



# CONTACT

EAST HARLING - WEST HARLING - BRIDGHAM - ROUDHAM -

## VILLAGE NEWS AND EVENTS

CHURCH SERVICES & NEWS PAGES 3 AND 5  
REVD SIMON'S NEWSLETTER SEE PAGE 6  
SURGERY REPORT PAGE 9  
EVENTS SEE PAGE 10 & 14  
GARDENING NOTES SEE PAGE 13

HARLING 10 K RUN SEE PAGE 14  
HARLINGS LOST LANES AND HIDDEN  
BYWAYS SEE PAGE 16  
REPORT FROM LARLING & ROUDHAM  
PARISH COUNCIL SEE PAGE 18  
CONTACT DIARY SEE PAGE 20

Events this month and places to visit

NORWICH CASTLE MUSEUM —fantastic galleries and exhibitions to visit this summer—great for families (<https://www.museums.norfolk.gov.uk/>)

THETFORD FOREST—Family activities—Go Ape—walks and nature trails see <https://www.forestryengland.uk/thetford-forest>



[www.harlingguiltcrossbenefice.org.uk](http://www.harlingguiltcrossbenefice.org.uk)

Also published on line on the following web pages

<https://www.facebook.com/ehssp20/>

<https://www.harlingguiltcrossbenefice.org.uk/our-churches/east-harling-st-peter-and-st-paul/contact/>

<https://roudhamandlarling-pc.norfolkparishes.gov.uk/2020/08/17/contact-magazine/> for Roudham and Larling

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Sunday 6 <sup>th</sup> August Transfiguration	11.00 am All Age  6.00pm Soul Café In the Old School Hall	9.30 am Holy Communion	9.30am Service of the Word	11.00am Holy Communion	
Sunday 13 <sup>th</sup> August Trinity 10	9.30am Holy Com'union	9.30 am Holy Communion			11.00am Holy Com'union
Sunday 20 <sup>th</sup> August Trinity 11	9.30am Holy Com'union  6.30pm Harling Praise	11.00am All Age	9.30am Holy Communion	11.00am Service of the Word	
Sunday 27 <sup>th</sup> August Trinity 12	9.30am Holy Com'union	9.30am Holy Communion			11.00am Service of the Word

Date	Rushford	Shropham	Brettenham	Riddlesworth	Blo'Norton
Sunday 6 <sup>th</sup> August Transfig'ation	9.30am Holy Com'union				
Sunday 13 <sup>th</sup> August Trinity 10					11.00am Holy Communion
Sunday 20 <sup>th</sup> August Trinity 11		9.30am Service of the Word			
Sunday 27 <sup>th</sup> August Trinity 12			11.00am Holy Communion	6.00 Holy Communion	

**METHODIST CHAPEL WHITE HART STREET**

**Methodist Services in August**

6th August 10.30am Mr David Osborne  
6pm Soul Cafe  
13th August 6.30pm Rev David McAloon  
20th August 10.30am Mr Nev Hodson  
6.30pm Harling Praise at Parish Church  
27th 6.30pm Local Arrangement

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**Parish Records 2023 ~**  
None this month

**~ Floodlighting August 2023 ~**

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Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please).

**July**

Doyle William Geoffrey (Bill) with love xx

**August**

21<sup>st</sup> Treasured memories of our dear Mum  
Daphne Holden taken from us on the 21<sup>st</sup> August  
2023

LOVING YOU AND MISSING YOU ALWAYS – SUE  
AND BILLY

Thank you to all who sponsor the  
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**Meditating with St Francis of Assisi**



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**WALSINGHAM PILGRIMAGE FOR HEALING AND RENEWAL**

It is a joy to invite you to join me on a day trip to the Shrine of Our Lady of Walsingham on the late August Bank Holiday (Monday 28th August) for their annual Pilgrimage for Healing and Renewal. We will meet at the Shrine at 10:30am. I would encourage you to share transport where possible and if you are without transport let me know! Our day will commence with an introduction to the Shrine and some opening prayers before having the opportunity to visit the Holy House, Shrine Church and explore the grounds.

Weather permitting, at mid-day, we will gather outside in the beautiful Shrine gardens, designed by Tessa Hobbs, to celebrate a sung Eucharist before having a 'bring your own' picnic lunch together (alternatively Norton's café is open, and various shops are a short walk from the Shrine). The afternoon will see the ministries of healing take place, including sprinkling from the well at the Shrine, the laying-on of hands in prayer and anointing with the Oil of the Infirm. The day concludes with Benediction of the Blessed Sacrament as pilgrims are invited to kneel whilst the sign of the cross is made over them with the consecrated Eucharistic host.

Whilst the services are firmly rooted in the Anglo-Catholic tradition, the liturgy is very accessible to all, and the day is filled with a wonderful selection of hymns and music! If you would like to see a service sheet from last year, please do get in touch, and I would be happy to show you and answer any questions you may have!

If you would be interested in joining me on this day, please do email me: [revdjoshuawhitnall@gmail.com](mailto:revdjoshuawhitnall@gmail.com) – if you are able and willing to drive others on the day, please do let me know also to pair those in need of a lift with a spare seat! There is no formal cost for the day other than arranging transport and providing your own lunch! Revd Joshua Wittnall



Dear friends

You may have seen in recent weeks news about the failure and disbanding of a body called the ISB (Independent Safeguarding Board), which was set up by the Church of England to provide oversight of its safeguarding responsibilities, and also responding to the historical abuses perpetrated by people connected with the Church of England.

I won't go into all the tedious details – but it has been a moment of real concern and also of shame and embarrassment for many of us within the Church. People who come to the Church of England (or any religious organisation) are right to have many expectations – but one of the principal ones is surely that they would be safe from harm when they do so! And even though we don't live in a perfect world, so this doesn't always work out the way we would like, we should still be able to expect the Church to oversee its own policies and their outworkings, and to bring about adequate responses and solutions when things have broken down.

Unfortunately, as a denomination, the Church of England is having to go back to the drawing board, and I feel that what we have seen in the news is nothing short of a disgrace.

In Mark chapter 10, Jesus says, 'Let the children come to me; do not hinder them, for to such belongs the kingdom of God.' The Church is meant to be a home to absolutely everyone – and particularly children, young people, and all the vulnerable. All of whom should be safe, and feel safe. Every single abuse of any human being within the Church is not only a crime, but a great sin, and breaks the heart of God.

In the ten parishes making up our Benefice, each of them has a Parish Safeguarding Officer, and all of those who hold any office or responsibility in any of the ten parishes has undergone (or is undergoing) safeguarding training, and is checked under the DBS system. We have the appropriate paperwork set up to show our policies, and whom to contact should there be any concerns. It is not a perfect, failproof system, but we are doing our best to ensure that anyone who steps through one of our doors feels that they are safe or – heaven forbid – knows whom to contact if our system fails.

Each and every one of you is made by God, is loved by God, and is precious to God. Your Church communities are made up of imperfect people, called together into the fellowship of God. You are invited to be part of that fellowship too – and despite the Church of England's failings, in this part of the world, we will do our utmost to ensure that you are safe, respected and loved by all who've already accepted that invitation.

Your priest and friend

*Simon*

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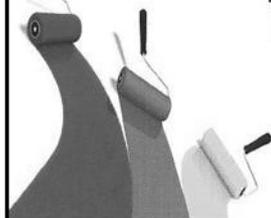
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## EAST HARLING & KENNINGHALL MEDICAL PRACTICE

### July 2023 practice newsletter update

We thought that this month it would be useful to summarise the key points from the 2 meetings which we hosted recently at East Harling and Kenninghall Village Halls, as the total number of attendees represents a figure of less than 4% of the total patients registered with the Practice.

Starting with the figures for June 2023, the total number of appointments seen in the Practice was 3,712, an increase of over 800 since May, the Practice answered 4,117 incoming telephone calls and, regrettably, there were 207 appointments booked which were not attended.

The priority for the Practice continues to be appointment availability, and, as can be seen from the above appointment numbers, we are making progress with this against a background of a well-publicised nationwide shortage of GPs.

We have restructured our non-clinical team, with one of the key objectives being to increase the resource available to answer incoming telephone calls. Call wait times are continually monitored and waiting times are falling. We do often however experience 150+ attempted inbound telephone calls between 08:30-09:30 alone, which does mean that, there will, at times, inevitably be a queue. Staff recruitment and retention is another priority for the Practice. In respect of the clinical teams, we have had a new, experienced, GP start with the Practice in July, and we will be welcoming new members of the nursing team to the Practice in August. We are also recruiting another Emergency Care Practitioner.

On the non-clinical side, we had 2 new Receptionists join the Practice in June, with further Receptionist recruitment ongoing, along with recruitment of a Dispenser. The dispensaries at both East Harling and Kenninghall have launched a Managed Repeat Prescription service which gives patients the option to confirm the date of their next medications collection on collecting their current order, thereby removing the need for them to contact the Practice or order online. Please ask our Dispensary staff if you would like more details.

The Practice management team is always open to receiving feedback and working with our patients, as demonstrated by our arranging the 2 public meetings, attendance at Parish Council meetings, monthly newsletter publication. Patients can also provide feedback via our website or patient feedback forms available at both Practice sites. For example, based on the feedback at the Village Hall meetings we are looking at ways of making it easier for patients to cancel appointments that they no longer require, although this can already be done 24/7 on our website.

In addition, we always welcome new Patient Participation Group (PPG) members – the form to

express an interest in our PPG can be found on our website.

As was discussed at the Village Hall meetings, there has sadly been some unhelpful and, often inaccurate, posts on social media about the Practice, which is very disheartening, and sometimes upsetting for our hardworking staff. We do not reply to any social media posts as management time is focussed on the core objectives of the Practice as detailed in this update.

Simon Round, Practice Manager, 14<sup>th</sup> July 2023

---

### EAST HARLING GARDENING CLUB

At Our July meeting we had a fascinating lecture about the creation and development of a jewel of a garden that is on our doorstep. Fullers Mill has the River Lark meandering through it and was in times gone by used for fulling wool. The mill is long gone, but the house is original. The house and garden amounting to about 1.7 acres were bought and laid out over many years. Gradually over time extra parcels of land were purchased from the forestry commission including lakes which were later handed over to the Suffolk Wildlife Trust (Lackford Lakes). The gardens now amount 7 acres. They are open from 1 April until 29 October on Wednesday 2 – 5 and Friday, Saturday and Sunday 11 – 5. The house is not normally open, but from 29 July for a few weeks, they have an art exhibition (included in the normal entry price) by a Ukrainian refugee who is artist in residence.

The house and gardens were left in trust to the charity "Perennial" who take care of people in the horticulture business who have fallen on hard times. Well worth a visit. They are at Stow, near the Icenii village, postcode IP28 6HD. Look them up on their website.

We meet at 7.30 on the second Tuesday of the month, normally at the Old School Hall. Membership costs just £10 for the year to 31 March, or £3 for one off visitors

This month is the club annual flower and produce show, open to members only

The trip to How Hill has been cancelled due to escalating cost, but it is proposed to run a day coach trip to Cambridge on **Sunday 10 September** which will be open to everyone at a cost of £17.

Don't forget the coach trip to the pantomime at Bury St Edmunds on **Wednesday 6 December** at cost £30, open to everyone.

We are also looking into resurrecting the club holiday which used to take place annually before Covid, if there is enough interest. The proposal is a coach trip to south Wales with visits to gardens, the Royal Mint and Tenby.

To book any of these or to join our group please phone Mary on 01953 717 193

## EAST HARLING WI

Due to a late cancellation of our guest speaker for our June Meeting - Jennie, one of our members stepped up and gave a talk. Jennie gave a fascinating talk about her times horse riding in the North of India, and collecting DNA of Indian horses to ascertain the lineage of their horse. Members thoroughly enjoyed her descriptions of local customs and people. Well done to Jennie, and we would love to hear more of her tales of her adventures in India.

Many thanks to all who supported our WI stall at the Village Fete. We are fundraising on behalf of Chapel Green School and all donations are welcome.

Our August meeting is our Annual Garden Party, which will be held at Elizabeth Kemp's barn on 15th April at 1.30pm. Please can members bring a plate of nibbles and a raffle prize

In September, we will have Richard Evans giving a talk on Waterways - which is very apt at the moment.

East Harling WI usually meet on the third Tuesday of each month at the Old School Hall at 7.30pm, and all are welcome. If you have any queries please feel free to ring me Jackie Underwood on 07725 128115.



### **SATURDAY 5th August** **with Cyanotype workshop**

**East Harling Church 10am-12.00 noon**

**Coffee, tea and soft drinks will be served all morning. You will find a warm welcome, the opportunity to chat with neighbours and friends, and to sample some delicious home-made cakes. This month have a go at cyanotype printing.**

**Everyone Welcome!**

## **Coach Trip to Bury St Edmunds including Pantomime**

Wednesday 6 December  
Leaves Market Square at 10 am  
Approx 2 hours in Bury St Edmunds before a matinee performance of Snow White

Cost £ 30

For tickets phone Mary on 01953 717193

A community event organised by East Harling Gardening Club

## **Harling Old School Village Hall**

**Would like to thank you for  
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fete. Special thanks go to  
those who helped on the day.  
Yard Sales and**

## **Scarecrow trail return!**

**On Sunday 10th September**



Following last year's successful event- we're combining our popular yard sales with a village Scarecrow trail once more. Sign up by emailing [eastharlingevents@gmail.com](mailto:eastharlingevents@gmail.com) or texting/calling

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## GARDENING IN AUGUST

### COMPOST



From April next year it will be illegal for garden centres to sell compost containing peat. Although this is extremely good for the environment it poses problems for growers, both commercial and at home.

Until the mid-1960s most compost was either made commercially from a loam base (such as John Innes), or at home by mixing the compost from the heap with varying amounts of sand and garden soil according to its use. Plants would have been grown at home from seed and cuttings or bought locally from one of 1000's of small nurseries, and carried home wrapped in newspaper.

The use of peat-based composts and plastic pots brought down the weight of the plant and enabled a global trade in garden plants. A lorry can now carry 10s of thousands of relatively cheap pots, sourced world-wide, from Holland, to the UK. Peat based composts are able to be kept just damp enough to maintain the plants, without being too wet (water is heavy).

I have yet to find a good peat-free compost for cuttings or for long-term growing on in pots and containers. Some contain large amounts of coir which should be put back into the soil where coconuts are harvested to maintain soil quality, plus which it seems to form a crust on the surface which then acts as a barrier to water.

Others have large amounts of twigs which drain fast, good for pelargoniums and Mediterranean herbs, but poor for water retention.

Thetford Garden Centre have potted several containers using different composts which are showing some interesting results. They are however under a canopy, so not subject to the vagaries of our weather as they would be at home. ..Watch this space....

### HOW TO PLANT A GARDEN OF YOUR DAILY LIFE

I was looking on the internet for an amusing poem about the garden in August but came across this instead. Makes you think!

Plant 3 rows of peas: 1) Peas of mind, 2) Peas of heart, 3) Peas of soul.

Plant 4 rows of squash: 1) Squash gossip, 2) Squash indifference, 3) Squash grumbling, 4) Squash selfishness

Plant 4 rows of lettuces: 1) Lettuce be faithful, 2) Lettuce be kind, 3) Lettuce be patient, 4) Lettuce really love one another.

No garden is complete without turnips:

- 1) turnip to meetings and appointments,
- 2) turnip to help one another.

To conclude our garden, we must have thyme:

- 1) Thyme for each other, 2) Thyme for family,
- 3) Thyme for friends.

Water freely with patience and cultivate with love.

There is much fruit in your garden because you reap what you sow.

### GARDEN NOTES FOR AUGUST

**LAVENDER:** Flowering in early summer the flowers are now becoming faded and unsightly. Trim now to keep it neat and compact and to encourage dense new shoots ready for the Spring. Cut off all the flowers and the top inch (2cms) of growth. Do not cut into old woody growth. You can use secateurs on individual plants, but shears or hedge trimmers are just as effective. You can use some of the prunings for cuttings (it is a little late, but you should get a few to root).

**WISTERIA:** cut back the whippy growth to 5 or six buds from the main stems to encourage flowering next year.

**DAHLIAS:** Keep cutting for the house. (Watch out for earwigs!). This encourages further flowering. If grown in pots give a regular high potash feed such as tomato fertiliser.

**BLIGHT:** watch out for blight symptoms: brown patches on leaves and stems of potatoes and tomatoes. It can spread rapidly and destroy the complete crop if not caught early. Remove affected plants as soon as you see it, bin it. Do not compost.

**FUNGAL DISEASE:** Look out for fungal diseases on apples, pears and plums. Remove and bin to prevent spreading. Do not put affected fruit on your home compost heap - they are ok in the brown bin if you have one, commercial composting is at a higher temperature.

#### **PROPAGATION:**

Take semi-ripe cuttings from non-flowering shoots from shrubs such as box, ceanothus etc. Many of the perennials root easily, use non-flowering tips. Penstemon are particularly easy, pot up new plants and keep in a cool green house as a protection against winter (I lost nearly all of my penstemon last winter). Pot up runners from strawberry plants to produce healthy new plants. Sow perennials and hardy annuals and towards the end of August and through September. Sow poppies, cornflower, nigella, hollyhocks etc. Either collect your own seed (or a neighbour's) or buy seed (look out for Country Value seeds, which come in a small selection of plants, with relatively fewer seeds than other brands, but plenty for home use. (They are a trading name of one of the well-known large seed merchants, and to the same high quality).

**HEDGES:** Leave cutting until late in the month to avoid disturbing late nesting birds

**GENERAL** - Keep pots and tubs well watered - remember 7 inch rule ( 1 inch of rain soaks 7 inches of soil or compost), so a good soak occasionally does more good than a quick splash every night. Hoe unwanted weeds on a dry day.

Enjoy your garden. *Kevin*





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**NORFOLK WILDLIFE TRUST: BRECKLAND LOCAL GROUP.**

A small group were very interested and pleased to explore the area around Nun's bridges and a part of Barnham Cross Common, Thetford on the 2<sup>nd</sup> July. Jo Jones from Breckland Flora Group guided us to a new sight for the tiny Brecks species of Marsh Wort and then helped the group to see several interesting plants on the Common, including Tower Mustard. We now have a break from walks, but we will be trying to set up a fungi forage in late September, so watch this space and enjoy the rest of the summer.

**HARLING 10K RUN**

The planning for this year's Harling 10k is going well, race start 10.30 on Sunday September 3<sup>rd</sup> if you or a friend would like to take part go to [totalracetiming.co.uk/race](http://totalracetiming.co.uk/race) or [harlingathletics@gmail.com](mailto:harlingathletics@gmail.com) and follow the link, hopefully it won't be quite so hot this year. If you have marshalled for us in the past or helped us in any way we would really like your help again, if we have not been in touch please give either Jenny or myself a call if you are available Jenny 07901530636 Chid 07881417807.

We will be holding a pre-race marshal / helpers meeting on Friday Sep 1<sup>st</sup> at the club 7.30 start so everyone is singing from the same sheet.

Thanks to all involved the race it is a real village team effort and good luck to all the runners. Chid Blades and Harling Athletics Club.

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**TALES OF OLD HARLING- 17**

**Harling's lost lanes and hidden highways.**

**Part 2. Harling's ancient dead, its oldest road and oldest house.**

In the previous article I described why and how THE HARLINGS were born around 5,000 years ago. These three small isolated communities of early Stone Age farmers must have once had names, now lost in the mists of time. Historic documents, casual finds and modern archaeology continue to paint a picture of our villages' ancient origins.

For well over 1,000 years these three Stone Age farming communities grew and prospered along the banks of the River Thet and around the shallow lake that had formed along its course, but stone-age farming must have been hard work! Clearing the land with flint axes, ploughing with the antlers of deer and butchering cattle with small flint blades. Hard work, yes, but they knew no other way of life. Then came the REVOLUTION!

Word had been spreading along the rivers, the highways of prehistoric Britain, of a new technology that would improve the way they cleared the land, ploughed their fields and butchered their cattle. The knowledge and use of bronze and (later) iron. These revolutionary principles originated in the Middle East and central Europe eventually arriving in The Harlings along its river systems around 4,000 years ago. Very few artefacts from this age have been found around the Harlings (unlike the flint tools of their predecessors) as bronze was far too precious to lose or discard. BUT the most remarkable evidence they DID leave for us are the monuments of where they buried their dead. Burial mounds.

At least 22 of these impressive 4,000 year old mounds can still be located within 6 miles of The Harlings.



Map by Stuart Frost

each inside the wedge of land between the rivers Little Ouse and Thet, still visible from where these people once lived and farmed. If 22 of these earthen mounds have survived 4,000 years of wind, rain, snow, the spades of Victorian treasure hunters, ploughing and housing development, how many more were here originally? Hundreds?

These mounds were large, between 20 and 30 metres



diameter and up to several metres high. The locations of all these burial mounds are marked on ordnance survey maps as "tumulus" ( I found an unmarked example just half a mile north of Harling almost completely ploughed-out now, but just visible when seen from the right angle). Subsequently reported to the NAU.

**Where is Harling's oldest road?**

I believe it to be the West Harling road. The use of metal technology enabled the 3 farming communities to prosper for a further thousand years or so, each becoming well established, socially and culturally. The seasonality of farming is a way of life that relies on the need for mutual help, so each village community would have sought each other's company, friendship and support, in exactly the same way we would today, therefore I believe it was during this time that the 3 Harlings would have been connected to each other by a trackway. The course would have followed the higher land above the flood plain, thus skirting the shallow lake (now Black Carr). This scenario fits the present course of the West Harling road exactly ---- and why I believe it to be Harling's oldest road.

**Where is Harlings oldest house?**

Mickle Moor Hill, West Harling.



Just before the last war an archaeological excavation was carried out on a raised area of land surrounded by the bogs of 'Black Carr', on the bend of the river at West Harling. The dig revealed a very large and nationally important iron-age round house (now thought to represent two houses joined by a courtyard complex) ----around two thousand years old. Thus, the oldest house in Harling. David Bailey.



**Aaron Stokoe**  
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### Ramblings from Brettenham

Well, it is that time of the year again when the Aga is off, the kitchen is too hot, due to the warm summer temperatures that we have all been experiencing over the past few weeks, so can't cook, won't cook comes into play – if only!! Instead it is electric cooker at the ready for a meal at 6.30 – no, 7.30 – no, 8.00 – no, 8.30 then – no, at least 9.00 pm just so that we can go to bed with a full tummy and spend the night having indigestion, just my ideal way to spend the next few weeks, but it has to be done as we are all so dependent on the weather and the need to harvest the crops at the right time.

Last summer we had to be so careful to harvest at the cooler times of the day to avoid the scorching temperatures and the high possibility of fires. As I write this they are warning of extreme temperatures across Italy and other countries in the next few days and weeks, let's hope it does not come our way and we are all living with the fear of fire as so many experienced locally last year. Once again, I expect the fire crews in the locality will be on high alert should the temperatures start to soar.

Thank goodness for our emergency services as we celebrate the 75<sup>th</sup> birthday of the NHS as well. Thinking also of the RNLI who try to keep folk safe during these relaxing days in so many holiday spots across the UK.

I am delighted to see that our family of house martins have returned, they arrived very late, and we did wonder if we were going to have 'an empty nest' for 2023. But this morning there were two little heads peeping out and waiting for a breakfast delivery as quickly as possible. Nature is amazing when you consider that the parent birds had flown however many miles to warmer climates during the autumn/ winter and then returned to the same nest a year later, so much for us and sat nav, whatever the system does they all use!!

Some of you may have noticed if you have driven past the Church that we left the grass to grow a little wilder this year – No Mow May. It was amazing how many lovely wildflowers grew. The oxide daisies put on quite a show and the yellow buttercups really made a lovely sight with the black Hebridean sheep behind grazing the meadows. The famous weed, common cudweed is really spreading across the Church path, so we might end up having to grass it to accommodate the weed as it is one of special international interest, as I have mentioned in the past.

The Brecks have a lovely natural beauty in so many areas. At this time of the year there is a terrific mixture of colour in our gardens with the flowers and vegetables all showing themselves off to the best that they can achieve and I hope that you have all been able to enjoy the fruits of your labours and not found, like I have, sadly that several well-loved shrubs which had been planted for many years, gave up the ghost and decided that the harsh frosts we had earlier in the year would kill them. At the moment I can certainly confirm that I 'have no bananas' as the song says and my rosemary has gone off to find the lamb! As for the agapanthus and my pride of Madeira, well I am not sure where they have gone but my piggy bank has certainly felt the strain. I do so love them all.

if at any time you wish to visit us here in Brettenham and enjoy the peace and tranquillity of the rural Church and the countryside beyond, it would be great to see you. Details of the monthly service are published here in Contact.

Keep safe and remember especially at that this time of year, there will be many very large agricultural vehicles on the roads at all times of the day and possibly night, so please give them space to pass and consider the speed that you and they may be travelling. Remember that they are necessary as they gather in the crops for our food production in the future. All good wishes Peter & Mary.

### TRAFFIC THROUGH EAST HARLING?

#### Report by Larling and Roudham Parish Council

*Harling Parish Council has spent over thirty years campaigning to stop heavy lorries driving through East Harling. Because of the nature of the road through the village this was a danger to pedestrians and buildings - with regular demolition of stanchions specifically put in place to protect them ( Editor)*

In 2016 an application for an Anaerobic Digester at Camp Farm in Roudham by Rackham Farms Ltd under planning reference 3PL/2015/1262/F was approved with an input of 40,000 tons and consequent traffic movement, but with a large number of conditions attached if the plant were to go ahead. Now Paul Rackham of Rackham Farms Limited and Acorn Energy have filed an application to increase their proposed Anaerobic Digester from one plant to FIVE with an output increase from 40,000 tons to 110,000.

Condition 3 of the present planning permission states that the gas production from the digester would be connected to the gas main via the proposed eastern pipeline route. The current variation application goes on to say "However, Acorn Bioenergy has a particular market for the biomethane the plant can produce and wishes to export it off site by truck".

If you are at all concerned about the increased HGV's and large tractors and trailers passing through East Harling, Bridgham and Roudham and possibly Larling, and undermining what took 30 years to achieve, please look up on Breckland Council's website by following the link:

<https://planning.breckland.gov.uk/OcellaWeb/planningSearch>

The local council comments on both the original application 3PL/2015/1262/F and Planning ref: 3PL/2023/0081/VAR are worth reading as is the information given by the Applicant and others.

Please then decide what the effects on your village and community may be of this large industrial installation. Do please add your own comments on this Application on the Breckland Planning Portal. You can contact any of the Parish Councils with your concerns and ask any questions you have. We have been gathering information on Anaerobic Digesters which we can share with you.

[harlingclerk@gmail.com](mailto:harlingclerk@gmail.com);

[bridghampc@gmail.com](mailto:bridghampc@gmail.com);

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great amount for the hall funds. As many people are aware, we've un-  
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year as we have still have more upgrades to make in the near future.

We work hard on fundraising so that we can keep our hire charges as  
low as possible. Without your support at our fundraising events, we  
could not

do this - so a big thank you to all who support us. - OSH Committee



## DIARY DATES 2023

For fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine

### AUGUST 2023

- 1<sup>st</sup> E Harling Film Club OSH 7 for 7.30pm
- 2<sup>nd</sup> OSH Coffee Morning (Mardle) 10-12
- 2<sup>nd</sup> Bridgham Village Hall Wed Social 11-1pm
- 4<sup>th</sup> Bridgham Village Hall Friday Social
- 5<sup>th</sup> E Harling Church Community Café 10-12
- 5<sup>th</sup> Printmaking with the Sun!! East Harling Church 10-12 (see page 10) alongside the coffee morning
- 5<sup>th</sup> Feline Care Roudham Popup Shop 10-1pm
- 8<sup>th</sup> Gardening Club Members Annual Show
- 16<sup>th</sup> Bridgham Village Hall Wed Social 11-1pm
- 18<sup>th</sup> Bridgham Village Hall Friday Social 6-11pm
- 20<sup>th</sup> Sunday BIG THANKYOU TEA E H Church 3pm
- 26<sup>th</sup> Bridgham Church Coffee Morning 10-12
- 26-28<sup>th</sup> Redgrave & Lopham Fen Art Exhibition 10-4pm
- 28<sup>th</sup> Trip to Walsingham (see p 5)
- 30<sup>th</sup> Bridgham Village Hall Wed Social 11-1pm

### SEPTEMBER 2023

- 1<sup>st</sup> Bridgham Village Hall Friday Social 6-11pm
- 2<sup>nd</sup> NB there is no Community Café today instead please come along to our very special Afternoon Tea
- 2<sup>nd</sup> East Harling Church posh Afternoon Tea from 3pm
- 3<sup>rd</sup> Harling 10K Run race start 10.30am
- 6<sup>th</sup> OSH Coffee Morning (Mardle) 10-12
- 9<sup>th</sup> Norfolk Churches Trust Sponsored Bike Ride (walk, ride, bike) 9am – 5pm
- 10<sup>th</sup> Gardening Club outing to Cambridge all welcome!
- 10<sup>th</sup> OSH Yard Sales & Scarecrow Trail (see advert p10)
- 15<sup>th</sup> Bridgham Village Hall Friday Social 6-11pm
- 20<sup>th</sup> OSH Lunch 12 for 12.30
- 22<sup>nd</sup> Concert Korens EXTensia Swedish Music group returns to East Harling Church
- 23<sup>rd</sup> Bridgham Church Coffee Morning 10-12
- 26<sup>th</sup> E H Parish Council Meeting OSH 7pm
- 29<sup>th</sup> Bridgham Village Hall Friday Social 6-11pm

### OCTOBER

- 1<sup>st</sup> OSH Great Harling Bake Off
- 4<sup>th</sup> OSH Coffee Morning 10-12
- 7<sup>th</sup> East Harling Church Community Café 10-12
- 13<sup>th</sup> Bridgham Village Hall Friday Social 6-11pm
- 24<sup>th</sup> E H Parish Council Meeting OSH 7pm
- 28<sup>th</sup> Bridgham Church Coffee Morning 10-12
- 28<sup>th</sup> EH Church Variety Show OSH 7.30pm

### NOVEMBER

- 4<sup>th</sup> East Harling Community Café 10-12
- 11<sup>th</sup> OSH Quiz night
- 25<sup>th</sup> EHSSC BIG QUIZ doors open 6.30pm for 7.30pm

### DECEMBER

- 6<sup>th</sup> Gardening club trip to the Panto at Bury St Edmunds all welcome!

**CONTACT** is published monthly by East Harling Parochial Church Council and items for the September edition should be submitted to the editor by email by 12<sup>th</sup> August 2023 at the ABSOLUTE LATEST.

Please ensure that the sender's name and address or telephone number is included in all communications.

Please don't wait until the last day as we cannot guarantee last minute items will be printed.

EDITOR: email [sue.wall@uwclub.net](mailto:sue.wall@uwclub.net)

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## Calling all Church Volunteers Big Thank You Tea



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