



Keeping people with dementia connected: church-based groups and activities

BROMLEY BOROUGH

St Martin's Memory Café in Chelsfield, Orpington

At St Martin of Tours Church, Church Road BR6 7RF.

2.00 – 4.00 pm on the first Monday of the month

A place of welcome and worship for all those with memory problems and their carers; come to enjoy chat, homemade cake, tea and coffee.

Phone Jackie (01689 854119), memorycafe@stmartinschelsfield.org.

Chislehurst Friendship Café

Christ Church Chislehurst, 40 Lubbock Road BR7 5JJ

10.00 am -12.00 noon on the first Thursday of the month.

Varied activities, singing, armchair keep fit, arts and crafts, guest speakers.

Contact Gill Holt on 020 8467 6187.

Forget Me Not Café in Bromley Common

At Augustine's Church, Southborough Lane BR2 8RT.

1.30 – 3.30 pm on the third Tuesday of the month

Tea, coffee, cake and chat, with quizzes, games and music.

Contact Diana on 020 8464 1151, email dianaepattison@gmail.com.

Holy Trinity Church Coffee and Chat Drop In

At Holy Trinity Church North Room, Church Lane, Bromley Common, BR2 8LB.

10.30 am - 12.00 noon every Thursday

Tea, coffee, homemade cakes and conversation. Open to anyone, including people with dementia. Contact vicar@htc-bc.org.uk or Diana 0208 464 1151

dianaepattison@gmail.com

Memory Singers for people with dementia and their carers

At the United Reformed Church, Widmore Road, Bromley.

2.00 - 3.30 pm every Wednesday

Singing traditional songs to the piano with words projected onto a screen. Tea and biscuits provided. Contact Bromley Dementia Support Hub 0208 3328 0366

St Edmund's Drop In Café

At St Edmund's Church Hall, Village Way, Beckenham BR3 3NP

2.00 – 4.00 pm every Thursday

Conversation, friendship, tea and activities, for those with memory problems and their carers. Contact Nicola and Judith via email at stedmundsdropin@gmail.com

MEDWAY

Gillingham Dementia Cafe

At St Marks Church, Canterbury Street, Gillingham, ME7 5UA

1.00 – 3.00 pm on the second and fourth Wednesdays of each month

Parking on site; toilet facilities available; wheelchair accessible.

Come along and share in light refreshments, conversation, information and activities in a relaxed and friendly atmosphere.

Phone Paul Harris on 07486 050163 or Pauline Jackson on 07950 191912.

South Gillingham Messy Vintage

At St Matthew's Church, Drewery Drive, Wigmore ME8 0NX

2.00 pm on the third Wednesday of each month

A service for anyone who finds it difficult to get to a Sunday service or finds a conventional service too long. Messy Vintage is a short service with craft activity followed by tea and cake. Contact Jennie Spalding on 07495 089841.

Carers Coffee Morning run by South Gillingham Churches

At Dobbies Garden Centre café, Courteney Road, Gillingham ME8 0FB

10.00 am – 12.00 pm on the second Tuesday of each month

For carers of friends and family members of all ages, supported by Carers First and Admiral Nurses. Bring the person you care for. Pop in for a few minutes or longer. Contact Maureen Cannon at maureen37deanwd@virginmedia.com.

Rochester Cathedral Dementia Friendly Service

At The Lady Chapel in Rochester Cathedral

2:30 on the third Monday of each month.

Short service. Followed by tea and chat.

Contact Christine Bostock annachaplain84@gmail.com, phone 07563059756

Hoo Companion Cafe

At Hoo St Werburgh Church, Church Street, Hoo

1.00 – 3.00 pm on the third Friday of the month

For anyone with a long-term condition (including dementia) and their carers

Contact: Margaret Hollands 01634 251979

Rochester Dementia Memory Cafe

The Parish Centre, St Peter's Church, Delce Road, Rochester ME1 2EH

1.30 - 3.30pm on the fourth Friday of each month

An opportunity for people living with dementia and carers to meet in a relaxed social setting. Have a cup of tea, a cake, and a chat and share information and experiences. Health and Care professionals make regular visits to the Cafe.

Contact John Portman on 07989 783447 or johnportman@talktalk.net and on the website www.parishofrochester.org.uk

Rochester Carers Group

The Parish Centre, St Peter's Church, Delce Road, Rochester ME1 2EH

10.00 – 11.30 am on second Tuesday of each month with Carers First

Come to meet others who are in a similar situation. Have a cup of tea and a chat, share experiences and information. Care and health professionals make regular visits to the group. Volunteers on hand to support the cared for person. Contact John Portman on 07989 783447 or johnportman@talktalk.net

Singing for the Memory Medway

The Parish Centre, St Peter's Church, Delce Road, Rochester ME1 2EH

2.00pm to 3.30pm on the second Friday of each month

A singing group for people living with dementia and other cognitive impairments and their carers and friends. Sessions are led by experienced singers. Folders with the words of songs are provided and tea or coffee and biscuits are served.

Contact John Portman on 07989 783447 or johnportman@talktalk.net and on the website www.parishofrochester.org.uk

Dementia Friendly Worship

St Justus Church, The Fairway, Rochester ME1 2LT

2.30pm to 4.00pm on the second Tuesday of each month

A short worship service of hymns, readings, prayer and a craft activity followed by refreshments. For all those with dementia, their carers, and others for whom a shorter service is helpful. Contact John Portman on 07989 783447 or office@stjustus.org

KENT

Hildenborough Dementia Café

St John's Church Centre, Foxbush, Hildenborough TN11 9HT

Companionship over a cuppa. www.forgetmenotcafe.org.uk

email: forgetmenot.sadfc@gmail.com

Tel: Elaine on 07946 534476, or Amelia on 07580 601182

Snodland Dementia Café, All Saints with Christ Church

At Christ Church Community Hall, Malling Road.

10.00 am – 12 noon on the second and fourth Monday of the month

Enjoy coffee, chat and activities to stimulate memory. Contact Rev'd Sue on 01634 241350.

Last updated February 2022.

To update this list, please contact Julia Burton-Jones
(julia.burton-jones@rochester.anglican.org)