



Alive In The Spirit, Not Dead To Sin | Galatians 5:19-26

1. How would you describe *'The Fruit of the Spirit'* to a non-Christian?
2. Do Christians have a monopoly over the nine virtues Paul lists? How does your response to Q1 reflect your answer here (or not)?
3. How would you respond to the suggestion that some/many Christians are less loving, joyful, peace-filled, etc. than many non-Christians?
4. What do you make of Paul's 'fleshy list' in verses 19-21? Is his list exhaustive? What more could be added, if anything? Is there something listed which you genuinely don't understand or that seems misplaced given the context Paul is speaking into?
5. Try to define each of the nine virtues Paul lists.
6. Chris said, *'Grace is God-given power to live differently.'* Have you found this to be true in your own walk of faith? Why? Why not? How much, as Chris suggested, is this an issue of limited desire to walk in the Spirit vs denial over our struggles with fleshy things?
7. Can you think of an area of your life, past or present, where you have lived in denial over a particular sin-wrestle (it doesn't need to be so serious as the sins Paul lists)? Conversely, can you think of an area where growth in The Fruit of the Spirit has enabled you to triumph over sin?
8. Rate yourself out of 10 for each of the virtues Paul lists. Which virtues score highest and lowest? Are there are steps you can take to grow even more in both areas? Alternatively, you could write out each of the virtues and lay them out in a spectrum from 'doing okay' to 'could do better'.
9. Is there a relationship/overlap/link between the different virtues? Does one virtue fuel another?
10. [If you have time.] Does a lack of growth in The Fruit of the Spirit limit our ability to operate in The Gifts of the Spirit? Discuss.
11. Read all or some of Psalm 37 together. In response, spend some time praying for each other to mature (even more) in the Fruit of the Spirit. Use some of the phrases from the Psalm as you pray.