

St Michael and All Angels Mill Hill



The ninth Sunday after Trinity



Sunday 1st August 2021

10:30am



**THE CHURCH
OF ENGLAND**

The Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All: Amen.

The Lord be with you

All: And also with you.

Reverend Heather introduces the service

Prayer of Preparation

**All: Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

In a moment of quietness, let us prepare ourselves to celebrate the sacred mysteries by calling to mind the ways in which we have failed God and our neighbour, and then let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

**All: Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you
in newness of life
to the glory of your name. Amen.**

Absolution

Almighty God, who forgives all who truly repent,
have mercy upon us,
pardon and deliver us from all our sins,
confirm and strengthen us in all goodness,
and keep us in life eternal;
through Jesus Christ our Lord.

All: Amen.

Kyrie

Lord have mercy
All: Lord have mercy
Christ have mercy
All: Christ have mercy
Lord have mercy
All: Lord have mercy

Gloria

**All: Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All: Amen.

Junior Church go out to Hartley Hall

First Reading

Exodus 16: 2-4, 9-15

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

⁴Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

⁹Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." ' ¹⁰And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. ¹¹The Lord spoke to Moses and said, ¹²'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." ' '

¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.'

This is the word of the Lord.

All: Thanks be to God.

Psalm 78 v23-29

- 23 So he commanded the clouds above :
and opened the doors of heaven.
- 24 He rained down upon them manna to eat :
and gave them the grain of heaven.
- 25 So mortals ate the bread of angels; :
he sent them food in plenty.
- 26 He caused the east wind to blow in the heavens :
and led out the south wind by his might.
- 27 He rained flesh upon them as thick as dust :
and winged fowl like the sand of the sea.
- 28 He let it fall in the midst of their camp :
and round about their tents.
- 29 So they ate and were well filled, :
for he gave them what they desired.

Glory be to the Father, and to the Son :
and to the Holy Spirit;
As it was in the beginning, is now and ever shall be:
world without end Amen.

Second Reading

Ephesians 4: 1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said,

'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

⁹(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the word of the Lord.

All: Thanks be to God.

The Gospel

Al - le - lu - ia, al - le - lu - ia! Al - le - lu - ia, al - le - lu - ia! Al -
le - lu - ia, al - le - lu - ia! Al - le - lu - ia, al - le - lu - ia!

Jones

The Lord be with you

All: And also with you.

Hear the Gospel of our Lord Jesus Christ
according to John

All: Glory to you, O Lord.

John 6: 24-35

²⁴So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' ²⁶Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' ²⁸Then they said to him, 'What must we do to perform the works of God?' ²⁹Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' ³⁰So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' ³¹Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' ³²Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world.' ³⁴They said to him, 'Sir, give us this bread always.'

³⁵Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord

All: Praise to you, O Christ.

The Sermon

The Creed

**All: We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is
worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

In the power of the Spirit and in union with Christ let us make our prayer to our heavenly Father.

Lord, in your mercy or Lord, hear us
All: Hear our prayer. Lord, graciously hear us.

Please pray for those who are sick or housebound

We remember by name:

Andrew Bevans, Anil Ameer Subryan, Anna Morison, Anne King, Ashraf Jafari, Beryl, Chandralakha and Scott Singh, Christine, Christopher Brown, Claire, Clifford Brown, Crystal, Devon White, Di Mason, Edd Heimrich, Eddie and Jenny Wardle, Edward, Edna Currell, Fr Alan Chidwick, Fr Desmond Tillyer, Helen Cloke, Howard Longman, John, Johnny, Julian, Juliana, Lauren Reeves, Liz Lightbown, Mark, Mary Akpieyi, Mary Prosser-Haries, Mandy, Mina and Reginald Apiafi, Molly Ashdown, Pam Harmer, Pamela Ashcroft, Pavol Husar, Peter Merchant, Rachel, Rahema Charles, Ray, Rella Persaud, Remi Babatunde, Saffron Leigh, Sam Theodore, Sandra, Sarah, Shilpa, Susan and Vanessa Husarov, Susan Paterson, Taiwo Odebode, Terry McCabery, Thelma Martin, Tim, Trina Cowton.

We remember those who have recently departed this life:
Rose Ama Tandoh, Daniel, and Frank Smith.

and all whose anniversaries of death fall at this time:
Holly Dickie and Hida Theodore.

Rest eternal grant them, O Lord;
All: And let light perpetual shine upon them.

May they rest in peace
All: And rise in glory.

Merciful Father,
**All: Accept these prayers for the sake of your son
our saviour Jesus Christ. Amen.**

The Peace

We are the body of Christ.

In the one Spirit we were all baptized into one body.

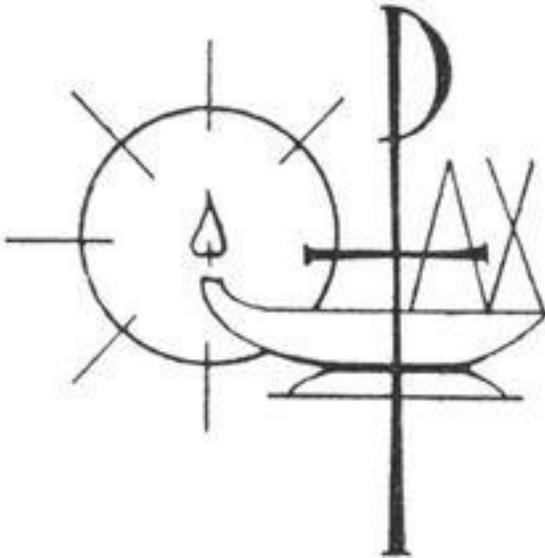
Let us then pursue all that makes for peace
and builds up our common life.

The Peace of the Lord be always with you

All: And also with you.

Let us offer one another a sign of peace

All may exchange a sign of peace



The Preparation of the Altar

Blessed are you, Lord God of all creation:
through your goodness we have this bread to offer you,
which earth has given and human hands have made.
It will become for us the bread of life

All: Blessed be God forever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to offer you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

All: Blessed be God forever.

The Eucharistic Prayer

The Lord be with you

All: And also with you

Lift up your hearts

All: We lift them to the Lord

Let us give thanks to the Lord our God

All: It is right to give him thanks and praise

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.
By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**All: Holy, Holy, Holy Lord,
God of power and might
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:
**All: Christ has died
Christ is risen
Christ will come again**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of the Blessed Virgin Mary,
St Michael and all the angels and saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All: Amen.

The Lord's Prayer

As our Saviour Christ has commanded and taught us so we pray:

**All: Our Father who art in heaven,
hallowed be thy name;
thy kingdom come, thy will be done
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory.
for ever and ever.
Amen.**

The Breaking of the Bread

We break this bread to share in the body of Christ

**All: Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

Lamb of God, you take away the sin of the world;

All: have mercy on us.

Lamb of God, you take away the sin of the world;

All: have mercy on us.

Lamb of God, you take away the sin of the world;

All: grant us peace.

Invitation to Communion

Jesus is the Lamb of God
who takes away the sin of the world.

Blessed are those who are called to his supper

**All: Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The Communion

The Post Communion Prayer

Holy Father,
who gathered us here around the table of your Son
to share this meal with the whole household of God:
in that new world where you reveal the fullness of your peace,
gather people of every race and language
to share in the eternal banquet of Jesus Christ our Lord.

All: Amen.

All: Almighty God, we thank you for feeding us with the body and blood of your son Jesus Christ, Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

Notices

The Blessing

The Lord be with you

All: And also with you.

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

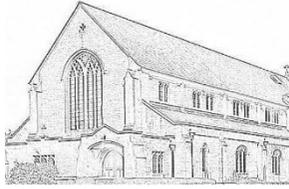
All: Amen.

The Dismissal

Go in peace to love and serve the Lord.

All: Thanks be to God.





Services and events this week

- **Sunday 1st August (ninth Sunday after Trinity)**
8:00am said Mass in the church only
10:30am Parish Mass in the church,
also broadcast on Zoom
Junior Church in Hartley Hall
6:00pm Evening Mass on Zoom only
- **Morning Prayer - Monday to Friday 10:00am**
and Saturday 9:30am on Zoom only
- *There is no midweek Mass this week*
- **Sunday 8th August (tenth Sunday after Trinity)**
8:00am said Mass in the church only
10:30am Parish Mass in the church,
also broadcast on Zoom
Junior Church in Hartley Hall
6:00pm Evening Mass on Zoom only

Father Steven is on holiday for two weeks, so there will be no Wednesday Mass until 11th August.

Morning Prayer on Zoom will continue Monday to Saturday, being led by members of the congregation or Reverend Heather.