jane on 01953-714629



East Harling Methodist Church
invites YOU to...



Monday Craft Café



10am-12noon on the
1st and 3rd Mondays of the month

Next on 5th and 19th September

In the Hall behind East Harling Methodist Church
White Hart Street



Bring along any craft you would like to, have a chat
and coffee/tea and cake will be available!



Dear friends

I was truly blessed, during the weekend that I am writing this, to officiate at a wedding in Wymondham Abbey, for parishioners of East Harling. It was my first time in that Church – and it really is a stunning building. It will perhaps not be a surprise that, as a Priest, I am very interested in

Church art and architecture, and the Abbey is a very grand example of both.

And yet, two things kept resonating in my mind. The millennium-long history of that place just heightened the sense for me of the smallness and ordinariness of the human story that unfolded during that wedding. This beautiful couple and their amazing daughters were coming into that place, just one little family, and making their promises to each other, and then leaving again to get on with their lives. And the power and beauty of what this little family was committing itself to just had a life, a vitality, that nothing in that magnificent Church (or any Church, Abbey or Cathedral) could match. The beating heart of that vitality was, of course, love. The couple getting married held hands, and looked into each others' eyes, and the love being expressed there was a true glimpse of the love of God, right in front of us.

I also, on entering the Abbey and looking at the beauty of the building, couldn't help but immediately think of Jesus going to the Temple in Jerusalem, and telling the disciples, marvelling at the beauty of that building, that not one stone would remain on top of another. Because every Temple, every Church, Abbey – any building, or creation made by human hands – is only temporary. Jesus was right – within 100 years, the Temple was destroyed. But he said he had come to build another Temple ... but this was a community of love, bound together by hope, joy, love – the power of the Spirit of God.

We're at a point in history where we are reaping what we, as a race, have sown in terms of international conflict, environmental catastrophe, economic imbalance ... and I am praying for ways out of these things, and to play my part in anything that I can do to reverse some of these things. But this weekend has reminded me that love is, in the end, the only eternal thing that we can be part of. Not just the love of a married couple – but the love, in any form, that chooses the other, that sees and holds on to the value of each human person that we encounter.

Buildings, organisations, traditions – all of these things can be wonderful and beautiful. But none of them are worth anything – except inasmuch as they remind us and point us towards the reality of love, and help us to live in that love. I pray that you will, amidst everything else in these coming months, have your eyes open that you may love those around you, and be able to receive the love of others. As we love one another, seeing the worth and infinite value of each other, together we build something that outshines any Church or Temple.

Your friend and priest

Simon

Hannah Tabram SPORTS MASSAGE THERAPY

Mobile and clinic based
sports and relaxing massage

☎ 07791 085504
✉ hello@hannah.tabram.com
🌐 www.hannah.tabram.com

Cher Hair and Beauty

Mobile hair and beauty consultant
A lovely wide range of treatments

Call Cherlyn

01379 688116
mobile 07881563303

Beautylicious

Over 15 Years Experience
Fully Accredited
Beauty & Massage Therapist
Facials - Body Wraps - Massage
Manicures - Pedicures - Hot Stone Massage
Indian Head Massage - Hopi Ear Candles
Gel Overlays - Waxing - Tinting
Dermaplaning - Reflexology - LVL Lashes
20% off First visit to new customers
Open Monday - Saturday
For a brochure or bookings
Call Katherine - 07923297134

Hopton Dental Surgery

Dentistry for all the family

Dentists

Dr Danusia Nicklin BDS
Dr Elizabeth Cockerton BDS
Dr Stephen Manson BDS
Dr Maija Whittingham BDS (Locum)

Hygienist

Mrs Gemma Ralfe FdSc
t: 01953 688 110

w. www.hoptondentalsurgery.co.uk
e. dentist@hoptondentalsurgery.co.uk



EAST HARLING DENTAL CARE

Old Court House, Church Road, East Harling, NR16 2NB

New Patients Welcome! Bookings Open

■ General Dentistry ■ Preventative Dentistry ■ Cosmetic Dentistry
■ Restorative Dentistry ■ Dentures ■ Tooth Whitening ■ Teeth Straightening

Beautiful Smiles That Last a Lifetime

Visit www.eastharlingdental.co.uk or find us on social media
Call Now on 01953 661395 or get in touch with us on info.ehdc@gmail.com



ZUMBA FITNESS PILATES STEP AEROBICS

in Kenninghall, Diss,
Garboldisham, Morley
& Thetford

☎ 01842 815074
Mob: 07796603643
Email: zumba-penny@hotmail.co.uk

James Ball

CARPETS

- * Large Range of Carpets and Vinyls, supplied and fitted
- * Home Selection service
- * Competitive Prices

TELEPHONE: 01953 883288

BRECKLAND GIRLS PAINTING, DECORATING & MORE

Internal, external painting.
Sheds and Fences.
End of let painting.
New build painting.
End of let/tenancy cleaning.

For a free quote call
01953 717737 or 07922 490207
Email: brecklandgirlsp_d@hotmail.com

REUPHOLSTERY



JON MELLOR
ANTIQUE AND MODERN
REUPHOLSTERY SPECIALIST

Willow Cottage, 159 Hargham Road,
Attleborough, Norfolk NR17 1BA

Free & Friendly Estimates and Advice
Tel: 01953 454919

MADE TO MEASURE

Curtains made and roman
blinds and cushions

Fabric samples available

Call Dena
on 07842 110240

Chiropody/Podiatry

David Houghton



HCPC Registered Chiropodist / Podiatrist
CH12503 B.Sc. (Hons) M.Ch.S.

Tel: 07804188375

for Home Visits or at my Attleborough clinic

Telephone for an appointment

bodthapod@ntlworld.com

Garnet House Drapes

Hand-made Curtains & Blinds

Julie - 07568 365694

BESPOKE, QUALITY HANDMADE

CURTAINS AND ROMAN BLINDS

Materials available
Tel: Sarah Southgate

01953 456397
07780 757985

www.sarahsouthgate.co.uk

Foot Health Clinic

For the treatment of:
Corns, Nail cutting
Fungal & Thickened nails
Callus & Cracked heels
Ingrowing toe nails
Diabetic foot maintenance

Call Jane on:
01379 688002 / 07554175513
South Lopham clinic
every Monday and Friday

ANDY MAGUIRE
ELECTRICAL CONTRACTORS



NAPIT
NEWBUILDS EXTENSIONS REWIRES
TESTING & INSPECTION FREE ESTIMATES ESTD 1983
HIGH QUALITY WORK AT LOW PRICES - WWW.A-F-MAGUIRE.CO.UK
01953 718365 - 07973 735916

QUIET WAYS, FEN LAKE, EAST HARLING



TRUST MARK
Government Endorsed Standard

(HE) Harling Electrical
Local Reliable Electricians
Domestic - Commercial - Industrial
Electric vehicle charging specialists

01953 860876
office@harlingelectrical.co.uk
www.harlingelectrical.co.uk

BAYWING
HEATING & PLUMBING SERVICES
30 YEARS EXPERIENCE
CITY & GUILDS QUALIFIED
CORGI REGISTERED NAT & LPG

For a friendly reliable service
CONTACT - MARTIN
01953 714956 or 0771 3276713
email baywinghps@aol.com

 **PC**
GAS SERVICES

Gas Safe No.206478 CITB Cert.
**GAS INSTALLATION,
SERVICING AND REPAIR**
Central Heating ~ Boilers ~ Fires
Cookers ~ Domestic Plumbing

For friendly service call Phil on
East Harling - Tel: 01953 718194
Mobile: 07736 721871

D.S.Cromack
Plumbing & Heating Ltd.

Boiler Servicing & Replacement
Installation of Heating Systems
Bathroom Installations inc. Tiling
General Plumbing Repairs
Gas Safe Registered

07867 552295/01953 452506
dscromackplumbing@gmail.com

Clayton's Heating & Plumbing
GAS, OIL & LPG
Servicing, Repair & Installation
Landlord Safety Certs.
Caravans, Motor Homes.
GAS SAFE & OFTEC Reg.



Honest. Friendly.
Local. Reliable.
Call Matt on
07890 130 079

P.G & J.LEA

All types of plumbing.
Installation of Oil fired central
heating and Boiler servicing.
Kitchens & Bathrooms
supplied and installed.
Water Softeners & Salt

East Harling
01953 717312



Blue Sky Plumbing
24 Hour Emergency Call Out
Unvented Systems
Water Softeners
Plumbing and Tiling
Fully Fitted Bathrooms
Reliable High Quality Service
Fair and Honest Pricing
Tel. 01953 714684
Mob. 07967 677508

ANTIQUE FURNITURE
RESTORATION & CONSERVATION
Cabinet Making, Veneering, Gilding,
Brass Inlay Traditional Hand Polishing
and Wax finishes

Rod Larwood
01953 717937



www.rodlarwood.co.uk
Email: info@rodlarwood.co.uk
Member of the British Antique Furniture Restorers Association

DRAINAGE PROBLEMS?

Blocked Drains cleared
Drain & Sewage Treatment
Systems installed
CCTV Drain Surveying
Conversion of existing Septic Tanks to
Sewage Treatment Systems
Drain & Pipe Jetting

Plus all associated Groundworks, Concreting etc.



Contact **PAUL HOWE**
at Breckland Contractors Ltd.
01953 498851
07836 518901

WOOD IS OUR BUSINESS
Oak - Ash - Meranti - Maple
Sapele - Iroko - Keruing - Doug.fir
Cedar - Larch
Softwoods - Decking

Supplied sawn or machined to order for:
Floorings, Matchings, Skirtings, Doors
Conservatory Sections, Solid Worktops,
Window Boards, Shop Fittings, Furniture.

Burtons Timber
Snetterton. Tel: 01953 887555
www.burtonstimmer.co.uk

RVH PAINTING & DECORATING



Interior &
Exterior
Free
Quotes

T: 01953 714839
M: 07881758946

James Styles
Interior and
Exterior
Decorating
Services

Home 01953 714613
Mobile 07894014535

Domestic Appliance Repairs

All makes and models covered
Washing Machines, Tumble Dryers,
Dishwashers, Electric Ovens and Hobs
- Dyson repairs.

Out of hours service our speciality.
Standard call out charge is £65 + VAT
+ price of parts. Additional cost for
integrated appliances. Fully insured.

Contact Paul Goodacre
(Gt Hockham) 07905 442610
email: paulgoodacre@yahoo.co.uk



HARLING OLD SCHOOL VILLAGE HALL
School Lane, East Harling, Norfolk, NR14 2LU

Yard Sales return!

On Sunday 11th September



New for this year- we're combining our popular yard sales with a village Scarecrow trail. Sign up by emailing eastharlingevents@gmail.com or texting Lydia on 07851 098 652

Prize for the best Scarecrow!

Wander round the village to see the Scarecrows and pick up a bargain. Yard Sales from 9-2pm
Bacon rolls and maps available in the Hall
Scarecrows all day- vote for the best.

COFFEE MORNING
14TH SEPTEMBER - 10AM TO 12 NOON
PLOUGHMAN'S LUNCH
28TH SEPTEMBER - 12 FOR 12.30

Registered Charity No. 1039771. www.eastharlingevents.co.uk Old School Village Hall

EAST HARLING GARDENING CLUB

In spite of the effects of the weather, and the absence of two of our major exhibitors due to sickness and holidays we managed to put on a good flower and vegetable show with snacks and wine. Particular thanks to Ann Lake who helped to fill the benches with her entries

Results:

Trophy for flower arranging Ann Lake

Rosebowl for flower section

1 st	Ann Lake
2 nd	Joyce Fletcher
3 rd	Jenny Hannell

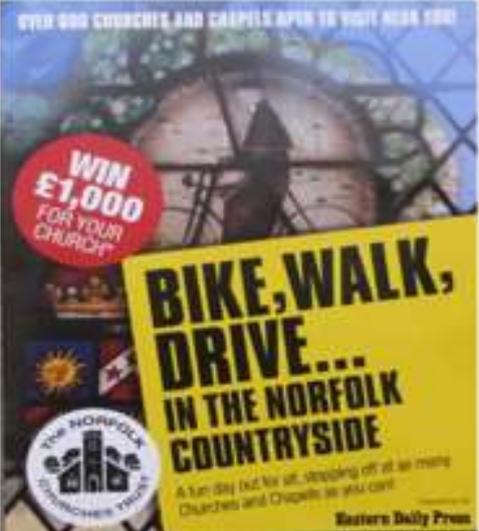
Vic Spalding Shield for veg section

1st	Ann Lake
2nd	Jenny Hannell
3rd	Nita Stammers

Montgomery Rosebowl for most points in show

1st	Ann Lake
2nd	Jenny Hannell
3rd	Joyce Fletcher

This month - Tuesday 13 September at 7.30 sees the welcome return of Dr Ian Bedford who worked for the John Innes Institute in Norwich. He is giving an illustrated lecture titled Companion Planting for a Balanced Garden. He is an excellent speaker. Members free, visitors welcome at a nominal cost of just £3. Visitors are welcome at most of our meetings or why not become a member for just £9. Some excellent meetings are members only like our visit to Bressingham Steam Museum and Gardens last month!



EVERY 600 CHURCHES AND CHAPELS OPEN TO VISIT NEAR YOU!

WIN £1,000 FOR YOUR CHURCH!

BIKE, WALK, DRIVE... IN THE NORFOLK COUNTRYSIDE

A fun day out for all, stopping off at as many Churches and Chapels as you can!

THE NORFOLK CHURCHES TRUST

Eastern Daily Press

Saturday 10th September
9.00am - 5.00 pm

PLEASE SUPPORT THIS EVENT, BY TAKING PART OR BY SPONSORING SOMEONE. BY DOING THIS YOU WILL BE HELPING YOUR LOCAL CHURCH AND NORFOLK CHURCHES TRUST.

FOR MORE INFORMATION AND SPONSOR FORMS CONTACT
DOROTHY JUBB (CHURCHWARDEN)
01953717128 OR 07384571794



East Harling Church

Afternoon Tea

Saturday 10th September 2022

Join us from 3pm onwards (book your slot)

Tickets £8.00 from Dorothy Jubb 01953 717128

THE GARDEN IN SEPTEMBER

Harvest, Harvest Harvest!

This is where the harvesting of your produce steps up a gear and you discover that all of your neighbours have gone off courgettes.

Lawns: As I write this on 1st August it is just 36 hours since our first proper rain in months. There are already green spots appearing amongst the brown. Hopefully Mother Nature will take over and your grass will sort of recover.

Don't be tempted to uproot the brown clumps until you are sure that there is going to be no new growth. You can mow on a high setting if necessary. If you have any bare patches now is a good time to sow seed when the ground is still warm and hopefully moist and the temperatures are unlikely to reach extremes in either direction.

It is also a good time to sow whole new lawns – get them as flat as possible and firm by walking on a plank (or using a roller if you or a neighbour have one, rake and sow the new seed. Keep moist and give a cut towards the middle of October with the blades of your lawnmower set high.

Pruning: Prune buddleia hard when it finishes flowering. Many shrubs and trees are showing signs of stress following the drought. Cut out any dead sections, and winter prune deciduous ones between November and February.

Cuttings: Take semi hard cuttings of evergreen shrubs and trees, and shrub roses.

Plant: Plant or move evergreen shrubs, trees and hedging later in the month. Keep watered if necessary.

Perennials: Keep dead-headed (unless you are leaving seed for the birds) and cut down any any dead stems.

Dahlias: Keep dead headed. Water if necessary and check your supports – we can get some strong winds in September.

Annuals: Hardy annuals can be sown in a greenhouse or cold frame over the next couple of months ready to plant out from March. Prick out when large enough to handle.

Biennials: such as foxglove, hollyhock and forget-me-nots can be planted out so that they get a good start next year.

Bulbs: Plant daffodils. Pot up hyacinth and daffodil bulbs for indoor flowering.

Vegetables: You can still sow radishes and winter spinach. Plant out spring cabbage plants towards the end of the month. .

Harvest whatever is ready.

Pots and Tubs

Keep well watered. Plant some bulbs in small pots which can then be planted on into tubs when you clear the summer bedding out. Daffodils and tulips can be planted remarkably deep in a tub leaving plenty of space at the top for planting for spring colour, (primroses, pansies, bellis all do well) It is too early to plant tulips in the ground.

Good Gardening Kevin

CHRISTMAS TREE FESTIVAL

Many of you enjoyed our first Christmas Tree Festival in the church last December. The church looked absolutely amazing and magical and this was only made possible by all of you. As it was so successful, we have now sorted out the

dates for December, 2022 and have already started making a list of participants for this year. I have spoken to several of you who participated last year, but need confirmation from any of you who I may not have spoken to yet.

As last year we are hoping for local schools, clubs, businesses, shops and individuals to take part by decorating a tree. Each contributor will need to bring their own tree, decorations and battery powered lights, as there are not enough power points in and around the church. There is, however, plenty of room for lots of trees.

The following is a list of dates for decorating your trees:

Wednesday 7th December 12.30 - 6pm

Thursday 8th December 10 - 7pm

Friday 9th December 10 - 3pm

If none of these are suitable for you please contact Susan to arrange a suitable time.... 07890 102392 / 01953 717832 or email the address below.

If you would like to participate this year, or have any questions, please contact Susan Wilson by phone: 07890 102392, send a message or email: susanmwils@gmail.com.

The visiting times of the Christmas Tree Festival will be published in the October edition of Contact and advertised on our church Facebook page and website.



P GARWOOD

Building and Alterations
Paving & Driveways
Groundworks & Drainage
Fencing and Decking
Mini Digger work

Call Paul on
Telephone: 01953 718303
Mobile: 07775 621721

Free estimates—friendly advice
Work Guaranteed

W. P. FULCHER

CIVIL & GENERAL BUILDER
JCB3CX & MINI DIGGER HIRE

RENOVATIONS & EXTENSIONS
PAINTING & DECORATING
HARD LANDSCAPING
GROUNDWORKS
FREE ESTIMATES



Tel/Fax: 01953 453267
Mobile: 07774 626709

Rich
Walpole
Roofing



- New roofs
- One off self builds to complete sites
- Re-roofing fronts
- Complete strip & re-tiling to roof repairs
- Lead work
- Moss removal

Fully Insured
07747784742

TAYLORMADE BATHROOMS

- Bathroom & Kitchen Design and Installation Specialist
- All aspects taken care of including tiling, flooring & plastering
- All plumbing enquiries welcome
- Qualified Plumber
- Free Estimates

www.taylormadebathrooms.co.uk

To see examples of our work please follow us on Facebook: [Taylormadebathrooms1](https://www.facebook.com/Taylormadebathrooms1)

Call Robert Taylor on 01359 221015 or 07979590528

TIM'S MAN AND MINI DIGGER FOR HIRE CONSTRUCTION LTD

New Roads & Streetworks Act
City & Guilds Approved
Over 30 Years Experience

FREE ESTIMATES, NO OBLIGATION QUOTE



- Dropped Kerbs
- Driveways
- Block Paving
- Patios & Paths
- Drainage & Footings

07786 223 141
01953 688 301

tim.taylor141@yahoo.co.uk

S B Services

Windows and Doors



PVCU Doors, Windows
and Double Glazing Repairs
New Installations
and General Maintenance
Over 30 years experience

Friendly and Reliable
Based in Great Hockham
Call Shane on 07508 941086

Email: shanebloss@btinternet.com

MILTS FITTED BATHROOMS & KITCHEN FLOOR & WALL TILING SERVICES



FREE ESTIMATES
FRIENDLY SERVICE
PHONE: 01953 717980
MOBILE: 07919874494

Complete Bathrooms & Kitchens fitted & tiled
Showers & cloakrooms. Wet floors.
Any tiling undertaken.

Ian Aspinall Renovations

City & Guilds Qualified Carpenter

- Kitchens
- Bathrooms
- Conservatories
- Windows
- Roof Repairs
- Alterations
- All uPVC products
- All carpentry work
- Building Maintenance

07917 680857 - 01953 718512
e: 77asprin@gmail.com



S&C Window Repairs

01953 525049 or 0800 160 1932
Repairs to double glazed windows,
doors and conservatories

Repairs include: steamed up windows,
broken handles and hinges plus cat flaps
door panels and more.

sandcwindows@gmail.com
www.sandcwindows.co.uk

School Lane,
East Harling



Residential to Commercial
New builds to Bathrooms.
Call for friendly advice

Office/Fax: 01953 718706
Mobile: 07778780104

Email: steven@spblades.co.uk
Web: www.spblades.co.uk

BILLY HOWE Builder

BRICKWORK
EXTENSIONS
ALTERATIONS

Free estimates

Tel: 01953 718219

Mob: 07919991097



Telephone:
01953 718 363
Mobile:
07789 488 402

* UPVC WINDOWS, DOORS, FASCIAS,
GUTTERING, REPAIRED & REPLACED
* GENERAL HOME & GARDEN IMPROVEMENTS.
* ANYJOB CONSIDERED

K.J. Beales Ltd

Building and Home Improvement Specialists

Kitchens Windows Extensions
Bathrooms Fascias and Guttering Renovations
K Rend Landscaping

Superior Quality and Craftmanship

All aspects of building work undertaken - Established 2003

Kevinjbeales@gmail.com / Mobile: 07881622516

Philip Moule

LANDSCAPING

Garden Maintenance
Private and Commercial



Lawns Turfed
and Seeded

Patios - Driveways
Walls and Bases



Mini-Digger Work

Hedge Cutting - Planting
Trees Felled and Lopped



All Types of Fencing,
Gates and Decking

Ponds and Water Features

01-01953 717962 M-07775623753

LOOKING FOR A GARDENER

DO YOU NEED HELP TO
CUT GRASS, EDGE,
WEED YOUR BORDERS, &
GENERAL GARDEN MAINTENANCE?
IF SO

PLEASE DO NOT HESITATE TO
RING -> JASON CARMAN ON
(DAY) 07867 871628
OR (EVENING) 01379 586792

WHO WILL BE PLEASED TO HELP

R. A. Tree Services

All aspects of tree surgery undertaken.

- * Fully Insured
 - * Free Quotations
 - * No job too Small or Large
 - * Tree and Hedge reduction/removal
- For a friendly local service at a competitive price contact:
Richard Armes - Woodlands, Larking.
Mob: 07551525116
Email: richardarmes@yahoo.com



ANGLIAN TREE SOLUTIONS

Free
Quotes
Fully
Insured

Professional
and
Competitive
Service

- * PRECISION Dismantling
OF LARGE TREES
- * CREWS REDUCING
& LIFTING
- * STORM DAMAGE REPAIRS
- * DEAD WOODING
- * PLANTING
- * STUMP REMOVAL
- * WOOD CHIPS DELIVERED

James Chapman Telephone:

01953 718235

Mobile 07778 957358

www.angliantreesolutions.co.uk

james@angliantreesolutions.co.uk

Head Office, Bedford, North, MK43 9JF

Eclipse

Gardens & Grounds

Regular maintenance
Lawn mowing
Hedge trimming
Lawns turfed
Scarifying
Returfing
Small & large gardens

Pressure washing
Stump grinding
Garden clearance
Fencing
Decking construction
Concrete bases
Other work undertaken

01953 714853 or 07786 851895

eclipsegardens@btinternet.com
www.eclipse-gardens.com

ALL PESTS & COUNTRY SERVICES

Waspes - Fleas - Rats - Mice - Moles
Rabbits - Fencing - Landscape

07917203761 | 01953 433030

alpest10@yahoo.co.uk

www.allpestsandcountry.com

www.allpestsandcountry.com

The Flowerpot Man

"For beautiful gardens all year round"

- Regular garden maintenance.
- Lawns mowed & flower beds tended.
- Hedges cut to a high standard.
- See website below for more.

16 years of reliable service.
Fully insured. Competitive prices.

Tel: 01953 681019 or 07837 350494
www.flowerpotman.co.uk

ELITE FENCING (LANDSCAPING)

FENCING, GATES, DECKING, PATIOS,
PERGOLAS, PATHS, BASES, TURFING,
DEMOLITION, REPAIRS, ODD JOBS & MORE!

HARD SURFACE CLEANING
PRESSURE WASHING

FOR FREE ESTIMATES CALL
TREVOR ON 01389 221128 OR
07761651567

TREVOR@ELITE-FENCING.CO.UK
WWW.ELITE-FENCING.CO.UK



NPTC

AKERS TREE SERVICES

NPTC QUALIFIED TREE SURGEON
FULLY INSURED. 23 YEARS EXPERIENCE!
ALL ASPECTS OF TREE WORK UNDERTAKEN
FREE EMERGENCIES 24H PER DAY

CONTACT US FOR A FREE CONSULTATION

01953 300909 or 07025653311

peter@akers-treeservices.co.uk

www.akers-treeservices.co.uk

Breckland Brush Chimney Sweep & Stove Installation



NATIONAL ASSOC. OF CHIMNEY SWEEPS
Qualified Experienced Professional
sweep@brecklandbrush.co.uk
07966 298777 - 01953 881579

LADY GARDENER

BHS trained

All general garden
maintenance.
Roses, shrubs, small hedges
pruned and shaped.
Grass cut, edged.
Borders tidied.
Advice on planting.

LINDSEY KING

07955 284975

CHARLIE THE CHIMNEY

TRADITIONAL CHIMNEY SWEEP
WOOD BURNERS - OPEN FIRES FITTED
AGA STOVES - OIL BOILERS SWEEP
CHIMNEYS RELINED - COWLS FITTED
STACKS REPOINTED - CCTV SURVEYS
HETAS QUALIFIED

charliethechimney@btinternet.com

01842 822411

"We always leave your hearth cleaner than it
was before we arrived."

THEATRE TRIP CHARLIE AND THE CHOCOLATE FACTORY



LAST CHANCE TO BOOK YOUR TICKET FOR CHARLIE AND THE CHOCOLATE FACTORY ON WEDNESDAY 19TH APRIL 2023.

We are organising a trip to see this musical from the West End at Norwich Theatre Royal next year.

All tickets are £56 each, which includes coach travel to and from the theatre.

Please contact Susan Wilson to book your seat or if you'd like more information. Email: susanmwils@gmail.com or phone 07890 102392.

BOOK YOUR TICKET BY FRIDAY, SEPTEMBER 2ND, 2022.

BINGO NIGHT
in aid of St Peter & St Pauls Church, East Harling

AT
**HARLING OLD SCHOOL VILLAGE HALL,
2 SCHOOLS LA, E. HARLING NR16 2LU**
ON
FRIDAY 7TH OCTOBER
DOORS OPEN 6.30 PM
FOR EYES DOWN AT 7.00 PM

A SWEET TREAT AND NOODLES PROVIDED
FAMILY EVENT ALL WELCOME
BRING YOUR OWN DRINKS
BRING YOUR DOBBER OR WE WILL HAVE SOME FOR SALE ON THE NIGHT

TICKETS AVAILABLE FROM
Poundland, Farnham, High St, Broomage, NR17 2BH
and for further information please call 01162 422528
BOOK IN ADVANCE AS PLACES ARE LIMITED

TICKETS £5
BINGO GAME BOOKS ON THE NIGHT £5



Grand Art Draw

All Saints, Wilby

Tickets from PCC members £3 each

Saturday 10th September

Art & Flower Open Day

10am – 3:30pm

- Refreshments
- Floral displays
- Local artwork

Grand Draw at 3pm

- 1st Prize – original painting by David Ord Kerr
- 2nd Prize – Galaxy Samsung Tablet
- 3rd Prize £25

Fundraising for urgent chancel roof repairs

present their next production...

A BUNCH of AMATEURS
BY IAN MILLOP & NICK NEWMAN

March 24th & 25th 2023

Ever thought about being in a bunch of amateurs?

We are an open and welcoming amateur dramatics group for adults of all ages who are looking to enrich their lives by making others laugh, think and sometimes cry. Most of all, we have fun.

Right now we are welcoming new members to join us in staging the hilarious 'A Bunch of Amateurs' next March. If you think you would like to be part of this adventure, either on the stage or behind the scenes, give Beddy Jacobs a call on 07791 537 836. Enthusiasm is more important than any previous experience!

Saturday 22nd October in
East Harling Church NR16 2NB
10am - 4 pm

Designers & Makers

Fine Arts & Crafts event in East Harling Church
linking the medieval to the modern

showcasing the work of among others...

Maz Jackson, artist in tempera,
David Wheeler, furniture designer and maker,
Heather Graham, Potter, Marie Dawe, artist in glass,
and a special exhibition by Jeremy Warren

featuring the work of Taylors of
Loughborough, Bell Foundry and Church Bell Ringing

Free Entry
—Refreshments served all day

EAST HARLING WI

The WI sadly had to cancel their annual Garden Party due to a severe weather warning!! Who'd have thought that our Summer would actually get that hot??

In September we will have a cookery demonstration by Olwen, showing us her one pot biryani dish.

East Harling WI meet on the third Tuesday of each month at the Old School Hall, at 7.30pm. All are welcome, and we look forward to seeing old and new faces. If you have any questions please ring me Jackie Underwood on 07725 126115.

EAST HARLING

HARLING 10K

This year's race was again a great success with no injuries or problems, though we did have a few runners with wobbly legs at the finish. However, the medics sorted them out and all was well. It was hot again was it not!



The race winner was Cameron Panting who came home in 38.27 minutes.



The first female and seventh overall was Jesse Gooderham in a time of 39.24 minutes.

We must say a big thankyou to all the athletes who took part - 269 in all, and an even bigger Thank You



to all our marshals and helpers who each year make the race possible

The comments we get on how well the race is organised and how friendly and helpful you all are is so good to hear. The athletes also comment on the course and thank the people along the route for their encouragement and good wishes. Everyone involved can be proud that we had another great day. We are already planning next year's race although we do not have a date yet. We will let everyone know as soon as we can.

Thanks again everyone,
Harling 10k committee.

Thanks to Martin Gooderham for the photos - Ed

HARLING BOWLS CLUB

Short Mat Bowls

Come along and give it a try. We will loan you Bowls
All you need are flat shoes. We are offering 4 Free lessons
On Tuesday evenings At 6.00pm starting 27th Sept, 4th, 11th,
18th October. Contact Chris 01953 717464 or Jill 01953
718703

EA ST HARLING SPORTS & SOCIAL CLUB

Dates for your Diary

September

Fri 2nd - Karaoke 8pm
Fri 9th- Bingo (2nd Fri of month) 7.30pm
Sat 10th - bass night 8pm
Fri 23rd - live music 'Differential' 8pm
Fri 30th- live music Christian Smith 8pm

October

Fri 7th - Band 'son of Mark' 8pm
Fri 14th- Bingo 7.30pm start (2nd Fri of month (Family
Friendly)
Thurs 20th-Harling comedy night 7.30pm
Fri 28th- Kids Halloween Party 6.30-9.30pm
Sat 29th- Band 'The Rum Dogs' 8pm

Dates for November and December will follow in October

FELINE CARE 
rescue sanctuary advice rehoming

Pop Up Shop

4th September 10am - 1pm
NR16 2QN

Fill a bag for £5
applies to clothes, shoes
& bags

Lots of new items added
Books, Cds, Dvds, Bric a Brac
& more 🐱



**Turner
Funerals**
SERVING TOWN & COUNTRY



East Harling's
Longest Running Funeral Service

01842 761 333

thetford@turnerfunerals.co.uk

24 HOUR SERVICE

Independent family owned funeral service established 1868

"Professional and friendly personal service that really made me feel like I was one of their family and not just a statistic. Thank you Lydia, Mai and your wonderful team"

www.turnerfunerals.co.uk



Rosedale
FUNERAL HOME

High Street, Attleborough
Telephone: **01953 452538**

www.rosedalefuneralhome.co.uk

We are a family business and promise to provide exceptional care and a truly personal 24 hour service, when you need it most.

Andy Free
Dip FD

Independent family funeral director
01953 452455 24 hours

Professionally helping families for many years now in East Harling and the local area, offering traditional or contemporary services, we consider it a privilege for our family to look after yours....

Guaranteed pre-paid funeral plans available

www.andyfree.com Fairfields House, High Street Attleborough



THE FOX INN

GARBOLDISHAM
Community Pub

www.garboldishamfox.co.uk / 01953 688538 / foxinngarboldisham@gmail.com

RESTORED AND RUN BY THE VILLAGERS OF GARBOLDISHAM

Family Friendly – Local Real Ales – Log Fires – Pool Table – Dogs Welcome – Large Garden
Street food every Saturday from 5pm / See website for other events
Open: Wed 6-9pm, Fri 5-10pm, Sat 12-10pm, Sun 12-5pm
On the A1066 between Thetford and Diss

ESTD 1769
THE ENGLISH
WHISKY COMPANY
VISIT ENGLAND'S
OLDEST WHISKY
DISTILLERY

Take a tour of the distillery
OPEN 7 DAYS A WEEK



TAKE A TOUR OF THE DISTILLERY
VISIT OUR WHISKY AND GIFT SHOP
RIVER WALKS AROUND THE DISTILLERY
FREE TASTERS | FREE PARKING

ORDER ONLINE AT
www.englishwhisky.co.uk

Sign up to our newsletter online
to receive 10% OFF your first purchase

Harling Road, Roudham NR16 2QW • 01953 717939 • englishwhisky.co.uk

Gentle Folk Community Care Ltd



**A Family Run Business
Promoting Health & Independence**

We meet the needs of hundreds of individuals and families daily, offering a range of personal healthcare and domestic services in the community.

We're hiring too!

Weekend/full/part-time vacancies available.

01953 887187

www.gentlefolkcare.co.uk



The Beeches Care Home

The Beeches is a care home providing a relaxing retirement for our residents, aged 65 and over.

The home has been rated 'Outstanding Overall' by the CQC twice in a row, putting it in the top 4% of care homes nationally.

www.blackswan.co.uk
01953 717584

thebeeches@blackswan.co.uk



STORAGE

**Secure storage facilities
for hire**

**Lockable, heated storage
containers located at Roudham**

**Tel: 01953 717176 or
07860 283974 for more
information**

**SQUARE DEAL
STORAGE**

**Self Storage
Container/Office Hire**

CALL US TODAY

T: 01953 714628 / 07801 837227

E: sales@squaredealstorage.co.uk

W: www.squaredealstorage.co.uk

Hereward Way Business Park

Roudham Road, East Harling

NR16 2SR

VOLUNTEERS ARE URGENTLY NEEDED FOR COMMUNITY SPEED WATCH



If you are concerned about the speed of traffic in our village and have a few hours a month free, then please get in touch to join our group. East Harling CSW is run by volunteers and supported by Harling Parish Council. Hi-vis jackets are provided and training is done on site, by existing members.

With the go-slow on the A11 and the re-routing of some traffic more is finding its way through our village, and as a result one of the stanchions in front of what was Valentines on the corner of Market Street and Church Road has been unearthed again, was it a tractor or was it a large lorry? Does anyone know?

Volunteers obviously need sufficiently good eyesight to read a number plate and sound short term memory. We are a friendly, sociable bunch of residents who care about our village and want to do what we can to keep our neighbours safe. So if interested do please contact Tony@thefamilylong.com

Rambblings from Brettenham.

What a summer we have all been experiencing, hopefully you have all managed to keep safe and well during this very difficult period for us all, wildlife, flora and fauna must be included in this as well as our garden plants and vegetables.

Life on the farm, especially during the harvest period has been extremely stressful with so many safety issues to be considered - the water bowser, fire extinguishers and other necessary equipment available before any combing or field work can commence. During the extremely hot period, the combine started to roll in the field from 5.00am and then finished about 11.00am it was just too tricky to have large machinery at work when there was every chance that a fire could break out. Unfortunately, we have had to have visits from Norfolk Fire Service due to incidents occurring - they must be highly commended and respected by us all for their commitment to service, safety of us all as well as preservation of the countryside. I am sure we were all saddened to see the pictures and read the reports of the unfortunate incidents at Ashill and other places across the country.

The corn harvest was a strange event this year, it started very early, seemed to be over quite quickly as there was no rain which in normal years would have meant that perhaps work would have been held up for a day or two and the dampness in the evenings would have ended the day as well - but not in 2022. It was combining every day, irrigation every day, watch out for fires every day and lets just hope that nobody decides to have a barbeque or dump anything inflammable on any verge etc. we all needed to have eyes in the back of our heads!!

The fields and woods are tinder dry; the deer are eating the crops of sugar beet which were drilled in the spring and the wildlife is finding it very difficult to find grass or any food that they would class as normal. Hence, they are foraging anything in the fields they can, be it sugar beet or maize which has not grown very well due to the drought. Water is short for them as well as the River Thet, which incidentally runs through Rushford as well has nearly dried up. I am sure some of you have found that you have deer eating your garden plants etc, I certainly have - I planted on a Monday morning just over 100 plants in a new border which I was creating, by Wednesday morning, I had 5 plants left and by Thursday morning I was down to 1. Needless to say, I have decided not to re-plant and may be looking at a desert themed area for next year.

Harvest Festival is planned for Sunday 25th September at 3.00pm. By then we hope we will have had some rain. Since March we have had under a total of 2inches, this is a worrying factor as the sugar beet really need to have rain to improve the growth before the harvest and the land, which is so dry needs to have moisture to enable the commencement of the new farming year. I am sure as you all travel around you can see the seriousness of the situation - the trees are dropping leaves and sadly I think come the spring we will find that many shrubs etc here in the garden will have died due to the drought and maybe some of treasured trees as well. A sad situation for many of us, I fear.

All being well the Church will be open for the annual bike ride on Saturday 10th September should you wish to visit. You will be welcome to pop in and enjoy a drink with us as we spend time doing the annual 'woodworm treatment', painting of the railings around a particular number of graves and other housekeeping jobs which the delightful rural Church needs to have done.

Take care and keep safe, Hope to see you in September, all good wishes Peter & Mary.

Disclaimer

The publishers wish to make it clear that they do not necessarily agree with views expressed or hold any responsibility for the quality of the goods and services offered by Advertisers and reserve the right to refuse to accept or repeat advertisements which may be unacceptable to readers.



BRIDGHAM VILLAGE HALL FOR HIRE

Suitable for parties, events and meetings. There is a fully fitted kitchen with sufficient crockery and cutlery.

The premise is also licenced.

To book or obtain more information, please email bridghamvillagehall@gmail.com

TECHNOLOGY SUPPORT AT HOME

BROADBAND, WI-FI & NETWORKS
We can optimise your wi-fi and broadband coverage, fix hot-spots, extend coverage and deal with problems.

PC, LAPTOP, TABLET & MOBILES
We can diagnose and fix faults, install and repair software and hardware, upgrades and optimise performance.

SMART HOME DEVICES
We can install all smart devices and integrate with other devices where possible, including Alexa, Google, Apple, Hive and others, including CCTV, Thermostats, Door entry, Sound and Vision

- Local, Responsive and Reliable
- Fully insured, All work guaranteed
- Low Cost !



07841 204778
rwg@ots.digital
www.OTS.Digital

www.facebook.com/integratedsmarthomes



SOUTH NORFOLK MOBILITY CENTRE
22 Oakwood Ind. Est.
Harling Road, Snetterton NR16 2JU
01953 887777

Open Tues-Sat. 9.30am—5pm

- Bathlifts, Scooters, Powerchairs
- Indoor and Outdoor trial areas
- Wheelchairs, Daily living aids

Competitive prices, after sales backup
Servicing, Spares, Batteries

METCALFE COPEMAN & PETTEFAR LLP

Commercial | Employment | Debt
Wills & Probate | Dispute Resolution | Family
Property & Conveyancing | Crime
Convenient town centre location
Home visits may be available

www.mcp-law.co.uk
01842 756100
Cage Lane, Thetford, Norfolk, IP24 2DT

BRECKLAND FINANCIAL MANAGEMENT

A wealth of expertise on your doorstep

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment and Retirement planning
- Inheritance Tax planning
- Advice for Care Fees (SOLLA qualified)
- Mortgages

For further details contact Steven Hendrie on:
Tel: 01953 483831

Email: steve.hendrie@sjpp.co.uk
www.brecklandfinancialmanagement.co.uk

Your home may be repossessed if you do not keep up repayments on your mortgage.

Breckland Financial Management is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the Group's wealth management products and services, more details of which are set out on the Group's website www.sjp.co.uk/products.



Providing the local expertise for the selling and letting of residential property

Attleborough Office:
Tel: 01953 453838
Millbank Lettings Agents
Tel: 01953 450373
Email: enquiries@millbanks.com
Web: www.millbanks.com

"We take the stress out of moving home"



AMAS
Investments Limited

Aaron Stokoe CeMAP

Please get in touch for all your mortgage and protection needs. Free initial, no obligation appointments available in our offices or the comfort of your own home.

07921 552727 01842 752140
aaron.stokoe@amas.co.com

Your home may be repossessed if you do not keep up repayments on your mortgage or any other debt secured on it.



Bailiwick IT Ltd.

PC or MAC Problems?
Contact BAILIWICK IT LTD
T: 01953 718421
M: 07928 326008
Email help@bailiwickit.com
Visit : www.bailiwickit.com

Architectural Design & Project Management

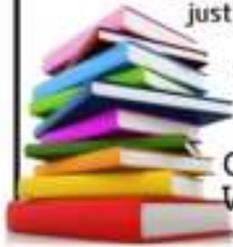
Planning Applications
2D & 3D designs
Conversions
Extensions
New Build

Free initial consultation
Large and small projects undertaken
Mobile 07515 598298
Telephone 01953 603074
alastair@agellusprojects.co.uk
www.agellusprojects.co.uk



WEDNESDAY SOCIAL

Come join us for some fun
and games, a cup of coffee or tea
Bring your crafts, cards, or
just yourself...



Open from
11am

On the 1st and 3rd
Wednesdays Monthly

Bridgham Church
COFFEE MORNING

Saturday
24th September 10-12noon
in the church

St ANDREW'S CHURCH

BRETENHAM

HARVEST THANKSGIVING

3.00pm

SUNDAY 25TH SEPTEMBER



*All are welcome to celebrate with us. Refreshments will
be served after the service - come and join us.*

June Aspinall Obituary

June arrived in East Harling in 1971 with her husband and her four children. As a trained seamstress fresh from Saville Row, she became the go to lady if you wanted alterations done, or curtains or cushions made. She became a staunch supporter of the Church Choir, regularly attending services from then on. She also became Mistress of the Choir Robes cleaning them, and altering them to fit as choir members came and went. She was awarded the Royal School of Church Music long service medal around four years ago. She was always there to help anyone in need. When she split with her husband George, she moved to Bridgham where she lived for the next 20 years. She had four main passions in life, first was her children, whom she loved dearly, second was her Church, third was her friends and fourth was her cats. June absolutely adored cats and always had one by her side for company. Her last cat Tuppence has remained in the family and is staying with granddaughter Sophie which June would have been very pleased about. She also kept hens at the bottom of her garden, and if you were very lucky you might be given some eggs. Here is a brief snapshot of June's life as seen through the eyes of her friends in Bridgham.

June was a great supporter of many activities in Bridgham. These included the Luncheon Club, Friday Social, Wednesday Social, Coffee Morning, Fete and many other fundraising events. She was noted for her apple pies using the delicious apples from her garden in Bridgham. She especially enjoyed her trips out on a Friday morning to the Retreat at Thorpe Woodlands where she met up with the Friday walking group for coffee and cake having got there with her "Chauffeur" Brian Scott. June loved all things especially with a food connection. She readily accepted the offer of visiting the local garden centres as she was a keen and successful gardener. She spent many a happy holiday with her two sisters and her friend Brenda Royle at Winterton-on-Sea. Caring for others came naturally to June along with housesitting friend's homes and pets on a regular basis. Swimming and water aerobics, after a fashion, was another of her pleasurable occupations sharing part of her activities with her friends Wendy Welton and June Mason. She is sadly missed by all who came into contact with her. A truly wonderful, thoughtful, reliable friend. We are all much better people for sharing part of her lifetime with her. Dear June!
With thanks to Ian Aspinall and Dorothy Scott: Editor

LOL COLYER

35 Years experience
Plastering & Building

01953 718136
07899 968505

77 Kerridges, East Harling,
Norfolk NR18 2QB

lolcolyer@live.co.uk

Touch Therapies

Health & Wellbeing

Clinical Reflexology
Skincare & Facials
Holistic Treatments
Private Treatment Studio in the
middle of East Harling

Maria Pilgrim CRM5(Dip) MAR
07375 498717

LOCAL ELECTRICIAN

 **Electric 11**

07584 316 894 FIND US ON
www.electric11.co.uk  

AJW Property Care

- Kitchen fitting
- Bathrooms
- Wet room
- Shower rooms
- En-suites
- Plumbing
- Tiling
- Electrical

Anthony Wilson
07968 630325
ajwpropertycare@gmail.com

Over 25 years experience *City and Guilds* Fully Insured
Reliable local and friendly family run company



A fun and lively interactive
sensory, music and dance class for
your baby, toddler or preschooler.

East Harling Methodist Church
Fridays: 10am Family time 11:15am Babies
www.beebopsltd.co.uk

THANK YOU

The family of Debbie Barnes would like to extend their gratitude to everyone who attended her funeral, especially those who helped to make it the send off that she deserved. Your presence meant so much to our family and the support has made an invaluable difference during this difficult time.

Thank you to Revd Simon Richardson for providing a wonderful service in the celebration of Debbie's life.

Finally, we are so appreciative of the generous donations towards the Harling Combined Trust; we know it would have meant a lot to her to support the village that she loved. She will be truly missed.



EAST HARLING CHURCH JUST GIVING PAGE IS NOW UP AND RUNNING

Our Just Giving campaign in aid of the Church Roof is titled
UNDER A DRY ROOF.

East Harling Church is such an important building and is in dire need of some serious maintenance work so we are looking for support for our **Roof Funding Appeal** and the Just Giving page is part of that fund raising effort. If you wish to donate and help to raise the necessary funds to repair the roof and make the building safe for future generations to use and enjoy, then please follow the link below

<https://www.justgiving.com/campaign/UnderADryRoof>

As you will appreciate, the Church is not only a monument to the past and to the history of the people of East Harling, it is also the home of a lively and loving community of faith, reaching out to everyone in the village and beyond. So that we can continue to be a place where God is worshipped, where children are blessed, couples proclaim their love for each other, and we can say farewell to those whom we have loved, the fabric of this beautiful building has to be maintained.

Please help us if you can, all gifts will be very gratefully received.

DIARY DATES 2022
For fundraising events, outings etc. in the parishes in the
Harling United Benefice. Full details appear in the
magazine

SEPTEMBER 2022

- 2nd Bridgham Village Hall Friday Social 6-11pm
- 2nd EHSSC Karaoke 8pm
- 3rd E Harling Church Community Café 10-12 noon
- 6th E Harling Film Club OSH 7 for 7.30pm
- 7th Bridgham Village Hall Wed Social 11-1pm
- 9th EHSSC Bingo 7.30pm
- 10th EHSSC Bass Night 8pm
- 10th Norfolk Churches Bike Ride (see page 9)
- 10th E Harling Church Afternoon Tea 3pm onward
(book your slot) further info on Page 9
- 11th E H Village Yard Sales and Scarecrow trail
- 13th Dr Bedford talk for Gardening Club OSH
7.30pm
- 14th OSH Coffee Morning 10-12 noon
- 16th Bridgham Village Hall Friday Social 6-11pm
- 21st Bridgham Village Hall Wed Social 11-1pm
- 24th Bridgham Church Coffee Morning 10-12
- 27th E Harling Parish Council OSH 7pm
- 28th OSH Ploughman's Lunch 12 for 12.30
- 30th Bridgham Village Hall Friday Social 6-11pm
- 30th EHSSC Live Music Christian Smith 8pm

OCTOBER

- 1st E Harling Church Community Café 10-12noon
- 2nd Bridgham Village Hall Friday Social 6-11pm
- 4th E Harling Film Club 7 for 7.30pm
- 5th Bridgham Village Hall Wed Social 11-1pm
- 7th Bingo Night OSH doors open 6.30 eye down 7.00pm
- 8th Harvest Supper
- 11th Gardening Club 7.30pm OSH
- 12th OSH Coffee Morning 10-12noon
- 22nd Bridgham Church Coffee Morning 10-12 noon
- 22nd E Harling Church Designers & Makers
Exhibition 10-4pm
- 25th E Harling Parish Council OSH 7.00 pm
- 26th OSH Sausage & Mash Lunch 12 for 12.30
- 29th East Dereham Brass Band Concert in East Harling
Church -Music from the Shows 7.30pm

NOVEMBER

- 1st E Harling Film Club OSH 7 for 7.30 pm
- 6th E Harling Church Community Café 10-12noon
- 9th OSH Coffee Morning
- 22nd E Harling Parish Council OSH 7.00 pm
- 23rd OSH Soup Lunch 12 for 12.30
- 28th Friends Christmas Fayer

CONTACT is published monthly by East Harling Parochial
Church Council and. Items for the October PAPER edition
should be submitted to the editor by email by 12th
September 2022 at the **ABSOLUTE LATEST**.

Please ensure that the sender's name and address or
telephone number is included in all communications.

Please don't wait until the last day as we cannot guarantee last
minute items will be printed.

EDITOR: email sue.wall@uwclub.net

TRADE ADVERTISING: contact Juliet Langridge tel: 01953
714900 or email to JulietL70@outlook.com

For enquiries regarding deliveries and insertion of flyers please
contact the Editor by email.



SATURDAY 3rd September

come and join us!
East Harling Church 10am-12.00 noon

Coffee, tea and soft drinks will be served all
morning. You will find a warm welcome, the
opportunity to chat with neighbours and friends, to
sample some delicious home-made cakes and
browse the second hand book stall.

Everyone Welcome!

Tuesday 1st September
FILM CLUB

In Harling Old School Hall
Film starts at 7.30 pm
Open at 7.15pm for crisps, popcorn,
soft drinks, teas & coffees
Bring Your Own Bottle!

This 2012 film stars [Maggie Smith](#), Tom
Courtenay, [Billy Connolly](#), and Pauline
Collins, and is directed by [Dustin Hoffman](#).
The film focuses on the residents of
Beecham House, a retirement home for
professional musicians, and their efforts to
put on an annual fundraising concert in
honor of Giuseppe Verdi's birthday.



Adult £5.00 / Child £2.50
EVERYONE WELCOME

East Harling Church
East Dereham Brass Band
Music from the Shows

Saturday 29th October

7.30pm

Tickets £10

Including Interval Refreshments

Call Sue 01953 718658