

# WELCOME TO OUR CHURCH COMMUNITY

If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to call Matthew the Rector on 01787 310 845.

This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions), Prayers and readings for the morning service on Sunday 17<sup>th</sup> July.

## Stormy Times

Many of us have been fortunate enough to enjoy some 'normal' things these last few months; however, we are still in unsettled times. Some might actually argue that unsettled times are 'normal', and that we have been abnormally settled for most of our lives!? At the last ministry team meeting, we agreed that over Autumn some of our sermons will consider at Bible passages relating to difficult times. In this way we hope to provide some perspective and wisdom, and to encourage us to remain faithful and loving. Accordingly, at our family services on the first Sundays at Melford at 10.30am, we will be considering the story of Joseph – despite bitter family resentments leading to attempted murder, exile, famine, slavery, imprisonment, heartbreak, and deception ... God was working his purposes out.



## Songs of Praise

Firstly, a big thank you to all who are helping us to get prepared and who will be helping on the day. If you are on the waiting list do not despair, there is still a chance you could get a last minute ticket. Yes, it will be hot however the church should be cooler than outside and all doors will be open on a day when a firm breeze is forecast. Please do not arrive before 5.45pm. Note that additional toilets are being provided and village volunteers will be helping to marshal the parking on the Green.



## Time to Pray

For those of you who would welcome some structure for your daily prayers, the Church of England has produced an app for Morning and Night Prayer called Time to Pray which can be accessed via phone or tablet, (unfortunately not a laptop) at <https://www.chpublishing.co.uk/apps/time-to-pray>. This is free, and could form part of your daily routine joining with people praying the same prayers across the world.



## Forest Church at Foxearth Meadows



'Wild' church finds out how dragonflies taught us to fly, and what else we can learn from these amazing insects. With fun activities (including bamboo dragonflies) and refreshments. 4.00pm next Sunday 17<sup>th</sup> July, at Foxearth Meadows nature reserve - CO10 7GA.



## Suffolk Art Society

Suffolk Arts Society will once again hold their Exhibition in the Lady Chapel. The Exhibition is a great display of art from all over East Anglia and it attracts people to the village and the church. The Exhibition will be open from 22<sup>nd</sup> July to 6<sup>th</sup> August (daily from 10am until 5.30pm, and Sundays from 12noon until 5.30pm). This is a great celebration of the artistic talents so many local people have, and the event also helps to raise much needed funds for the church.

## Storehouse Foodbank

The long summer holidays put an additional strain on families & this year with the household energy price rise that will be an extra burden. Therefore Storehouse are launching their annual beat Summer Hunger campaign and will also be requiring additional items to support households in general.

If someone needs a referral to the Storehouse please contact the nominated person in the Chadbrook Benefice which is Cheryl Morgan (07943 811030). Currently food donations can be made at local supermarkets.

- Baked Beans**
- Tinned Spaghetti**
- Macaroni Cheese**
- Soup (basic flavours)**
- Crisps**
- Snack Bars**
- Hot Dogs**
- Ravioli**
- Meatballs**
- Tinned Potatoes**
- Tuna**
- Pot Noodles**
- Biscuits**

## Melford Fete - huge thank you and caption competition

We are so grateful to Amy Hyde Parker and everyone who helped to put on the wonderful Melford Village Fete last weekend at Melford Hall. The weather and setting were fantastic. The dogs behaved, the stalls were varied and friendly, and wellies were thrown, and the Rector sang 'how much is that doggie in the window'! Money has been raised for all sorts of local organisations including the School and the Church and also the glass fund. Suggestions for the caption to Vicky Moakes - 07804 558 160, chadbrookoffice@gmail.com



**This week**

Sun 17 <sup>th</sup>	9.00am	Holy Communion at Shimpling
	10.30am	Holy Communion at Holy Trinity (livestreamed)*
	10.30am	Holy Communion at The Willows, Lawshall
	12.30pm	Baptism at Holy Trinity – Elsie Holl
	4.00pm	Forest Church at Foxearth Meadows
Mon 18 <sup>th</sup>	All day	BBC Songs of Praise Set up at Holy Trinity
	9.30am	Connect baby & toddler group – St Catherine’s
	7.30pm	A&S Homegroup
Tues 19 <sup>th</sup>	All day	BBC Songs of Praise Set up at Holy Trinity
	9.00am	Morning Prayer via zoom #
	5.45pm	BBC Songs of Praise Filming at Holy Trinity
	7.30pm	Handbells at St Catherine’s
Wed 20 <sup>th</sup>	10.00am	Holy Communion at Steeds Meadow
	1.10pm	Melford Music – Tom Cogan – Organ
	2.00pm	Holy Communion at Melford Court
	4.00pm	Wedding Rehearsal at Holy Trinity – Cameron & Jade
	7.00pm	Bell Practice at Holy Trinity
Thurs 21 <sup>st</sup>	10.15am	School Leavers Assembly at Holy Trinity
	10.30am	Funeral at Lawshall – Charles Handley-Howard
	7.00pm	Choir Practice at Holy Trinity
Fri 22 <sup>nd</sup>	11.00am	Church Tour at Holy Trinity
	1.00pm	Funeral at Holy Trinity – Frances Cadge
Sat 23 <sup>rd</sup>	12.00pm	Wedding at Holy Trinity – Cameron & Jade
	1.00pm	Wedding at Alpheton – Joseph & Abbie
Sun 24 <sup>th</sup>	10.30am	Holy Communion at Holy Trinity (livestreamed)*
	4.00pm	Messy Church picnic on the Glebe land

**\* Livestream Joining Instructions**

- Google the five words “Holy Trinity Long Melford Facebook”.
- Click on the top link ([or simply click here](#)) to open the church’s Facebook page and scroll down a bit.
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

# Morning Prayer - Zoom Meeting ID: 810 2345 2032, Password: 283350, or [click this link](#)

## Collect (prayer for the day)

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

## Reading

### Colossians 1:15-28

The Son is the image of the invisible God, the firstborn over all creation. <sup>16</sup> For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. <sup>17</sup> He is before all things, and in him all things hold together. <sup>18</sup> And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy. <sup>19</sup> For God was pleased to have all his fullness dwell in him, <sup>20</sup> and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.

<sup>21</sup> Once you were alienated from God and were enemies in your minds because of your evil behaviour. <sup>22</sup> But now he has reconciled you by Christ's physical body through death to present you holy in his sight, without blemish and free from accusation – <sup>23</sup> if you continue in your faith, established and firm, and do not move from the hope held out in the gospel. This is the gospel that you heard and that has been proclaimed to every creature under heaven, and of which I, Paul, have become a servant.

<sup>24</sup> Now I rejoice in what I am suffering for you, and I fill up in my flesh what is still lacking in regard to Christ's afflictions, for the sake of his body, which is the church. <sup>25</sup> I have become its servant by the commission God gave me to present to you the word of God in its fullness – <sup>26</sup> the mystery that has been kept hidden for ages and generations, but is now disclosed to the Lord's people. <sup>27</sup> To them God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory.

<sup>28</sup> He is the one we proclaim, admonishing and teaching everyone with all wisdom, so that we may present everyone fully mature in Christ.

## Gospel Reading

### Luke 10:38-42

*Hear the Gospel of our Lord Jesus Christ according to Luke*

**Glory to you, O Lord**

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. <sup>39</sup> She had a sister called Mary, who sat at the Lord's feet listening to what he said. <sup>40</sup> But Martha was distracted by all the preparations that had to be made. She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!'

<sup>41</sup> 'Martha, Martha,' the Lord answered, 'you are worried and upset about many things, <sup>42</sup> but few things are needed – or indeed only one. Mary has chosen what is better, and it will not be taken away from her.'

*This is the Gospel of the Lord*

**Praise to You O Christ**

*(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))*

## Post Communion Prayer

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. **Amen**

## Suggestions for Prayer

- For a peaceful resolution to the crisis in Ukraine, remembering before God the thousands who have been killed or injured and their families, refugees, and all caught up in these awful events.
- We remember before God those who have recently died and those who mourn including the families and friends of Christopher Alban, Frances Cadge, Charles Handley-Howard, and Susan Younger.
- For the many people who are feeling overwhelmed or lonely at the moment, that they would know the kindness of God.
- For Songs of Praise to be a joyful occasion and to bear good fruit for all the churches and communities participating.

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## Dates for your Diary

Tue	19 <sup>th</sup> July	6.30pm	Songs of Praise Holy Trinity
Sun	7 <sup>th</sup> Aug	12.00pm	Benefice Picnic on the Glebe Land - Holy Trinity
Sat	10 <sup>th</sup> Sept	2.00pm	Lawshall Flower Show
Sat	24 <sup>th</sup> Sept	10.30am	Macmillan Coffee Morning
Sat	24 <sup>th</sup> Sept	TBC	Alpheton & Shimpling Fete – Chadacre
Sat	1 <sup>st</sup> Oct	Evening	Harvest Supper (Alpheton & Shimpling)
Sat	8 <sup>th</sup> Oct	6.00pm	Patrick Kohler Memorial Concert at Holy Trinity
Sat	26 <sup>th</sup> Nov	All day	Melford Christmas Fayre