

# KOSMIC at home

If you are in KOSMIC, ask a grown up to help you with some of these activities, reflections, songs and challenges so you can keep learning about God throughout the week.

1

Do you ever do or say or think things that are wrong?  
How do you feel when someone does something that you know is wrong?  
Do you ever say "it's not fair!" They did something worse than me? What happens?

2

## Learn from the Bible

The story in John 8 is about judging other people and thinking about their mistakes and sin rather than thinking about our own hearts. (John 8). Watch what judging means. <https://www.youtube.com/watch?v=3VmlkG8O6ag>

Take some scraps of paper and on each one write something that you have done, said or thought that wouldn't be what Jesus would do, think or say. Scrunch each one into a ball. Imagine them being thrown at you. How might it feel if they were rocks? Long ago people would throw rocks at people who had done something wrong and judge them.

How do you think the woman in the story might have felt when Jesus showed those who were going to throw the rocks that they should only throw a rock if they had never done, said or thought anything wrong? They walked away.

The Bible Bit

3

Consider the story again. You could find a pebble or stone and draw a picture or write a word to help you remember that we should love others and not judge them. <https://www.pursuegodkids.org/dont-be-a-jesus-jerk/>

You might even paint lots of pebbles and hide them so others can find them and think about God's love for them.

4

Respond

Jesus loves us even when we make mistakes and he wants us to love others even when they make mistakes. Think about how you could talk with Jesus and ask him for help when you make a mistake and when it can be hard to love others. You **may** want to tell a grown up what you prayed about.

### The Golden Rule

<https://www.youtube.com/watch?v=9GG5Oe8nxR0>

### Justified

[https://www.youtube.com/watch?v=DqtnjR\\_zXl8](https://www.youtube.com/watch?v=DqtnjR_zXl8)

5

Challenge

**Talk to someone about Jesus -** Jesus showed grace to the woman when others judged her. Talk to someone (a youth leader, family member) about a time they have shown grace rather than judgement, or when they have experienced grace rather than judgement.

We are thinking about: The woman & Jesus

Bible links: John 8

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