

Authorised
Ministry



PASTORAL CARE

Pastoral Care

Aims - to enable participants to:

- develop their understanding of pastoral care from a Christian perspective
- be more effective in relating to and caring for the people and communities around them
- be equipped with the skills they need to be able to offer pastoral care ministry safely and responsibly in their parishes and communities

Assessment:

Using a reflective practice method, such as critical incident analysis, create a portfolio of reflections upon pastoral encounters / conversations - to demonstrate a growing understanding of pastoral care, listening and responding, awareness of particular needs, and sharing ministry appropriately.

Principles:

- Enabling participants to ground their practice in prayer and Scripture
- Encouraging growth in attentiveness, self-awareness, and appropriate boundaries
- Giving participants some tools to enable them to become effective reflective practitioners

Session Outlines:

- 1) Introducing pastoral care. Defining / describing pastoral care and the processes involved.
- 2) The skills involved in effective pastoral conversations. Practicing the skills of deep listening and appropriate responding in pastoral care situation.
- 3) Visiting the sick. Good practice in hospitals, residential care, and at home. Exercising care for adults in vulnerable or distressed situations.
- 4) Pastoral support around church services. Baptism preparation and supporting families with young children. Support for marriage, wedding preparation, and relationship support.
- 5) Listening in bereavement and transitions. Bereavement and the care of families around and after funerals. Transitions, patterns of loss and ways forward.
- 6) When relationships start to break down and conflicts arise. Exploring issues of handling conflict in pastoral relationships and how to address conflicts and differences.
- 7) Pastoral care and individual needs. Improving our awareness of mental health issues. Considering care, relationships and spiritual growth in ageing.
- 8) The communal dimension of pastoral care. Reflecting on how we share ministry with others. Learning to signpost appropriately. When and where to make a referral.
- 9) Responsible care. To whom am I accountable? Learning how to receive care. Caring for the carers. Safe Practice & Role Descriptions.