The Parenting Team is continuing their service of telephone consultations. Parents and carers can simply call the office on 01743 250950 or email parenting.team@shropshire.gov.uk to arrange a consultation at a time convenient to them. Professionals can also contact the office and arrange appointments for parents/carers if they have gained their consent to pass on their telephone number.

Taking the current situation into account the parenting team can support parents and carers with:

- managing difficult questions and worries from children due to the current situation
- managing challenging behaviour which might be a result of the changes to their everyday lives
- maintaining good relationships with children during this time
- suggestions on activities to do with children
- talk through and reflect on the online course content with a Parenting Practitioner

The online Understanding Your Child courses are also still available:

- 1. Clicking on the In Our Place website.
- 2. Then put the access code DARWIN18 in the box
- 3. Choose from the following courses:-
- Understanding pregnancy, labour, birth and your baby
- Understanding your baby
- Understanding your child
- Understanding your teenager's brain
- Understanding pregnancy, labour, birth and your baby: for women couples

Many thanks for your support

Nadine Last
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