

# The current

Newsletter of the Spirituality Network



Winter/spring 2022

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## WELCOME

Welcome to this first Spirituality Network newsletter of 2022. We at STREAM, the group that holds the vision for the Network, wish you a happy new year, and hope that we may soon return to a rhythm of events and training unhampered by Covid 19 or other disruptive circumstances. May you and your loved ones keep safe and well in 2022, and we look forward to welcoming you soon at one of our events, either in Chatham or at St Benedict's Centre in West Malling.

Karin Dixon (ed)

## VENUES FOR OUR EVENTS

Our events take place at either one of these venues:

### **Chatham**

Companions of Christ, 65 Maidstone Road, Chatham ME4 6DP

### **West Malling**

St Benedict Centre, 52 Swan Street, West Malling ME19 6JX.

You can also find events taking place there on their website:

<https://stbenedictscentre.org/programme/>

## IN THE DIARY

### **Orthodox Spirituality and the Jesus Prayer**

**Saturday 29 January 10am - 4pm, Chatham**

This Quiet Day will open a window on the world of eastern orthodoxy and its rich and profound spirituality, focusing particularly on the Russian tradition. A film will be shown featuring the late Metropolitan Anthony Bloom, who helped introduce Russian orthodox spirituality to the UK. We will then take time to

consider the 'Jesus Prayer', which has been in use in the eastern church for many centuries and is well known for its transformative effect on the spiritual life. We will spend some time practising this prayer. Led by Paul Stevens with Karin Dixon.

To book: email [susannecarlssons@hotmail.co.uk](mailto:susannecarlssons@hotmail.co.uk)

### **Video Divina: Film Quiet Day**

**Saturday 26 February 10am - 4pm, Chatham**

A feature-length documentary on the themes of death, change, and prayer will be shown. Participants will then be guided through an Ignatian imaginative exercise based on a scene from the film, and there will be time to engage in several more of these exercises by yourself throughout the afternoon. Led by Joel Love.

To book: email [susannecarlssons@hotmail.co.uk](mailto:susannecarlssons@hotmail.co.uk)

### **Journaling in Prayer (CMD)**

**Tuesday 8 March 10am – 12.30pm, West Malling**

A morning to explore, re-imagine and ponder on what journaling might be able to offer us as a spiritual practice. A time on our own to reflect and to try different experiences that might aid our desire for an intimate conversation with God.

With Karin Dixon.

Book via the Diocesan website: follow the link

at <https://www.rochester.anglican.org/events-and-training/spirituality-events/>

### **A Wilderness Path: A Lenten Quiet Day**

**Saturday 26 March 10am - 4pm, Chatham**

A creative, contemplative experience, exploring and reflecting on three postures; Walking, Sitting and Standing on a Wilderness Path. Led by Elaine Wilkins.

To book: email [susannecarlssons@hotmail.co.uk](mailto:susannecarlssons@hotmail.co.uk)

### **Praying with Icons (CMD)**

**Tuesday 17 May 10am - 12:30pm, West Malling**

In this workshop we will take a look at some eastern and some western icons and consider how they speak to us, and how we may use them to enrich our life of prayer. Led by Elaine Wilkins and Paul Stevens. Book via the Diocesan website: follow the link at

<https://www.rochester.anglican.org/events-and-training/spirituality-events/>

## **A Creative Writing Quiet Day**

**Saturday 4 June 10am – 3pm, Chatham**

There is something special about creative writing that brings us into the presence of Jesus. The Living Word meets us as we express to God the thoughts and desires of our hearts. On this quiet day, there will be space to prayerfully experiment with words and ways of writing, and an opportunity for spiritual refreshment, as we listen to what God might be saying in us and through us. Led by Rev David Kichenside, Team Vicar of Holy Trinity South in Chatham.

To book: email [susannecarlssons@hotmail.co.uk](mailto:susannecarlssons@hotmail.co.uk)

## **OTHER PLANNED EVENTS – DETAILS TBC**

### **Intercessory Prayer**

A prayer course focusing on intercessory prayer, starting in 2022. This will be a six-week course either in person or online via Zoom, looking briefly at personalities and styles of prayer; how we might pray; catching God's heart; building a rhythm; obstacles and unanswered prayer, and disappointment. Led by Margaret Wooding Jones.

### **Lifestyle Spirituality**

Saturday 24 September

Led by Paul Stevens.

## **INFORMATION AND RESOURCES**

### **Help with Quiet Days**

If you would like help to organise or are looking for a leader for a Quiet Day within your parish or for a group, please contact Susanne Carlsson ([susannecarlssons@hotmail.co.uk](mailto:susannecarlssons@hotmail.co.uk)) or Margaret Wooding Jones ([margaret@woodingjones.net](mailto:margaret@woodingjones.net))

## **Rochester Diocese website**

Spirituality events and resources can be found on the recently redeveloped Rochester Diocese website.

For individuals:

<https://www.rochester.anglican.org/everyday-faith/deepening-your-relationship-with-god/>

For your parish:

<https://www.rochester.anglican.org/for-parishes/parishspirituality/>

For events:

<https://www.rochester.anglican.org/events-and-training/spirituality-events/>

## **London Centre for Spiritual Direction**

Lombard Street, London EC3V 9EA /Ph: 020 7621 1391

Email [info@spiritualitycentre.org](mailto:info@spiritualitycentre.org)

<https://www.lcsd.org.uk/events-programmes/events>

Offer a range of spirituality courses, day events and longer training courses.

## **The Retreat Association**

Phone: 01494 569 056 / email: [info@retreats.org.uk](mailto:info@retreats.org.uk)

<https://www.retreats.org.uk/>

An ecumenical organisation supporting those from both inside and outside the Church. They have a directory with information about quiet days, retreats and training.

## CONTACT

**For any enquiries about this newsletter and the Spiritual Network, please contact:**

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This newsletter is produced by **STREAM**, the steering group of the Rochester Diocese spirituality network.

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