



# CONTACT

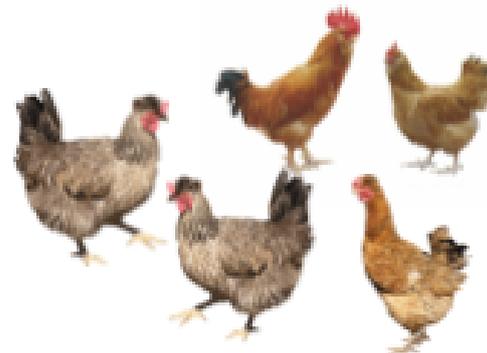
EAST HARLING - WEST HARLING - BRIDGHAM - ROUDHAM -  
BRETTENHAM - LARLING

## VILLAGE NEWS AND EVENTS

CHURCH SERVICES & NEWS PAGES 3 AND 5  
NEWSLETTER ON ECOCHURCH SEE PAGE 6  
EVENTS PAGES 9, 10 & 14  
GARDENING NOTES SEE PAGE 13  
HARLING 10 K RUN REMINDER -SEE PAGE 14  
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HARLINGS LOST LANES AND HIDDEN  
BYWAYS - ROMAN ROADS - SEE PAGE 16  
BRIDGHAM PARISH TRUSTS - SEE PAGE 18  
BRIDGHAM EVENTS - SEE PAGE 18  
CONTACT DIARY SEE PAGE 20

**Please note amended  
opening times in Sept  
at the Post office  
see page 5**



Events this month and places to visit

8—17th September—Heritage Open Days where interesting places are open which are not normally or are free where they usually charge an entrance fee check out their web site for places to visit during this period at [www.https://norfolkheritageopendays.co.uk/](http://www.https://norfolkheritageopendays.co.uk/)

At the Forum in Norwich the Norwich Society is celebrating 100 years, with a fascinating photographic display and people's choice slide show.

There are plenty of fantastic events taking place in every district, from the gory history of justice in Thetford, to Dereham's Fiery Dragon, to the unique history of Cromer architecture, there is something for everyone.

Wymondham Vintage Day 17th Sept -see  
<https://www.wymondhamtownteam.org/vintage-day-2023>

[www.harlingguiltcrossbenefice.org.uk](http://www.harlingguiltcrossbenefice.org.uk)



Also published online on the following web pages  
<https://www.facebook.com/ehsspp20/>

<https://www.harlingguiltcrossbenefice.org.uk/or-churches/east-harling-st-peter-and-st-paul/contact/>

<https://roudhamandlarling-pc.norfolkparishes.gov.uk/2020/08/17/contact-magazine/> for Roudham and Larling

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**The Rectory, Church Road, East Harling. NR16 2NB**

**~ Welcome to our Services in September 2023 ~**

**Midweek Communion every Wednesday at 11.30am in East Harling Church**

Date	E Harling	Garbl'sham	Wretham	Bridgham	Larling
<b>Sunday 3<sup>rd</sup> September Trinity 13</b>	<b>11.00 am All Age  6.00pm Soul Café In the Old School Hall</b>	<b>9.30 am Holy Communion</b>	<b>9.30am Service of the Word</b>	<b>11.00am Holy Communion</b>	
<b>Sunday 10<sup>th</sup> Sept Trinity 14</b>	<b>9.30am Holy Com'union</b>	<b>9.30 am Holy Communion</b>			<b>11.00am Holy Com'union</b>
<b>Sunday 17<sup>th</sup> Sept Trinity 15</b>	<b>9.30am Holy Com'union  6.30pm Harling Praise at Methodist</b>	<b>11.00am All Age</b>	<b>9.30am Holy Communion</b>	<b>11.00am Service of the Word</b>	
<b>Sunday 24<sup>th</sup> Sept Trinity 16</b>	<b>9.30am Holy Com'union</b>	<b>9.30am Holy Communion</b>			<b>11.00am Service of the Word</b>

Date	Rushford	Shropham	Brettenham	Riddlesworth	Blo'Norton
<b>Sunday 3<sup>rd</sup> Sept Trinity 13</b>	<b>9.30am Holy Com'union</b>				
<b>Sunday 10<sup>th</sup> Sept Trinity 14</b>					<b>11.00am Holy Communion</b>
<b>Sunday 17<sup>th</sup> Sept Trinity 15</b>		<b>9.30am Holy Communion</b>			
<b>Sunday 24<sup>th</sup> Sept Trinity 16</b>			<b>11.00am Holy Communion</b>	<b>6.00 Holy Communion</b>	

**METHODIST CHAPEL WHITE HART STREET**

**Methodist Services in September**

3rd September 10.30am - Local arrangement  
6pm Soul Cafe at Old school Hall  
10th September 6.30pm Mr Nev Hodson  
17th September 10.30am Rev David Ely Communion  
service  
6.30pm Harling Praise at Methodist  
Church  
24th September 6.30pm Rev Paul Mellor

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## Parish Records 2023 ~

None this month

### CHRISTMAS TREE FESTIVAL 2023 🌲🌲🌲

After another successful Christmas Tree Festival in December, 2022, we are now starting to put together our list of participants for the Christmas Tree Festival, 2023.



As in previous years we are hoping for local schools, clubs, businesses, shops and individuals to take part by decorating a tree. Last year we had over 70 trees on display for all the visitors to enjoy. It was truly amazing and we couldn't have achieved that without all of your support.



For those who haven't participated before, you will need to bring your own tree, real or artificial. Trees can be any size as we like a good variety. You will also need to bring your own decorations, including battery operated lights, as there are very few electric sockets in the church. Your decorations do not have to be standard tree decorations, though we welcome those too. We have been delighted with the imaginative and inventive ideas on show in the previous two years.



The following is a list of dates and times for decorating your trees:

Monday 4th December 10 - 3pm

Tuesday 5th December 10 - 3pm

Wednesday 6th December 12.30 - 6pm

Thursday 7th December 10 - 7pm

If none of these are suitable for you, please contact Susan to arrange a more suitable time.... 07890 102392 or email the address below.



If you would like to participate this year, or have any questions, please

contact Susan Wilson by phone: call 07890 102392, send a message or email: [susanmwils@gmail.com](mailto:susanmwils@gmail.com)

Times for visiting the Christmas Tree Festival will be published in a later Contact Magazine and advertised on our church Facebook page and website.

### Floodlighting September 2023 ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 Hamblings Piece, East Harling. NR16 2PZ

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please).

Thank you to all who sponsor the floodlighting of East Harling Church



**!!!HARLING SINGERS – ALL WELCOME!!!**

Are you new to the village and want to meet new people? Not looking forward to the winter blues?

Singing is a proven way to improve your well-being. We are a fun and family friendly choir based in East Harling. No experience required.

We're looking forward to restarting rehearsals after our summer break on 11 September. Rehearsals are in East Harling church on Monday evenings every other week. 7:15-8pm and just £2.50 per person or £4 if you bring your family.

For more info please call or text Lydia on 07851 098652 or email [lydiaogorman.music@gmail.com](mailto:lydiaogorman.music@gmail.com)

### EAST HARLING POST OFFICE

#### Temporary change to opening hours

The opening hours at the Post Office will temporarily change for 10 days in September as follows.

Monday 18<sup>th</sup> – Friday 22<sup>nd</sup> September  
Open 9 am to 1 pm. Closed in the afternoons.

Saturday 23<sup>rd</sup> Sept - 9 am to 12.30 pm  
Sunday 24<sup>th</sup> September - Closed.  
Monday 25<sup>th</sup> September - 9 am to 1 pm.  
Closed in the afternoon.  
Tuesday 26<sup>th</sup> September - 9 am to 1 pm.  
Closed in the afternoon.  
Wednesday 27<sup>th</sup> September - normal opening hours 9 am to 5.30 pm.

Sorry for any inconvenience.

Ruth Lawrenson

East Harling Methodist Church

Harvest Festival

Sun 8<sup>th</sup> Oct

at 10.30am

& 6.30pm

With Bring and share lunch

ALL WELCOME!



## ECO CHURCH

AN A ROCHA UK PROJECT



We really enjoyed the rare sight of an adult hedgehog sniffing around outside our friends' patio the other night while we were having dinner. We have also been surprised about how a few changes in the way we garden has, in a very short time, boosted the amount of wildlife. Half a lawn dug up and planted with vegetables and flowers provides us and a variety of insects and birds a multitude of treats. No-mow May gave us a colourful vibrant ecosystem with the romance of a little mown path down to a shady bench to admire the bees. And our garden is not very big!

What we do in our own lives can make a difference, however small, to the 2 great issues of the day – biodiversity loss and changes in weather patterns. We are learning, as individuals, how to become people who, once again, love and nurture the earth and all its inhabitants. However, individuals working on their own is not enough. Institutions and governance also has to help and support those changes.

The Church of England has encouraged all churches to become involved in EcoChurch, a programme from A Rocha, a Christian charity which works to equip people to protect and restore the environment and manage land so that it is good for nature and for us. EcoChurch provides a toolkit of resources to help identify where improvements can be made in how we use our land and our buildings, how we are involved in our community, how we live and how we worship. As progress is made, awards are given. The aim is for 25% of all churches to be involved in the scheme with over 2000 churches already achieving awards.

Progress can be made with a range of projects – there are lots of possibilities - looking at the food we buy, through art, through the way we worship and pray, how we garden, even reading a book together.

The Anglican Church, here at East Harling, have set ourselves the target of achieving a Bronze Award. One of our first projects is looking at the way we care for our churchyard. EcoChurch have targeted 25 species that are under threat and offer help and support to identify, record and suggest actions that can be taken to boost local populations. These threatened species include swifts, the common oak and hedgehogs - all species that we would consider an everyday sight in the British countryside. Churchyards are particularly important pieces of land as they are unfertilised and often undisturbed for decades acting as a seedbank for rare plants and insects.

As our villages grow, a wonderful vision for the future would be for us, as a whole community, to work together to create nature pathways so that both we and nature can flourish. We know there are lots of you already working to make a difference in loss of habitats and climate change. We would love to connect with you and anyone else who just loves nature and would like to work together. What we can do, depends on you! Counting butterflies and birds, making nature friendly spaces in the churchyard, making nest boxes, a reading group – the possibilities are endless!

For more information, you might like to look at this video from Bishop Graham [https://youtu.be/JPU8Emy\\_6pk](https://youtu.be/JPU8Emy_6pk) or contact us on [lynnandtony@outlook.com](mailto:lynnandtony@outlook.com)

*Reverend Lynn and Tony Fry*

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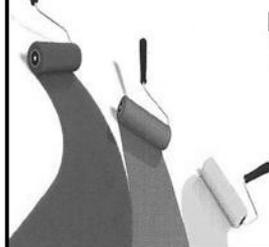
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# THE GREAT HARLING BAKE OFF



Coming Sunday 1st October

at and raising money for the Old School Village Hall  
**CATEGORIES**

1. SCONES; PLATE OF 6, SWEET OR SAVOURY
2. BISCUITS; PLATE OF 12
3. FREESTYLE; BRING YOUR BEST BAKE CAKE ALONG
4. BEST JAM
5. BEST CHUTNEY

**FOR THE KIDS... FREESTYLE**  
**AGES**  
**-7 AND UNDER**  
**-8-12**  
**-13-17**

To enter, bring your bakes to the hall on Sunday 1 October  
£3 entry per category or enter all 3 for £4.

Prizes for the winners

For more info, see our website  
[www.harlingoldschoolvillagehall.co.uk](http://www.harlingoldschoolvillagehall.co.uk) or our notice board  
outside the Village hall in September.  
[eastharlingevents@gmail.com](mailto:eastharlingevents@gmail.com)

## EAST HARLING GARDENING CLUB

August saw our club horticultural show and mangle We had the largest number of entries since before the pandemic, and all to a very high standard. In spite of a few hiccups setting up it was a very good evening.

Congratulations to:

### Vegetable Section

- |                 |              |
|-----------------|--------------|
| 1 <sup>st</sup> | Anne Lake    |
| 2 <sup>nd</sup> | Brian Rayner |
| 3 <sup>rd</sup> | Steve Robb   |

### Flower Section

- |                 |                                       |
|-----------------|---------------------------------------|
| 1 <sup>st</sup> | Anne Lake                             |
| 2 <sup>nd</sup> | Mary Murray                           |
| 3 <sup>rd</sup> | joint: Brian Rayner    Joyce Fletcher |

### Flower Arranging Section

- |                 |                                 |
|-----------------|---------------------------------|
| 1 <sup>st</sup> | joint: Anne Lake    Mary Murray |
| 2 <sup>nd</sup> | Joyce Fletcher                  |

### Overall Winners

- |                 |              |
|-----------------|--------------|
| 1 <sup>st</sup> | Anne Lake    |
| 2 <sup>nd</sup> | Brian Rayner |
| 3 <sup>rd</sup> | Mary Murray  |

Please note that the Cambridge trip has been cancelled, and there will be No meeting in September



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School Lane, East Harling, Norfolk, NR16 2LU

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**9am to 2pm**

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Bacon rolls, drinks and  
maps available in the Hall

Join us for coffee and lunch and a  
chat with other villagers and  
friends ...

### **COFFEE MORNING**

With sausage rolls, cheese scones & tea cakes  
**Wednesday 6<sup>th</sup> September - 10 - 12noon**

### **LUNCH with pudding**

**Wednesday 20<sup>th</sup> September - 12 for 12.30**

Registered Charity No 208674 [www.harlingoldschoolvillagehall.co.uk](http://www.harlingoldschoolvillagehall.co.uk) [Harling Old School Village Hall](https://www.facebook.com/Harling-Old-School-Village-Hall)

## HARLING WOMEN'S CONSERVATIVE GROUP

The next meeting will be held at 12.00 on Wednesday, 13<sup>th</sup> September at 8 The Bailwick. Gill Gallagher will be giving a talk about Riverbank Archaeology, after which a light lunch will be served.

## East Harling Wednesday Fellowship Group 7:30pm

We are a group that meets weekly on a Wednesday evening for Bible Study, worship, to share and pray together. We meet in homes across the village and are a group that is made up of local people from different churches including C of E, Methodist, Roman Catholic and others.

Attending a formal church on a Sunday is not a pre-requisite for joining our group! Our common understanding is that Jesus Christ is fully God and that the Bible is reliable and relevant in today's troubled (difficult) times. If you would like to know more about this group or would like prayer for something (we believe in miracles) or would like to understand more about the Christian faith, we would love to hear from you. Stuart Langridge ([eaton42a@hotmail.com](mailto:eaton42a@hotmail.com) or 01953 714900)

## **FELINE CARE**

rescue sanctuary advice rehoming

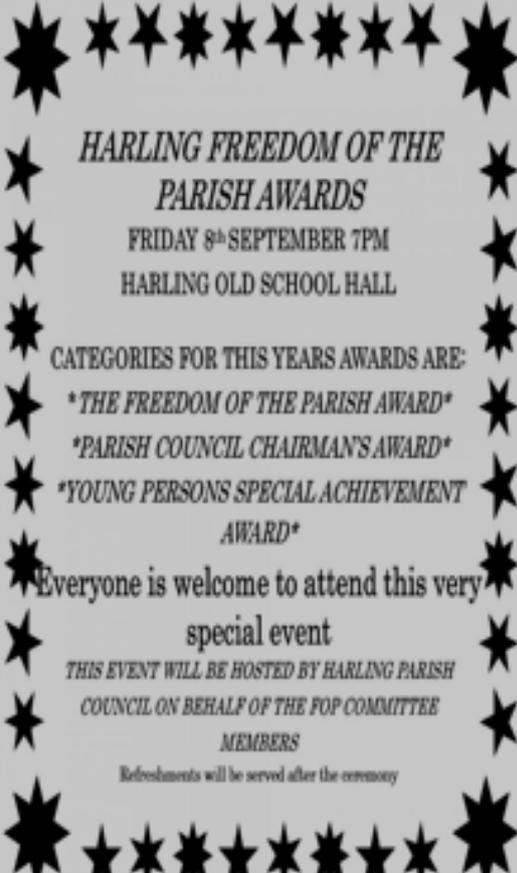
## **Pop Up Shop**

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**HARLING FREEDOM OF THE  
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 \*PARISH COUNCIL CHAIRMAN'S AWARD\*  
 \*YOUNG PERSONS SPECIAL ACHIEVEMENT  
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 THIS EVENT WILL BE HOSTED BY HARLING PARISH  
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 MEMBERS  
Refreshments will be served after the ceremony



If you are interested in theatre either backstage or for an acting part, please join us for an informal chat (wine and nibbles) and a read through our next play  
**BLACKADDER GOES FORTH**

Please join us  
**14<sup>th</sup> September 2023**  
 At 7.30pm  
 At Old School Hall  
 School Lane  
 East Harling  
 NR16

Please RSVP Sharon  
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.co.uk](mailto:sharon@verdebusinesssolutions.co.uk)  
 07808509110

## Coach Trip to Bury St Edmunds including Pantomime

Wednesday 6 December  
 Leaves Market Square at 10 am  
 Approx 2 hours in Bury St Edmunds before a matinee  
 performance of Snow White  
 Cost £ 30  
 For tickets phone Mary on 01953 717193  
A community event organised by East Harling Gardening Club

### LUNCH CLUB

Despite recruiting one cook we have been unable to persuade anyone else to join the team, so sadly after several ads in the magazine and asking around, it is with regret that we have come to the conclusion that it is not possible to get the club up and running again at this time.

In any event, most of the committee were older than the majority of the club members, and we were left with just one member of the committee and myself as treasurer.

However, if in the near future anybody wants to set up something similar, we would be happy to advise or help in any way we can. Please can you contact the [Editor](#).

### EVENTS AT SWT REDGRAVE AND LOPHAM FEN NEAR BRESSINGHAM, IP22 2HX

#### September 2023

#### Weekend Wildlife Club

Saturday 23 Sept, 10.30am-12.15pm, £5  
 Monthly club with wildlife-themed activities for 6-11 year olds.

#### Young Naturalists

Saturday 23 Sept, 1.30pm-3.30pm, £5  
 Monthly session for 11-16 year olds to explore, investigate and learn about the wildlife and habitats of the Fen.

#### Needle felted curly hedgehog workshop

Sunday 24 Sept, 10am-1pm  
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**Booking essential for all activities unless otherwise stated.**

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## THE GARDEN IN SEPTEMBER



Harvest, Harvest Harvest!

This is where the harvesting of your produce steps up a gear and you discover that all of your neighbours have gone off courgettes!

This is being written in early August after July was a wash out and August has started the same way. The suggested tasks below assume we have a "normal" September.

**Lawns:** Keep mowing. If you have any bare patches now is a good time to sow seed when the ground is still warm and the temperatures are unlikely to reach extremes in either direction. It is also a good time to sow whole new lawns – get them as flat as possible and firm by walking on a plank (or using a roller if you or a neighbour have one, rake and sow the new seed. Keep moist and give a cut towards the middle of October with the blades of your lawnmower set high.

**Pruning:** Prune buddlia hard when it finishes flowering.

**Cuttings:** Take semi hard cuttings of evergreen shrubs and trees, and shrub roses

**Plant:** Plant or move evergreen shrubs, trees and hedging later in the month. Keep watered if necessary.

**Perennials:** Keep dead-headed (unless you are leaving seed for the birds) and cut down any any dead stems

**Dahlias:** Keep dead headed. Water if necessary and check your supports – we can get some strong winds in September.



**Annuals:** Hardy annuals can be sown in a greenhouse or cold frame over the next couple of months ready to plant out from March. Prick out when large enough to handle.

**Biennials:** such as foxglove, hollyhock and forget me nots can be planted out so that they get a good start next year.

**Bulbs:** Plant daffodils. Pot up bulbs for indoor flowering. Leave tulips until late October/early November.

**Vegetables:** You can still sow radishes and winter spinach. Plant out spring cabbage plants towards the end of the month. .

Harvest whatever is ready

### **Pots and Tubs**

Pots which can then be planted on into tubs when you clear the summer bedding out. Daffodils and tulips can be planted remarkably deep in a tub leaving plenty of space at the top for planting for spring colour, (primroses, pansies, bellis all do well) It is too early to plant tulips in the ground.

*Good Gardening  
Kevin*

---

### **EAST HARLING WI**

In July, a few members met at Lynford Arboretum for a short walk. It was a nice evening and we saw many tadpoles, and a couple of stunning Rhodesian Ridgeback - I now know why they are called Ridgebacks!!

After a brief walk around the lake, we had a lovely picnic by the Cafe - many thanks to Sue and all other members for bringing such a selection, and everyone thoroughly enjoyed the evening.

In September we will be having a talk by Richard Evans about Local Waterways - the competition is a photo of a river.

East Harling WI meet on the third Tuesday of each month, usually at the Village Hall for 7.30pm. We look forward to seeing new and old faces. If you have any questions please ring me Jackie Underwood on 07725 126115.

**REMINDER - HARLING 10K RUN**

The planning for this year's Harling 10k is going well, race start 10.30 on Sunday September 3<sup>rd</sup> if you or a friend would like to take part go to [totalracetiming.co.uk/race](http://totalracetiming.co.uk/race) or [harlingathletics@gmail.com](mailto:harlingathletics@gmail.com) and follow the link, hopefully it won't be quite so hot this year.

If you have marshalled for us in the past or helped us in any way we would really like your help again, if we have not been in touch please give either Jenny or myself a call if you are available Jenny 07901530638 Chid 07881417807.

We will be holding a pre-race marshal / helpers meeting **on Friday Sep 1<sup>st</sup> at the club 7.30 start** so everyone is singing from the same sheet.

Thanks to all involved the race it is a real village team effort and good luck to all the runners.  
Chid Blades and Harling Athletics Club.

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**Contact Book review – September 2023**

The cooler weather has definitely encouraged me to return to reading, I'm hoping the sunshine will return, no sign of it yet in early September unfortunately. If you are also an avid reader, as I usually am, this is an ideal time to sit down, chill out and read some good books.

I have recently been given a recommendation by an avid reader in a local group, the David Raker series, written by Tim Weaver. I like reading crime books anyway, but I had not heard about this author. He has

had an amazing career already. I must warn the reader that they can be a bit gory, more so than the often used "who did it" option. His books are more complicated than that, but you "have" to keep reading.

**Tim Weaver's First book - Chasing the Dead**

Tim Weaver is particularly good at setting the scene, where you are now, and what has happened before. It is not like those books that change the times every chapter. This is written in a better cohesive way. As a first novel, I can see he was trying out what worked and did not, etc.

The back cover of the book says this *"Mary Towne's son, Alex, went missing six years ago. Five years later he finally turned up – as a corpse in a car wreck. Missing persons investigator David Raker does not want the work: it's clearly a sad case of mistaken identity brought to him by a woman unable to let go of her son. But haunted by a loss of his own, Raker reluctantly agrees—big mistake.*

I was hooked from the first page. His writing almost draws you into what will happen now or what has happened of which you are not aware. Compelling. I have highly recommended it. However, due to the graphic details in the middle of the book, I had to read it in chunks, as it was gruesome. Beware.

**Susan Hill – Howards End is on the Landing, A Year of Reading from Home**

I am a great fan of anything that Susan Hill writes. I am her no 1 fan of her Simon Serrailer novels, all eleven. However, this book was a great surprise but very welcome.

It is quite a short book of 230 pages, but it describes every book she finds on her bookshelves. However, it was first printed in 2010, well before Covid hit any of us, but is such a great idea to review the books already sitting on your bookshelves before buying any more. Tempting as it is to get the latest book in a series you love, its always good to have a review.

I thoroughly enjoyed this book from the moment I started. There is no set format, but each chapter describes the books in such brilliant detail that you want to hear more about them. Some were familiar to me, some definitely not. Worth a read.

**Jake Fiennes – Land Healer**

This book was recommended in the local free magazine and sounded interesting, so why not? It is a book describing farms across East Anglia facing the current farmers' crisis, which are all too familiar to us. While reading, it was an exceptionally enjoyable book. I found it heartbreaking at times. It was definitely a good read.

*Thanks Sally – very good as always! Ed.*

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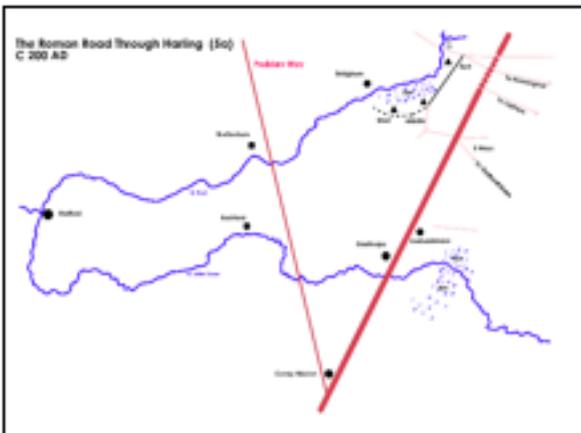
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NR16 2SR

## EAST HARLING

### TALES OF OLD HARLING 18. (its lost lanes and hidden highways 3) The Roman road through East Harling. David Bailey.

Yes—a Roman road really does go right through the middle of our village. Many sections of its 70 mile route can be traced from the Roman site at Crownthorpe (north of Wymondham) all the way to the Roman garrison town of Chelmsford. It passes through Harling southwards from the Eccles Road where its route disappears as it reaches the Quidenham Road.



The route would have continued across the Kenninghall road (east of the school), Jubilee avenue and Lopham road, where it re-emerges to become its longest visible section along the Garboldisham road downhill to the five-ways, to Gasthorpe and Coney Weston where it joins the PEDDARS WAY, then onwards to Chelmsford. You get the best view of this 2,000 year old Roman road as you drive out of the village on the Garboldisham road all the way downhill to the five-ways and the straight road beyond (Gasthorpe Rd).



Roman Road from Five Ways towards E. Harling

So, the obvious questions are --why is this Roman road here, in the middle of nowhere? And why does it go to Chelmsford?

When the Romans invaded southern Britain during the mid 1<sup>st</sup> century they needed to fight their way northwards quickly to consolidate their gains--BUT they did not allow for the tenacity or the obstinacy of the good people of 'Northfolk'--- who would not buckle under to their demands. This corner of Breckland had been getting on with life peacefully for several thousand years and was now part of a greater tribe of people--- THE ICENI. It enjoyed a well organised way of life with an established monetary system and, as you know, was ruled by King Prasutagus and his wife Queen BOUDICCA. By A.D.60 the invading Roman army had reached the southern limits of the Iceni territory on their push northwards. They thought the Iceni would be a walk-over but after discovering that diplomacy and bribery followed by force-of-arms didn't work, they killed King Prasutagus. They then got more than they bargained for when Queen Boudicca led the Iceni and neighbouring tribes in a revolt-- which almost succeeded in kicking the Romans out of Britain! The full story is told elsewhere, but the outcome of this bloody conflict was a final battle where tens of thousands of Iceni were slaughtered ---and ICENI territory becoming a small part of the mighty Roman Empire.

As you will know, the Romans liked to build roads---so,still fearful of the rebellious ICENI, they quickly built a network of them to ensure their army could quickly march back into 'Northfolk' to quell any trouble --while they got on with conquering the rest of Britain. And so it was that this corner of Breckland--the land-between-two-rivers ---was surrounded by Roman roads. Boudicca had given the Romans a bloody nose---and they didn't like it!

There were four main north/south Roman roads built or improved through ICENI territory to ensure quick access to 'Northfolk' from their army garrisons at Colchester and Chelmsford.

ICKNIELD WAY. This was a prehistoric trackway, not strictly speaking a "Roman road "but was undoubtedly used and widened by them. This ancient trading route connected the south coast to Norfolk. Its final destination is unclear and difficult to trace north of Thetford where there was an important ICENI settlement.

PYE ROAD. To the east of The Harlings. It connects the ICENI town of Venta Icenorum (near Norwich) to the main Roman garrison at Colchester. This road exists today as the A 140.

PEDDARS WAY. To the west of The Harlings. It is probably an earlier prehistoric trackway that was substantially improved by the Romans.



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Continued from Page 16

This road connects the Wash to the heart of ICENI territory and would have been quickly accessed by the Roman naval fleet from newly-conquered York via the Lincolnshire coast, or by land by the Roman army from their garrison at Chelmsford.

HAVERSCROFT STREET (a later name). It is this Roman road that passes through the centre of East Harling. Its original route has only relatively recently been traced and described from the numerous sections that have survived (*Ivor Margay's book of Roman roads 1955 and by Barbara Green of The Norfolk Museums Service in 1964*). The route appears to begin from the (later) Roman settlement at Crownthorpe (just west of the ICENI town of Venta Icenorum (near Norwich)) and then southwards via Wymondham, Attleborough, EAST HARLING, Gasthorpe and Coney Weston where it joins the PEDDARS WAY. The route then continues via Ixworth, Thurston, Bradfield (A 134), Long Melford, Halstead, and Braintree (A 131) and then on to the military garrison at Chelmsford.



(The four main Roman road networks in ICENI territory from the garrisons at Colchester and Chelmsford)

SO--this network of north/south roads, each connected by a series of smaller east/west roads, ensured that the iron fist of the mighty Roman Empire would forever threaten the ICENI from all directions should they even think about causing more trouble. If they did, then East Harling would certainly NOT have been --"in the middle of nowhere---".

David Bailey.  
*With thanks to Stuart Frost for the maps  
And to Gill Frost for the photo*

## BRIDGHAM CHARITIES TRUST

These Trusts exist to help any resident of the parish of Bridgham who is in need, hardship or distress. Money available from the Trust this year will be distributed during November 2023.

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Next on 4<sup>th</sup> & 18<sup>th</sup> September

(Bring along any craft you would like to, have a chat,  
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## DIARY DATES 2023

For fundraising events, outings etc. in the parishes in the  
Harling United Benefice. Full details appear in the  
magazine

### SEPTEMBER 2023

- 1<sup>st</sup> Bridgham Village Hall Friday Social 6-11pm  
2<sup>nd</sup> NB there is no Community Café today instead please  
come along to our very special Afternoon Tea  
2<sup>nd</sup> East Harling Church posh Afternoon Tea from 3pm  
2<sup>nd</sup> Feline Care pop up shop 10 – 1pm  
3<sup>rd</sup> Harling 10K Run race start 10.30am  
5<sup>th</sup> Harling Film Night OSH 7.15 for 7.30pm  
6<sup>th</sup> OSH Coffee Morning (Mardle) 10-12  
6<sup>th</sup> Bridgham Village Hall Wed Social 11-1pm  
9<sup>th</sup> Norfolk Churches Trust Sponsored Bike Ride (walk,  
ride, bike) 9am – 5pm (check in at E Harling Church)  
10<sup>th</sup> ~~Gardening Club outing to Cambridge all welcome!~~  
(Cancelled – no meeting this month)  
10<sup>th</sup> OSH Yard Sales & Scarecrow Trail (see advert p 9)  
15<sup>th</sup> Bridgham Village Hall Friday Social 6-11pm  
20<sup>th</sup> OSH Lunch 12 for 12.30  
20<sup>th</sup> Bridgham Village Hall Wed Social 11-1pm  
22<sup>nd</sup> Concert Korens EXtensia Swedish Music group  
returns to East Harling Church NB 6pm start (free)  
23<sup>rd</sup> Bridgham Church Coffee Morning 10-12  
26<sup>th</sup> E H Parish Council Meeting OSH 7pm  
29<sup>th</sup> Bridgham Village Hall Friday Social 6-11pm

### OCTOBER

- 1<sup>st</sup> OSH Great Harling Bake Off  
3<sup>rd</sup> East Harling Film Night OSH 7.15 for 7.30pm  
4<sup>th</sup> OSH Coffee Morning 10-12  
7<sup>th</sup> East Harling Church Community Café 10-12  
7<sup>th</sup> Feline Care pop up shop 10 – 1pm  
13<sup>th</sup> Bridgham Village Hall Friday Social 6-11pm  
18<sup>th</sup> OSH Lunch 12 for 12.30  
24<sup>th</sup> E H Parish Council Meeting OSH 7pm  
28<sup>th</sup> Bridgham Church Coffee Morning 10-12  
28<sup>th</sup> EH Church Variety Show OSH 7.00pm

### NOVEMBER

- 4<sup>th</sup> East Harling Church Community Café 10-12  
4<sup>th</sup> Makers & Designers exhibition  
4<sup>th</sup> Feline Care pop up shop 10-1pm  
8<sup>th</sup> OSH Coffee Morning 10-12  
11<sup>th</sup> OSH Quiz night  
22<sup>nd</sup> OSH Lunch 12 for 12.30  
25<sup>th</sup> EHSSC BIG QUIZ doors open 6.30pm for 7.30pm

### DECEMBER

- 2<sup>nd</sup> East Harling Church Community Café 10-12  
2<sup>nd</sup> OSH Christmas Lights & Market  
4<sup>th</sup>, 7<sup>th</sup> E Harling Church Christmas ~~Tree~~ Festival Decoration  
6<sup>th</sup> Gardening club trip to the Panto at Bury St Edmunds  
all welcome!  
6<sup>th</sup> OSH Coffee Morning & Tombola

**CONTACT is published monthly by East Harling Parochial  
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EDITOR: email [sue.wall@uwclub.net](mailto:sue.wall@uwclub.net)



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