

Physical Education

St Thomas and St Anne's CE Primary School



Long Term Rolling Programme

2021-2023

Our curriculum is designed to equip all children with the knowledge, including skills, that will enable them to be successful and creative in their future lives. Our curriculum is underpinned by the basic principles that:

1. Learning is change to long-term memory
2. Our aim is to ensure that our pupils experience a wide breadth of study and that they have a long-term memory of an ambitious body of procedural and semantic knowledge.

Our curriculum has been developed using the Chris Quigley 'Essentials Curriculum'.

Our Long, medium- and short-term planning are supported by resources based on the Chris Quigley milestones. We also use the Merton scheme along with other resources for sport specific skills (LTA, F.A, Swim England)

We plan for 2 x weekly lesson of 60 minutes to allow for 2 hours of activity each week.

Our rolling programme has been adopted to cater for our mixed age class structure. This will be reviewed regularly depending on the overall school structure as our class groups often change from year to year.

Decisions regarding which sports and skills the children will follow have been based on outcomes of a curriculum review and also because of missed learning in previous years due to the COVID 19 pandemic.

We ensure that children are building on previously learning by referring to progression grids known as Milestones for P.E and the subject knowledge categories.

There is only one threshold concept for P.E which is broken into 6 knowledge categories (key areas of PE knowledge that the children revisit across the programme of study):



Class Fir MS 1	Autumn1	Autumn 2	Spring1	Spring 2	Summer 1	Summer 2
A	Games Tag	Dance (Based on a book)	Games invasion	Gymnastics floor	Games – Striking and fielding	Games - Net and Wall (racket fun)
B	Games Target (bean bag bocce)	Dance	Games net and wall	Gymnastics equipment	Games – Striking and fielding (Give me five)	Games (Athletics)
Class Elm MS 1/2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
A	Games Tag	Dance (Based on a book)	Gymnastics floor	Games invasion	Games net and wall (racket fun)	Athletics
B	Games Target (bean bag bocce)	Dance	OOA	Gymnastics equipment	<u>Games striking</u> and fielding (altogether now)	Athletics
Class Ash MS 2/3	Autumn 1	Autumn 2	Spring		Summer 1	Summer 2
A	Games – invasion	Dance	Swimming (10 weeks) (gymnastics)		Games net and wall	Games target
B	OOA	Gymnastics	<u>Swimming</u> (10 weeks) OOA using outdoor learning resources		Games Cricket (quick pick up)	Athletics
Class Oak MS 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
A	Games – invasion	Dance	Games – target Boccia	Gymnastics floor	Games – striking and fielding (target challenge, continuous cricket)	Athletics
B	Games Tag	Gymnastics equipment	OOA	OOA	Games – net and wall – In the zone. Rebound ball	Athletics