

KIDS CHURCH ONLINE

Sunday 3rd May 2020

THEME - SELF-CONTROL

Luke 15:11-31

BIBLE

Luke 15:11-31 (GNT)

The Lost Son

11 Jesus went on to say, "There was once a man who had two sons. **12** The younger one said to him, 'Father, give me my share of the property now.' So the man divided his property between his two sons. **13** After a few days the younger son sold his part of the property and left home with the money. He went to a country far away, where he wasted his money in reckless living. **14** He spent everything he had. Then a severe famine spread over that country, and he was left without a thing. **15** So he went to work for one of the citizens of that country, who sent him out to his farm to take care of the pigs. **16** He wished he could fill himself with the bean pods the pigs ate, but no one gave him anything to eat. **17** At last he came to his senses and said, 'All my father's hired workers have more than they can eat, and here I am about to starve! **18** I will get up and go to my father and say, "Father, I have sinned against God and against you. **19** I am no longer fit to be called your son; treat me as one of your hired workers.'" **20** So he got up and started back to his father. "He was still a long way from home when his father saw him; his heart was filled with pity, and he ran, threw his arms around his son, and kissed him. **21** 'Father,' the son said, 'I have sinned against God and against you. I am no longer fit to be called your son.' **22** But the father called to his servants. 'Hurry!' he said. 'Bring the best robe and put it on him. Put a ring on his finger and shoes on his feet. **23** Then go and get the prize calf and kill it, and let us celebrate with a feast! **24** For this son of mine was dead, but now he is alive; he was lost, but now he has been found.' And so the feasting began. **25** "In the meantime the older son was out in the field. On his way back, when he came close to the house, he heard the music and dancing. **26** So he called one of the servants and asked him, 'What's going on?' **27** 'Your brother has come back home,' the servant answered, 'and your father has killed the prize calf, because he got him back safe and sound.' **28** The older brother was so angry that he would not go into the house; so his father came out and begged him to come in. **29** But he spoke back to his father, 'Look, all these years I have worked for you like a slave, and I have never disobeyed your orders. What have you given me? Not even a goat for me to have a feast with my friends! **30** But this son of yours wasted all your property on prostitutes, and when he comes back home, you kill the prize calf for him!' **31** 'My son,' the father answered, 'you are always here with me, and everything I have is yours.'

HAVE A CHAT

Below are some questions to help you explore the story

I wonder what part of the story you liked best?

I wonder what was the most important part?

I wonder where you are in the story?

I wonder who in the story showed self-control?
I wonder who in the story didn't show self-control?
I wonder what mistakes did the son make?
I wonder why do you think he did what he did?
I wonder do you think the son learnt anything from his experience?
I wonder was the son happier at the beginning of the story or at the end?

I wonder do you think the father was right to keep the money until later?
I wonder when we make big mistakes what should we do?

ACTIVITIES

Tell the Story

Retell the stories in your own words, creating a modern version. Can you remember all the different parts of the story? Maybe you would like to act it out, or perhaps gather different toys to retell the story.

Exploring Self-Control

Practice Self-Control

Doughnuts.

You will need a bag of sugary doughnuts for this challenge. See if you can eat them without licking your lips.

Chew me

You will need a packet of fruit pastilles for this challenge. See if anyone has enough self-control not to chew it!

The Ninja Game

As a family why not play the 'Ninja Game' see the YouTube video for instructions. Enjoy, have fun.

Chalk the Walk

Decorate the end of your driveway or the road in front of your house with art...help people to remember how they should act towards each other by writing the words 'Self-Control' Patience, or Be Kind To Each Other.

Colouring (see the colouring folder)

If you are able print the colouring in sheets take some time to colour them in. If not why not give it a go and try and copy the design, then colour in it or make up your own design to tell the story.

Movie Time

As a family watch 'Charlie and the Chocolate Factory' (Gene Wilder as Willy Wonka).

Augustus couldn't control his eating – he had to have more and more. He was impatient to get more food, and became very overweight.

Veruca couldn't control her desire to have everything – she wanted more and more, and when she didn't get what she wanted she became impatient and lost her temper. She couldn't control her cravings, her behaviour or her outbursts. Veruca was out of control.

- Consider are there things that we must have?
- How do we behave if we are given what we want all the time?
(We become impatient, intolerant, selfish, greedy, ungrateful, expectant, lazy and dull).
- Is it good for us to have everything we want?
- What qualities do we gain if we learn to wait for things?
(Patience, understanding, appreciation, enjoyment and application).

Although self-control isn't always comfortable, in the long term it rewards and strengthens us; it is character building. A lack of self-control leads to poor character traits. Having to wait leads us to be more patient and understanding of others, and we appreciate far more those things which we have laboured for.

<https://www.energize.uk>.

Modelling

Traffic Light Craft (also craft sheet)

Why not design your own traffic light out of junk, paper mache, salt dough or card. A traffic light is a great way to help you remember and practice self-control.

RED - STOP - Calm down and breathe deeply. Consider everyone's feelings

ORANGE - THINK - What is the problem? What are your options? What are the consequences of your actions?

GREEN - CHOOSE - Make your choice. Talk to someone you trust for support.

Rock Art

If you have enjoyed this activity your challenge this week is to find a stone(rock) big enough to write the word SELF-CONTROL

On your walk go in search for a rock you can paint. you can paint it with any sort of paint but some paints wash off so be careful not to get the rock wet once it is dry. Acrylic paint does not wash off. Please protect your clothes.

Next time you go for a walk place the rock somewhere for someone else to see. If you are placing the rocks in your garden add them to the others.

PRAYER

Family Prayer Activity (see sheet)

Take time to do the family prayer activity together.

And this week try to learn the memory verses.

Acrostic Prayer

On a piece of paper write the word SELF-CONTROL in capital letters down the side.

By each other letter think of a sentence beginning with that letter, which is something you need help to you with self-control.

They now have an acrostic prayer, you can decorate around the edge of the prayer and share it with others to encourage them.

***Here are a few options for paste for your paper mache.**

1. *Use a simple mix of flour and water. Use one part flour with two parts water until you get the consistency like thick glue. Add more water or flour as necessary, mix well and get out all the lumps. Add a few tablespoons of salt to help prevent mould!*
2. *Similar to the above recipe, but definitely need adult supervision.
4 cups of water into a large pot. Place the pot on the hob and bring to the boil. While you are waiting for the water to boil, mix together one cup of flour with two cups of water, stir well to get out as many lumps as possible.
Once the water is boiling, carefully add your floured water mixture. Simmer the mixture for 2-3 minutes, until smooth. Add a few teaspoons of salt to help prevent mould. Allow to cool before you try to use it!*
3. *You can use regular glue mixed with a bit of water. Mix using about one part water with two parts glue.*
4. *Use wallpaper paste. Follow the directions from the manufacturer to mix this paste. Adult supervision when using it.*

***Recipe for Salt Dough**

*1 cup salt
2 cups of flour
¾ cup of water*

- *In a large bowl mix salt and flour together.*
- *Gradually stir in water. Mix well until it forms a doughy consistency.*
- *Turn the dough onto the bench and knead with your hands until smooth and combined.*
- *Make your creations using the salt dough.*
- *Place the salt dough creations into the oven at 180C. The amount of time needed to bake depends on the size and thickness of the salt dough creations.*

Please remind little ones that the salt dough is not edible.

Tips and Ideas

- *Store your salt dough in an air tight container as it keeps well for a few days.*
- *You can paint your creations with acrylic paints and seal with varnish or polyurethane spray.*
- *Salt dough can also be aired dried and is an alternative to oven drying.*
- *Involve the kids in making the salt dough as this encourages and promotes so many learning opportunities, plus it is so much fun!*