

## Charities that help victims of domestic abuse

- **Your Sanctuary** – A Surrey based charity supporting victims of domestic abuse  
<https://www.yoursanctuary.org.uk/>  
Helpline 01483 776822 (Every day, 9-9) In an emergency dial 999
- **Women's Aid** - Domestic abuse charity  
<https://www.womensaid.org.uk/>
- **South West Surrey Domestic Abuse Outreach Service**  
<https://www.swsda.org.uk/>  
Email: [swr@swsda.org.uk](mailto:swr@swsda.org.uk)  
01483 898884 (Mon-Fri 9-4) In an emergency dial 999
- **South West Surrey Outreach**  
01483 577392  
Email: [swr@caha.org.uk](mailto:swr@caha.org.uk)
- **National Domestic Abuse Helpline**  
24 hours Freephone 0808 2000 247 or 0844 8044 999  
<https://www.nationaldahelpline.org.uk/>
- **RASASC (Rape and Sexual Abuse Support Centre)**  
<https://www.rasasc.org/>  
01483 546400 (Mon-Thu 7.30pm-9.30pm)  
Email: [admin@rasasc-guildford.org](mailto:admin@rasasc-guildford.org)  
We are a registered charity, established in 1992 and based in Guildford.  
We work with anyone in Surrey whose life has been affected by rape or sexual abuse, whether recently or in the past.