

KOSMIC at home

If you are in KOSMIC, ask a grown up to help you with some of these activities, reflections, songs and challenges so you can keep learning about God throughout the week.

1



Today we're going to think back and try to remember what we've learnt about all the fruit of the Spirit. There were 9 characteristics of this fruit. How many can you recall?

2

Learn from the Bible

Think about fruit in the Bible. Can you remember any stories about these pictures?



Watch the video to find out if you were right and to find out more about growing fruit in our lives.

<https://www.pursuegodkids.org/the-fruits-of-the-spirit/>

I wonder what it means to stay connected to Jesus? How might you stay connected to God? What helps you?

The Bible Bit

3

Do you know that we grow fruit depending what's inside us? Watch the video to think more about the fruit of the Spirit and the fruit of our own hearts without God.

<https://www.youtube.com/watch?v=TZrIDT3k84U>

Think about the fruit of our sinful nature. What examples can you think of?
 What is the difference between the fruit of our sinful nature and the fruit of the Spirit?
 Think and pray about how which fruit you show in your life. Tell a grown up.

4

Respond

Take some time to think about what it means that the Holy Spirit is at work in our hearts. How do we stay connected to him so we grow fruit? Ask him to help you be connected. You could tell a grown up what you prayed about.

Keep in Step

<https://www.youtube.com/watch?v=Z2oc9aZF5Pc>

Pray at All Times

https://www.youtube.com/watch?v=E2ZEj_y_BgE

5

Talk to someone about faith - Paul writes about the Fruit of the Spirit. Ask someone (a family member, youth leader...) how they can see evidence of this fruit in their life? In your life?

Challenge

We are thinking about: Fruit of the Spirit

Bible links: Galatians 5:22-23

Find us: See our [website](#) for links to our all-age talk and service:

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