

# WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to call Vicky, the administrator on 07804 558160. This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions)
- Prayers and readings for the services on Sunday 7<sup>th</sup> July 2024

## A few thank you's...

Thank you to everyone who helped to make the visit of the Clopton Family last week so successful. To all those who helped me in church on Sunday showing people the bell tower, serving in the shop, arranging to discuss a piece of silver, setting up a christening in the Lady Chapel I am so very grateful as it was so busy. And for all the other people who volunteer in so many different ways, there is no way that we Churchwardens could manage without your valuable support.

The Lady Chapel has been tidied up with thanks to Deborah and Nigel and I need to ask that nothing is put in there without asking either me or Deborah.

With regards to the livestreaming system and the sound system, please can I ask that no plugs are touched, or extension leads borrowed as it is messing up the system which Darryl works so hard on. It took him a long time to reset the system on Saturday for the wedding as equipment had been meddled with.

Kind Regards, Cheryl

## Shimpling Cricket Match

Thank you to all those who supported the Chadacre v Shimpling cricket match on Sunday in any way. The weather was perfect and the afternoon made more so because the Shimpling Team won (although it was very close). We estimate that 200 attended and a good amount was raised towards the St George's Stained-glass Window Fund.



## Lawshall Flower Show

Lawshall flower show will take place this Sunday (7/7) at All Saints, Lawshall between 2 & 4pm. Prizegiving takes place at 4pm. All welcome to come along, there will be refreshments and a raffle taking place. See flyer on the last page

## Evensong 7<sup>th</sup> July

This evening, Sunday 7<sup>th</sup> July we will be joined by Members of the Suffolk Historic Churches Trust for their Annual Service. Suffolk Historic Churches Trust was founded in 1973 and in 50 years our supporters have raised the equivalent of £10m which has provided many, many grants for our wonderful and historic Suffolk Churches.



We hold our Annual Suffolk Churches Ride and Stride and this now includes a Vintage and Classic Car Rally, which will be held on Saturday 14<sup>th</sup> September this year. All welcome.

## Refreshments on Sunday Mornings

Everyone seems to enjoy staying for a tea or coffee and calorie free (!!!) biscuit after the morning service, and the refreshment team enjoy preparing and serving. However, we are a very small team and at the moment because of family commitments, health issues etc we cannot guarantee that there will always be someone to prepare and serve the refreshments. We really do need more help. If you feel you might be able to help now and again, please let me know.

Denise Hastings 07546 442946 [carpediem2@hotmail.co.uk](mailto:carpediem2@hotmail.co.uk)

## Suggestions for Prayer

- We pray for the children of our villages together with our own children and grandchildren awaiting examination results that they may have the grades to take them on to the next stage they have planned for their lives.
- We pray for a lasting peace in the Holy Land, for a resolution to the war in Ukraine, and a ceasing of hostilities in other places of violence and hatred.
- We remember before God those who have recently died and those who mourn. In particular we remember the family and friends of Pat Bennett, Ivor Davies, Ray Davis, Hugh Edgecombe, John Mason, Elizabeth Parmiter & Albie Salmon
- We pray for those in need of God's presence or his healing touch including Barbara Brady, Robert Hawkins, and Audrey Wreford.

**Diary**

Sun 7 <sup>th</sup>	9.00am	Communion at Alpheton
	10.30am	Family Communion at Holy Trinity *
	2.00pm	Lawshall Flower Show
	6.30pm	Choral Evensong at Holy Trinity * with members of the Suffolk Historic Churches Trust
Mon 8 <sup>th</sup>	9.30am	Connect Baby & Toddler Group
	2.00pm	Funeral at Holy Trinity – Ray Davis
Tues 9 <sup>th</sup>	9.00am	Morning Prayer via zoom #
Wed 10 <sup>th</sup>	10.00am	Coffee Caravan at Alpheton Village Hall
	1.10pm	Melford Music at Holy Trinity – Gwendal Moele & Jane Ward
	7.00pm	Choir Practice at Holy Trinity
Friday 12 <sup>th</sup>	11.15am	Church Tour at Holy Trinity
	1.30pm	Wedding Rehearsal at Holy Trinity – Jordan & Leonie
	7.30pm	Fusion Youth Group
Sat 13 <sup>th</sup>	8.00am	Prayer Breakfast at St Catherine’s
	12.45pm	Wedding at Holy Trinity – Jordan & Leonie
	5.00pm	Visiting Ringers at Holy Trinity
Sun 14 <sup>th</sup>	10.30am	Communion at Holy Trinity *
	4.00pm	Wild Church at Golden Wood

**\* Livestream Joining Instructions**

- Google the five words “Holy Trinity Long Melford Facebook”.
- Click on the top link [or click here](#) to open the church’s Facebook page and scroll down a bit.
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

**# Morning Prayer** Zoom Meeting ID: 810 2345 2032, Password: 283350, or click [here](#).

**Dates for your diary include:**

7 <sup>th</sup> July	2.00pm	Lawshall Flower Show
7 <sup>th</sup> July	6:30pm	Members of the Suffolk Historic Churches Trust join us for evensong
28 <sup>th</sup> July	from 2pm	Folk Music & BBQ at St George’s, Shimpling
3rd Aug	7.30pm	1950’s Summer Dance at Shimpling Park Barns

**Collect** (*prayer for the day*)

Creator God, you made us all in your image: may we discern you in all that we see, and serve you in all that we do; through Jesus Christ our Lord. **Amen**

**First Reading****2 Corinthians 12:2-10**

I know a man in Christ who fourteen years ago was caught up to the third heaven. Whether it was in the body or out of the body I do not know – God knows. <sup>3</sup>And I know that this man – whether in the body or apart from the body I do not know, but God knows – <sup>4</sup>was caught up to paradise and heard inexpressible things, things that no one is permitted to tell. <sup>5</sup>I will boast about a man like that, but I will not boast about myself, except about my weaknesses. <sup>6</sup>Even if I should choose to boast, I would not be a fool, because I would be speaking the truth. But I refrain, so no one will think more of me than is warranted by what I do or say, <sup>7</sup>or because of these surpassingly great revelations. Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me. <sup>8</sup>Three times I pleaded with the Lord to take it away from me. <sup>9</sup>But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. <sup>10</sup>That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

*This is the word of the Lord*

**Thanks be to God**

**Gospel Reading****Mark 6:1-13**

*Hear the Gospel of our Lord Jesus Christ according to Mark*

**Glory to you, O Lord**

Jesus left there and went to his home town, accompanied by his disciples. <sup>2</sup>When the Sabbath came, he began to teach in the synagogue, and many who heard him were amazed.

‘Where did this man get these things?’ they asked. ‘What’s this wisdom that has been given him? What are these remarkable miracles he is performing? <sup>3</sup>Isn’t this the carpenter? Isn’t this Mary’s son and the brother of James, Joseph, Judas and Simon? Aren’t his sisters here with us?’ And they took offence at him.

<sup>4</sup>Jesus said to them, ‘A prophet is not without honour except in his own town, among his relatives and in his own home.’ <sup>5</sup>He could not do any miracles there, except lay his hands on a few people who were ill and heal them. <sup>6</sup>He was amazed at their lack of faith.

Then Jesus went around teaching from village to village. <sup>7</sup>Calling the Twelve to him, he began to send them out two by two and gave them authority over impure spirits.

<sup>8</sup>These were his instructions: ‘Take nothing for the journey except a staff – no bread, no bag, no money in your belts. <sup>9</sup>Wear sandals but not an extra shirt. <sup>10</sup>Whenever you enter a house, stay there until you leave that town. <sup>11</sup>And if any place will not welcome you or listen to you, leave that place and shake the dust off your feet as a testimony against them.’

<sup>12</sup>They went out and preached that people should repent. <sup>13</sup>They drove out many demons and anointed with oil many people who were ill and healed them.

*This is the Gospel of the Lord*

**Praise to You O Christ**

*(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))*

**Post Communion Prayer**

God of our pilgrimage, you have led us to the living water: refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. **Amen**



## Programme of Recitals

### June

- 5 MARIANNE OLYVER Gypsy & Classic Pop  
Electric Alchemy  
**Sponsored by BREAKOUT**
- 12 CheGO Playing all styles  
Chelmsford Guitar Orchestra  
**Sponsored by BESPOKE BLINDS**
- 19 JILL CROSSLAND Piano  
**Sponsored by THE MILL B & B**
- 26 LIZZIE GUTTERIDGE  
English music from around the time of the church  
**Sponsored by THE IVESON CLINIC**

### July

- 3 THE ROCK CHOIR 
- 10 GWENDAL MOELE Accordion & Vocals  
and JANE WARD **Sponsored by**  
**KING ARCHITECTURAL DESIGN & PLANNING**
- 17 MAV DUO Cello & Harp  
Mixed Styles from Columbia  
**Sponsored by THE ARTS SOCIETY, STOUR VALLEY**
- 24 TOM COGAN Organ  
**Sponsored by THE DOVE COMPANY**
- 31 ROMAN RUDNYTSKY Piano  
**Sponsored by THE HARE INN**

### August

- 7 SERENDIPITY Wind Trio  
**Sponsored by DAVID BURR**
- 14 RACHEL BREEZE Vocal  
Songs from the Shows  
**Sponsored by THE GEORGE & DRAGON**
- 21 AHMED DICKINSON Spanish Guitar  
**Sponsored by THE CLOTHES LOUNGE**
- 28 SAM PLACKET DUO Jazz Guitar  
**Sponsored by THE BLACK LION**

*The organisers reserve the right to change recitals without notice*



## FOLK CONCERT

WITH  
**SOUND TRADITION**

Spend a sociable afternoon at St George's Church  
**Wildflower meadow raking party from 2pm**  
(Conditions permitting)  
(Bring your own rake please!)

**Barbecue and bar from 5pm**  
Bring a rug or folding chair

**CONCERT AT 6PM**

**SUNDAY 28TH JULY 2024**

St George's Church, Shimpling IP29 4HF

Retiring collection for  
East Window Resoration Appeal

[alphetonandshimplingchurches.org.uk](http://alphetonandshimplingchurches.org.uk)



## Lawshall Flower Show

July 7th @  
Lawshall Church

Show opens at 2pm  
Prize giving at 4pm

Entries to be delivered  
between 8:30am & 10am.

For more information please email Wendy  
[grandmacoe@yahoo.co.uk](mailto:grandmacoe@yahoo.co.uk)

Raffle &  
Refreshments



# ROCK 'N' ROLL

*1950's Summer Dance*  
**SATURDAY 3RD AUGUST**  
7:30PM-11PM  
SHIMPLING PARK BARN  
IP29 4HY

50'S/60'S DRESS ENCOURAGED  
PRIZES FOR BEST DRESSED!  
LICENSED BAR (CASH AND CARD)

TICKETS £25 EACH  
INCLUDES LIGHT SUPPER, WITH  
VEGETARIAN OPTION ON REQUEST  
**SARAH HEALY CATERING**

*Live Music By 5 Piece Band*  
**'ROCKHOUSE'**

TO BOOK AND PAY FOR TICKETS PLEASE EMAIL  
OR TEXT:  
[shimplingvh@gmail.com](mailto:shimplingvh@gmail.com)  
Carol: 07855762812

IN AID OF ALPHETON & SHIMPLING VILLAGE HALL FUNDS