

# PASTORAL SUPERVISION

## STUART MCPHAIL



### Role and Clergy Background

I am an ordained clergy minister of the Baptist Union of Great Britain and have led churches for the past 17 years in Aberdeen and Warrington. I now Co-Pastor the People's Church in Partington, South Manchester with my wife (also a Baptist Minister). I have started a professional pastoral supervision consultancy which draws from experience in pastoral ministry, ecumenical training in pastoral supervision, as well as a previous career in construction project management, team leadership, and mentoring.

### My Supervision

All of us who are involved in pastoral leadership are aware that our work is constantly demanding. It can feel at times like we're stuck in a continuous cycle of ministry activity without proper opportunities to take stock of our work; to reflect on our practices; to consider the impact on ourselves and those around us; and to plan our future ministry steps. For me, starting to work together with a Professional Pastoral Supervisor was a game-changer. It enabled me to get the kind of professional support I needed to sustain and stretch me in ministry. In fact, it's been so helpful that I decided to train to become a Professional Pastoral Supervisor myself. Having completed training, I am committed to supporting fellow clergy and other leaders in ministry, chaplaincy, charitable organisations, and in business.

## **My Approach**

I am passionate about facilitating you with experienced and objective support to help you process work-related issues and opportunities. Pastoral Supervision provides a confidential, spiritual and safe space dedicated to unpacking your concerns and reflecting together on your next steps. Our supervision group (or 1 to1 sessions) will be a professional relationship of equals, characterised by openness and confidentiality. Since this is not line management, the support you receive is independent & dedicated to you. It is intended to be spiritually & theologically rich; psychologically informed; grounded in your ministry experience; and sensitive to future ministry developments and opportunities for you.

## **Other Interests**

I enjoy time off with my wife and our family – we enjoy travelling together. I love art, sport, going to gigs and good food.