

DIOCESE OF  
CHICHESTER



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# **'THE LOOKOUT'**

## **SUNDAY 10<sup>TH</sup> MARCH 2019**

### **THE FIRST SUNDAY OF LENT**



#### **HYMNS THIS MORNING**

<b>ENTRANCE</b>	<b>261</b>
<b>GRADUAL</b>	<b>40</b>
<b>OFFERTORY</b>	<b>333</b>
<b>COMMUNION</b>	<b>173 &amp; 373</b>
<b>FINAL</b>	<b>575</b>

#### **BEFORE THE PARISH EUCHARIST**

**Quiet, please, from 0955** (*a bell will be rung*)

*"Talk to God before the service. and to one another afterwards"*

## **The Collect (Opening Prayer) for the First Sunday of Lent**

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness, so may we know your power to save;  
through Jesus Christ your Son our Lord, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## **The Reading from the Old Testament – Deuteronomy 26:1-11**

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

## **The Gospel Reading – Luke 4:1-13**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." ' Jesus answered him, 'It is said, "Do not put the Lord your God to the test." ' When the devil had finished every test, he departed from him until an opportune time.

## **Prayers of Intercession**

***The sick and those who care for them:*** John Leech, Esmé von Habsburg, Andrew West, Susan, Jenny Edwards, Margaret Montagu, Deirdre West, Barbara Webb, Beryl Scott, Jean Johnson, Elizabeth Perkis, Sarah Neve, Pippa, Jill Crossland, Lily, Yvonne Goddard, Susan Wiltshire, Terry Bourne, David Sawyer, Jim Heath, Ian Aslett, Issam Geib

**The recently departed:** Peter Eardley

**Anniversaries of death this week:** Olive Oldham (10<sup>th</sup>); Margaret Winter (18<sup>th</sup>); Tony Brice (12<sup>th</sup>); Frank Cooper (13<sup>th</sup>); Kenneth Dier (13<sup>th</sup>); Tudor Edwards (13<sup>th</sup>); Dennis Howard (13<sup>th</sup>); Sally Dore (14<sup>th</sup>); David Smith (15<sup>th</sup>); Sidney Hitchcock (15<sup>th</sup>); Lorraine Gamba (16<sup>th</sup>); Louis Gamba (16<sup>th</sup>)

### **Post-communion Prayer**

Lord God, you have renewed us with the living bread from heaven;  
by it you nourish our faith, increase our hope, and strengthen our love:  
teach us always to hunger for him who is the true and living bread,  
and enable us to live by every word that proceeds from out of your mouth;  
through Jesus Christ our Lord. **Amen.**

### **NEXT SUNDAY'S READINGS – THE SECOND SUNDAY OF LENT**

Genesis 15:1-12, 17-18; Luke 13:31-35 *Related readings – Psalm 27; Philippians 3:17-4:1*



**Urgently needed this week:** Tinned mixed vegetables, hot dog sausages, long life juice, tinned fruit. Many thanks for your ongoing support of the Foodbank. Please pray for its work, and for the increasing number of people who rely on its services and our donations.

### **Important! – Parish Church Electoral Roll**

Every six years we must completely refresh the Parish Electoral Roll. The current Roll is cleared and we start again to accurately reflect the number of people worshipping at or supporting the church. Please collect an application form from the leaflet rack at the back of church and return it to Elaine Bowden, Electoral Roll Officer, by Friday 31 March at the latest. The name of the parish to fill in at the top of the form is 'Rottingdean – St Margaret of Antioch'.

### **Stations of the Cross and frugal lunch**

The sisters at St Martha's Convent would be delighted if members of our congregation would join them for the Lent devotion of Stations of the Cross and a very simple lunch (raising money for a homeless charity in Brighton) on these Thursdays in Lent at 12 noon: 14, 21, 28 March and 4, 11 April. Those who attend might then wish to move on to our own Lent Course from 1500-1700.

### **Lent Course 2019 – it's not too late to join for session 2!**

BBC TV series *Broken* and discussion. The idea of the course is to provide the space for people to pick up the questions raised in the series and to explore how they might want to answer them. We meet on Thursday afternoons in St Margaret's Cottage 1500-1700, continuing with session 2 on 14<sup>th</sup> March. The first hour will be spent watching an episode together and then breaking in to discussion for about 45 minutes. Refreshments will be provided. There is a sign-up sheet in the church porch.

### **Thank you**

We should like to thank everyone who took part and helped to make the Beetle Drive a successful, fun evening. Shouts of 'beetle!' are still ringing in our ears! After expenditure, we raised £392. Brilliant! *Maureen and Geoff Blakey (And thanks to them for organising everything – Fr Anthony)*

### **St Margaret's Women's Group**

The next meeting is tomorrow, Monday 11<sup>th</sup> March, at 1930 in St Margaret's Cottage. We will welcome Mike Laslett of The Preservation Society. Gentlemen are very welcome to attend.

### **Floodlighting**

*The church is being floodlit at night in the month of March by Jean Bristow in loving memory of her husband, Ron Bristow RIP. If you would like to sponsor the floodlighting, we suggest a minimum donation of £32.50 for a month.*

## SAVE THE DATE!

**Friday 12<sup>th</sup> April at 1930 - Ovingdean Choral Society - Haydn 'Nelson' Mass and Te Deum**

**Saturday 25<sup>th</sup> May – Recital by John Mann and Cream Tea**

**Saturday 13<sup>th</sup> July at 1900 – ‘The New Men’**

*The Academical Clerks of New College, Oxford*

**Saturday 20<sup>th</sup>/Sunday 21<sup>st</sup> July – St Margaret’s Day celebrations**

**Saturday 27<sup>th</sup> July – Piano Recital by Dan Phelps**

**Saturday 3<sup>rd</sup> August – Village Fair**

**Thursday 19<sup>th</sup> – Saturday 21<sup>st</sup> September – The Great Harvest Village Show**

## CHURCH SERVICES & EVENTS THIS WEEK

<b>Sunday 10<sup>th</sup></b> <b>LENT 1</b>	0730	Morning Prayer
	0800	Holy Communion
	<b>1000</b>	<b>Parish Eucharist</b>
	1700	Evening Prayer
<b>Monday 11<sup>th</sup></b>	0910	Morning Prayer
	1800	Eucharist & Bible Study/Discussion
<b>Tuesday 12<sup>th</sup></b>	0910	Morning Prayer
	1000	Eucharist
	1030	Singing Kettle <i>in St Margaret’s Cottage</i>
	1800	Evening Prayer
<b>Wednesday 13<sup>th</sup></b>	0910	Morning Prayer
	<i>(1000</i>	<i>School Service in school)</i>
	1800	Evening Prayer
	1930	Knit & Natter
<b>Thursday 14<sup>th</sup></b>	0910	Morning Prayer
	1000	Eucharist
	1800	Evening Prayer
<b>Friday 15<sup>th</sup></b>	<i>No public services today</i>	
<b>Saturday 16<sup>th</sup></b>	1000	Morning Prayer
	1100	Holy Land pilgrimage group meeting <i>in St Margaret’s Cottage</i>
<b>Sunday 17<sup>th</sup></b> <b>LENT 2</b>	0730	Morning Prayer
	0800	Holy Communion
	<b>1000</b>	<b>Parish Eucharist &amp; Children’s Church</b>
	<b>1700</b>	<b>Healing Service</b>