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'THE LOOKOUT'
SUNDAY 3RD MAY 2020
FOURTH SUNDAY OF EASTER

**ALL PUBLIC WORSHIP IS POSTPONED UNTIL FURTHER NOTICE
AND BY ORDER OF HM GOVERNMENT THE CHURCH IS CLOSED.**

**Fr Anthony and Mthr Lucy will be saying prayers on behalf of the Parish at 0900 and 1700 each day
Join us spiritually whether you are at home or at work.**

**By 1000 each Sunday there will be a pre-recorded Service of the Word led by Fr Anthony and
Mthr Lucy on our website (www.stmargaret.org.uk). This will include the week's readings,
a homily and intercessions.**

**Do join us by listening at 1000 on Sundays or at some point in the week and encourage your
friends and neighbours to listen too. And pray with us, as we pray for ourselves, each other
and all those affected by the Coronavirus pandemic.**

The Collect (Opening Prayer) for the Fourth Sunday of Easter

Almighty God, whose Son Jesus Christ is the resurrection and the life:

raise us, who trust in him, from the death of sin to the life of righteousness, that we may seek
those things which are above, where he reigns with you in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

The Reading from the New Testament – Acts 2:42- end

They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. Awe came upon everyone, because many wonders and signs were being done by the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

The Gospel Reading – John 10: 1- 10

'Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. They will not follow a stranger, but they will run from him because they do not know the voice of strangers.' Jesus used this figure of speech with them, but they did not understand what he was saying to them.

So again Jesus said to them, 'Very truly, I tell you, I am the gate for the sheep. All who came before me are thieves and bandits; but the sheep did not listen to them. I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly.

Prayers of Intercession

The sick and those who care for them: John Leech, Esmé von Habsburg, Andrew West, Jenny Edwards, Margaret Montagu, Deirdre West, Barbara Webb, Beryl Scott, Elizabeth Perkis, Pippa, Jill Crossland, Susan Wiltshire, Ian Aslett, Michael Moore, Issam Geib, Phil Gervait, Anne Smith, Gwendoline Lee, Chloe Grenier, Sarah Neve, Jean Talbot, Patrick Mills, Lissy Mason, Kate, Martina Hallinan, Jean Hughes, Terry Bourne, Les Bower, Sheila Ball, Anne Prout, Maureen Georges, Daniella Georges, David Crofts, Jim Heath, Kathleen Williams, Ann Hayes

The recently departed: Marion Parson

Anniversaries of death this week: Mabel Pougher (3rd); Rita Cadman (4th); Peggy Winsor (5th); Frank Henbest (5th); Rivers Bruce Wallis (5th); Albert 'Eddie' Scott (6th); Alan Grant (6th); Frankie Henbest (8th); Victoria Edwards (8th); Geoffrey Atkinson (9th); Betty Turner (9th)

Under current guidelines we are unable to gather with the family and friends of those from our community who have died to commend the departed to God's care and celebrate their lives at their funerals. We can, however, still pray from a distance for the departed and their loved ones as they gather to say their goodbyes. Each week we will list here the funerals that our clergy are taking.

Funerals this week: Marion Parsons (4th May)

NEXT SUNDAY'S READINGS – FIFTH SUNDAY OF EASTER

Acts 7: 55- end; John 14: 1-14 *Related readings – Genesis 8: 1-19; Psalm 31: 1-5, 15- 16; 1 Peter 2: 2- 10.*

**SUPPORT FOR THE FOODBANK IS MORE IMPORTANT THAN EVER.
FINANCIAL DONATIONS THAT HELP SHOPPING TO BE DONE BY THE FOODBANK CAN BE
MADE HERE <https://www.givey.com/whfoodbank>**



Desperately needed this week: rice pudding, tea, tinned vegetables, tinned fruit, carbonara sauce, long-life juice, meatballs, curry sauce, tinned curry

(chicken/ vegetable), toilet roll. You can now make your donation through online supermarket shops. More details can be found here - <https://thewhitehawk.foodbank.org.uk/2019/06/21/ordering-food-delivery-foodbank/>. Many thanks for your ongoing support of the Foodbank. Please pray for its work and volunteers, and for the increasing number of people who rely on its services.



Rottingdean Community Action Response: Covid-19

The hub for the community connecting volunteers and those who need help is up and running at <https://rottingdeancommunity.org.uk/> Please do take a look and sign up to volunteer or look at the help that is available should you need it.

****This is now supported by a telephone line which is running 1000-1900, 7 days a week, particularly for those who are not online. The number is 01273 036 783.****

Please do share this with neighbours who do not use the internet.

Hearing You

The Diocese of Chichester with Together in Sussex have launched Hearing You, a new pastoral phone line to enable the people of Sussex to feel connected and supported. It is a phonenumber provides pastoral support and a listening ear to the recently bereaved and people directly affected by the COVID-19 outbreak. The service will initially run to the end of May, Monday to Friday, 9.00am to 7.00pm. **The Hearing You number is: 01273 425047**

The diocese have also produced a statement which explicitly declares a person's Christian faith, and requests access to a Church of England chaplain while in hospital. A template for this statement is available on the Diocesan website and is attached [Here](#). We are all encouraged to have a note to this effect near our front door, and to take with us should we end up being admitted to hospital.

Self Isolation

If you find yourself in any need while in self-isolation please don't hesitate to be in touch with the clergy. There are members of our community prepared to help all those in need and those who are at risk or fearful. Whether you need food items dropping in, prescriptions collecting or a friendly chat on the 'phone, please be in touch.

If you have access to the Internet our website provides resources for prayer and up to date information on church activities, as well as an extended recording of the readings, sermon and prayers each week.

Christian Aid Week

Christian Aid Week is NOT cancelled! This year's Christian Aid Week will undoubtedly be a very different experience and, as much as ever, our gifts, prayers and actions are desperately needed. So, while events such as house-to-house collections and Big Brekkies will not go ahead, Christian Aid Week is moving online and have some great ways to help you join in as part of a virtual CAW community this May. Please do check <https://www.christianaid.org.uk> to learn more about this year's campaign and to support it.

St Margaret's Churchyard Commonwealth War Grave Tour

Chris Davidson and Mike Laslett have prepared a leaflet tour of the Commonwealth War Graves in St Margaret's Churchyard. The leaflet will be available later this week in the lych gate- do pick one up as you pass on your exercise, to learn more about the men remembered from both the First and Second World Wars. Thank you to Sarah Lawrence for her work in designing the leaflet. The leaflet tour is released this week supported by the Royal British Legion as we mark the 75th anniversary of Victory in Europe day (8th May).

Floodlighting – suggested donation £32.50 for a month

If you would like to sponsor the floodlighting of the church for the month of May, or any other month this year please contact Fr Anthony or Mthr Lucy.



The Lord is my shepherd.
"I came that they may have life,
and have it abundantly."



The Readings for Morning and Evening Prayer 4th- 10th May

The Church of England order for Morning and Evening Prayer can be found online following this link: <https://www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/common-worship/daily-prayer/morning-and-evening#mm008e7g>

or by downloading the Daily Prayer app.

Pray with Fr Anthony and Mthr Lucy at 0900 and 1700 wherever you are.

OT= Old Testament, NT= New Testament.

Day	Morning Prayer	Evening Prayer
Monday 4th May English saints and martyrs of the Reformation Era	Psalm: 103 OT: Exodus 32: 1- 14 NT: Luke 2: 41- end	Psalm: 112, 113, 114 OT: Deuteronomy 9: 1- 21 NT: Ephesians 4: 1- 16
Tuesday 5th May	Psalm: 139 OT: Exodus 32: 15- 34 NT: Luke 3: 1- 14	Psalm: 115, 116 OT: Deuteronomy 9: 23- 10: 5 NT: Ephesians 4: 17- end
Wednesday 6th May	Psalms: 135 OT: Exodus 33 NT: Luke 3: 15- 22	Psalms: 47, 48 OT: Deuteronomy 10: 12- end NT: Ephesians 5: 1- 14
Thursday 7th May	Psalms: 118 OT: Exodus 34: 1- 10, 27- end NT: Luke 4: 1- 13	Psalm: 81, 85 OT: Deuteronomy 11: 8- end NT: Ephesians 5: 15- end
Friday 8th May Julian of Norwich	Psalm: 33 OT: Exodus 35: 20- 36: 7 NT: Luke 4: 14- 30	Psalms: 36, 40 OT: Deuteronomy 12: 1- 14 NT: Ephesians 6: 1- 9
Saturday 9th May	Psalm: 34 OT: Exodus 40: 17- end NT: Luke 4: 31- 37	Psalms: 84, 86 OT: Deuteronomy 15: 1- 18 NT: Ephesians 6: 10- end
Sunday 10th May FIFTH SUNDAY OF EASTER	Psalm: 30 OT: Ezekiel 37: 1- 12 NT: John 5: 19- 29	Psalm: 147: 1- 12 OT: Zechariah 4: 1- 10 NT: Revelation 21: 1- 14