

WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to call Matthew the Rector on 01787 310 845.

This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions), Prayers and readings for the morning services on Sunday 19th June.

Welcoming All Fathers

For fathers attending our service there will be a special gift. We give thanks to those who have shared fatherly love on earth just as our heavenly Father shares his love with each and every one of us.



Country Park Picnic on 19th June cancelled – but there is plenty ahead ...

Due to circumstances beyond our control we have had to cancel this event planned for the 19th June – apologies for any inconvenience caused. Do feel free to use the WhatsApp group to arranged informal get-togethers if you are members. Looking ahead we have, all at **4.00pm**:

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| 26 th June | Shine informal worship at Holy Trinity, |
| 10 th July | Café Church at Lawshall when we will be learning about to taking risks for God, |
| 17 th July | Forest Church at Foxearth Meadows with some great crafts and a focus on dragonflies, |
| 24 th July | Messy Church on the Glebe Land by Holy Trinity (or in church if wet). |

Sudbury Sings

Come and listen to Sudbury Sings on Saturday **25th June** at Holy Trinity Church. Doors open at 6.30pm for a 7.30 start. Enjoy a lively evening of music from a choir of 70 voices singing some of their and your favourite songs and some new toe tapping arrangements. This is their first performance since 2010. Tickets £10 from Sudbury library and Holy Trinity shop. All proceeds to St Nicholas Hospice and Ukraine

An insight into Ethiopia

We have special guests at our 10.30am service on the 3rd July – Tom and Gemma Fifield have been working for a church organisation in Ethiopia. Come and learn about what God has been doing through them and in this extraordinary country.



Be there - Songs of Praise!

As of a phone call late this week, and subject to a confirmatory visit this Monday, and at shorter notice than usual ... Song of Praise will be filming at **Holy Trinity on the evening of Tuesday 19th July at 6.30pm.**

This should be great fun. They bring a conductor, additional musicians, and make quite an event of it; we will sing up to 10 hymns together with a harvest and agricultural theme. Alongside this they will do some local filming. This is a great chance to showcase our church and our community – please make an effort to attend and bring as many people along as you can – we want to have a packed church. This is not just about having a moment of fame on the telly(!) – Let's encourage each other and those around us as we sing words of faith heartily together in a full church. More details soon ...



Friends of Long Melford Church Building Trust

The Annual Meeting of Trustees will be held on Wednesday **22nd June** 2022 at 7.30pm in Holy Trinity Lady Chapel to report on the activities and financial position of the `Trust for the year ending 31st March 2022. This is a public meeting and all are invited to attend.

This Week

Sun 19 th	9.00am	Holy Communion at Shimpling
	10.30am	Holy Communion at Holy Trinity (livestreamed)*
	10.30am	Holy Communion at The Willows, Lawshall
	12.30pm	Baptism at Holy Trinity – Rosie
Mon 20 th	9.30am	Connect baby & toddler group – St Catherine's
	7.30pm	A&S Homegroup
Tues 21 st	9.00am	Morning Prayer via zoom #
	7.30pm	Handbells at St Catherine's
Wed 22 nd	1.10pm	Melford Music – Trevor Cordwell - Piano
	Afternoon	Lawshall School Assembly
	4.00pm	Wedding Rehearsal Lawshall, Nathan & Harriet
	7.00pm	Bell Practice at Holy Trinity
	7.30pm	Friends of Holy Trinity Church APCM
Sat 25 th	7.30pm	Sudbury Sings Rehearsal HT tbc
	2.00pm	Interment of Ashes at Holy Trinity
	2.30pm	Sudbury Sings Rehearsal at Holy Trinity
	3.00pm	Wedding at Lawshall – Nathan & Harriet
Sun 26 th	7.30pm	Sudbury Sings Performance at HT
	10.30am	Holy Communion at Holy Trinity (livestreamed)*
	4.00pm	Shine Informal Worship at Holy Trinity

*** Livestream Joining Instructions**

- Google the five words “Holy Trinity Long Melford Facebook”.
- Click on the top link ([or simply click here](#)) to open the church’s Facebook page and scroll down a bit.
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

Morning Prayer - Zoom Meeting ID: 810 2345 2032, Password: 283350, or [click this link](#)

Dates for your Diary

Sun	7 th Aug	12.00pm	Benefice Picnic on the Glebe Land - Holy Trinity
Sat	24 th Sept	TBC	Alpheton & Shimpling Fete – Chadacre
Sat	1 st Oct	Evening	Harvest Supper (Alpheton & Shimpling)
Sat	8 th Oct	6.00pm	Patrick Kohler Memorial Concert at Holy Trinity
Sat	26 th Nov	All day	Melford Christmas Fayre

Collect (prayer for the day)

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Galatians 3:23-29**

Before the coming of this faith, we were held in custody under the law, locked up until the faith that was to come would be revealed. ²⁴ So the law was our guardian until Christ came that we might be justified by faith. ²⁵ Now that this faith has come, we are no longer under a guardian.

²⁶ So in Christ Jesus you are all children of God through faith, ²⁷ for all of you who were baptised into Christ have clothed yourselves with Christ. ²⁸ There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus. ²⁹ If you belong to Christ, then you are Abraham’s seed, and heirs according to the promise.

Gospel Reading**Luke 8:25-39**

Hear the Gospel of our Lord Jesus Christ according to Luke

Glory to you, O Lord

‘Where is your faith?’ he asked his disciples.

In fear and amazement they asked one another, ‘Who is this? He commands even the winds and the water, and they obey him.’ ²⁶ They sailed to the region of the Gerasenes, which is across the lake from Galilee. ²⁷ When Jesus stepped ashore, he was met by a demon-possessed man from the town. For a long time this man had not worn clothes or lived in a house, but had lived in the tombs. ²⁸ When he saw Jesus, he cried out and fell at his feet, shouting at the top of his voice, ‘What do you want with me, Jesus, Son of the Most High God? I beg you, don’t torture me!’ ²⁹ For Jesus had commanded the impure spirit to come out of the man. Many times it had seized him, and though he was chained hand and foot and kept under guard, he had broken his chains and had been driven by the demon into solitary places.

³⁰ Jesus asked him, ‘What is your name?’ ‘Legion,’ he replied, because many demons had gone into him. ³¹ And they begged Jesus repeatedly not to order them to go into the Abyss.

³² A large herd of pigs was feeding there on the hillside. The demons begged Jesus to let them go into the pigs, and he gave them permission. ³³ When the demons came out of the man, they went into the pigs, and the herd rushed down the steep bank into the lake and was drowned.

³⁴ When those tending the pigs saw what had happened, they ran off and reported this in the town and countryside, ³⁵ and the people went out to see what had happened. When they came to Jesus, they found the man from whom the demons had gone out, sitting at Jesus' feet, dressed and in his right mind; and they were afraid. ³⁶ Those who had seen it told the people how the demon-possessed man had been cured. ³⁷ Then all the people of the region of the Gerasenes asked Jesus to leave them, because they were overcome with fear. So he got into the boat and left.

³⁸ The man from whom the demons had gone out begged to go with him, but Jesus sent him away, saying, ³⁹ 'Return home and tell how much God has done for you.' So the man went away and told all over the town how much Jesus had done for him.

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord. **Amen**

Suggestions for Prayer

- For a peaceful resolution to the crisis in Ukraine, remembering before God the thousands who have been killed or injured and their families, refugees, and all caught up in these awful events.
- We remember before God those who have recently died and those who mourn including the families and friends of Anthony Fraser, Alpha Harrison, and Diane (Betty) Wright.
- For our new PCC's as they have their first meetings.
- For the many people who are feeling overwhelmed or lonely at the moment, that they would know the kindness of God.
- For Father's, that they would have wisdom and strength to navigate all the challenges and privileges that the responsibility of Fatherhood brings.

"As a father has compassion on his children, so the Lord has compassion on those who fear him." Psalm 103:13:

"Start children off on the way they should go, and even when they are old they will not turn from it." Proverbs 22:6