

VICAR: THE REV'D DR ANTHONY MOORE

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‘THE LOOKOUT’

SUNDAY 21ST FEBRUARY 2021
THE FIRST SUNDAY OF LENT

PUBLIC WORSHIP IS CURRENTLY SUSPENDED

If you wish to receive Holy Communion, please listen to the recorded service at 1000 on Sundays then come to the church between 1100 and 1230.

You will be admitted by yourself, or as a couple, for brief prayers with Fr Anthony and Communion from the Reserved Sacrament.

The church building is open for private prayer:
MONDAY - SATURDAY 1400 – 1500

**IT IS A LEGAL REQUIREMENT THAT YOU MUST WEAR A FACEMASK
WHEN COMING TO CHURCH FOR PRIVATE PRAYER OR SERVICES**

By 1000 each Sunday there is a pre-recorded Service of the Word
on our website www.stmargaret.org.uk

This will include the week's readings, a homily and intercessions.

Do share with those who do not have internet access that they can listen to the service on the 'phone by dialling **01273 92 12 32** at a standard call rate.

The service is also available on Alexa

First time: **“Alexa, enable St Margaret's Church, Rottingdean”**

Thereafter: **“Alexa, open St Margaret's Church, Rottingdean”**

Opening Hymn (recorded service)

Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.

2. Saviour, breathe forgiveness o'er us:
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.

3. Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.

The Collect (Opening Prayer) for the First Sunday of Lent

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness, so may we know your power to save;
through Jesus Christ your Son our Lord, who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The Reading from the New Testament – 1 Peter 3:18-22

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Gospel Reading – Mark 1:9-15

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

Prayers of Intercession

The sick and those who care for them: Esmé von Habsburg, Andrew West, Jenny Edwards, Deirdre West, Beryl Scott, Elizabeth Perkis, Pippa, Jill Crossland, Susan Wiltshire, Ian Aslett, Phil Gervait, Anne Smith, Sarah Neve, Chloe Grenier, Jean Talbot, Patrick Mills, Kate, Martina Hallinan, Jean Hughes, Terry Bourne, Anne Prout, David Crofts, Jim Heath, Kathleen Williams, Ann Hayes, Giles Henry, Anthony Matthews, Betty Zachariah, Maureen Georges, Daniella Georges, Mary Wallace

The recently departed: Janet Gregory

Anniversaries of death this week: Albert West (22nd); Sheila Grant (22nd); Alfred Guile (23rd); Maisie Ribeyre (23rd); Margaret Hoskin (23rd); Ron Whitwell (24th); Ronnie Harris (25th)

Funerals this week:

Post-Communion Prayer (for those who receive Communion)

Lord God, you have renewed us with the living bread from heaven;
by it you nourish our faith, increase our hope, and strengthen our love:
teach us always to hunger for him who is the true and living bread,
and enable us to live by every word that proceeds from out of your mouth;
through Jesus Christ our Lord. **Amen.**

NEXT SUNDAY'S READINGS – THE SECOND SUNDAY OF LENT

Romans 4:13-25; Mark 8:31-38

Related readings – Genesis 17:1-7, 15-16; Psalm 22:22-30

Bringing the community together – can you help?

The Home Services Administrator at Highbury House Residential Care Home has been in touch to ask if we might set up a 'pen pal' scheme between members of the congregation and residents of the home. There are currently 24 residents, some of whom are bed bound and, at the time of writing, visiting is severely restricted. If you would like to be involved by giving a little time to read a letter from a resident and writing a reply probably once a month, please do let me know. Although none of us has a lot of news to share just now, residents might like to share stories about their lives and their former work.

I will work with the home on the logistics of safely getting the letters back and forth, probably by putting them into a few days of 'quarantine' at each stage, to avoid transmission of COVID-19.

Fr Anthony

SUPPORTING THE FOODBANK – SHOPPING LIST

The shopping list on the Foodbank website hasn't been updated for a few weeks but please continue to bring what you can: non-perishable food and toiletries for men, women and children, please.

Leave your donation in the porch on Sunday mornings or during private prayer opening hours:
Monday – Saturday 1400-1500



Financial donations can be made here:
<https://thewhitehawk.foodbank.org.uk/give-help/donate-money/>

You can make your donation through online supermarket shops. More details can be found here -
<https://thewhitehawk.foodbank.org.uk/2019/06/21/ordering-food-delivery-foodbank/>.

Please pray for the Foodbank and for the increasing number of people who rely on its services.

REGULAR GIVING TO ST MARGARET'S

If you are new to our church and are planning to become a regular worshipper with us – **welcome!** Our members give generously of their time, their talents and their wealth. If you have a particular **skill or interest** that you might be able to offer, please speak with Fr Anthony.

Please consider signing up to the **Parish Giving Scheme** of regular donations to support our day-to-day activities: forms are available on request.

Please also consider leaving a **legacy** to St Margaret's when writing your Will, and help to secure the building and our resources for future generations.

Floodlighting – suggested donation £32.50 for a month

The church is being floodlit in the month of February by Sue Warner in memory of loved ones and Sally Phillips in loving memory of Freddie Kemp.

Service 'phoneline - suggested donation £35.00 for a month

The Service 'phoneline was sponsored in the month of January by Rosemary Baigent in loving memory of her dear husband Kenneth who died 21 years ago on 2nd December.

If you would like to sponsor the church floodlighting or the 'phoneline please contact Fr Anthony.