How to make a Pilgrim course work

- Each session should take between an hour and 90 minutes.

- You may want to include a meal as part of the evening, but try and create a hospitable atmosphere, with refreshments and opportunities for the group to get to know each other.

- People learn in different ways so you might want to have a resource box of short books and DVDs of talks and music.

- As you get to know the group, try to ensure that each voice is heard and that everyone has the opportunity to speak if they want to.

  'The pace of each session enabled proper dialogue with all group members contributing, promoted honest reflection and personal thought and also furthered my knowledge and understanding of what exactly being a practising Christian is all about.'

- How to cope with difficult questions? Be honest if you don't know the answer to tough theological questions, and make a note and try to follow up. Be aware of personal issues that are shared in the group and make time to care for individuals outside the session. As a leader try and help the group through any disagreements so that they can grow together.

  'Provoked some very personal and honest sharing.' . . . 'It got the group engaging with some quite deep conversations in a way that surprised me.'

- Make the course your own! Be flexible with the material, use ice-breakers if that will help your group to get to know each other.

  'Found it stretched both their thinking and their theology.' . . . 'Did deepen the faith of the . . . people involved and led to interesting discussions and questions.' . . . 'The course content was very insightful, allowing me to develop further my knowledge through deep and meaningful discussion.'