

## Shift #3 - Faith at Home 2024

### Session Goals:

1. To explain how Faith at Home can be a fruitful area of developing our discipleship, both individually and corporately.
2. To enable participants to reflect upon their experiences of Faith at Home and what they value.
3. To explore how we might facilitate Faith at Home as an #MTS culture shift.

Time	Session	Leader's Notes
10 mins	<b>Welcome and opening prayer</b> TTT	
5	<b>Feedback and updates from last session</b> <b>Have you tried anything new?</b>	
10	<p><b>Intro to shift/ setting the scene - read from the handbook.</b></p> <p>Plus: Obviously, it's for each of us but our focus today is children and young people</p> <p>The term 'household' is often used because it's recognised there are so many different contexts - the make -up of a household differs across our communities; single parents, households where a grandparent is the primary care giver, households where only one parent is a Christian, for example</p> <p>It's a national campaign in the Church of England which seeks to build on the work of Growing Faith and Everyday Faith to support the faith development of children and young people.</p> <p>It's about developing a culture of intergenerational networks, living and learning about our faith together whatever our age, doing things together with children and young people rather than for them.</p> <p>It's about facilitating conversations about faith to become a natural part of our everyday lives.</p>	

Time	Session	Leader's Notes
	<p><b>Icebreaker Activity:</b> <b>Lectio Divina on Psalm 78:4-8</b></p> <p>This is something which could be used in our homes and really imaginatively with all ages too.</p> <p>Read the passage once and maintain a moment of quiet just to think about it</p> <p>Read it again then give a moment for each person to say out loud one word that stands out to them</p> <p>Read it a third time and then invite people to mention out loud any phrase or anything else which stands out to them</p> <p>'We will not hide them from their descendants; we will tell the next generation the praiseworthy deeds of the LORD, his power, and the wonders he has done. He decreed statutes for Jacob and established the law in Israel, which he commanded our ancestors to teach their children, so the next generation would know them, even the children yet to be born, and they in turn would tell their children. Then they would put their trust in God and would not forget his deeds but would keep his commands.'</p>	
10	<p><b>Video/Activity</b></p> <p>Please watch this video which comes from the Faith in the Nexus research by the NICER institute at Canterbury university.</p> <p><a href="https://www.youtube.com/watch?v=RGNXewx4wtQ&amp;t=38s">https://www.youtube.com/watch?v=RGNXewx4wtQ&amp;t=38s</a></p>	
15	<p><b>Breakout Session #1</b></p> <p>How are we encouraging intergenerational discipleship conversations?</p>	
5	<p><b>Feedback</b></p>	
10	<p><b>Break</b></p>	
10	<p><b>Video/Activity</b></p> <p>Please watch both videos – the first demonstrating the importance of hearing the voices of children and young people.</p> <ul style="list-style-type: none"> <li>Trinity High Video</li> <li>Masih family Video</li> </ul>	
15	<p><b>Breakout Session #2</b></p> <p>How can we encourage everyday Faith at Home experiences and conversations through the week not just Sundays?</p>	

Time	Session	Leader's Notes
5	<p><b>Feedback</b></p>	
10	<p><b>Highlight some resources – from main booklet and others known by the leader/group.</b></p> <p><b>DNA Reflection:</b></p> <p>Give participants the opportunity on their own or together to reflect on the three final questions on the handout. These focus on what has been Discovered, what may need to be Nurtured and any potential Actions to put in place moving forwards.</p>	
5	<p><b>Close in prayer (suggest MTS prayer)</b></p>	

This document is to be used along side the #MoreThanSunday Handbook available on the Diocese of Manchester website, at: [www.manchester.anglican.org/more-than-sunday](http://www.manchester.anglican.org/more-than-sunday)

If you are in need of addition support please contact Kim Morgan-Jones, Head of Lay Development and Discipleship, at [kimmorgan-jones@manchester.anglican.org](mailto:kimmorgan-jones@manchester.anglican.org)