

WELCOME TO OUR CHURCH COMMUNITY



A special welcome to all mother's— physical mothers and Spiritual mothers – this Mother's Day.

If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to call Matthew the Rector on 01787 310 845.

This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions)
- Prayers and readings for the morning service on Sunday 19th March 2023

Brief Reflection - Energy Crisis

We are all very aware of the cost of energy and the associated financial challenges facing many households – let us hold all who are struggling in our prayers. However with all the bleak news being reported in recent months, and the pressure many are feeling, there is another energy crisis; it goes like this ... “I've run out of energy for life!” The constant demands and changes are wearing people down – I'm sure we've all felt worn out at times these recent months. I suspect many mums have! Let us draw on the words of the prophet Isaiah who encourages us to dwell in the Lord and to find our strength in him.

Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. (Isaiah 40 v 28-31).

Rock Choir Fundraising Concert

On **Friday, 24th March at 7.30pm**, over 120 singers from Rock Choir will be raising the roof of our lovely church at a special fundraiser performance in aid of the window renovations. Music to tap your toes to through the decades from the 1960's up to present time. Tickets: £10 from Budgens or Breakout in Long Melford (cash only) & on the door (card reader/cash). Wine & refreshments will be available during the interval. Further details please call Judi Moss on **07748 038074**



6.30pm service 2nd April 2023

Instead of Evensong, we will have a service of devotion for congregation and choir based on St John's passion narrative. This service called The Cross of Christ is a really lovely service of readings, hymns and anthems used in cathedrals and churches since 1950. It has been a blessing to generations of church-goers during Passiontide ever since.

Address Book

The Chadbrook Directory is now available, if you have submitted your name to be included please collect a copy from the back of church.

Clerestory Repairs ... and more

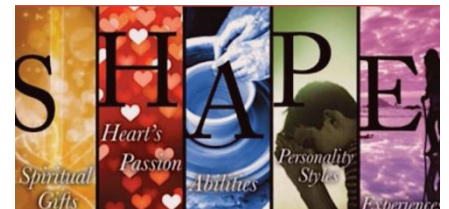
Repairs to the clerestory windows at Holy Trinity Church are probably going to start in May. This will require extensive scaffolding inside the church (and some outside). Clearly this is going to affect services and events in the church - details on this and how we intend to minimise disruption will be on the notice board. In the meantime the PCC has discussed plans on how to use the scaffolding positively - for displays and exhibitions to inform visitors about the activities of the church, to spread the Christian message, and to raise money for the stained glass, the clerestory windows, the organ etc. An outline plan for these has been prepared. A brainstorming meeting will be held in the Bull Hotel on Monday 27th March at 7pm to review these ideas and to gather volunteers to take part. Please come and have your say. Please email Ian mcdonald@spa-ltd.co.uk for advance info.



SHAPE

Wednesdays starting 10 May 2023, 7.00pm - 8.30pm, By Zoom

This online six-session course will look at our God-given gifts and skills, talents and experience and discover how God may be calling you into different forms of ministry. Your SHAPE for God's Service aims to enable church members to understand the unique SHAPE God has made them, the gifts he has given them and how he might want to use them. Hopefully this will enable participants to live and serve with more joy, satisfaction and fruitfulness. The core topics look at your: Spiritual Gifts, Heart's Desire, Abilities, Personality and Experience. To book the course visit https://2023_SHAPE.eventbrite.co.uk. For more information please contact Stuart Batten at the diocesan offices: stuart.batten@cofesuffolk.co.uk.



Cosy Cuppa

Is starting on the 4th Wednesday of each month in Alpheton Village Hall from 10.30 - 12.30. Visitors can have tea, coffee and cake for £3.50. Meet up with friends and/or make new friends in a newly heated hall, in a very friendly and welcoming environment.

Suggestions for Prayer

- We pray for mums, that God would be close to them in all the joys and challenges of motherhood.
- We pray for a peaceful end to the war in Ukraine and that hostilities will not escalate further.
- We remember before God those who have recently died and those who mourn. We especially remember the family and friends of Gillian Cerri, Ron Game, Bill Haldane, Michael Jordon, Diane Ollett, and Joan Sykes.
- We pray for those who are in need of God's healing in body or spirit.
- We ask God to walk closely with us each day, and give us the strength we need.
- We pray for the many people burdened by the stress of life and the relentlessness of challenge after challenge. May we know Christ's calm in the storm, and have confidence in His presence with us.

Diary

Sun 19 th	9.00am	Shimpling Communion
	10.30am	Mothering Sunday Communion, Holy Trinity <small>with live Stream</small> *
Mon 20 th	9.00am	Connect Baby & Toddler group at St Catherine's
	7.30pm	A&S Homegroup
Tues 21 st	9.00am	Morning Prayer via zoom #
Wed 22 nd	10.30am	Cosy Cuppa at Alpheton
	7.00pm	Bell Practice at Holy Trinity
	7.30pm	Lent Course (online – see below)
Thurs 23 rd	7.00pm	Choir Practice at Holy Trinity
Fri 24 th	12.30pm	Lent Lunch at St Catherine's
	All Day	Rock Choir rehearsal at Holy Trinity
	7.30pm	Rock Choir concert at Holy Trinity
	7.30pm	Fusion Youth Group at St Catherine's
Sat 25 th	12.00pm	Cambridge Organists at Holy Trinity
	4.00pm	Rossignol Choir rehearsal at Holy Trinity
Sun 26 th	10.30am	Holy Communion at Holy Trinity <small>with live Stream</small> *
	12.30pm	Baptism at Holy Trinity
	4.00pm	Shine informal worship at Holy Trinity
	6.30pm	Lawshall Evening Communion

* Livestream Joining Instructions

- Google the five words "Holy Trinity Long Melford Facebook".
- Click on the top link ([or simply click here](#)) to open the church's Facebook page and scroll down a bit.
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

Morning Prayer

Zoom Meeting ID: 810 2345 2032, Password: 283350, or [click this link](#).

Lent course Zoom Link

Zoom Meeting ID: 897 2136 2978, Passcode: 941038, [or click this link](#).

Dates for your Diary Include ...

Sun 2 nd April	9am, 10.30am, 4pm	Palm Sunday including 4pm Messy Church at Lawshall
Thurs 6 th April	TBC	Maundy Thursday evening service at Holy Trinity
Fri 7 th April	2.00pm	Good Friday Reflective Service at Holy Trinity
Sun 9 th April	10.30am	Easter Day Celebration and Communion

Collect (prayer for the day)

God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Exodus 2:1-10

Now a man of the tribe of Levi married a Levite woman,² and she became pregnant and gave birth to a son. When she saw that he was a fine child, she hid him for three months.³ But when she could hide him no longer, she got a papyrus basket for him and coated it with tar and pitch. Then she placed the child in it and put it among the reeds along the bank of the Nile.⁴ His sister stood at a distance to see what would happen to him.

⁵ Then Pharaoh's daughter went down to the Nile to bathe, and her attendants were walking along the river-bank. She saw the basket among the reeds and sent her female slave to get it.⁶ She opened it and saw the baby. He was crying, and she felt sorry for him. 'This is one of the Hebrew babies,' she said.

⁷ Then his sister asked Pharaoh's daughter, 'Shall I go and get one of the Hebrew women to nurse the baby for you?'

⁸ 'Yes, go,' she answered. So the girl went and got the baby's mother.⁹ Pharaoh's daughter said to her, 'Take this baby and nurse him for me, and I will pay you.' So the woman took the baby and nursed him.¹⁰ When the child grew older, she took him to Pharaoh's daughter and he became her son. She named him Moses, saying, 'I drew him out of the water.'

This is the word of the Lord

Thanks be to God

Gospel Reading

Luke 2:25-35,39-40

Hear the Gospel of our Lord Jesus Christ according to Luke

Glory to you, O Lord

Now there was a man in Jerusalem called Simeon, who was righteous and devout. He was waiting for the consolation of Israel, and the Holy Spirit was on him.²⁶ It had been revealed to him by the Holy Spirit that he would not die before he had seen the Lord's Messiah.²⁷ Moved by the Spirit, he went into the temple courts. When the parents brought in the child Jesus to do for him what the custom of the Law required,²⁸ Simeon took him in his arms and praised God, saying:

²⁹ 'Sovereign Lord, as you have promised, you may now dismiss your servant in peace.

³⁰ For my eyes have seen your salvation,

³¹ which you have prepared in the sight of all nations:

³² a light for revelation to the Gentiles, and the glory of your people Israel.'

³³ The child's father and mother marvelled at what was said about him.³⁴ Then Simeon blessed them and said to Mary, his mother: 'This child is destined to cause the falling and rising of many in Israel, and to be a sign that will be spoken against,³⁵ so that the thoughts of many hearts will be revealed. And a sword will pierce your own soul too.'

³⁹ When Joseph and Mary had done everything required by the Law of the Lord, they returned to Galilee to their own town of Nazareth.⁴⁰ And the child grew and became strong; he was filled with wisdom, and the grace of God was on him.

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

Loving God, as a mother feeds her children at the breast you feed us in this sacrament with the food and drink of eternal life: help us who have tasted your goodness to grow in grace within the household of faith; through Jesus Christ our Lord. **Amen**



Easter Memorial Lilies

Easter Sunday this year will be on 9th April. There will be a lily display in remembrance of loved ones, with names remembered listed in the porch as part of our Easter Celebrations. There is a suggested minimum donation of £5.00. Orders can be taken until noon, Friday 31st March. We usually have a marvellous response to the Easter Memorial Lilies so look forward to hearing from you. Please use the form below and write the names clearly in **capitals** of those whom you wish to remember.

.....
Easter Lilies 2023

I would like to purchase lilies at £5.00 each in memory of:-

- 1.
- 2.
- 3.
- 4.

Total £

Signed.....

Tel. No.....

Address.....

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You may pay by cheque payable to Long Melford PCC or placed **clearly** marked in an envelope in the church donation box. Alternatively please email the names to chadbrookoffice@gmail.com