

## **Training Day**

### **How to lead a Quiet day**

12 July 2024

St Benedict's Centre, West Malling, ME196JX

10.30-4pm

The day will include input on how to plan a Quiet Day and the opportunity to practice in small groups.

Arrival 10 am (tea and coffee) for 10.30 start finishing 4 pm, please bring a packed lunch drinks will be provided.

Facilitated by: Rev Susanne Carlsson Margaret Wooding-Jones

To book contact: [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)