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East Harling Church
Afternoon Tea

Saturday 22nd June 2024

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~ Welcome to our Services in June 2024 ~

Midweek Communion every Wednesday at 11.30am in East Harling Church

Date	E Harling	Garbl'sham	Wretham	Bridgham	Larling
Sunday 2 nd June Trinity 1	11.00 am All Age 6.00 pm Soul Café In O S Hall	9.30 am Holy Communion	9.30 am Service of the Word	11.00 am Holy Communion	
Sunday 9 th June Trinity 2	9.30 am Holy Communion	9.30 am Service of the word			11.00 am Holy Com'union
Sunday 16 th June Trinity 3	9.30 am Holy Communion 6.30pm Harling Praise	11.00 am All Age	9.30 am Holy Communion	11.00am Service of the Word	
Sunday 23 rd June Trinity 4	9.30 am Holy Communion	9.30 am Holy Communion			11.00 am Service of the Word
Sunday 30 th June Trinity 5					

	Rushford	Shropham	Brettenham	Riddlesworth	Blo'Norton
Sunday 2 nd June Trinity 1	9.30am Holy Communion				
Sunday 9 th June Trinity 2					11.00am Holy Communion
Sunday 16 th June Trinity 3		9.30am Service of the word			
Sunday 23 rd June Trinity 4			11.00am Holy Communion	6.30 BCP Evensong	
Sunday 30 th June Trinity 5		11.00am Benefice Service			

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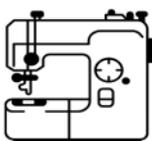
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Parish Records 2024 ~

None this month

~ Floodlighting ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 Hamblings Piece, East Harling. NR16 2PZ.

27th June

DEBBIE BARNES You left us two years ago, we love and miss you so much. Forever in our hearts, from all your brothers and sisters.

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please).

Thank you to all who sponsor the floodlighting of East Harling Church

FOOD BANK

Please Remember!



Items for delivery to Thetford Food Bank can be left in the hamper at the rear of the pews in East Harling Parish Church.

Tinned and non-perishable dry goods (eg sugar, cereals) and toiletries welcome.

No fresh fruit or vegs please.

All items must be 'in date'.

Your gifts will be collected regularly.

Thank You!

Everyone is invited to
Soup Church

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Homemade lunch



East Harling Methodist Church
White Hart Street

11.30am Tues 18th June
Theme: Kindness!

METHODIST CHAPEL WHITE HART STREET Methodist Services in June

June 2nd 10.30am Mrs Linda Spencer
6.00pm Soul Cafe at Old school Hall
9th 6.30pm Mr Pat Mottram
16th 10.30am Mrs Jane Mottram
23rd 6.30pm Mrs Jane Mottram
30th 6.30pm Rev David McAloon

FRIENDS OF EAST HARLING CHURCH

It was lovely to see so many at the Coffee morning in May hosted by the Friends. The Chocolate Tomobola was a great success and we raised significant funds towards the Church Roof!

Some dates for your diaries,

14th June at 7pm in East Harling Church

An evening of history celebrating the life of Sir Thomas Lovell-Free Event - DONATIONS for the Roof Fund welcome.

6th July 9.30 am before the coffee morning Friends AGM all members welcome.

Methodist Church

East Harling

White Hart Street

**Strawberry
Cream Teas**



Sat July 13th

3pm - 5pm

ALL WELCOME!



Dear friends

What wonderful weather we've been having ... after what feels like a very long stretch of wind, and rain, and grey days, it is such a joy to have the sun and the blue sky. Almost inevitably, of course, the rain is surely not that far away; but the last few days have been magical.

Of course, one of the things that this leads to, if you are fortunate enough to have a garden, is gardening. For some people, I know that there is no greater joy than getting out there, getting your hands in the soil, planting this, and dead-heading that (I have no idea if May is the right time of year for any of this), but not all of us feel like that. I love looking at a well-cared-for garden, but I am not really that interested in the caring for itself.

So when my partner informed me he had bought a leaf blower, I could hardly have been less interested. However, when it arrived, and I (rather bad-temperedly, it has to be admitted) started doing some jobs of a Saturday morning, I realised that it is a genius invention. With a literal flick of the switch, it immediately blows everything out of the way, and everything is suddenly tidy and looking great. I absolutely love it.

OF course, when we have the right tools, every job is made easier. Yesterday, I was using a leaf blower to tidy up leaves and dust and dirt – and was able to do it efficiently and well, because I was using the right tool. This morning, Sunday, I was in Church. This past week has been tricky personally, with various things happening in my family and in my own life. Like anyone else, I need to know how to deal with all of that. And I find that Church gives me the right tools for that.

There is the building and its beauty and history ... the prayers where I can stop and share my thoughts, my questions, my needs with God, and listen to what God says through the words of Scripture ... the meal that we share, the bread and wine, through which, somehow or other, Jesus is made present to me and strengthens me for every need ... and the people I gather with, with whom I can have a laugh, and share that past week, and be reminded that I am not alone in all this.

Whatever life throws at you on the practical level, I hope that you have the right tools to hand. For life itself, the strength, patience, joy and hope we all need are on offer, and we can find the best tools on offer within the community that Jesus is forming in the Church. You are always welcome to find your own peace and joy in our Churches and our fellowship.

Yours with love

Simon

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Spend a relaxing day in St Peter and St Paul's Church at East Harling. Learn to make a textile picture, using simple techniques and explore your own unique creativity. You will be given complete instruction by Sharon as well as written instructions and ideas sheets. All materials are provided.

Making textile pictures is a delight and hopefully you will

come away from this workshop, full of inspiration. No previous experience is necessary other than maybe the most basic sewing skills.

Sharon Blackman is a textile artist from Chelmsford and has been making textile pictures from recycled fabrics for about 25 years. She has a quirky, folk art style and particularly loves to make pictures inspired by gardens, cottages, the seaside and the beautiful, simple everyday pleasures of life. She sells her original pictures and cards all over the world and has a large online following. She loves to inspire others to make textile pictures and to receive the same joy and peace that this technique has given to her.

Saturday 20th July 10.00 to 3.00. Hot and cold drinks will be provided throughout the day. You will need to bring your own packed lunch or take a walk and buy something at our local shops. Limited to 15 places. Pre-booking only. Cost £35. To book a ticket contact Lynn Fry on 07554930054 or email lynnandtony@outlook.com

WHAT'S ON AT THE VILLAGE HALL



WED 5 JUNE
Coffee morning
10-12 noon

SUN 8 JUNE
Cake stall
at village D Day event
10-12 noon



WED 28 JUNE
Burger Lunch
served with pasta salad
and desert
12 for 12:30
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EAST HARLING FETE
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EAST HARLING WI

In April we had a quiet evening and SJ made us use our brain cells with a quiz which we all enjoyed.

In June, we will be meeting at the Cafe at Lynford Hall. We will be going for a short walk around the arboretum, and then will have a picnic outside the cafe. Please bring a plate of nibbles or goodies. We will be meeting at 7.00pm, and look forward to seeing you there.

East Harling WI usually meet at the Old School Hall on the third Tuesday of each month, and look forward to seeing new and old faces.

FELINE CARE rescue sanctuary advice rehoming

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WEAVE & UNWIND Workshop
Making a Garden Obelisk



We enjoyed a really good class learning a bit about willow weaving and in the process making our own Garden Obelisk – although mine did look more like a wigwam – as you can see. Jane Kelly does regular workshops in willow weaving and as you can see from the photo below in this class they were all very successful, although we started with the same base, we all finished up with very different designs! She has

one place left on the same course for 1st June 9.30 – 1.00 pm £40 – if anyone is interested. Her contact email is weaveandunwind@btinternet.com.



PAPUA NEW GUINEA LENT APPEAL



A huge thank you to everyone who held dinner parties, to the Coffee Morning team and to contributions from the Lent Group and other donations.

We have raised over £900 which will enable us to purchase 2 water tanks for the students and their families at Newton College in Papua New Guinea.

Well done Harling and Guiltcross Benefice!

CITIZEN SCIENCE EVENT
AT ST PETER AND ST PAULS CHURCHYARD,
EAST HARLING
15TH JUNE FROM 10 -12

Churches and cathedrals across the country are preparing for the annual “Churches Count on Nature” event – taking place from 8-16th June – the same week as “Love Your Burial Ground Week”. We will be welcoming people to our ‘citizen science’ event and helping them to record what animals and plants they see, either on the iNaturalist app on your phone or with paper and pencil. The data will then be collated and shared.

It's very hard to protect wildlife if you don't know much about it. To understand what a species needs, we have to gather information about population, habitat choices and behaviour. Even more importantly, we have to monitor how these things change over time, in order to spot worrying trends and identify issues. The more information we have, the better.

That's where citizen science comes in. By working together with volunteers, scientists and conservationists can collect much more information about the species they are studying. Sometimes specialist knowledge is required, but often a basic grasp of wildlife is all you need or a clever App to help you.

Just turn up on the day. If you don't live in East Harling come and find out what you need, and make your own records in your village graveyard.

CONCERT IN EAST HARLING CHURCH



Harling & Kenninghall Singers and Saxofun gave a very enjoyable concert on Friday 10th May 2024 in aid of East Harling Church.

It was great to see a group of people really enjoying making music! Huge thanks to our Musical Director Lydia O’Gorman and also thanks to the PCC of East Harling Church for allowing the concert to take place.

We thank everyone who came, or contributed in any way to the success of the evening. We are delighted to confirm that we have raised the sum of £290 towards the costs of the repair of the church roof!

If anyone is interested in joining either the Harling or Kenninghall Singers or the Saxophone Group, do please get in touch with our Musical Director Lydia O’Gorman. Her contact details are:

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A Detail in the Church

This small stone carving of a "frail" basket is one of the Herling family motifs. There are many of them found on the tomb of Lady Anne Herling and her first husband Sir Richard Chamberlein.

It was obviously carved by a top quality craftsman of his day, and shows a fraction of the love, care and money that was invested by Lady Anne in the rebuilding and extending of St Peter & St Paul's church in East Harling. It leaves us today with a Medieval "Gem" full of artistic joy.—MWD



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EXCUSE ME, WHERE ARE THE PANDA COWS?

Panda cows I ask myself, what could that mean ...then the penny drops! Our Black and White belted Galloway cow together with, we are not really sure whether it is her mother or her aunt, the dun belted Galloway cow. These can usually be seen grazing the field just outside the house here at Brettenham. The Dun coloured cow who incidentally was born in 2005, is one of the original animals that were a gift from our children for our silver wedding anniversary, which was many years ago as we have now passed our ruby one, where do the years go. The panda cow,!! I mean the black



low but fortunately, quite recently, they have increased greatly so we do not have to feel so guilty.

Each year a breed watch list is published by the RBST, (The Rare Breeds Survival Trust) a charity which promotes all types of native livestock breeds as well as Equine. Breeds are listed as "priority" or "at risk" - more details can be seen on their website www.rbst.org.uk. This list compares population size of various breeds of animals and poultry as well as Equines over the past few years. Unfortunately for some priority breeds the work the trust is doing regarding the gene bank may be the only way that numbers can be improved, and the breed/s saved from further decline.

I am sure many of you will have seen the magnificent chestnut coloured Suffolk heavy horses either at a Show, in photographs, paintings or perhaps had family who may have used them for working the land in past years. Sadly, the numbers of Suffolk horses are low, and they are listed as a priority breed. Adam Henson has one or two on his farm in the Cotswolds and you may have seen them on BBC Countryfile, at shows or you might be lucky enough to own one or know someone who does. The native ponies which graze on Knettishall heath are on the list. Remember when you drive that way and hopefully spot them, that you could be seeing some of the remaining few grazing in the UK, and whose breed is also sadly declining.

We are fortunate to have a large flock of native sheep grazing the low meadows here at Brettenham and the surrounding area. The Hebridean sheep, which are part of



the group of sheep known as the Northern Shorttails, can be various colours as they mature - the lambs are a delight and whilst driving past the fields can be quite a distraction! Not good, when cars and other vehicles are using the road at the same time!! Norfolk

Horn, Jacob, and other various breeds of sheep can also be seen grazing fields or pastures, or even might be in gardens!! I think some Churches let them graze in the churchyards as well.

Agricultural Shows are great events to see different breeds of livestock and Equine being judged. So much effort goes into preparing the stock for the day of the classes and the parades which usually take place. The Royal Norfolk Show which is held at the end of June usually hosts many breed sections for cattle, sheep, pigs, goats and each day there is a parade of livestock and equine which is something quite spectacular to witness. The South Suffolk and Suffolk shows are held during May and are regarded as the commencement of the local agricultural show season. Other shows like the Wayland take place later on during the summer and are usually a good day out for families or catching up with friends and other likeminded country folk!!

I am sure some of you watch the BBC Countryfile programme on a Sunday evening and enjoy viewing various parts of the countryside. How fortunate we all are to live in a region of the country, which can depend on how man treats the land, as well as the care of the flora and fauna of this Breckland area. The heathland and scrub areas which were originally the roaming plains for the rabbits as well as areas for homes for the warreners who tended them. The sheep who grazed and provided wealth to assist the building of the 'Wool Churches' around the various towns of East Anglia. How wonderful is nature come sun, rain or wind as the seasons of the year change.

Take care & keep safe, all the best from Peter & Mary and of course 'The panda cows!'

EAST HARLING GARDENING CLUB

In May we had a brilliant, illustrated talk by Dave Wynne about birds in village open spaces such as the Eco Church project in the churchyard, and how to bring more birds into your garden. He also talked about his passion for birds and bird watching recommend the audience that they download the MERLIN app on to their phone. This app will identify the birds you can hear near you from their calls even if you are unable to see them. The talk was well worth listening to. We had a fantastic turnout, and we welcomed several visitors.

In June we were hoping to have a talk about wildflowers, but unfortunately our speaker is unwell – we are thinking of Ingrid and wish her a speedy recovery. We have managed at short notice to obtain for your delight an excellent replacement. See our "East Harling gardening club" Facebook page nearer the time for more information.

I am writing this before the annual plant sale which I'm sure will have been as popular as ever, more in next month's report. A huge thanks to all the committee and members who put so much effort in organising it, setting up, manning the tills and cleaning up afterwards.

As well as our regular meetings we have some exciting events and trips organised for the coming year:-

Sunday 4 August coach trip to RHS Hyde Hall Garden and Flower Show. Visitors welcome, (number limited by coach size) cost just £20. (Entry alone normally costs £15.80). At the time of writing there were a few tickets still available, but if you want to go, you will need to book soon.

Sunday 1 September to Thursday 5 September. Coach Holiday to South Wales with Avanti travel. Visitors welcome, cost £435. Includes excursions to the National History Museum of Welsh life, the Royal Mint, Picton Castle and gardens, St David's and Tenby. There are still plenty of places, but we need bookings during June because the coach company want final numbers.

Tuesday 10 December Christmas 🍷 lunch. Members only.

Tuesday 17 December coach trip to Cromer Christmas Show. Visitors welcome cost just £40 including admission.

For further details of any of the above contact Jenny on [01953 717 911](tel:01953717911) or Mary on [01953 717 193](tel:01953717193).

JUNE IN THE GARDEN

Flaming June?? – You never know!

Well despite January to April being unbelievably wet and windy Mother Nature has done her thing. With 3 weeks of May left as I write this everything in the garden is doing what it should, more or less on time, or even early.



Tasks for June

Wildflower garden: While you are out and about enjoy the natural garden that nature provides in the forest and grass verges. I stripped the grass from my section of verge and sowed wildflower seed and planted bluebells. Despite not ever having added fertiliser the grass has returned in luxuriant abundance, and although most of the wildflowers are there, they will be choked out by the sheer amount of grass. It has had a regular wash of nutrient rich rainwater coming down from the pig fields. It will be necessary to weed out the grass by hand.

Looking at the roadside grass up the Lopham Road the nettles and brambles are doing well - which tends to choke out the other wildflowers. If you have planted a wild flower section dig out anything you don't want to give the native species a chance.

Mow spring meadows towards the end of the month, or early in July. Leave the cut grass and stems for a few days for the seeds to drop, then rake up and compost.

Lawns: Mow weekly when dry. If you have room leave some space for nature (see above). If we get a drought raise the blades to leave the grass that much longer to retain some moisture.

Roses: Remove any suckers as near to the base as possible. Cut out any dead wood. Remove dead flowers to encourage more blooms.

Perennials: Deadhead Lupins and other perennials as soon as the flowers are over, with a bit of luck you may get a second set of flowers later in the summer.

Biennials: By the middle of the month this is your last chance to sow pansies, forget-me-nots, and primroses for flowering next year. (Garden centres and nurseries will have plants ready to plant out in September).

Greenhouse: Finish pricking out seedlings.

Plant tomatoes, peppers, and cucumbers – best in the ground but large pots will do.

Remember to keep watered and feed regularly with a high potassium liquid feed– the greenhouse can get very hot if we have sun. Keep well ventilated. Plant a few French marigolds or tagetes which deter aphids.

Pots, tubs and hanging baskets: Keep well watered, and feed flowers with a high potassium plant food (eg tomato food) weekly. Roots in a pot can not spread out looking for water and nutrient as they would in the ground.

Bulbs and corms: Divide and replant daffodils, narcissi, and bluebells if you didn't get round to it last month.

Keep planting gladioli at fortnightly intervals to prolong the flowering season.

Cuttings: Young growth at this time of year makes good softwood cuttings. Use non-flowering shoots up to about 4 inches long (10 cms) from deciduous shrubs such as fuchsias, forsythia, mophead hydrangeas – don't forget to label!

Fruit: Protect cherries and redcurrants with netting unless you are growing for the birds. Pick gooseberries and blackcurrants when they are ripe. Continue pulling rhubarb stems and remove any flower stems.

Vegetables: If you only have a small space there is no reason why you can't mix flowers and vegetables in the same area.

Sow outdoors: French and runner beans, beetroot, carrots, courgettes, marrows, lettuces, peas, radishes (a few at fortnightly intervals), spinach, and Florence fennel.

Plant out: cauliflowers (not particularly good in the thin Brecks soil), broccoli, Brussels sprouts, cabbages leeks and tomatoes.

Harvest: asparagus (until the middle of June, then leave to grow on to build up the plants for next year), late sprouting broccoli, broad beans, spring and summer cabbages, radishes, and anything else that is ready.

Remember to stop, look, and admire your handiwork from time to time.

Good Gardening,

Kevin



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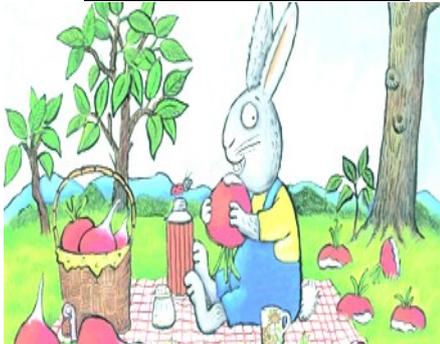
Heads up on some events taking place this June

1. ANTONY GORMLEY – Time Horizon - Contemporary Visual Arts – Houghton Hall

May 13, 2024 11:00 - Oct 31, 2024 17:00

Time Horizon, one of Antony Gormley's most spectacular large-scale installations, is shown across the grounds and through the house at Houghton Hall from 21 April – 31 October 2024 on selected dates. Featuring 100 life-size sculptures, the works are distributed across 300 acres of the park. The cast-iron sculptures, each weighing 620kg and standing at an average of 191cm, are installed at the same datum level to create a single horizontal plane across the landscape. Some works are buried, allowing only a part of the head to be visible, while others are buried to the chest or knees according to the topography. Antony Gormley is one of the most important artists of his generation and is widely acclaimed for his sculptures, installations and public artworks that investigate the relationship of the human body to space.

2. RUBY PLANTS A RADISH - a garden adventure at Blickling hall & gardens (National Trust)



25 May - 30 June, daily 10am - 5pm (last entry 4.30pm)

Join us for a garden adventure inspired by the book 'Ruby Plants a Radish', written by Kate Petty and illustrated by Axel Scheffler. Explore the various activities in the walled garden and find out how radishes grow. Spin the tiles to play the weeding game, go on a hunt for hiding ladybirds, and have fun in the muddy play patch.

Head into the house to search for the crocheted radishes as you explore each room, and visit the kitchen to play with the weather station - can you show what the weather is like outside? You might even meet our friendly cooks as they prepare dishes with produce freshly harvested from the walled garden. Standard admission prices apply, no booking required. Free entry for National Trust members.

3. GRIMES GRAVES A Prehistoric Flint Mine

Grimes Graves has recently re-opened - with a new exhibition space and improved access to the underground galleries. You can journey back in time as you descend 9 meters below ground into Britain's only open Neolithic flint mine. Discover why Grime's Graves has been a center for flint mining for centuries, why a shark's tooth was found in one of the pits and learn all about Iron Age burials and the animals that would have lived here during the Neolithic period.

You can follow a family-friendly trail through the unique lunar-like landscape, home to rare plants and wildlife. Set amid the distinctive Breckland heath landscape, Grime's Graves is also a Site of Special Scientific Interest and a habitat for rare plants and fauna.



On Saturday 15th and Sunday 16th June 2024 from 10-5pm there is a **FLINT FESTIVAL** each day. To celebrate the reopening of Grime's Graves, you can try Stone Age Crafts, with Memma the Cavewoman and head to the talks tent for a line-up of Arts & Archaeology talks hosted by Stone Club Co-Founder Matthew Shaw, including Time Team's Phil Harding while he reminisces about his time excavating at Grime's Graves.

The talks and hands-on activities are free to attend.

If you'd like to visit our exhibition space, or venture down into the pits, you'll need a booking for Grime's Graves.

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KNIT AND KNATTER

April saw the inaugural meeting of Knit and Knatter in the church. It was a chilly morning (I had hoped that starting it in the Spring would mean warm sunshine filtering through the windows) but that did not cool the enthusiasm of those who came.

We had a lovely group for the first meeting ranging in skill level from complete novice to very experienced and a range of projects too.

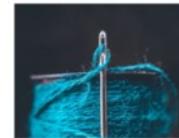
As I'd hoped, those with some experience were on hand to help those who needed it and I think there may have been more Knatter than Knit at times but that's what it's all about.

We had hot drinks and cake to warm us and keep us smiling (not that we needed anything else to make us smile).

Please come along to the June meeting if you fancy it. It is a really lovely way to spend the start of the day. You'd be very welcome.

Karen

KNIT AND KNATTER...



NEXT MEETING:

THURSDAY 27th JUNE 2024
9.30 to 11am

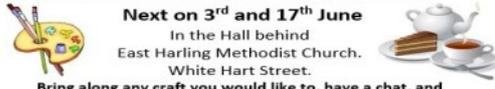
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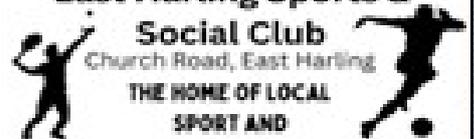
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As you travel along the A1066 towards Thetford, just opposite the main entrance gates to Shadwell Park and the Beaters Hut, you may notice a field that looks untidy and has not had a great deal of agricultural work happen on it for a while. Having tried to grow various agricultural crops over the years, the land is not well suited for farming and with the very large numbers of red and other species of deer who continually enjoyed grazing whatever crop had been drilled - at times there were perhaps upwards of 80 deer visiting and munching at the newly drilled tasty shoots. A picturesque scene,

especially early morning when the dew is just covering the ground, or the sun is rising but I can assure you not one a farmer likes to witness whatever time of the day!

It has been agreed that this area can be included in the Countryside Stewardship scheme which is available from the Government to support farmers.

To give you an insight into what is hoped will be happening during the next few months -

The field is naturally becoming a re-generated grassy heathland. This means that the ground has not and will not be tilled for a number of seasons. Already, it has not had any crop growing on it for about 2 years and naturally there are various species of plants which are establishing together with weeds and other wildflowers.



From the road you will be able to notice that the Verbascum that were growing in profusion last year, should hopefully be blooming in larger numbers later in the summer.

Bees and other insects are pollinating and benefiting

from the lack of disturbance and some special beetles were noticed on plants last year, it will be exciting to see what visits during this coming season. It is quite amazing how nature has a way of proving its own sat-nav for insects in order that they can find areas suitable for their needs as well as encouraging the birds and other pollinators to visit suitable sites.

Various fields around the farm have wildlife plots already left for the stone and common curlews, to hopefully notice and decide to use for nesting purposes. The wildflower strips and some corners around the edges of the fields will soon be colourful with poppies and other flowering plants creating areas of great beauty to us all as we travel around the Breckland area.

Eco Church

No Mow May, only part of the Churchyard will be mown during the month, and it is hoped that wildflowers and hopefully the glorious oxide daisies will bloom. The common cudweed, which I have mentioned in the past is growing well in the path, so we will be leaving that and in due course will decide what to do with other areas of paths - will it be sown with grass or more gravel covering, that is the question!! - what is it to be? The daffodils once again this year flowered and hopefully were noticed by folk as they drove past the delightful rural Church.

In time more plants will be added to the garden mound to encourage bees & other insects as we try to become more eco-friendly., remember all are welcome to join us for the services as we share the fellowship & friendship together, it would be lovely to see you. Take care & enjoy the countryside, all good wishes,

Peter & Mary

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DIARY DATES 2024

For fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine

JUNE 2024

- 1st East Harling Church Community Café 10-12
3rd OSH Welcome Hub 11-2pm
4th East Harling Film Night Old School Hall **Start 7.00pm**
5th OSH Coffee Morning 10-12
5th Bridgham Village Hall Wednesday Social 11-1pm
1st Roudham Feline Care Pop-up Shop 10-1pm weather permitting
7th EHSSC Whistle Stop Rock 'n Roll Club 7.30pm
9th **Village 80th anniversary D-Day Event on the Rec from 1-6pm - see Notice on page 16 with details**
10th OSH Welcome Hub 11-2pm
11th East Harling Gardening Club OSH 7.30pm
13th East Harling Camera Club EHSSC Rudd Room 7pm
14th EHSSC Bingo Eyes Down for 7.30pm
14th Friends EH Church Sir Thomas Lovell evening 7pm in East Harling Church
17th OSH Welcome Hub 11-2pm
19th Bridgham Village Hall Wednesday Social 11-1pm
20th Roudham & Bridgham Parish Council meeting at Roudham & Bridgham Village Hall 7.30pm
22nd E Harling Church Afternoon Tea 3pm onwards
22nd **BIG QUIZ EHSSC 7pm for 7.30**
22nd Bridgham Church Coffee Morning in Church 10-12
24th OSH Welcome Hub 11-2pm
25th East Harling Parish Council OSH 7pm
27th E H Church Knit & Knatter 9.30-11am
28th OSH Lunch 12 for 12.30 £7pp

JULY 2024

- 2nd East Haring Film Night Old School Hall 7.30 pm
3rd Bridgham Village Hall Wednesday Social 11-1pm
3rd OSH Coffee Morning 10-12
5th EHSSC Whistle Stop Rock 'n' Roll Club 7:30pm
6th Friends E H Church AGM 9.30am in Church
6th East Harling Church Community Café 10-12
6th Feline Care Pop-up shop 10-1pm
7th E Harling Village Fete Poplars playing field 12-4pm
11th East Harling Camera Club EHSSC Rudd Room 7pm
12th EHSSC Bingo, eyes down 7:30pm
13th EHSSC Archie's Anthems concert on the Rec fundraiser 11:30am to 10pm
17th Bridgham Village Hall Wednesday Social 11-1pm
18th Roudham & Bridgham Parish Council meeting at Roudham & Bridgham Village Hall 7.30pm
20th E H Church – Textile Workshop
23rd E H Parish Council OSH 7pm
26th EHSSC East Harling Comedy Club 7:30pm
27th Bridgham Church Coffee Morning 10-12
31st Bridgham Village Hall Wednesday Social 11-1pm

CONTACT is published monthly by East Harling Parochial Church Council and. items for the July edition should be submitted to the editor by email by 12th June at the ABSOLUTE LATEST. Please ensure that the sender's name and address or telephone number is included in all communications. Please don't wait until the last day as we cannot guarantee last minute items will be printed.

EDITOR: email sue.wall@uwclub.net

The Friends of East Harling Church

An Evening of History
Commemorating the 500th years
since the death of
Sir Thomas Lovell K.G
Friday 14th June 7 pm in Church
Light Refreshments
Free Admission
Donations for roof fund Welcome
For further details please see our Face-
book page; Friends of East Harling Church
or email
eastharlingchurchfriends@gmail.com
07748732528

Tuesday 4th June FILM NIGHT

**In Harling Old School Hall
Film starts at 7.15 pm
Open at 7.00 pm for teas,
coffees and snacks
Bring your own Bottle!!**

A biographical thriller film written and directed by Christopher Nolan ("The Dark Knight trilogy", "Inception", "Interstellar", "Dunkirk") following the life of an American theoretical physicist during WWII and the subsequent outcome of his research. An intelligent movie about an important topic that's never less than powerfully acted and incredibly entertaining. PG rating +15

**£5.00 per entry
EVERYONE WELCOME**

BIG QUIZ DATE CHANGE!!

Our next Big Quiz will now be a week later than originally advertised, on **June 22nd!**

Otherwise it's same place (Sports & Social Club), same time (6:45 for 7:30 start) and same great quiz!

If you would like to join us please contact **Rachel on 07798 697566** to book a table.

This quiz is in aid of the Bethesda Children's Foundation, a great charity helping orphans in India and a cause close to the heart of local Isabelle Allott who has visited them and been supporting them for some time.

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