



I Am Unafraid | Psalm 23:4

1. Can you think of a time or a season when you might have fallen into the trap of believing a false conception of Christian faith (e.g. life should never be tough; Christian's don't struggle with depression; God should trump my free-will, etc.). Discuss.
2. Chris said that valleys are unavoidable, unpredictable, indiscriminating, not unrelenting and not unpurposeful. How have you found this to be true (or not) in your faith journey?
3. Spend some time reflecting on Psalm 84. How does this Psalm reinforce or add to the message of Psalm 23:4?
4. When you have found yourself in a dark valley, how have you responded? Have you been able to find the positives or did the experience seem futile?
5. Chris said that, 'faith that's not been tested cannot be trusted.' To what extent is this true or not?
6. Why is David able to say that he is 'unafraid' as he 'walks' through the valleys? Does the content of Psalm 84 help in your response?
7. Can you think of a personal experience where you felt God's presence and guidance during a difficult or challenging situation? Did God use his rod and/or staff and for what purpose?
8. Chris said, '*We may enjoy God on the mountaintops, but we really get to know him intimately in the valleys.*' Discuss.
9. Jesus described himself as The Good Shepherd. In what ways is this title comforting, especially as you consider walking through difficult times? You may want to reflect on the ways Jesus travels before you.
10. Spend some time praying together that you will know, even better, the voice of the Good Shepherd.



What did you discover about God in this passage?
What did you discover about people in this passage?
How will you commit to obey this passage this week?
With whom will you share what you have learned?

