

Loss ^{AND} HOPE

Loss and HOPE exists to equip churches in bereavement support by providing training, and:

- **The Bereavement Journey** Video Series
- **A Bereavement Friendly Church Charter**



Loss and HOPE is a coalition of

At a
Loss.org with



LIFE EVENTS



Bereavement Support Signposting

At a
Loss.org

Helping the bereaved
find **support**

- National signposting site
- Services filtered by type of bereavement, age, location
- Live counsellor – GriefChat



Walking alongside people in their grief

- Our congregations
- Our communities
- Our country



Not only those we know, not only those who attend funerals but those unconnected with us

Confidence to communicate



Season of **REMEMBERING**

All Souls' Day to Remembrance Sunday

To give time and space to those grieving to reflect and remember those who have died, with special services, prayer space activities, online resources.

A suite of resources: invitations, posters, liturgy

Ready to edit so you can add details of what you are doing.



Season of REMEMBERING

Loss AND HOPE

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Season of Remembering



Season of REMEMBERING

To support you in this Season of Remembering, from All Souls' to Remembrance Sunday, we have developed a suite of editable resources which you can use to plan your activities.

Add details of your service, your church's logo and website, etc., and let people in your community know that you are offering special services to give time and space to those grieving to reflect and remember those who have died.

The creative ways to remember document has lots of practical ideas on activities such as memory trees, prayer stations, children's activities and even soul cakes!

Invitation to a service



Season of
REMEMBERING

You are invited to an
**All Souls' Day Service of
Reflection and Remembrance**

xxxx at xxxx at xxxx

For more details contact xxxx

Loss AND **HOPE**

Special liturgies, traditional and alternative



Season of
REMEMBERING

A Service of
Thanksgiving and
Remembrance

All Souls' 2021

Loss AND **HOPE**

All Souls' 2021 |

Prayer space activities



- When someone that we love leaves us or dies, they leave a gap in our lives.
- Simple activity to encourage reflection on good and validation of sad memories. It's OK to not be OK.
- An empty chair to represent the 'missing person', with luggage tags or post-it notes to attach to the chair.
- www.prayerspacesinschools.com

Younger children



- Craft activities for younger children
- Sunday school or toddler groups
- Opportunities for parents/carers to reflect

Online spaces



- Church of England light a virtual candle website
- Share with family members who aren't all able to attend a funeral
- Light at a specific time
- Or at any time

Remembering Someone Badges

- Bereavement support – an ongoing need
- An outward sign that we are feeling fragile or thinking of those we miss
- A personal gift
- Available from Ata**Loss**.org shop



The Bereavement Journey





- **23 years** of helping bereaved people
- Running successfully **online** – full training available
- **6 facilitated group sessions with videos**
- Optional final session on faith questions
- Like Alpha, an opportunity to ask the big questions of life

Visit **www.lossandhope.org** for more information

Bereavement Friendly Church

- Webinars inviting you to review your church's welcome to bereaved people
- Hardest place to be?
- Practical ideas



For further information

www.lossandhope.org

www.ataloss.org

www.thebereavementjourney.org

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