

Myself and my relationships including beginning and belonging, myself and my relationships, my emotions and anti-bullying		
Yr 1/2	Yr3/4	Yr5/6
Feelings words, worried, excited, nervous, angry, same, different, emotion, loss, challenge, different, food, drink, celebration, same, different, choice, active, protect, damage, sun, effect, games, safety, cultures, world, countries, special times, care, excluded, friend, difficult, problems, resolve	Mental health, feelings emotions, unhappy, differences, power, bystander, empathy, acceptance, courage, feelings, witness, goal, challenge, skill, attribute, put up, put down, set-back, friend, kindness, care, conflict, qualities, impact, celebrate, positive, bullying, unacceptable, falling out, racism, cyberbullying, bystander, help, support, bully, cyber, physical, unkind, well, guide, influences, brands, packaging, taste, cost, value role model, teased, diverse, judge beautiful, admire, influence, positive, food, choices, active, healthy	Relationships, risk, danger, conflict, change, emotion, loss, grief, bereavement, media, misleading, marketing, consumers, advertising, role model, media, reality, manipulate, role models, influence, trustworthy, domestic violence, abuse, violence, problems, peer pressure, put down, pressure, peer mediator
Citizenship including rights, roles and responsibilities, working together and diversity and communities		
Special, different, dilemma, responsibility, challenge, unhelpful, helpful, behaviour, problem, co-operative, respect responsible, rules, rights	Family, culture, age, gender, personal interests, belief, community, diverse, view, different, similar respect, experiences, expectations, group, democracy, vote, election, influence, organisation, council, government, resources, community, British Values, customs, birthplace, extended families, citizen, etiquette, stereotype, racism, power, superiority, rules, rights, responsibilities, conflict, disagreement, help, safe, risk, resolve, community, anti-social, road safety	Stereotype, homophobic, sexist, disability, transphobic, discrimination, gender, role models, prejudice, community, laws, anti-social, responsibility, organisations, research, migration, rights, responsibilities, conflict, organisation, homeless, charity, lesbian, transgender, step families/blended families, reflect, respect (+names of religions), diverse, relationships, religions, gay, right, entitlement, MP, shelter, education, healthcare, safety, ballot, vote, taxes, political party, Prime Minister, economy, welfare state, NHS, democracy, manifesto
Healthy and safer lifestyles including managing risk, safety contexts, drug education and personal safety.		
Y1 substance, harmful, rules, dangerous, feelings, real, imaginary, danger, secret, trust, good touch,	Y3 drug, tobacco, smoking, second hand smoke, smoke free, medicine, harmful, asthma, instructions Y4 caffeine, alcohol, tobacco, nicotine, risk, habit,	Y5 cigarette, e-cigarette, shisha, cannabis, health, money, alcohol, tobacco, nicotine, media, influence, pressure, choice, age restrictions, substance,

<p>bad touch, unsafe worried, private, community, help, safety Y2 medicine, healthy, pharmacy, doctor, safety, asthma, instructions, emergency, safe, responsible, rules, unsafe, hazards, road safety, fire safety, danger, healthy diet, oral health, physical activity, active, sleep, vaccination, hygiene, food, rest, routines.</p>	<p>addiction, age restrictions, drugs, legal, illegal, prescribed, harmful substances, heart, lungs, brain, stomach, peer pressure, medicine, behaviour, drug use, age classification, computer game, pressure, choices, habits, gaming, road, rail, water safety, buildings, safety, danger, hazards, fireworks, emergency, first aid, help, police, fire brigade, ambulance, religious diet, cultural diet, moral diet, ethical, fair trade, farming, seasonality, consumers, screen time, health, wellbeing, food, choices, sleep</p>	<p>medicine, legal, illegal, drugs, Ask Frank, effects, risks, prescribed, solvents, alcohol, tobacco, predict, potential hazard, high/medium/low risk, assessing, responsibility, online safety Y6 tobacco, nicotine products, alcohol, solvents, medicines, legal and illegal drugs, risks, advice, support, age restrictions, peer pressure, consequence, antisocial, law, peer pressure, independent, gangs, youths, behaviour, protected, mental health, mood, feelings, mind, strategies, support, stigma, discrimination</p>
<p>Economic well-being including financial capability</p>		
<p>Earn, win, find, presents, pocket money, borrow, benefits, save, choices, jobs</p>	<p>Manufacture, pressure, decisions, value, spend, shift, fulltime, part-time, paid, unpaid, charity, fund-raiser, community, saving, jobs, world of work, occupation, wage/salary, budget, saving, money, pocket money</p>	<p>Loans, credit cards, hire-purchase schemes, debt, manageable, unmanageable, reliable, enterprise, salary, risk, influence, careers</p>
<p>Sex and relationships (Healthy and safer lifestyles)</p>		
<p>Boys, girls and families: family, same, different, boy, girl, babies, male, female, new life cycle, birth, body parts, timeline, order, vagina, penis, growing, changing</p>	<p>Growing up and changing: Baby, toddler, school aged, teenager, adult, elder, age, difference, physical changes, puberty, reproduction, stereotyping, individual, relationship, sex cells, sperm, egg, hygiene, grooming, clean, strategies, anxious, lifecycle, grow, change, strategies, emotions, relationships, support , advice</p>	<p>Healthy relationships/how a baby is made: Puberty, emotional, physical, behavioural, changes, attitudes, values, gender, stereotyping, age, religion, culture, values, relationships, friendships, differences, love, reproduction, human life cycle, reproductive organs, conception, pregnancy, womb, uterus, egg, ovum, menstruation, periods, responsibilities, parents, skills, qualities, erection, vagina, contraception, lifecycle, roles, sex, support, advice</p>