

*'My brother and sisters, fill your minds with those things that are good and that deserve praise:*

*things that are true,*

*noble, right, pure,*

*lovely, and honourable.*

*Put into practice what you learnt and received from me,*

*both from my words and from my actions.*

*And the God who gives us peace will be with you.'*

*Philippians 4:8-9*

