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'THE LOOKOUT'

SUNDAY 1ST MARCH 2020

FIRST SUNDAY OF LENT

CHURCH SERVICES & EVENTS THIS WEEK

Sunday 1st March	0800	Holy Communion
FIRST SUNDAY OF LENT	1000	Parish Family Eucharist
	1700	Evening Prayer
Monday 2nd	0910	Morning Prayer
	1730	Evening Prayer
Tuesday 3rd	0910	Morning Prayer
	1000	Eucharist
	1030	Singing Kettle <i>in St Margaret's Cottage</i>
	1730	Evening Prayer
Wednesday 4th	0910	Morning Prayer
	(1000	School service)
	1730	Evening Prayer
	1930	Knit & Natter <i>in St Margaret's Cottage</i>
Thursday 5th	0910	Morning Prayer
	1000	Eucharist
	1530	Lent course on prayer <i>in St Margaret's Cottage</i>
	1730	Evening Prayer
Friday 6th	<i>No public services today</i>	
Saturday 7th	1000	Morning Prayer
Sunday 8th	0800	Holy Communion
SECOND SUNDAY OF LENT	1000	Parish Eucharist
	1700	Evening Prayer

BEFORE THE PARISH EUCHARIST
Quiet, please, from 0955 (*a bell will be rung*)
"Talk to God before the service, and to one another afterwards"

HYMNS THIS MORNING

ENTRANCE	261
GRADUAL	575
OFFERTORY	333
COMMUNION	173 & 373
FINAL	486

The Collect (Opening Prayer) for the First Sunday of Lent

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord. **Amen.**

The Reading from the Old Testament – Genesis 2:15- 17; 3:1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Gospel Reading – Matthew 4: 1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' Then the devil left him, and suddenly angels came and waited on him.

Prayers of Intercession

The sick and those who care for them: John Leech, Esmé von Habsburg, Andrew West, Jenny Edwards, Margaret Montagu, Deirdre West, Barbara Webb, Beryl Scott, Elizabeth Perkis, Pippa, Jill Crossland, Susan Wiltshire, Ian Aslett, Michael Moore, Issam Geib, Phil Gervait, Anne Smith, Gwendoline Lee, Chloe Grenier, Sarah Neve, Jean Talbot, Patrick Mills, Lissy Mason, Kate, Martina Hallinan, Jean Hughes, Terry Bourne, Les Bower, Sheila Ball, Anne Prout, Maureen Georges, Daniella Georges, David Crofts, Jim Heath, Kathleen Williams, Ann Hayes

The recently departed: Sheila Miles, John Coates, Stacy Cuthbert

Anniversaries of death this week: Norman Schooling (4th); Paolo Gaudiere (4th); Derek Oldham (5th); Michael Couzens (5th); Philip Colpitts (6th); Laurie Tonge (7th); Iris Morgan (7th)

Post-communion Prayer

Lord God, you have renewed us with the living bread from heaven;
by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**

NEXT SUNDAY'S READINGS – SECOND SUNDAY OF LENT

Genesis 12: 1-4a; John 3:1-17; *Related readings – Psalm 121; Romans 4:1-5, 13-17*



Desperately needed this week: washing-up liquid, tinned potatoes, razors, shaving foam, tinned meat, cereal, tuna chunks, chicken curry, carbonara sauce, toilet roll). You can now make your donation through online supermarket shops. More details can be found here -

<https://thewhitehawk.foodbank.org.uk/2019/06/21/ordering-food-delivery-foodbank/>. Many thanks for your ongoing support of the Foodbank. Please pray for its work and volunteers, and for the increasing number of people who rely on its services.

CORONAVIRUS – ACTING RESPONSIBLY

The Diocese of Chichester, along with other Dioceses in the Church of England, has issued formal advice in relation to our responsibilities to contain the spread of the deadly coronavirus. At the Eucharist, **do not shake hands at the Peace:** simply nod and smile at your neighbours and say 'Peace be with you'. **The clergy are required to use anti-bacterial handwash** when preparing the bread and wine to be consecrated. Please **do not intinct/dip/dunk the consecrated host into the chalice:** if you do not wish to receive by drinking from the chalice, you may receive Communion in one kind only, the consecrated bread, which contains the fullness of Holy Communion. **Chalice administrators are asked to withdraw the chalice** from anyone who attempts to intinct their consecrated bread. **The clergy are advised not to shake hands** with people as they leave the church building. We've been through all this before and, although some people will be unhappy, that's the way it needs to be for the time being. We pray for those who have contracted the virus, those treating them, those researching a vaccine, the families of those who have died, and for the repose of the souls of the virus' victims. Thank you for your understanding. *Fr Anthony*

Evening Prayer

Please note that from Monday, Evening Prayer will be said at 1730 Monday-Thursday and remain at 1700 on Sundays.

Lent Course 2020

This year during our Lent course we will explore 'prayer'. The course will run on Thursday 5th, 12th, 19th, 26th March and 2nd April at 1530-1630 in St Margaret's Cottage. The same sessions will also run on Monday 9th, 16th, 23rd, 30th March at 1830, in St Margaret's Cottage. Please note there is no session on Monday 2nd March as previously advertised.

Stations of the Cross

Stations of the Cross will take place on Thursdays during Lent at 12noon at St Martha's Convent. Fr Anthony will be leading this week. All are welcome to come along.

Passiontide Quiet Day

On Saturday 4th April 1000-1530, Mthr Lucy will be leading a quiet day for the parish in St Dunstan's Chapel at Blind Veterans UK. The day will conclude the Lent course on prayer, however attendance at the weekly sessions is not compulsory for attending this day. More details will follow but please get the date in your diary.

Deanery Confirmation 2020

The next Deanery Confirmation service will take place at St Paul's West Street on Friday 22nd May at 1930, led by the Bishop of Chichester. If you would like to be prepared for Confirmation please speak to Mthr Lucy.

Parish Pilgrimage to The Anglican Shrine of Our Lady of Walsingham

Thank you to all those who have expressed an interest in this pilgrimage. We now need to collect the deposit- this is £20 per person. Please hand this in, clearly marked with your name and "Walsingham Pilgrimage", to Jackie Williams or the church office, as soon as possible.

Flower Festival 2020 – 'For All the Saints' Friday 12, Saturday 13, Sunday 14 June 2020

WE NEED YOUR HELP for the flower festival in June.

1 A person/couple to organise **refreshments** for the three days

2 A person /couple to organise **some stalls** in the grounds of the church on the Saturday

Please can you let Duncan or Mother Lucy know if you can help, as these will bring in funds.

Donations, Sponsorship and Dedications – please sponsor or donate to this event. Dedications forms are available if you would like to remember a loved one or special anniversary. Please give generously.

Workshops - A sign up sheet for the workshops for the flower arrangers for advice and to build confidence will be placed on the noticeboard in the porch. Please sign up now.

Further details can be found on our website of applications forms to display a floral arrangement and are available at the back of the church.

All funds raised will go to the upkeep and general maintenance of St Margaret's Church, Rottingdean.

The Rottingdean Whiteway Centre (RWC)

RWC is seeking a Secretary to the Management Committee. The role is voluntary and unpaid and involves the preparation of the agendas and minutes for 10 meetings each year plus the AGM. This would be a very suitable role for a retiring or retired person, perhaps with a business background, who is motivated by volunteering for benefit of the village and the local community. RWC has for nearly fifty years provided room hire and excellent education courses. Anyone interested should please contact Peter Hewetson-Brown (RWC Chair) on 01273 303308 or 07974 676888.

Floodlighting – suggested donation £32.50 for a month

The church is being floodlit at night in the month of March Elaine Bowden in loving memory of Iris Morgan.

SAVE THE DATE!

SUNDAY 29TH MARCH AT 1930 - CONCERT FOR PASSION SUNDAY BY Ovingdean Choral Society

Mauder - Olivet to Calvary, Beethoven - 'Hallelujah' from Mount of Olives,

Vaughan Williams - O clap your hands, Stainer - I saw the Lord

WEDNESDAY 8TH APRIL AT 1900 – CONCERT FOR HOLY WEEK

Ensemble Nova (*Young singers from Oxford & Cambridge Universities*)

'Lent to Easter: A Choral Sequence'

featuring MacMillan: Miserere and Victoria: Tenebrae Responses

Tickets will be £10

This Music at St Margaret's concert is generously being sponsored by Roy and Christine Wales,

Peter and Margaret Hewetson-Brown, Margery Lees, Sally Phillips and Elizabeth Blackshaw

Saturday 16th May - Victory Party Tea Dance in the Village Hall

SATURDAY 23RD MAY AT 1600 – CONCERT BY THE (JUNIOR) GIRLS' CHOIR

OF ST CATHARINE'S COLLEGE, CAMBRIDGE *Sponsorship is being sought for this event*

Friday 12th – Sunday 14th June – Flower Festival in church

Friday 3rd July - Sunday 5th July - Parish Pilgrimage to the Shrine of Our Lady of Walsingham