



Holy Spirit
Person | Presence | Power

Grieving the Holy Spirit (Ephesians 4:30 1 Thessalonians 5:19)

1. Share anything from the message on Sunday morning that surprised, challenged, or puzzled you?
2. The Holy Spirit is described as a seal and a deposit. Ephesians 1:13-14. 1 Corinthians 3:16 says that our bodies are temples of the Holy Spirit. How do these images help us to understand the Spirit's position when we become Christians?
3. What, do you think, is the difference between grieving the Holy Spirit Ephesians 4:30 and quenching the Holy Spirit 1 Thessalonians 5:19? How does it make you feel/react to the thought that as individuals and as a church this is possible?
4. Have you ever been aware of a time when you grieved or quenched the Holy Spirit? You may not want to share the reason, but would you be willing to share how you became aware and how you resolved the problem.
5. In what ways have you had to modify your behaviour to allow the 'dove' to rest comfortably in your life?
6. Have a look at Ephesians 4:25-32. According to Paul what are the behaviours that grieve the Holy Spirit? What does Paul say are the adjustments we need to make to avoid grieving the Holy Spirit?
7. Read 1 Thessalonians 5:16-22. What is one of the ways Paul says we quench the Spirit? How might we relate this to church life today? What does Paul say is an adjustment we can make to avoid quenching the Spirit?
8. What warning do we find from the story of Samson (Judges 16:20-21)? What are the dangers of assuming that we are spiritually fine? How do we stay sensitive to the Spirit and open to him in our lives?
9. Spend some time thanking God for the person, presence, and power of the Holy Spirit in your life and in the life of our church family asking God to keep us sensitive to his Spirit so that we do not quench his fire or grieve him.