

# WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to call Vicky, the administrator on 07804 558160. This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions)
- Prayers and readings for the services on Sunday 18<sup>th</sup> & 25<sup>th</sup> August 2024

## Macmillan Coffee Morning

Please come and join us for our Coffee Morning in aid of Macmillan Cancer, to be held at our house, 13 Laurel Drive Long Melford, on Saturday 21st September, 10am until 12. There will also be a raffle and second-hand book stall. We look forward to welcoming you, Jan & Ron



## Unlocking & Locking the church

Cheryl needs some help with unlocking and locking the church on a weekly basis. If anyone could take on any of the following to help her out, it would be most appreciated:

Wednesday morning (unlocking)

Wednesday afternoon (locking)

Thursday afternoon (locking)

Saturday morning (unlocking)

Every other Saturday afternoon (locking)

Sunday evening (locking when there isn't a service on)

Please contact Cheryl directly on [0305cam@gmail.com](mailto:0305cam@gmail.com) or 07943 811030

## A message from the Diocese

We are delighted that all 13 of the candidates put forward to national Stage 1 and Stage 2 panels have been recommended and start their training as ordinands in September. This year is the first year that we sent our potential Auxiliary Ordination Programme candidates to panel as 'Locally Deployed Ministers' so we are especially pleased. For more information on AOP please visit our website [here](#).

This included Nicky Lawson from the Chadbrook Benefice, recommended for Incumbent level Stipendiary Ministry - Pioneer

Also joining AOP will be Charlotte Harkness from Chadbrook Benefice.

This is real progress as we journey together on our programme of Growing in God - Growing Younger.



## Bishop Mike’s Final Service

Sunday 29 September, 3.30pm

St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS

Everyone is warmly invited to St Edmundsbury Cathedral as we say farewell to Bishop Mike as he leaves to become the Bishop of Exeter. The service will be followed by Devon cream teas and fizz. For catering purposes, please use this link to RSVP so we have an indication of

numbers: <https://forms.gle/7Byys8vNYtMTqQF99>

## Suggestions for Prayer

- We pray for the children of our villages together with our own children and grandchildren awaiting examination results that they may have the grades to take them on to the next stage they have planned for their lives
- We pray for a lasting peace in the Holy Land, for a resolution to the war in Ukraine, and a ceasing of hostilities in other places of violence and hatred including the unrest in towns and cities in our own country.
- We remember before God those who have recently died and those who mourn.
- We pray for those in need of God’s presence or his healing touch including Barbara Brady, David Bremer, Robert Hawkins, Ian MacDonald, baby Munroe, and Audrey Wreford

## Dates for your diary

14 <sup>th</sup> Sept	all day	Suffolk Historic Church Trust – Ride & Stride
5 <sup>th</sup> Oct	tbc	Harvest Supper at Alpheton Village Hall
5 <sup>th</sup> Oct	tbc	Harvest Supper at Lawshall Village Hall
6 <sup>th</sup> Oct	9.00am	Harvest Celebration at Alpheton
6 <sup>th</sup> Oct	10.30am	Harvest Celebration at Holy Trinity
13 <sup>th</sup> Oct	4.00pm	Harvest Celebration at Lawshall
2 <sup>nd</sup> Nov	6.30pm	All Souls Evensong

**Diary**

Sun 18 <sup>th</sup>	9.00am	Communion at Shimpling
	10.30am	Communion at Holy Trinity *
Mon 19 <sup>th</sup>	7.30pm	A&S Home Group
Tues 20 <sup>th</sup>	9.00am	Morning Prayer via zoom #
Wed 21 <sup>st</sup>	10.00am	Communion at Steeds Meadow
	1.10pm	Melford Music at Holy Trinity – Ahmed Dickinson – Spanish Guitar
	2.00pm	Communion at Melford Court
Thurs 22 <sup>nd</sup>	10.00am	Shimpling Coffee Caravan
	7.00pm	Choir Practice
Fri 23 <sup>rd</sup>	3.00pm	Interment of Ashes at Holy Trinity - Patricia Bennett
	4.00pm	Wedding Rehearsal at Holy Trinity – Mark & Danielle
Sat 24 <sup>th</sup>	1.00pm	Wedding at Holy Trinity – Mark & Danielle
Sun 25 <sup>th</sup>	10.30am	Communion at Holy Trinity *
	6.30pm	Evening Communion at Lawshall
Tues 27 <sup>th</sup>	9.00am	Morning Prayer via zoom #
Wed 28 <sup>th</sup>	1.10pm	Melford Music at Holy Trinity – Sam Placket and Chris Allard
Thurs 29 <sup>th</sup>	7.00pm	Choir Practice
Fri 30 <sup>th</sup>	5.00pm	Wedding Rehearsal at Shimpling – Craig & Donna
Sat 31 <sup>st</sup>	1.30pm	Wedding at Shimpling – Craig & Donna
Sun 1 <sup>st</sup>	9.00am	Communion at Alpheton
	10.30am	Family Communion at Holy Trinity *
	6.30pm	Choral Evensong at Holy Trinity *

**\* Livestream Joining Instructions**

- Google the five words “Holy Trinity Long Melford Facebook”.
- Click on the top link [or click here](#) to open the church’s Facebook page and scroll down a bit.
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

**# Morning Prayer** Zoom Meeting ID: 810 2345 2032, Password: 283350, or click [here](#).

**Readings for 18<sup>th</sup> August 2024****Collect (prayer for the day)**

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

**First Reading****Ephesians 5.15-20**

Be very careful, then, how you live – not as unwise but as wise, <sup>16</sup>making the most of every opportunity, because the days are evil. <sup>17</sup>Therefore do not be foolish, but understand what the Lord's will is. <sup>18</sup>Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, <sup>19</sup>speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, <sup>20</sup>always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

*This is the word of the Lord*

**Thanks be to God**

**Gospel Reading****John 6:51-58**

*Hear the Gospel of our Lord Jesus Christ according to John*

**Glory to you, O Lord**

I am the living bread that came down from heaven. Whoever eats this bread will live for ever. This bread is my flesh, which I will give for the life of the world.'

<sup>52</sup>Then the Jews began to argue sharply among themselves, 'How can this man give us his flesh to eat?'

<sup>53</sup>Jesus said to them, 'Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup>Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. <sup>55</sup>For my flesh is real food and my blood is real drink. <sup>56</sup>Whoever eats my flesh and drinks my blood remains in me, and I in them. <sup>57</sup>Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. <sup>58</sup>This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live for ever.'

*This is the Gospel of the Lord*

**Praise to You O Christ**

*(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))*

**Post Communion Prayer**

God of all mercy, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen**

**Readings for 25th August 2024****Collect (prayer for the day)**

Almighty God, you search us and know us: may we rely on you in strength and rest on you in weakness, now and in all our days; through Jesus Christ our Lord. **Amen**

**First Reading****Ephesians 6:10-20**

Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armour of God, so that you can take your stand against the devil's schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup> Stand firm then, with the belt of truth buckled round your waist, with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God.

<sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. <sup>19</sup> Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

*This is the word of the Lord*

**Thanks be to God**

**Gospel Reading****John 6:56-69**

*Hear the Gospel of our Lord Jesus Christ according to John*

**Glory to you, O Lord**

Whoever eats my flesh and drinks my blood remains in me, and I in them. <sup>57</sup> Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. <sup>58</sup> This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live for ever.' <sup>59</sup> He said this while teaching in the synagogue in Capernaum.

<sup>60</sup> On hearing it, many of his disciples said, 'This is a hard teaching. Who can accept it?'

<sup>61</sup> Aware that his disciples were grumbling about this, Jesus said to them, 'Does this offend you? <sup>62</sup> Then what if you see the Son of Man ascend to where he was before! <sup>63</sup> The Spirit gives life; the flesh counts for nothing. The words I have spoken to you – they are full of the Spirit<sup>[a]</sup> and life. <sup>64</sup> Yet there are some of you who do not believe.' For Jesus had known from the beginning which of them did not believe and who would betray him. <sup>65</sup> He went on to say, 'This is why I told you that no one can come to me unless the Father has enabled them.' <sup>66</sup> From this time many of his disciples turned back and no longer followed him.

<sup>67</sup> 'You do not want to leave too, do you?' Jesus asked the Twelve.

<sup>68</sup> Simon Peter answered him, 'Lord, to whom shall we go? You have the words of eternal life. <sup>69</sup> We have come to believe and to know that you are the Holy One of God.'

*This is the Gospel of the Lord*

**Praise to You O Christ**

*(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))*

**Post Communion Prayer**

God our creator, you feed your children with the true manna, the living bread from heaven: let this holy food sustain us through our earthly pilgrimage until we come to that place where hunger and thirst are no more; through Jesus Christ our Lord. **Amen**

 **MELFORD MUSIC** *presents* 

**2024 LUNCHTIME RECITALS**

**WEDNESDAY 1.10pm**  

**ADMISSION FREE**

**Light Refreshments available**

Retiring Collection to aid preservation of this Historic Building

AUGUST	
7 <sup>th</sup> SERENDIPITY	Wind Trio
Sponsored by DAVID BURR ESTATE AGENTS	
14 <sup>th</sup> GILL GERRARD	Oboe
RHIANWEN GOLD	Violin
MARY BLANCHARD	Piano
Sponsored by THE GEORGE & DRAGON	
21 <sup>st</sup> AHMED DICKINSON	Spanish Guitar
Sponsored by THE CLOTHES LOUNGE	
28 <sup>th</sup> SAM PLACKET and CHRIS ALLARD DUO	Jazz Guitar
Sponsored by THE BLACK LION HOTEL	

**HOLY TRINITY CHURCH**  
**LONG MELFORD**

For details of the individual programmes visit  
The Church Website/What's On at  
[www.longmelfordchurch.com/arts](http://www.longmelfordchurch.com/arts)