If I told you, What would you do?

Would you help me find others who understand and can offer me support?
Would you help me find others who understand and can offer me support?

I need you to be aware of your own limitations.
I need you to be honest with me about what you can do to help.
I need you to consider my physical, emotional and spiritual needs and wellbeing equally and at all times.
I need help to find the right people and services at a time that is right for me.
I need you to be willing to help me seek peer support.
I need you to be willing to help me locate appropriate professional services.
I need you to understand how daunting this may feel to me.

Then he put him on his own animal, brought him to an inn, and took care of him — The next day he took out two denarii, gave them to the innkeeper, and said, 'Take care of him; and when I come back, I will repay you whatever more you spend.'