

V Vegetarian
V_e Vegan
H Halal

WEEK 1

Monday

Big Breakfast Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg
Vegetarian Sausage, Free Range Scrambled Egg V
Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection
Homemade Cookie

Wednesday

Traditional Roast with Rich and Tasty Gravy Farm Assured Sliced Meat
Oven Roasted Vegetables and Mixed Beans Served in a Yorkshire Pudding V
Roast Potatoes, Creamed Potato, Carrots, Cabbage, Seasonal Salad Selection, Homemade Bread Selection
Cook's Choice of Dessert with Custard

Thursday

Homemade Beef Burgers
Crispy Garlic Bake Seasonal Vegetables and Mixed Beans with Herbs and Tomatoes topped with French Bread Slices and Cheese V
Diced Potatoes, Sweetcorn, Broccoli, Seasonal Salad Selection, Homemade Bread Selection
Strawberry and Vanilla Swirl Mousse or Chocolate and Vanilla Swirl Mousse

Friday

Battered Fillet of Fish White Fillet coated in a light batter or Fish Cake
Cheese Puff Creamed Potato and Cheese encased in Puff Pastry V
Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection
Lead Muffins

WEEK 2

Monday

Gluten Free Pork Meatballs Pork Meatballs served with a Rich Tomato Sauce
Pasta Bake V
Pasta Twists, Sweetcorn, Green Beans, Seasonal Salad Selection, Homemade Bread Selection
Homemade Cookies

Tuesday

Sausage Roll Pork Sausage encased in Puff Pastry
Sweet Potato Bake and Couscous V
Diced Potatoes, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection
Lead Muffin Selection

Wednesday

Traditional Roast with Rich and Tasty Gravy Farm Assured Sliced Meat
Oven Roasted Vegetables and Mixed Beans Served in a Yorkshire Pudding V
Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Seasonal Salad Selection, Homemade Bread Selection
Cook's Choice of Dessert with Custard

Thursday

Beef Bolognaise Farm Assured Minced Beef in a Rich Tomato based Sauce
Mac and Cheese Macaroni Pasta baked in a Chef's Creamy Cheese Sauce V
Spagetti, Broccoli, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection
Jelly with a Swirl of Cream

Friday



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fillet of Fish White Fillet coated in a light batter or Jumbo Fish Finger
Cheese and Tomato Pizza Deep Crust Base V
Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection
Let's Dine Fresh from the Farm Ice Cream

WEEK 3

Monday

Pork Sausage and Gravy Farm Assured Pork Sausage with a Rich and Tasty Gravy
Vegetarian Sausage V
Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection
Homemade Cookies

Thursday

Chicken Dunkers with Sweet and Sour Dipping Sauce
Vegetable Curry Vegetables and Lentils in a Chef's Curry Sauce V
Rice, Pasta, Sweetcorn, Green Beans, Seasonal Salad Selection, Homemade Bread Selection
Lead Sponge Cake

Wednesday

Traditional Roast with a Rich and Tasty Gravy Farm Assured Sliced Meat
Oven Roasted Vegetables and Mixed Beans Served in a Yorkshire Pudding V
Roast Potatoes, Creamed Potato, Carrots, Broccoli, Seasonal Salad Selection, Homemade Bread Selection
Cook's Choice of Dessert with Custard

Friday

Battered Fillet of Fish White Fillet coated in a light batter or Jumbo Fish Finger
Vegetable Enchiladas Mixed Beans and Vegetables in a flouried wrap topped with Tomato based Sauce V
Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection
Strawberry and Vanilla Swirl Mousse or Chocolate and Vanilla Swirl Mousse



APPLES
Apples float in water because 25% of their volume is made of air. The most-grown apple is Red Delicious followed by Gala, Golden Delicious, Granny Smith, and Fuji.



BROCCOLI
The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. Broccoli is the sixth most commonly misspelt word in English.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.