



## Lifting The Fallen, Not Kicking Them Down | Galatians 6:1-10

1. Can you think of any times when you were in danger of going the wrong way as a Christian? (v1) What helped you to get back on track? How can we keep the right attitude if we are called to help restore someone else? It may help to read together and reflect on the story of Jesus with the woman in John 8:1-11.
2. What might it mean in the life of CBC, including but not just home groups, to 'carry each another's burdens'? (v2)
3. Paul has been criticising the Galatians for adding to the gospel - becoming bound up in keeping the law instead of receiving God's grace. What then does he mean by encouraging them to 'fulfil the law of Christ'? (v2)
4. Paul refers to us taking responsibility for our own lives, carrying our own load. (v5) What does this look like in practice? Share some of the ways you seek to grow as Christians with each other.
5. Who are the people who help you to learn more about the Christian faith? (v6) How can you encourage them? Are there people who have in the past? If you are still in contact, how about saying thank you? If not, thank God for them and the part they played in helping you grow.
6. What does Paul mean by 'sowing to please the flesh'? How can we avoid doing that? In contrast, how can we sow to please the Spirit? (v8)
7. What are the circumstances that can lead you to become 'weary in doing good'? How can you encourage each other? Spend some time doing that – one way is to speak out to each other the ways in which you see God at work in each other.
8. What are the opportunities that you will have to 'do good' (v10) this week. Share them with each other and turn to prayer together for each of the opportunities that you have coming up.