



USEFUL CONTACTS

Some contacts you might find helpful to support you and your family over the coming weeks

OSWESTRY

Oswestry and Borders Foodbank

56 Beatrice Street

Oswestry

SY11 1QW

01691 671940

<http://oswestryandborders.foodbank.org.uk>

Oswestry Citizens Advice

0344 499 1100

Early Help Hub

The Centre

Oak Street

Oswestry

SY11 1LW

0345 678 9021

WHITCHURCH

Whitchurch Foodbank

Bargates Hall

Church Street

Whitchurch

SY13 1LB

01948 663943

<http://whitchurch.foodbank.org.uk/>

MARKET DRAYTON

Market Drayton Foodbank

The Parish Rooms

Church Street

Market Drayton

TF9 1AF

01630 654007

<http://marketdrayton.foodbank.org.uk>

Early Help Hub

Raven House

Market Drayton

TF9 3AH

0345 678 9021

LUDLOW

Ludlow Foodbank

Ludlow Baptist Church

07896 706 189

South Shropshire Citizens Advice

0344 499 1100

<https://www.cabshropshire.org.uk/>

Early Help Hub

Rock Spring

Sandford Road

Ludlow

SY8 1SX

0345 678 9021

Learning and Skills

Old Street

Ludlow

SY8 1NW

0345 678 9021

BRIDGNORTH

Bridgnorth Foodbank

Number Seven

West Castle Street

Bridgnorth

WV16 4AB

Telephone: 07960 285520

contactus@bridgnorthfoodbank.co.uk

Early Help Hub

Youth Centre

Innage Lane

Bridgnorth

WV16 4HS

0345 678 9021



USEFUL CONTACTS

Some contacts you might find helpful to support you and your family over the coming weeks

Shrewsbury

Foodbank Plus

Barnabas Community Projects
Longden Coleham
Shrewsbury
SY3 7DN
01743 343336
<https://www.barnabascommunityprojects.org/shrewsburyfoodbank>

Foodbank

Hope Church
Grafton Mews
Harlescott Grange
Shrewsbury
SY1 3PU
01743 272465
<https://www.barnabascommunityprojects.org/shrewsburyfoodbank>

Useful websites for parents and young people:

Young Minds - Advice and support on children and young people's mental health and wellbeing <https://youngminds.org.uk/>

Kooth – Online counselling service for young people - <https://www.kooth.com/>

Childline - <https://www.childline.org.uk/>

Grapevine - details for a wide range of family services you might find helpful - <https://thefamilygrapevine.co.uk/shrewsbury-telford/see-a-copy/>

BBC Bitesize – Free educational resources <https://www.bbc.co.uk/bitesize>

Khan Academy – Free educational Resources <https://www.khanacademy.org/> It is an American Website; this link gives the year group equivalent to grades - <https://www.acs-schools.com/hillingdon/admissions/year-grade-placement>

Corbett Maths – Free maths resources - <https://corbettmaths.com/>

Citizens Advice

Shrewsbury
0344 499 1100

Early Help Hubs

Shrewsbury North

Sunflower House
Kendal Road
SY1 4ES
0345 678 9021

Shrewsbury South

c/o Crowmoor School
Crowmere Road
SY2 5JJ
0345 678 9021

Twinkl – primary educational resources - <https://www.twinkl.co.uk/resources/covid19-school-closures>

Parenting Team – Advice on all matters parenting including managing difficult behaviour and suggestions for activities with children - 01743 250950 or email parenting.team@shropshire.gov.uk

Autism West Midlands – Advice and support for parents and children and young people with Autism - shropshire@autismwestmidlands.org.uk
Mon, Tue, Weds - Wendy Cowton
07900784186
Weds, Thu, Fri - Emma Hegenbarth
07881109480

Woodlands Outreach – Advice for parents on supporting and educating children and young people with Special Educational Needs.

Kat Edmonds 07964 379783 or katherine.edmonds@woodlandscentre.org

Rachel Butterfield – rachelbutterfield@woodlandscentre.org