

WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, welcome! If you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to get in touch. This notice sheet covers the next two weeks and combines:

- Notices,
- The church diary (including livestream & Zoom joining instructions), and
- Prayers and readings for the morning services on Sunday 9th & 16th March.

Introducing Lent *(adapted from the Order of Service used on Ash Wednesday)*

Since the early days of the Church, Christians have prepared to celebrate Easter with a season of penitence and fasting. At first, this season of Lent was observed by those who were preparing for Baptism at Easter and by those who were to be restored to the Church's fellowship from which they had been separated through sin. But, in the course of time, the Church came to recognise that, by a careful keeping of these days, all Christians might take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel and so grow in faith and in devotion to our Lord.

I invite you, therefore, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word.



It is Not Too Late to Start ...

Even if you have not had a chance to give sufficient thought to Lent it is not too late to start. I want to thank Henry for his excellent address at the Ash Wednesday service when he reminded us of Jesus' words from the Sermon on the Mount (Matthew 6:19-21):

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Our treasures in heaven are eternal and cannot decay ... or be taxed(!); let's do some investing this Lent.

Daily Reflections - Living Hope

There are some really good daily reflections produced by the Church of England is titled 'Living Hope'. You can be able to get daily email reflections ([click here](#)) or on your phone via the Everyday Faith app ([click here](#)).



FaithChat

The next meeting will be at 10.30 on Saturday 8th March at the home of David & Susie, when we will be discussing issues of personal faith that concern us. For more details have a word with Malcolm. Please call Malcolm on 01787 315689 if you want to come along for the first time; you would be very welcome.

Exploring HOPE

Continuing our exploration of the topic of HOPE; suitable for people asking questions about Christianity ...

Can we really have HOPE in these times ?

Exploring Hope

Café Church

ALL are welcome, with refreshments ... and activities for children

4pm Sundays
9th February, 9th March and 11th May
@ All Saints Church, The Street,
Lawshall, IP29 4QB

For more information on our 4 o'clock community
Websites :- achurchnearyou.com and
longmelfordchurch.com
Contact :- Nicky Lawson 07938 681319
chadbrooklightwave@gmail.com

Hope (Lent) Lunches

during Lent ...

St Catherine's Church,
Long Melford CO10 9JU

Fridays 12.30 -1.30pm

**14th, 21st & 28th March
and 4th & 11th April**

*Includes simple soup lunch, a drink and a
brief reflection*

*Raising money for Number 72 Community
Centre in Sudbury, and the church in
Tanzania*

HOPE

LUNCHES

Online Lent Course: Unforgivable?

Wednesdays 12 March to 9 April, 7.00pm – 8.15pm. The Cathedral's Lent theme in 2025 is 'Unforgivable', exploring the limits of forgiveness. Each week, experts in their subjects are welcomed to talk about and explore the limits of forgiveness. Hosted by the Canon Theologian, the Revd Dr Victoria Johnson, [book your place here](#).

Open Gardens May 26th 2025

Did you know that some of the money raised by Open Gardens comes to Holy Trinity?

This year we are still hoping for more gardens, big and small. Please have a think about whether you could open your garden for viewing, to help raise funds for our lovely village. If you would like to take part please contact Paul on 01787 378 035 or email contact@themill-longmelford.com



Safeguarding

If anyone needs to do their Basic or Foundation Safeguarding training, Cheryl is happy to help them access the portal and guide them through on either their computer or her laptop.. Please let her know on either 0305cam@gmail.com or 07943 811030.

Maundy Thursday Meal **

You are warmly invited to the service on Maundy Thursday, 17th April 2025 at Holy Trinity at 7.00pm, followed by a simple meal. If you would like to attend the meal please let Vicky know along with any dietary requirements. chadbrookoffice@gmail.com or call on 07804 558160

March & April Rota

The March & April service rota has now been put on the website, please do have a look and let me know if you are unable for any duties on there. Many Thanks *Vicky*

Morning Prayer

Please note that the login details for morning prayer have changed - see the footnotes to the diary section. Why not join us for six Tuesdays at 9am in Lent (the order of service is [here](#)).

Kelvedon Singers conducted by Christopher Phelps

Holy Trinity Church, Long Melford, Saturday 12th April at 6.30pm.

The Kelvedon Singers are delighted to invite you to join them when they perform two sublime choral works at Holy Trinity Church, Long Melford, Suffolk. **Mozart's Requiem** is an unparalleled masterpiece of choral and orchestral music, and stands as one of the most profound and haunting compositions in the Western classical repertoire. **Franz Schubert's Mass in E-flat major** is a monumental work that is a testament to his genius in the realm of sacred music. One of Schubert's last compositions, it is notable for its grand scale and profound spirituality. We will be joined by four soloists with strong reputations in both concert and opera performance: **Catherine May** (Soprano) **Felicity Buckland** (Mezzo Soprano), **Jonathan Cooke** (Tenor) and **Owain Browne** (Bass) **Nigel Brown** who is organist and choir master at Holy Trinity, will accompany us on this occasion.

Tickets are £15pp incl interval refreshments. Sarah Phillips 01376 561719/sarahphillips365@outlook.com
www.kelvedonsingers.org.uk

Diary

Sun 9 th	10.30am	Communion at Holy Trinity *
	4.00pm	Café Church - HOPE Explored, Lawshall
Mon 10 th	9.30am	Connect Toddler Group St Catherine's
Tues 11 th	9.00am	Morning Prayer #
	2.30pm	Funeral at Holy Trinity – Edna Hammond
Wed 12 th	10.00am	Coffee Caravan at Alpheton
Thurs 13 th	7.00pm	Choir Practice Holy Trinity
Fri 14 th	12.30pm	Lent Lunch at St Catherine's
	1.00pm	Funeral at Holy Trinity – Audrey Bower
	7.30pm	'Alfie's Bar' at Alpheton Village Hall
	7.30pm	'Fusion' Youth Group
Sun 16 th	9.00am	Communion at Shimpling
	10.30am	Communion at Holy Trinity *
	4.00pm	Messy Church at Melford School
Mon 17 th	9.30am	Connect Toddler Group - St Catherine's
	7.30pm	A&S Home Group
	7.30pm	Long Melford PCC
Tues 18 th	9.00am	Morning Prayer #
	2.00pm	Church Tour at Holy Trinity
	7.30pm	Lawshall PCC
Wed 19 th	10.00am	Communion at Steeds Meadow (all welcome)
	10.30am	Community Café at Lawshall Village Hall
	1.30pm	Thanksgiving Service at Holy Trinity – Ruth Tuhey
	2.00pm	Communion at Melford Court
Thurs 20 th	7.00pm	Choir Practice HT
Fri 21 st	12.00pm	Funeral at Holy Trinity - Roy Adams
	12.30pm	Lent Lunch at St Catherine's
	6.00pm	Post Confirmation Class 'Pizza be with you'
Sat 22 nd	10.00am	Graveyard Tidy at Shimpling Church
Sun 23 rd	10.30am	Communion at Holy Trinity *
	4.00pm	Shine Informal Worship at Holy Trinity

*** Livestream Joining Instructions**

- Google the five words “Holy Trinity Long Melford Facebook” or [click here](#) to open the church’s Facebook page (scroll down a bit to see the feed).
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

Morning Prayer Zoom Meeting ID: 816 5338 9796, Passcode: 289895, or click [here](#).

Dates for your Diary include:

Sun	30 th Mar	10.30am	Mothering Sunday / Mother’s Day Service
Sat	12 th Apr	6.30pm	Kelvedon Singers Concert
Thurs	17 th Apr	7.00pm	Maundy Thursday Service **
Fri	18 th Apr	from 10am	Walking with the Cross through our villages
Fri	18 th Apr	2.00pm	Good Friday Devotional
Sat	19 th Apr	8.30pm	Easter Eve Vigil
Sun	20 th Apr	10.30am	Benefice Easter Sunday Service

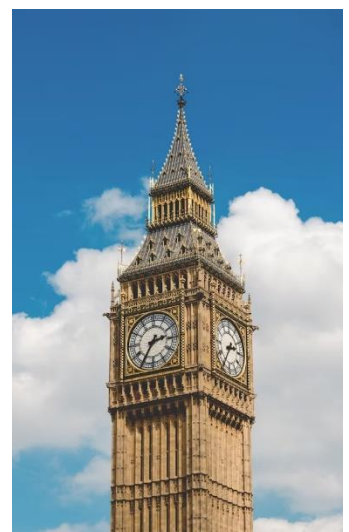
- We pray that during Lent we can build treasure in heaven and take hold of the HOPE of Christ.
- We pray for women around the world with the World Day of Prayer women being on the 7th March.
- We pray for world leaders that they would remain humble, seek peace, and be open to the Spirit of God.
- We pray for a grant application we are submitting to support children and music / worship.
- We pray that God would bless our Youth Group which we have had to split into two groups as it was getting so big (it was nearly 40). Please pray for Pam, the team, and the young people in our villages.
- We remember before God those who have recently died and we pray for those who mourn, including the family and friends of Roy Adams, Audrey Bower, Edna Hammond, Ruth Tuhey.
- We pray for those in need of God’s presence or his healing touch including Barbara Brady, David Bremer, Robert Hawkins, baby Munroe, Mary Tuffen, & Gordon Wright.

Big Ben Praying for Parliament!

OK I know that Big Ben is really just the large bell, however did you know that tube if the tune of the bells is known as the Cambridge Chimes, first used for the chimes of Great St Mary’s in Cambridge, and apparently derived from the violin line from ‘I know that my Redeemer Lives’ in Handel’s Messiah. Words to the chime, inscribed on a plaque in the clock room are:

All through this hour,
Lord be my Guide.
And by thy power,
no foot shall slide

Lets us join with Big Ben and pray for our leaders.



*Readings for the 16th March - Lent 1***Collect (prayer for the day)**

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Romans 10:8-13**

But what does it say? 'The word is near you; it is in your mouth and in your heart,' that is, the message concerning faith that we proclaim: ⁹ if you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved. ¹⁰ For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. ¹¹ As Scripture says, 'Anyone who believes in him will never be put to shame.' ¹² For there is no difference between Jew and Gentile – the same Lord is Lord of all and richly blesses all who call on him, ¹³ for, 'Everyone who calls on the name of the Lord will be saved.'

This is the word of the Lord

Thanks be to God

Gospel Reading**Luke 4:1-13**

Hear the Gospel of our Lord Jesus Christ according to Luke

Glory to you, O Lord

Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, ² where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry. ³ The devil said to him, 'If you are the Son of God, tell this stone to become bread.'
⁴ Jesus answered, 'It is written: "Man shall not live on bread alone."
⁵ The devil led him up to a high place and showed him in an instant all the kingdoms of the world. ⁶ And he said to him, 'I will give you all their authority and splendour; it has been given to me, and I can give it to anyone I want to. ⁷ If you worship me, it will all be yours.'
⁸ Jesus answered, 'It is written: "Worship the Lord your God and serve him only."
⁹ The devil led him to Jerusalem and had him stand on the highest point of the temple. 'If you are the Son of God,' he said, 'throw yourself down from here. ¹⁰ For it is written:
 "He will command his angels concerning you
 to guard you carefully;
¹¹ they will lift you up in their hands,
 so that you will not strike your foot against a stone."
¹² Jesus answered, 'It is said: "Do not put the Lord your God to the test."
¹³ When the devil had finished all this tempting, he left him until an opportune time.

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord **Amen**

Readings for the 23rd March – Lent 2**Collect (prayer for the day)**

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Philippians 3:17-4:1**

Join together in following my example, brothers and sisters, and just as you have us as a model, keep your eyes on those who live as we do. ¹⁸ For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. ¹⁹ Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things. ²⁰ But our citizenship is in heaven. And we eagerly await a Saviour from there, the Lord Jesus Christ, ²¹ who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

4 Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

This is the word of the Lord

Thanks be to God

Gospel Reading**Luke 13:31-35**

Hear the Gospel of our Lord Jesus Christ according to Luke

Glory to you, O Lord

At that time some Pharisees came to Jesus and said to him, 'Leave this place and go somewhere else. Herod wants to kill you.'

³² He replied, 'Go and tell that fox, "I will keep on driving out demons and healing people today and tomorrow, and on the third day I will reach my goal." ³³ In any case, I must press on today and tomorrow and the next day – for surely no prophet can die outside Jerusalem!

³⁴ 'Jerusalem, Jerusalem, you who kill the prophets and stone those sent to you, how often I have longed to gather your children together, as a hen gathers her chicks under her wings, and you were not willing. ³⁵ Look, your house is left to you desolate. I tell you, you will not see me again until you say, "Blessed is he who comes in the name of the Lord."'

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord **Amen**

Easter Memorial Lilies at Holy Trinity



Easter Memorial Lilies

Easter Sunday this year will be on 20th April. There will be a lily display in remembrance of loved ones, with names remembered listed in the porch as part of our Easter Celebrations. There is a suggested minimum donation of £5.00. Orders can be taken until noon, Friday 11th April. We usually have a marvellous response to the Easter Memorial Lilies so look forward to hearing from you. Please use the form below and write the names clearly in **capital**s of those whom you wish to remember.

.....
Easter Lilies 2025

I would like to purchase lilies at £5.00 each in memory of:-

- 1.
- 2.
- 3.
- 4.

Total £

Signed.....

Tel. No.....

Address.....

.....

You may pay by cheque payable to Long Melford PCC or placed **clearly** marked in an envelope in the church donation box. Alternatively, please email the names to chadbrookoffice@gmail.com

The forms can also be found at the back of Holy Trinity church