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'THE LOOKOUT'

SUNDAY 9TH FEBRUARY 2020

THIRD SUNDAY BEFORE LENT

CHURCH SERVICES & EVENTS THIS WEEK

Sunday 9th	0800	Holy Communion
THIRD SUNDAY BEFORE LENT	1000	Parish Eucharist
	1700	Evening Prayer
Monday 10th	0910	Morning Prayer
	1800	Evening Prayer
Tuesday 11th	0910	Morning Prayer
	1000	Eucharist
	1030	Singing Kettle <i>in St Margaret's Cottage</i>
	1800	Evening Prayer
Wednesday 12th	0910	Morning Prayer
	(1000	School Worship in school)
	1800	Evening Prayer
	1930	Knit & Natter <i>in St Margaret's Cottage</i>
Thursday 13th	0910	Morning Prayer
	1000	Eucharist
	1800	Evening Prayer
Friday 14th	<i>No public services today</i>	
Saturday 15th	1000	Morning Prayer
Sunday 16th	0800	Holy Communion
SECOND SUNDAY	1000	Parish Eucharist
BEFORE LENT	1600	Children's Church in St Margaret's Cottage

BEFORE THE PARISH EUCHARIST

Quiet, please, from 0955 (*a bell will be rung*)

"Talk to God before the service, and to one another afterwards"

HYMNS THIS MORNING

ENTRANCE	64
GRADUAL	644
OFFERTORY	495
COMMUNION	60 & 40
FINAL	381

The Collect (Opening Prayer) for the Third Sunday Before Lent

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The Reading from the Old Testament – Isaiah 58:1-9a

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rearguard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

The Gospel Reading – Matthew 5:13-20

'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. 'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. 'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

Prayers of Intercession

The sick and those who care for them: John Leech, Esmé von Habsburg, Andrew West, Jenny Edwards, Margaret Montagu, Deirdre West, Barbara Webb, Beryl Scott, Elizabeth Perkis, Pippa, Jill Crossland, Susan Wiltshire, Ian Aslett, Michael Moore, Issam Geib, Phil Gervait, Anne Smith, Gwendoline Lee, Chloe Grenier, Sarah Neve, Jean Talbot, Patrick Mills, Alison Mason, Kate, Martina Hallinan, Jean Hughes, Terry Bourne, Les Bower, Sheila Ball, Anne Prout, Maureen Georges, Daniella Georges, David Crofts

The recently departed: Sheila Miles, Violet Simpson, Nikki Redman, Daphne Hall, John Coates, Stacy Cuthbert

Anniversaries of death this week: Nigel Kitchen (9th); Julia Dyehouse (10th); Elizabeth Dacre (12th); Elsie Laflin (12th); Peter Eardley (12th); Bill Fig (13th); Mary Pratt (13th); Doreen Cheshire (14th); Freddie Kemp (15th)

Post-communion Prayer

Merciful Father, who gave Jesus Christ to be for us the bread of life, that those who come to him should never hunger: draw us to the Lord in faith and love, that we may eat and drink with him at his table in the kingdom, where he is alive and reigns, now and for ever. **Amen.**

NEXT SUNDAY'S READINGS –SECOND SUNDAY BEFORE LENT

Genesis 1:1-2.3; Matthew 6: 25-end; *Related readings – Psalm 136; Romans 8: 18-25*



Desperately needed this week: washing-up liquid, tinned potatoes, razors, shaving foam, tinned meat, cereal, tuna chunks, chicken curry, nappies (size 3, 4, 5 and 6). You can now make your donation through online supermarket shops. More details can be found here -

<https://thewhitehawk.foodbank.org.uk/2019/06/21/ordering-food-delivery-foodbank/>. Many thanks for your ongoing support of the Foodbank. Please pray for its work and volunteers, and for the increasing number of people who rely on its services.

Mrs Violet Simpson RIP

Violet's funeral will take place in Church on Thursday 20th February at 1400, followed by afternoon tea in the cottage. Violet asked that if they wish, mourners could wear a touch of violet. No flowers please. Donations for 'St Margaret's Church' or 'Roger's Wildlife Rescue' may be sent to Chris Stringer's office or made online via www.cpjfield.co.uk/christopher-stringer

Palm Crosses

Please return your palm crosses for burning in preparation for the Ash Wednesday liturgy at 1900 on 26th February.

Lent Course 2020

Lent begins on Ash Wednesday, 26th February. This year during our Lent course we will explore prayer. The course will run on Thursday 5th, 12th, 19th, 26th March and 2nd April at 1530-1630 in the Cottage. If you are interested in this course but are unable to attend a day time session please speak to Mthr Lucy- if there is enough interest we will look into running the session twice a week to include an evening slot.

Deanery Confirmation 2020

The next Deanery Confirmation service will take place at St Paul's West Street on Friday 22nd May at 1930, led by the Bishop of Chichester. If you would like to be prepared for Confirmation please speak to Mthr Lucy.

Women's Group

Women's Group is meeting this Monday, 10th February in The Cottage at 1930 when we welcome Peter Rodgers – a retired chief fire officer – with "Anecdotes of a former Fire Fighter!"

Parish Pilgrimage to The Anglican Shrine of Our Lady of Walsingham

Fr Anthony will be leading this pilgrimage that is being organised by Jackie Williams. Leaving Rottingdean on Friday 3rd July and return on Sunday 5th July 2020. Cost and further details available soon. A sign up sheet is now posted on the notice board for this pilgrimage for you to register your interest.

Churchyard Guide

Have you ever wondered who is buried around the Church? Mike Laslett has produced a fascinating guide to the Churchyard at St Margaret's with details of the burial places of 50 famous and interesting people spanning the last 400 years. It was designed by Sarah Brice and cost £1, with all proceeds to Church Funds.

Flower Festival 2020 – 'For All the Saints' - Friday 12th, Saturday 13th, Sunday 14th June 2020

We are starting the early preparations for the flower festival in June. Please can you let Duncan or Mother Lucy know if you can help with organizing refreshments for the three days, stalls in the grounds of the church on the Saturday, or if you are interested in arranging a display.

We will be organising some workshops for the arrangers to give advice and build confidence.

Further details can be found on our website - applications forms to display a floral arrangement and are available at the back of the church.

All funds raised will go to the upkeep and general maintenance of St Margaret's Church, Rottingdean.

Floodlighting – suggested donation £32.50 for a month

The church is being floodlit at night in the month of February by Sally Phillips in loving memory of Freddie Kemp. And by Liz and Chris & Dawn Davidson in memory of Chris and Liz's parents.

SAVE THE DATE!

ASH WEDNESDAY 26th FEBRUARY

The start to the Holy Season of Lent - Eucharist with imposition of ashes at 1900

****Saturday 14th March at 1700 – Highlights from Handel's Messiah and Mozart's Requiem****

**** (Please note that this concert has been cancelled) ****

Friday 28th February at 1900 - Sing-a-long 'GREASE'

Come in costume and be prepared to sing and dance!

Sunday 29th March at 1930- Ovingdean Choral Society- Concert for Passion Sunday

Mauder - Olivet to Calvary, Beethoven - 'Hallelujah' from Mount of Olives,

Vaughan Williams - O clap your hands, Stainer - I saw the Lord

Wednesday 8th April - Ensemble Nova (Oxford University) Concert for Holy Week

Ash Wednesday to Easter in one evening. Tickets will be £10

Sponsorship is sought for this event.

Saturday 16th May - Victory Party Tea Dance

Friday 12th – Sunday 14th June – Flower Festival

Friday 3rd July - Sunday 5th July - Parish Pilgrimage to the Shrine of Our Lady of Walsingham

More details to follow